

**Welsh Capital Open Meet 2018 - 03/11/2018 to 04/11/2018**  
**Cardiff International Pool, Sanction #: 2WL181058**  
**SHORT COURSE**

**Meet Record - Records**

101	Men 17&O 400 IM	4:11.51	07/11/2015	Joe Litchfield - Donc Dartes
102	Women 17&O 200 Fly	2:15.07	08/11/2015	Harriet Jones - Co Cardiff
103	Men 17&O 100 Breast	1:01.76	08/11/2015	Xavier Castelli - Co Cardiff
104	Women 17&O 200 Breast	2:30.36	06/11/2016	Bethan Sloan - Co Cardiff
105	Men 17&O 200 Free	1:48.01	07/11/2015	Xavier Castelli - Co Cardiff
106	Women 17&O 100 Back	1:04.17	08/11/2015	Keely Empson - Co Cardiff
201	Men 17&O 50 Free	23.39	08/11/2015	Bradley Price - Co Cardiff
202	Women 17&O 50 Fly	27.75	08/11/2015	Harriet Jones - Co Cardiff
205	Men 17&O 50 Back	25.17	08/11/2015	Joe Litchfield - Donc Dartes
206	Women 17&O 50 Breast	32.37	05/11/2016	Bethan Sloan - Co Cardiff
209	Girls 17&O 800 Free	9:00.99	04/11/2016	Katie Rees - Co Cardiff
302	Men 17&O 100 Fly	54.46	07/11/2015	Joe Litchfield - Donc Dartes
303	Women 17&O 400 Free	4:16.29	07/11/2015	Emilia Stevenson - Bridgend Cty
304	Men 17&O 200 Back	1:56.86	07/11/2015	Xavier Castelli - Co Cardiff
305	Women 17&O 200 IM	2:17.69	07/11/2015	Chloe Tutton - Co Cardiff
306	Men 17&O 100 Free	49.86	06/11/2016	Xavier Castelli - Co Cardiff
401	Women 17&O 400 IM	4:54.36	08/11/2015	Katie Rees - Co Cardiff
402	Men 17&O 200 Fly	1:58.78	08/11/2015	Joe Litchfield - Donc Dartes
403	Women 17&O 100 Breast	1:09.15	05/11/2016	Bethan Sloan - Co Cardiff
404	Men 17&O 200 Breast	2:12.45	07/11/2015	Ieuan D Lloyd - Co Cardiff
405	Women 17&O 200 Free	2:02.04	08/11/2015	Emilia Stevenson - Co Cardiff
406	Men 17&O 100 Back	54.88	07/11/2015	Joe Litchfield - Donc Dartes
501	Women 17&O 50 Free	26.16	08/11/2015	Chloe Tutton - Co Cardiff
502	Men 17&O 50 Fly	24.66	07/11/2015	Joe Litchfield - Donc Dartes
505	Women 17&O 50 Back	29.56	07/11/2015	Shannon Motha - Co Oxford
506	Men 17&O 50 Breast	30.03	08/11/2015	James A Lewis - Co Cardiff
509	Boys 17&O 1500 Free	16:38.86	04/11/2016	Craig Thomas - Bridgend Cty
602	Women 17&O 100 Fly	1:00.58	08/11/2015	Harriet Jones - Co Cardiff
603	Men 17&O 400 Free	3:45.28	08/11/2015	Ieuan D Lloyd - Co Cardiff
604	Women 17&O 200 Back	2:18.36	06/11/2016	Laura Ashton - Bridgend Cty
605	Men 17&O 200 IM	2:03.63	08/11/2015	Xavier Castelli - Co Cardiff
606	Women 17&O 100 Free	56.11	07/11/2015	Chloe Tutton - Co Cardiff