

South East Wales Regional Championships - 03/02/2017 to 12/02/2017

Results

Event 1 Boys 11 Year Olds 1500 SC Meter Freestyle

Name	Age Team	Finals Time
1 Steven, Adam	11 City of Newport	22:44.73

Event 1 Boys 12 Year Olds 1500 SC Meter Freestyle

Name	Age Team	Finals Time
1 Hughes, Cian	12 City Of Cardiff	20:37.56
2 Coulson, Evan	12 Torfaen Dolphins	22:13.88

Event 1 Boys 13 Year Olds 1500 SC Meter Freestyle

Name	Age Team	Finals Time
1 Allen-Ridge, Kasey	13 Abertillery	19:41.93
2 Osmond, Ewan	13 City of Newport	19:43.82
3 Wisden, Dylan	13 Bridgend County	19:44.17
4 Wakeling, Jacob	13 City Of Cardiff	20:09.95
5 Phinmore, Osian	13 Bridgend County	20:47.22
6 Jones, Rhys	13 Caerphilly	21:51.59

Event 1 Boys 14 Year Olds 1500 SC Meter Freestyle

Name	Age Team	Finals Time
1 Young, Ellis	14 City Of Cardiff	18:03.98
2 Salmon, Carwyn	14 R.C.T.Swim Squad	18:08.19
3 Leach, Owen	14 Bridgend County	18:49.89
4 Nixon, Rhys	14 City Of Cardiff	19:29.69
5 Selby, Morgan	14 R.C.T.Swim Squad	20:19.72
6 Tucker, Callum	14 Chepstow	21:39.78

Event 1 Boys 15-16 1500 SC Meter Freestyle

Name	Age Team	Finals Time
1 Davies, Joe	15 Torfaen Dolphins	17:56.94
2 Jones, Iwan	15 City of Newport	18:22.24
3 Gibbs, Morgan	15 Bridgend County	18:32.85
4 Thomas, Emyr	16 City of Newport	18:44.44
5 Steven, Ryan	15 City of Newport	19:32.66

Event 1 Boys 17 & Over 1500 SC Meter Freestyle

Name	Age Team	Finals Time
1 Thomas, Craig	26 Bridgend County	16:40.36
2 Thomas, Lewis	17 R.C.T.Swim Squad	17:49.26
3 Price, Dafydd	17 Torfaen Dolphins	18:06.33
4 Wakefield, Joshua	17 Abertillery	18:18.77
5 Mullins, Joshua	17 Merthyr Tydfil	18:28.74
6 John, Lewys	17 R.C.T.Swim Squad	18:30.08
7 James, Morgan	18 R.C.T.Swim Squad	18:36.46
8 Pryse, Elis	17 R.C.T.Swim Squad	18:49.80
9 Napper, Keenan	18 Rhondda	18:51.53

Event 2 Girls 11 Year Olds 800 SC Meter Freestyle

Name	Age Team	Finals Time
1 Williams-Jones, Phoebe	11 Bridgend County	11:25.32
2 Greenslade, Holly	11 Torfaen Dolphins	11:28.37

Event 2 Girls 12 Year Olds 800 SC Meter Freestyle

Name	Age Team	Finals Time
1 Stephens, Arwen	12 City Of Cardiff	10:02.44
2 Erasmus, Charlotte	12 Torfaen Dolphins	10:14.50
3 Stevens, Isobel	12 City of Newport	10:53.90
4 Harthill, Katie	12 City Of Cardiff	11:04.23
5 Faulkner, Marie	12 City Of Cardiff	11:34.40
6 Crowley, Amy	12 City Of Cardiff	11:41.97
7 Ramsey, Rebekah	12 Heads of Valleys	11:59.09

Event 2 Girls 13 Year Olds 800 SC Meter Freestyle

Name	Age Team	Finals Time
1 De Torres, Becci	13 City Of Cardiff	9:35.37
2 Lovell, Madison	13 Heads of Valleys	9:50.38
3 Rowe, Rhiannon	13 Heads of Valleys	9:55.36
4 Bamborough, Katie	13 City Of Cardiff	10:17.65
5 Smith, Mia	13 Torfaen Dolphins	10:18.11
6 Rathbone-Jones, Eloise	13 City Of Cardiff	10:22.69
7 Ward, Ellie	13 City of Newport	10:27.41
8 Marchant, Rhiannon	13 R.C.T.Swim Squad	10:54.55
9 Teagle, Eilir	13 Merthyr Tydfil	10:55.31
10 Tarpey, Aoife	13 Bridgend County	10:56.99
11 Stork, Niamh	13 City Of Cardiff	11:30.66
12 Davies, Orla	13 City Of Cardiff	12:13.68
13 Skene, Deryn	13 City Of Cardiff	12:17.56

Event 2 Girls 14 Year Olds 800 SC Meter Freestyle

Name	Age Team	Finals Time
1 Moretti, Morgana	14 City Of Cardiff	9:21.60
2 Protheroe, Chloe	14 Bridgend County	9:36.79
3 Edwards, Megan	14 Bridgend County	9:47.05
4 Davidson, Hannah	14 Bridgend County	10:03.43
5 Watkins, Sadie	14 R.C.T.Swim Squad	10:38.64
6 Jones, Cerys	14 City Of Cardiff	11:30.85
7 Goddard, Mia	14 City Of Cardiff	11:58.24

Event 2 Girls 15-16 800 SC Meter Freestyle

Name	Age Team	Finals Time
1 Morris, Ciara	15 City Of Cardiff	9:35.93
2 Staveley, Ella	15 Bridgend County	9:36.89
3 Morgan, Mackenzie	15 Torfaen Dolphins	9:41.27
4 Snow, Sophie	15 City Of Cardiff	9:49.65
5 Watson, Freya	16 Heads of Valleys	9:52.62
6 Maiden, Mya	16 Bridgend County	10:09.86
7 Clode, Meriel	16 Bridgend County	10:14.34
8 Rowles, Freya	16 Torfaen Dolphins	10:25.68
9 Walker, Caitlin	15 City Of Cardiff	10:42.79
10 Morgan, Sophie	15 R.C.T.Swim Squad	10:52.75
11 Jones, Seren	15 City of Newport	11:24.25
12 Teagle, Arwen	16 Merthyr Tydfil	11:54.41
--- Deakin, Ella Leigh	15 City of Newport	DNF

Event 2 Girls 17 & Over 800 SC Meter Freestyle

Name	Age Team	Finals Time
1 Rees, Katie	19 City Of Cardiff	9:04.16
2 Harvey, Morgan	17 City Of Cardiff	9:09.27
3 Jenkins, Hannah	17 Bridgend County	9:27.11
4 Evans, Nia	17 City Of Cardiff	9:27.74
5 Collingbourne, Sioned	17 Heads of Valleys	9:42.02
6 Matthews, Brody	19 Abertillery	9:55.34
7 Jenkins, Sarah	17 Bridgend County	10:33.75

Event 3 Girls 14 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Cottrell, Emma	14 City Of Cardiff	31.91
2 Withers-Boalch, Georgina	14 City Of Cardiff	33.42
3 Jones, Tamzin	14 R.C.T.Swim Squad	34.15
4 Beynon, Bethan	14 City Of Cardiff	34.53
5 Porter, Emma	14 Torfaen Dolphins	35.55
6 Havard, Carys	14 Heads of Valleys	36.14
7 Norris, Alyssa	14 Caerphilly	36.32

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Finals ... (Event 3 Girls 14 Year Olds 50 SC Meter Backstroke)

Name	Age Team	Finals Time
8 Matthews, Jodie	14 R.C.T.Swim Squad	37.45

Event 3 Girls 14 Year Olds 50 SC Meter Backstroke

Name	Age Team	Prelim Time
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Preliminaries

1 Cottrell, Emma	14 City Of Cardiff	32.12
2 Withers-Boalch, Georgina	14 City Of Cardiff	33.47
3 Jones, Tamzin	14 R.C.T.Swim Squad	34.40
4 Porter, Emma	14 Torfaen Dolphins	35.22
5 Norris, Alyssa	14 Caerphilly	35.50
6 Beynon, Bethan	14 City Of Cardiff	35.59
7 Havard, Carys	14 Heads ot Valleys	35.84
8 Matthews, Jodie	14 R.C.T.Swim Squad	37.17
9 Foley, Joanna	14 Merthyr Tydfil	37.29
10 Griffith, Lili	14 R.C.T.Swim Squad	38.13
11 Davies, Cora	14 R.C.T.Swim Squad	38.33
12 Cox, Emily	14 Bridgend County	38.70
13 Groves, Ella Mai	14 Torfaen Dolphins	38.91
14 Napper, Kaycee	14 Rhondda	39.55
15 Lewis, Becky	14 R.C.T.Swim Squad	39.81
16 Vaisey, Cerys	14 Abertillery	40.06

Event 3 Girls 15-16 50 SC Meter Backstroke

Name	Age Team	Finals Time
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Finals

1 Morris, Ciara	15 City Of Cardiff	31.96
2 Lawlor, Ciara	15 City of Newport	32.39
3 Randell, Niamh	16 R.C.T.Swim Squad	32.90
4 Mason, Teoni	15 Torfaen Dolphins	33.09
5 Thomas, Niamh	16 City of Newport	33.84
6 Maiden, Mya	16 Bridgend County	33.90
7 Morgan, Sophie	15 R.C.T.Swim Squad	34.38
8 Lewis, Jessica	16 R.C.T.Swim Squad	34.71

Event 3 Girls 15-16 50 SC Meter Backstroke

Name	Age Team	Prelim Time
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Preliminaries

1 Morris, Ciara	15 City Of Cardiff	32.01
2 Randell, Niamh	16 R.C.T.Swim Squad	32.66
3 Lawlor, Ciara	15 City of Newport	32.71
4 Mason, Teoni	15 Torfaen Dolphins	33.10
5 Thomas, Niamh	16 City of Newport	33.74
6 Maiden, Mya	16 Bridgend County	34.00
7 Morgan, Sophie	15 R.C.T.Swim Squad	34.02
8 Lewis, Jessica	16 R.C.T.Swim Squad	34.07
9 Snow, Sophie	15 City Of Cardiff	34.46
10 Addecott, Ffion	15 R.C.T.Swim Squad	35.30
11 Walters, Aisha	15 Merthyr Tydfil	35.60
12 Rowles, Freya	16 Torfaen Dolphins	35.73
13 Davies, Katie-May	16 Merthyr Tydfil	36.22
14 Freegard, Aimee	15 R.C.T.Swim Squad	36.23
15 Othen, Lara	15 Torfaen Dolphins	36.43
16 Harper, Fizz	16 Chepstow	37.43
17 Harris-Thomas, Elle	15 Chepstow	38.03
18 Deakin, Ella Leigh	15 City of Newport	38.10
19 Athwal, Jasmine	15 Torfaen Dolphins	39.20
20 Teagle, Arwen	16 Merthyr Tydfil	41.18

Event 3 Girls 17 & Over 50 SC Meter Backstroke

Name	Age Team	Finals Time
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Finals

1 Hunt, Imogen	19 Bridgend County	30.12
2 Groves, Chloe	18 Torfaen Dolphins	32.05
3 Gibbs, Livi	17 Bridgend County	32.14
4 Jones, Georgia	17 Chepstow	32.21
5 McCulloch, Elizabeth	18 City Of Cardiff	33.46
6 Flynn, Lauren	19 Merthyr Tydfil	33.50
7 Collingbourne, Sioned	17 Heads ot Valleys	33.63
--- Owen, Amber	17 City Of Cardiff	DQ

Event 3 Girls 17 & Over 50 SC Meter Backstroke

Name	Age Team	Prelim Time
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Preliminaries

1 Hunt, Imogen	19 Bridgend County	30.35
2 Groves, Chloe	18 Torfaen Dolphins	32.10
3 Gibbs, Livi	17 Bridgend County	32.17
4 Jones, Georgia	17 Chepstow	32.19
5 Owen, Amber	17 City Of Cardiff	32.97
6 Collingbourne, Sioned	17 Heads ot Valleys	33.01
7 Flynn, Lauren	19 Merthyr Tydfil	33.15
8 McCulloch, Elizabeth	18 City Of Cardiff	33.89
9 Causon, Hannah	17 Merthyr Tydfil	37.38
10 Vaisey, Rhiannon	19 Abertillery	37.51

Event 4 Boys 11 Year Olds 50 SC Meter Butterfly

Name	Age Team	Finals Time
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Finals

1 Jones, Carwyn	11 City Of Cardiff	36.39
2 Colmsee, Samuel	11 City Of Cardiff	40.34
3 Fowler, Joseph	11 R.C.T.Swim Squad	40.78
4 Rees-Jones, Jack	11 Merthyr Tydfil	44.11

Event 4 Boys 11 Year Olds 50 SC Meter Butterfly

Name	Age Team	Prelim Time
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Preliminaries

1 Jones, Carwyn	11 City Of Cardiff	36.80
2 Fowler, Joseph	11 R.C.T.Swim Squad	40.50
3 Colmsee, Samuel	11 City Of Cardiff	40.86
4 Rees-Jones, Jack	11 Merthyr Tydfil	45.39

Event 4 Boys 12 Year Olds 50 SC Meter Butterfly

Name	Age Team	Finals Time
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Finals

1 Davies, Gianni	12 Torfaen Dolphins	33.40
2 Merriman, Ben	12 Heads ot Valleys	33.43
3 O'Brien, Joshua	12 City Of Cardiff	34.59
4 Arch, Rhydian	12 City Of Cardiff	34.69
5 James, Harley	12 City Of Cardiff	35.80
6 Fox-Wiltshire, Benjamin	12 City of Newport	36.04
7 Sellick, Evan	12 Cwmbran	36.39
8 Anderson, Maxwell	12 City Of Cardiff	39.67

Event 4 Boys 12 Year Olds 50 SC Meter Butterfly

Name	Age Team	Prelim Time
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Preliminaries

1 Davies, Gianni	12 Torfaen Dolphins	33.51
2 Merriman, Ben	12 Heads ot Valleys	33.80
3 O'Brien, Joshua	12 City Of Cardiff	34.72
4 James, Harley	12 City Of Cardiff	35.19

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Preliminaries ... (Event 4 Boys 12 Year Olds 50 SC Meter Butterfly)

Name	Age Team	Prelim Time
5 Arch, Rhydian	12 City Of Cardiff	35.51
6 Sellick, Evan	12 Cwmbran	36.18
7 Fox-Wiltshire, Benjamin	12 City of Newport	37.44
8 Anderson, Maxwell	12 City Of Cardiff	39.66

Event 4 Boys 13 Year Olds 50 SC Meter Butterfly

Name	Age Team	Finals Time
Finals		
1 Wardhaugh, Cai	13 City Of Cardiff	31.28
2 Edwards, Kaden	13 City Of Cardiff	33.67
3 Lloyd, Morgan	13 Caerphilly	35.58
4 Allen-Ridge, Kasey	13 Abertillery	35.67
5 Hastings, Benjamin	13 City of Newport	35.94
6 Hobbs, Dewi	13 R.C.T.Swim Squad	36.78
7 Tan, Nicholas	13 Pontypridd	37.06
8 Jones, Lloyd	13 Merthyr Tydfil	37.27

Event 4 Boys 13 Year Olds 50 SC Meter Butterfly

Name	Age Team	Prelim Time
Preliminaries		
1 Wardhaugh, Cai	13 City Of Cardiff	31.99
2 Lloyd, Morgan	13 Caerphilly	32.71
3 Edwards, Kaden	13 City Of Cardiff	34.02
4 Hobbs, Dewi	13 R.C.T.Swim Squad	35.82
5 Jones, Lloyd	13 Merthyr Tydfil	36.00
6 Hastings, Benjamin	13 City of Newport	36.12
7 Allen-Ridge, Kasey	13 Abertillery	36.73
8 Tan, Nicholas	13 Pontypridd	37.13
9 Jones, Jacob	13 Rhondda	37.45
10 Havard, Dylan	13 Heads of Valleys	38.31
11 Elias, Hari	13 City Of Cardiff	40.64

Event 5 Boys 14 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 Griffiths, Alex	14 City of Newport	1:03.36
2 Murray, Adam	14 City Of Cardiff	1:04.35
3 Langdon, Ben	14 City of Newport	1:10.55
4 Collins, Tyler	14 R.C.T.Swim Squad	1:10.81
5 Thomas, Callum	14 City Of Cardiff	1:16.56
6 Selby, Morgan	14 R.C.T.Swim Squad	1:17.13
7 Davies, Joshua	14 City Of Cardiff	1:17.27

Event 5 Boys 14 Year Olds 100 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 Murray, Adam	14 City Of Cardiff	1:05.01
2 Griffiths, Alex	14 City of Newport	1:05.18
3 Langdon, Ben	14 City of Newport	1:10.47
4 Collins, Tyler	14 R.C.T.Swim Squad	1:10.57
5 Selby, Morgan	14 R.C.T.Swim Squad	1:15.52
6 Davies, Joshua	14 City Of Cardiff	1:16.78
7 Thomas, Callum	14 City Of Cardiff	1:17.70

Event 5 Boys 15-16 100 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 Parfitt, Shaye	16 City Of Cardiff	1:00.22
2 Richards, Owen	16 Torfaen Dolphins	1:03.50
3 Chooyin, Benjamin	15 City Of Cardiff	1:03.91

4 Clarke, Kameron	15 City of Newport	1:04.73
5 Savage- Taylor, Tomos	15 Heads of Valleys	1:05.67
6 Gibbs, Morgan	15 Bridgend County	1:07.28
7 Hunt, Tobias	16 Bridgend County	1:08.78
8 Bennett, Jack	15 Torfaen Dolphins	1:10.88

Event 5 Boys 15-16 100 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 Parfitt, Shaye	16 City Of Cardiff	1:00.81
2 Clarke, Kameron	15 City of Newport	1:03.02
3 Richards, Owen	16 Torfaen Dolphins	1:03.87
4 Chooyin, Benjamin	15 City Of Cardiff	1:04.75
5 Savage- Taylor, Tomos	15 Heads of Valleys	1:06.61
6 Gibbs, Morgan	15 Bridgend County	1:07.52
7 Hunt, Tobias	16 Bridgend County	1:08.73
8 Bennett, Jack	15 Torfaen Dolphins	1:10.29
9 Hall, Daniel	15 Chepstow	1:11.98
10 Jenkins, Ellis	15 R.C.T.Swim Squad	1:13.57
11 Lloyd, Rhys	15 R.C.T.Swim Squad	1:17.70
12 Thomas, Joshua	16 Merthyr Tydfil	1:19.61

Event 5 Boys 17 & Over 100 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 Boladz, Tomas	18 Torfaen Dolphins	1:00.57
2 Durrant, William	19 City Of Cardiff	1:01.61
3 Bryce, Aidan	17 City of Newport	1:04.81
4 Fairless, Jonathan	18 City of Newport	1:05.04
5 Thomas, Daniel	20 Cwmbran	1:11.78

Event 5 Boys 17 & Over 100 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 James, Rhys	17 City Of Cardiff	1:00.70
2 Durrant, William	19 City Of Cardiff	1:01.94
3 Boladz, Tomas	18 Torfaen Dolphins	1:02.54
4 Bryce, Aidan	17 City of Newport	1:04.30
5 Cook, Jacob	17 City Of Cardiff	1:04.58
6 Fairless, Jonathan	18 City of Newport	1:05.21
7 Miles, Will	17 Chepstow	1:09.24
8 Thomas, Daniel	20 Cwmbran	1:13.75

Event 6 Girls 14 Year Olds 400 SC Meter IM

Name	Age Team	Finals Time
1 Edwards, Megan	14 Bridgend County	5:29.77
2 Jones, Cerys	14 City Of Cardiff	6:24.61

Event 6 Girls 15-16 400 SC Meter IM

Name	Age Team	Finals Time
1 Sutton, Rebecca	16 Bridgend County	5:01.61
2 Warrender, Meg	16 Torfaen Dolphins	5:12.86
3 Morgan, Mackenzie	15 Torfaen Dolphins	5:13.21
4 Edwards, Maisie	15 City Of Cardiff	5:17.92
5 Watson, Freya	16 Heads of Valleys	5:20.30
6 Rowles, Freya	16 Torfaen Dolphins	5:39.22
--- Childs, Laura	15 City Of Cardiff	DQ
--- Lewis, Helen	15 Merthyr Tydfil	DNF

Event 6 Girls 17 & Over 400 SC Meter IM

Name	Age Team	Finals Time
1 Collingbourne, Sioned	17 Heads of Valleys	5:23.79

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Event 7 Boys 12 Year Olds 400 SC Meter IM

Name	Age Team	Finals Time
1 Arch, Rhydian	12 City Of Cardiff	5:37.72
2 Merriman, Ben	12 Heads of Valleys	5:42.10
3 O'Brien, Joshua	12 City Of Cardiff	5:54.84
4 Geysen-Holley, Max	12 Bridgend County	6:06.35
5 James, Harley	12 City Of Cardiff	6:17.47
--- Anderson, Maxwell	12 City Of Cardiff	DQ

Event 7 Boys 13 Year Olds 400 SC Meter IM

Name	Age Team	Finals Time
1 Edwards, Kaden	13 City Of Cardiff	5:26.96
2 Tong, Solomon	13 City Of Cardiff	6:08.61
--- Lloyd, Morgan	13 Caerphilly	DQ

Event 8 Girls 11 Year Olds 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Broder, Libby	11 Torfaen Dolphins	2:31.33
2 Williams-Jones, Phoebe	11 Bridgend County	2:38.82
3 Stevens, Ruby	11 City Of Cardiff	2:43.19
4 Williams, Lily	11 City Of Cardiff	2:47.73
5 Davies, Cerys	11 R.C.T.Swim Squad	2:52.29
6 Velasco, Mikayla	11 City Of Cardiff	2:55.16
7 Moriarty, Erin	11 City Of Cardiff	2:56.83
8 Coombes, Emmie	11 R.C.T.Swim Squad	2:59.03
9 Parsons, Ellie	11 Chepstow	3:03.21
--- Hale, Chloe	11 Heads of Valleys	x3:21.05

Event 8 Girls 12 Year Olds 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Rosser, Cerys	12 Torfaen Dolphins	2:15.28
2 Jones, Emily	12 City of Newport	2:23.05
3 Joseph, Isabel	12 City Of Cardiff	2:24.48
4 Erasmus, Charlotte	12 Torfaen Dolphins	2:24.76
5 Fox, Imogen	12 City Of Cardiff	2:28.98
6 Harthill, Katie	12 City Of Cardiff	2:31.30
7 Illman, Lili	12 Torfaen Dolphins	2:33.51
8 Clayton, Karys	12 Torfaen Dolphins	2:33.69
9 Donovan, Kelsey	12 City Of Cardiff	2:38.53
10 Emes, Eleanor	12 Torfaen Dolphins	2:40.78
11 Crowley, Amy	12 City Of Cardiff	2:40.93
12 Graville, Carys	12 City Of Cardiff	2:41.71
13 Morgan, Hannah	12 City Of Cardiff	2:42.17
14 Jones, Cerys	12 R.C.T.Swim Squad	2:42.51
15 Faulkner, Marie	12 City Of Cardiff	2:42.58
16 Marshall, Polly	12 Caerphilly	2:43.24
17 Overton, Caitlin	12 Abertillery	2:44.08
18 Fowler, Jazz	12 Heads of Valleys	2:44.12
19 O'Callaghan, Faye	12 City Of Cardiff	2:44.17
20 Ramsey, Rebekah	12 Heads of Valleys	2:44.45
21 Reynolds, Mia	12 Heads of Valleys	2:48.83
22 Sargent, Elana	12 Caerphilly	2:49.45
23 Keigwin, Daisy	12 Caerphilly	2:53.61
24 Cribb, Millie Lacie	12 Caerphilly	2:54.92
--- Nowell, Gabriella	12 Torfaen Dolphins	DQ

Event 8 Girls 13 Year Olds 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 De Torres, Becci	13 City Of Cardiff	2:13.05
2 Lovell, Madison	13 Heads of Valleys	2:13.70
3 Shelton, Amy	13 City Of Cardiff	2:17.74
4 Colley, Lauren	13 Bridgend County	2:19.28
5 Rowe, Rhiannon	13 Heads of Valleys	2:20.11

6 Morgan, Bethan	13 Bridgend County	2:21.97
7 Baker, Alyssa	13 Torfaen Dolphins	2:22.10
8 Domican, Rosie	13 City Of Cardiff	2:22.11
9 Girling, Grace	13 City Of Cardiff	2:22.22
10 Smith, Mia	13 Torfaen Dolphins	2:26.31
11 Hurcombe, Eve	13 Torfaen Dolphins	2:26.57
12 Bamborough, Katie	13 City Of Cardiff	2:27.36
13 Ward, Ellie	13 City of Newport	2:28.61
14 Thomas, Nell	13 R.C.T.Swim Squad	2:29.53
15 George, Katherine	13 City Of Cardiff	2:31.90
16 Nicholls, Hannah	13 Caerphilly	2:32.19
17 Tarpey, Aoife	13 Bridgend County	2:32.26
18 Teagle, Eilir	13 Merthyr Tydfil	2:32.64
19 Marchant, Rhiannon	13 R.C.T.Swim Squad	2:32.71
20 Lewis, Kacey	13 Merthyr Tydfil	2:34.49
21 Palin, Maisy	13 Heads of Valleys	2:35.65
22 Evans, Emma	13 City Of Cardiff	2:36.05
23 Perham, Lois	13 R.C.T.Swim Squad	2:36.19
24 Corderoy, Abigail	13 R.C.T.Swim Squad	2:36.74
25 Morgan, Isabel	13 City Of Cardiff	2:37.63
26 Jones, Seren	13 City Of Cardiff	2:38.09
27 Bond, Sasha	13 R.C.T.Swim Squad	2:39.31
*28 Pryce, Ella	13 City Of Cardiff	2:39.49
*28 Date, Alana	13 City Of Cardiff	2:39.49
30 Skene, Deryn	13 City Of Cardiff	2:42.33
31 Fox, Abi	13 City Of Cardiff	2:46.01
32 Gregory, Niamh	13 Caerphilly	2:46.56
33 Minas, Ella	13 R.C.T.Swim Squad	2:50.26
34 Palmer, Meghan	13 Rhondda	2:51.35
35 Davies, Orla	13 City Of Cardiff	2:52.52
--- Shalaby, Menna	13 Cwmbran	x3:03.66

Event 9 Girls 11 Year Olds 50 SC Meter Butterfly

Name	Age Team	Finals Time
Finals		
1 Broder, Libby	11 Torfaen Dolphins	36.19
2 Stevens, Ruby	11 City Of Cardiff	36.35
3 Chayka, Sofia	11 Bridgend County	39.84
4 Coombes, Emmie	11 R.C.T.Swim Squad	41.04
5 Velasco, Mikayla	11 City Of Cardiff	41.73
6 Moriarty, Erin	11 City Of Cardiff	41.84
7 Rogers, Megan	11 City Of Cardiff	43.32
--- Hale, Chloe	11 Heads of Valleys	x46.40

Event 9 Girls 11 Year Olds 50 SC Meter Butterfly

Name	Age Team	Prelim Time
Preliminaries		
1 Stevens, Ruby	11 City Of Cardiff	36.71
2 Broder, Libby	11 Torfaen Dolphins	37.88
3 Chayka, Sofia	11 Bridgend County	40.45
4 Coombes, Emmie	11 R.C.T.Swim Squad	41.78
5 Rogers, Megan	11 City Of Cardiff	42.18
6 Velasco, Mikayla	11 City Of Cardiff	42.20
7 Moriarty, Erin	11 City Of Cardiff	42.82
8 Hale, Chloe	11 Heads of Valleys	47.91
9 Richards, Alyssa	11 Cwmbran	50.62

Event 9 Girls 12 Year Olds 50 SC Meter Butterfly

Name	Age Team	Finals Time
Finals		
1 Stride, Tamzin	12 Torfaen Dolphins	34.03
2 Rosser, Cerys	12 Torfaen Dolphins	34.46

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Finals ... (Event 9 Girls 12 Year Olds 50 SC Meter Butterfly)

Name	Age Team	Finals Time
3 Joseph, Isabel	12 City Of Cardiff	35.52
*4 Stevens, Isobel	12 City of Newport	36.91
*4 Erasmus, Charlotte	12 Torfaen Dolphins	36.91
6 Fox, Imogen	12 City Of Cardiff	37.08
7 Illman, Lili	12 Torfaen Dolphins	37.46
8 Walker, Eleanor	12 City of Newport	37.76

Event 9 Girls 12 Year Olds 50 SC Meter Butterfly

Name	Age Team	Prelim Time
Preliminaries		
1 Rosser, Cerys	12 Torfaen Dolphins	33.99
2 Stride, Tamzin	12 Torfaen Dolphins	34.42
3 Joseph, Isabel	12 City Of Cardiff	36.02
4 Stevens, Isobel	12 City of Newport	36.65
5 Illman, Lili	12 Torfaen Dolphins	36.70
6 Fox, Imogen	12 City Of Cardiff	37.36
7 Walker, Eleanor	12 City of Newport	37.67
8 Erasmus, Charlotte	12 Torfaen Dolphins	38.51
9 Graville, Carys	12 City Of Cardiff	38.54
10 O'Callaghan, Faye	12 City Of Cardiff	38.58
*11 Fowler, Jazz	12 Heads of Valleys	38.91
*11 Morgan, Hannah	12 City Of Cardiff	38.91
13 Thomas, Grace	12 City of Newport	39.38
14 Ramsey, Rebekah	12 Heads of Valleys	39.49
15 Marshall, Polly	12 Caerphilly	39.83
16 Crowley, Amy	12 City Of Cardiff	39.92
17 Jones, Cerys	12 R.C.T.Swim Squad	40.43
18 Waite, Ellie May	12 City Of Cardiff	41.11
19 Grant, Eilidh	12 City Of Cardiff	44.79

Event 9 Girls 13 Year Olds 50 SC Meter Butterfly

Name	Age Team	Finals Time
Finals		
1 De Torres, Becci	13 City Of Cardiff	29.37
2 Shelton, Amy	13 City Of Cardiff	29.73
3 Baker, Alyssa	13 Torfaen Dolphins	31.27
4 Rowe, Rhiannon	13 Heads of Valleys	31.62
5 Lovell, Madison	13 Heads of Valleys	31.68
6 Morgan, Isabel	13 City Of Cardiff	33.85
7 Ward, Ellie	13 City of Newport	34.40
8 Girling, Grace	13 City Of Cardiff	34.88

Event 9 Girls 13 Year Olds 50 SC Meter Butterfly

Name	Age Team	Prelim Time
Preliminaries		
1 De Torres, Becci	13 City Of Cardiff	29.50
2 Shelton, Amy	13 City Of Cardiff	29.92
3 Baker, Alyssa	13 Torfaen Dolphins	31.62
4 Lovell, Madison	13 Heads of Valleys	32.12
5 Rowe, Rhiannon	13 Heads of Valleys	32.55
6 Morgan, Isabel	13 City Of Cardiff	33.84
7 Girling, Grace	13 City Of Cardiff	34.19
8 Ward, Ellie	13 City of Newport	35.18
9 Perham, Lois	13 R.C.T.Swim Squad	35.68
10 Palin, Maisy	13 Heads of Valleys	36.19
11 Warrender, Niamh	13 Torfaen Dolphins	36.51
12 Whitelock, Carys	13 Torfaen Dolphins	36.71
13 Nicholls, Hannah	13 Caerphilly	36.85
14 Teagle, Eilir	13 Merthyr Tydfil	36.96

15 Smith, Mia	13 Torfaen Dolphins	36.99
16 Marchant, Rhiannon	13 R.C.T.Swim Squad	37.73
17 Jones, Seren	13 City Of Cardiff	37.85
18 Minas, Ella	13 R.C.T.Swim Squad	37.89
19 Hayward, Destiny	13 Abertillery	38.28
20 Date, Alana	13 City Of Cardiff	38.48
21 Richards, Macy	13 City of Newport	39.42
22 Fox, Abi	13 City Of Cardiff	39.54

Event 10 Boys 11 Year Olds 100 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 Jones, Carwyn	11 City Of Cardiff	1:11.69
2 Steven, Adam	11 City of Newport	1:14.72
3 Davies, Lewis	11 City of Newport	1:16.54
4 Rees-Jones, Jack	11 Merthyr Tydfil	1:17.63
5 Lee, Ethan	11 Rhondda	1:18.76
6 Wardhaugh, Bryn	11 City Of Cardiff	1:19.43
7 Colmsee, Samuel	11 City Of Cardiff	1:19.46
8 Tucker, Lucas	11 Chepstow	1:20.05

Event 10 Boys 11 Year Olds 100 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Jones, Carwyn	11 City Of Cardiff	1:11.70
2 Steven, Adam	11 City of Newport	1:15.03
3 Davies, Lewis	11 City of Newport	1:16.04
4 Rees-Jones, Jack	11 Merthyr Tydfil	1:18.41
5 Tucker, Lucas	11 Chepstow	1:19.05
6 Colmsee, Samuel	11 City Of Cardiff	1:19.62
7 Lee, Ethan	11 Rhondda	1:19.88
8 Wardhaugh, Bryn	11 City Of Cardiff	1:20.17
9 Lee, Tristan	11 Rhondda	1:20.27
10 Davies, Zachary	11 Torfaen Dolphins	1:20.76
11 Fowler, Joseph	11 R.C.T.Swim Squad	1:20.94
12 McGuinness, Charlie	11 Torfaen Dolphins	1:23.27
13 McLain, Archie	11 Heads of Valleys	1:24.01
14 Jones, Tyler	11 Rhondda	1:26.00

Event 10 Boys 12 Year Olds 100 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 O'Brien, Joshua	12 City Of Cardiff	1:05.74
2 Merriman, Ben	12 Heads of Valleys	1:05.79
3 Hughes, Cian	12 City Of Cardiff	1:08.15
4 Davies, Gianni	12 Torfaen Dolphins	1:10.29
5 Geysen-Holley, Max	12 Bridgend County	1:10.44
6 James, Harley	12 City Of Cardiff	1:13.23
7 Fox-Wiltshire, Benjamin	12 City of Newport	1:13.50
8 Smart, Rhys	12 City Of Cardiff	1:15.70

Event 10 Boys 12 Year Olds 100 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Merriman, Ben	12 Heads of Valleys	1:07.22
2 O'Brien, Joshua	12 City Of Cardiff	1:07.32
3 Hughes, Cian	12 City Of Cardiff	1:08.78
4 Geysen-Holley, Max	12 Bridgend County	1:10.59
5 Davies, Gianni	12 Torfaen Dolphins	1:11.30
6 Fox-Wiltshire, Benjamin	12 City of Newport	1:12.76
7 James, Harley	12 City Of Cardiff	1:12.89
8 Smart, Rhys	12 City Of Cardiff	1:13.96

South East Wales Regional Championships - 03/02/2017 to 12/02/2017

Results

Preliminaries ... (Event 10 Boys 12 Year Olds 100 SC Meter Freestyle)

Name	Age	Team	Time
9 Sellick, Evan	12	Cwmbran	1:14.30
10 Jones, Morgan	12	Merthyr Tydfil	1:14.52
11 Coulson, Evan	12	Torfaen Dolphins	1:15.15
12 Antoni, Rhys	12	Torfaen Dolphins	1:16.08
13 Anderson, Maxwell	12	City Of Cardiff	1:16.97
14 Rosser, Dewi	12	Torfaen Dolphins	1:21.12
15 Ingram, James	12	Heads of Valleys	1:21.61
16 Copen, Harrison	12	City of Newport	1:21.77
17 Rees, Garyn	12	Rhondda	1:22.47
18 Keenan, Brandon	12	Cwmbran	1:27.21

Event 10 Boys 13 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Edwards, Kaden	13	City Of Cardiff	1:04.62
2 Hobbs, Dewi	13	R.C.T.Swim Squad	1:04.87
3 Wardhaugh, Cai	13	City Of Cardiff	1:06.13
4 Allen-Ridge, Kasey	13	Abertillery	1:06.19
5 Tong, Solomon	13	City Of Cardiff	1:07.91
6 Jones, Lloyd	13	Merthyr Tydfil	1:08.58
7 Griffiths, Montgomery	13	City Of Cardiff	1:10.66

Event 10 Boys 13 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Hobbs, Dewi	13	R.C.T.Swim Squad	1:04.30
2 Edwards, Kaden	13	City Of Cardiff	1:06.84
3 Osmond, Ewan	13	City of Newport	1:07.48
4 Allen-Ridge, Kasey	13	Abertillery	1:07.65
5 Wardhaugh, Cai	13	City Of Cardiff	1:07.86
6 Tong, Solomon	13	City Of Cardiff	1:08.20
7 Lloyd, Morgan	13	Caerphilly	1:08.71
8 Jones, Lloyd	13	Merthyr Tydfil	1:09.50
9 Griffiths, Montgomery	13	City Of Cardiff	1:10.53
10 Woodman, Ryan	13	City of Newport	1:10.56
11 Elias, Hari	13	City Of Cardiff	1:11.31
12 Clement, Logan	13	R.C.T.Swim Squad	1:12.00
13 Hastings, Benjamin	13	City of Newport	1:12.77
14 Jones, Rhys	13	Caerphilly	1:13.77
15 Jones, Jacob	13	Rhondda	1:14.10
16 Havard, Dylan	13	Heads of Valleys	1:14.63
17 Tan, Nicholas	13	Pontypridd	1:16.93

Event 11 Girls 14 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Finals Time
Finals			
1 Withers-Boalch, Georgina	14	City Of Cardiff	1:10.67
2 Cottrell, Emma	14	City Of Cardiff	1:11.15
3 Witchell, Bethan	14	City Of Cardiff	1:11.43
4 Protheroe, Chloe	14	Bridgend County	1:11.74
5 Edwards, Megan	14	Bridgend County	1:13.58
6 Nicholas, Catrin	14	Bridgend County	1:18.91
7 Watkins, Sadie	14	R.C.T.Swim Squad	1:19.28
--- Williams, Mia	14	R.C.T.Swim Squad	DQ

Event 11 Girls 14 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Prelim Time
Preliminaries			
1 Protheroe, Chloe	14	Bridgend County	1:11.47

2 Witchell, Bethan	14	City Of Cardiff	1:12.00
3 Cottrell, Emma	14	City Of Cardiff	1:12.09
4 Edwards, Megan	14	Bridgend County	1:13.01
5 Withers-Boalch, Georgina	14	City Of Cardiff	1:13.82
6 Watkins, Sadie	14	R.C.T.Swim Squad	1:17.56
7 Nicholas, Catrin	14	Bridgend County	1:18.51
8 Williams, Mia	14	R.C.T.Swim Squad	1:19.06
9 Beynon, Bethan	14	City Of Cardiff	1:19.25
10 Marsh, Sophie	14	Merthyr Tydfil	1:19.69
11 Geen, Cerys	14	Torfaen Dolphins	1:19.91
12 Jones, AJ	14	Bridgend County	1:20.55
13 Kruk, Ola	14	Bridgend County	1:21.55
14 Matthews, Jodie	14	R.C.T.Swim Squad	1:21.94
15 Jones, Cerys	14	City Of Cardiff	1:23.92
16 Norris, Alyssa	14	Caerphilly	1:24.40
--- Jones, Tamzin	14	R.C.T.Swim Squad	DQ
--- Havard, Carys	14	Heads of Valleys	DNF

Event 11 Girls 15-16 100 SC Meter Butterfly

Name	Age	Team	Finals Time
Finals			
1 Morris, Ciara	15	City Of Cardiff	1:04.92
2 Watson, Freya	16	Heads of Valleys	1:05.36
3 Rees, Millie	15	Bridgend County	1:07.49
4 Morgan, Mackenzie	15	Torfaen Dolphins	1:07.61
5 Blake, Sophie	16	City of Newport	1:09.96
6 Lewis, Helen	15	Merthyr Tydfil	1:10.85
7 Staveley, Ella	15	Bridgend County	1:10.98
8 Childs, Laura	15	City Of Cardiff	1:12.47

Event 11 Girls 15-16 100 SC Meter Butterfly

Name	Age	Team	Prelim Time
Preliminaries			
1 Morris, Ciara	15	City Of Cardiff	1:04.60
2 Sutton, Rebecca	16	Bridgend County	1:05.46
3 Watson, Freya	16	Heads of Valleys	1:06.25
4 Rees, Millie	15	Bridgend County	1:07.63
5 Morgan, Mackenzie	15	Torfaen Dolphins	1:08.38
6 Blake, Sophie	16	City of Newport	1:08.54
7 Lewis, Helen	15	Merthyr Tydfil	1:11.17
8 Staveley, Ella	15	Bridgend County	1:11.63
9 Childs, Laura	15	City Of Cardiff	1:11.73
10 Arch, Mared	15	City Of Cardiff	1:11.90
11 Nelson, Bethan	16	City Of Cardiff	1:11.93
12 Jenkins, Emily	16	Bridgend County	1:12.39
13 Randell, Niamh	16	R.C.T.Swim Squad	1:13.19
14 Thomas, Anya	15	City Of Cardiff	1:14.46
15 Barry, Eva	15	City of Newport	1:17.60
16 Rowles, Freya	16	Torfaen Dolphins	1:17.83
17 Lewis, Jessica	16	R.C.T.Swim Squad	1:19.78
18 McCulloch, Ffion	15	City Of Cardiff	1:21.22
19 Maiden, Mya	16	Bridgend County	1:25.40

Event 11 Girls 17 & Over 100 SC Meter Butterfly

Name	Age	Team	Finals Time
Finals			
1 Rees, Katie	19	City Of Cardiff	1:04.10
2 Beynon, Annaliese	17	City Of Cardiff	1:07.30
3 Compton, Olivia	17	Bridgend County	1:07.46
4 Carson, Abbie	17	Bridgend County	1:07.77
5 Thomas, Emme	17	City Of Cardiff	1:08.61

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Results

Finals ... (Event 11 Girls 17 & Over 100 SC Meter Butterfly)

Name	Age Team	Finals Time
6 Harvey, Morgan	17 City Of Cardiff	1:09.33
7 Nicholas, Megan	17 Bridgend County	1:09.63
8 Collingbourne, Sioned	17 Heads of Valleys	1:10.04

Event 11 Girls 17 & Over 100 SC Meter Butterfly

Name	Age Team	Prelim Time
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Preliminaries

1 Rees, Katie	19 City Of Cardiff	1:04.00
2 Compton, Olivia	17 Bridgend County	1:07.20
3 Beynon, Annaliese	17 City Of Cardiff	1:07.74
4 Carson, Abbie	17 Bridgend County	1:08.16
5 Thomas, Emme	17 City Of Cardiff	1:08.20
6 Nicholas, Megan	17 Bridgend County	1:08.88
7 Collingbourne, Sioned	17 Heads of Valleys	1:09.45
8 Harvey, Morgan	17 City Of Cardiff	1:10.15
9 Gilson, Robyn	17 Abertillery	1:14.56

Event 12 Girls 11 Year Olds 400 SC Meter IM

Name	Age Team	Finals Time
1 Stevens, Ruby	11 City Of Cardiff	6:31.55

Event 12 Girls 12 Year Olds 400 SC Meter IM

Name	Age Team	Finals Time
1 Faulkner, Marie	12 City Of Cardiff	6:34.29
2 Graville, Carys	12 City Of Cardiff	6:41.56
3 Ramsey, Rebekah	12 Heads of Valleys	6:49.84

Event 12 Girls 13 Year Olds 400 SC Meter IM

Name	Age Team	Finals Time
1 Rowe, Rhiannon	13 Heads of Valleys	5:14.68
2 De Torres, Becci	13 City Of Cardiff	5:20.43
3 Colley, Lauren	13 Bridgend County	5:30.18
4 Palin, Maisy	13 Heads of Valleys	5:52.98
5 Teagle, Eilir	13 Merthyr Tydfil	5:59.49
6 Brassington, Isabel	13 City Of Cardiff	6:05.77
7 Lewis, Kacey	13 Merthyr Tydfil	6:06.45
8 Pryce, Ella	13 City Of Cardiff	6:25.17
9 Stork, Niamh	13 City Of Cardiff	6:36.68
10 Skene, Deryn	13 City Of Cardiff	6:43.85

Event 13 Boys 14 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Salmon, Carwyn	14 R.C.T.Swim Squad	2:48.84
2 Young, Ellis	14 City Of Cardiff	2:49.21
3 Pietruszka, Daniel	14 City Of Cardiff	2:53.11
4 Johnson, Finnley	14 City of Newport	3:06.71
--- Nixon, Rhys	14 City Of Cardiff	DQ
--- Davies, Joshua	14 City Of Cardiff	DQ

Event 13 Boys 15-16 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Chooyin, Benjamin	15 City Of Cardiff	2:42.40
2 Savage- Taylor, Tomos	15 Heads of Valleys	2:49.26
3 Jones, Finlay	15 Rhondda	3:11.77
--- Clegg, Sam	16 Brecon	x3:21.73

Event 13 Boys 17 & Over 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Sansom, Brython	18 Torfaen Dolphins	2:28.99
2 Hunt-cosh, James	18 Heads of Valleys	2:35.01
3 Brown, Ethan	19 R.C.T.Swim Squad	2:36.47
4 Cook, Jacob	17 City Of Cardiff	2:37.34

5 Jones, Daniel	19 City Of Cardiff	2:44.19
6 Wakefield, Joshua	17 Abertillery	2:57.18

Event 14 Boys 14 Year Olds 50 SC Meter Butterfly

Name	Age Team	Finals Time
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Finals

1 Griffiths, Alex	14 City of Newport	29.93
2 Pietruszka, Daniel	14 City Of Cardiff	31.53
3 Leach, Owen	14 Bridgend County	32.19
4 Cook-Jones, Rhydian	14 City Of Cardiff	32.23
5 Collins, Tyler	14 R.C.T.Swim Squad	32.65
6 Selby, Morgan	14 R.C.T.Swim Squad	35.54
7 Williams, Thomas	14 Rhondda	36.44

Event 14 Boys 14 Year Olds 50 SC Meter Butterfly

Name	Age Team	Prelim Time
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Preliminaries

1 Griffiths, Alex	14 City of Newport	29.40
2 Pietruszka, Daniel	14 City Of Cardiff	31.65
3 Leach, Owen	14 Bridgend County	32.63
4 Cook-Jones, Rhydian	14 City Of Cardiff	32.67
5 Collins, Tyler	14 R.C.T.Swim Squad	33.18
*6 Selby, Morgan	14 R.C.T.Swim Squad	35.35
*6 Thomas, Callum	14 City Of Cardiff	35.35
8 Williams, Thomas	14 Rhondda	35.45
9 Johnson, Finnley	14 City of Newport	35.67
10 Nixon, Rhys	14 City Of Cardiff	35.86
11 Kindred, Oliver	14 Torfaen Dolphins	37.80
--- Langdon, Ben	14 City of Newport	DQ

Event 14 Boys 15-16 50 SC Meter Butterfly

Name	Age Team	Finals Time
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Finals

1 Baker, Luke	16 Torfaen Dolphins	27.83
2 Parfitt, Shaye	16 City Of Cardiff	27.84
3 Clarke, Kameron	15 City of Newport	28.11
4 Rees, Brandon	16 Rhondda	28.63
5 Hobbs, James	16 R.C.T.Swim Squad	29.62
6 Cousins, Jacob	15 R.C.T.Swim Squad	30.21
7 Jones, Iwan	15 City of Newport	30.42
8 Williams, Elliot	16 Pontypridd	30.55

Event 14 Boys 15-16 50 SC Meter Butterfly

Name	Age Team	Prelim Time
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Preliminaries

1 Clarke, Kameron	15 City of Newport	27.87
2 Parfitt, Shaye	16 City Of Cardiff	27.88
3 Baker, Luke	16 Torfaen Dolphins	27.91
4 Rees, Brandon	16 Rhondda	29.11
5 Hobbs, James	16 R.C.T.Swim Squad	29.72
6 Williams, Elliot	16 Pontypridd	30.23
7 Cousins, Jacob	15 R.C.T.Swim Squad	30.31
8 Jones, Iwan	15 City of Newport	30.42
9 Savage- Taylor, Tomos	15 Heads of Valleys	30.46
10 Bennett, Jack	15 Torfaen Dolphins	30.84
11 Garland, Kieran	15 R.C.T.Swim Squad	31.32
12 Hall, Daniel	15 Chepstow	32.78
13 Jones, Kyran	15 Caerphilly	33.38
14 Steven, Ryan	15 City of Newport	33.52
15 Thomas, Joshua	16 Merthyr Tydfil	33.76
16 Clegg, Sam	16 Brecon	36.47

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Results

Preliminaries ... (Event 14 Boys 15-16 50 SC Meter Butterfly)

Name	Age	Team	Prelim Time
17 Matthews, Leon	15	Cwmbran	38.44

Event 14 Boys 17 & Over 50 SC Meter Butterfly

Name	Age	Team	Finals Time
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Finals

1 Price, Bradley	25	City Of Cardiff	25.30
2 Acland, Connor	21	City of Newport	26.44
3 Cook, Jacob	17	City Of Cardiff	27.30
4 Dickson-Jardine, Ben	17	Bridgend County	27.35
5 Lewis, Ashley	23	Bridgend County	27.36
6 Sherman, Ben	17	Torfaen Dolphins	27.47
7 Othen, Ross	18	Torfaen Dolphins	28.20
8 Elliott, Alex	19	Torfaen Dolphins	28.93

Event 14 Boys 17 & Over 50 SC Meter Butterfly

Name	Age	Team	Prelim Time
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Preliminaries

1 Price, Bradley	25	City Of Cardiff	26.04
2 Acland, Connor	21	City of Newport	27.06
3 Sherman, Ben	17	Torfaen Dolphins	27.23
4 Lewis, Ashley	23	Bridgend County	27.38
5 Cook, Jacob	17	City Of Cardiff	27.76
6 Dickson-Jardine, Ben	17	Bridgend County	27.87
7 Othen, Ross	18	Torfaen Dolphins	28.33
8 Elliott, Alex	19	Torfaen Dolphins	28.51

9 Hunt-cosh, James	18	Heads ot Valleys	29.22
10 Brown, Ethan	19	R.C.T.Swim Squad	29.38

11 Fairless, Jonathan	18	City of Newport	29.70
12 Townsend, Harry	17	Torfaen Dolphins	29.80
13 Powell, Matthew	17	Torfaen Dolphins	29.82
14 Price, Dafydd	17	Torfaen Dolphins	30.12
15 Mullins, Joshua	17	Merthyr Tydfil	30.37
16 Davies, Owain	19	Heads ot Valleys	30.82
17 Jenkins, Cameron	18	R.C.T.Swim Squad	30.86
18 Thompson, Jacob	18	Caerphilly	33.77

Event 15 Girls 11 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
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Finals

1 Williams-Jones, Phoebe	11	Bridgend County	1:29.88
2 Brassington, Sophie	11	City Of Cardiff	1:31.75
3 Iles, Georgia	11	City Of Cardiff	1:34.85
4 Velasco, Mikayla	11	City Of Cardiff	1:41.78
5 Brasington, Lucy	11	Heads ot Valleys	1:44.29
6 Moriarty, Erin	11	City Of Cardiff	1:46.25
7 Williams, Lily	11	City Of Cardiff	1:46.62
8 Hale, Chloe	11	Heads ot Valleys	1:49.52

Event 15 Girls 11 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time
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Preliminaries

1 Williams-Jones, Phoebe	11	Bridgend County	1:28.44
2 Brassington, Sophie	11	City Of Cardiff	1:31.41
3 Iles, Georgia	11	City Of Cardiff	1:32.65
4 Velasco, Mikayla	11	City Of Cardiff	1:42.24
5 Williams, Lily	11	City Of Cardiff	1:42.61
6 Brasington, Lucy	11	Heads ot Valleys	1:44.27
7 Moriarty, Erin	11	City Of Cardiff	1:46.71
8 Hale, Chloe	11	Heads ot Valleys	1:48.05

9 Chayka, Sofia	11	Bridgend County	1:51.32
10 Davies, Cerys	11	R.C.T.Swim Squad	1:53.25
--- Wratten, Isabelle	11	Cwmbran	DQ

Event 15 Girls 12 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
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Finals

1 Stephens, Arwen	12	City Of Cardiff	1:18.71
2 Jones, Emily	12	City of Newport	1:21.65
3 Stride, Tamzin	12	Torfaen Dolphins	1:25.73
4 Simmons, Beth	12	City of Newport	1:27.22
5 Fox, Imogen	12	City Of Cardiff	1:32.54
6 Walker, Eleanor	12	City of Newport	1:33.29
7 Donovan, Kelsey	12	City Of Cardiff	1:34.23
8 Illman, Lili	12	Torfaen Dolphins	1:34.55

Event 15 Girls 12 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time
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Preliminaries

1 Stephens, Arwen	12	City Of Cardiff	1:19.15
2 Jones, Emily	12	City of Newport	1:21.38
3 Stride, Tamzin	12	Torfaen Dolphins	1:24.58
4 Simmons, Beth	12	City of Newport	1:26.70
5 Fox, Imogen	12	City Of Cardiff	1:30.64
6 Walker, Eleanor	12	City of Newport	1:31.87
7 Illman, Lili	12	Torfaen Dolphins	1:34.03
8 Donovan, Kelsey	12	City Of Cardiff	1:34.85

9 Fowler, Jazz	12	Heads ot Valleys	1:36.33
10 Harris, Sophie	12	City of Newport	1:36.45

11 Stevens, Isobel	12	City of Newport	1:36.71
12 Page, Lauren-Ann(Lauren)	12	City Of Cardiff	1:37.61
13 Emes, Eleanor	12	Torfaen Dolphins	1:38.35
14 Waite, Ellie May	12	City Of Cardiff	1:38.67
15 Cribb, Millie Lacie	12	Caerphilly	1:39.97
16 Graville, Carys	12	City Of Cardiff	1:41.51
17 Clayton, Karys	12	Torfaen Dolphins	1:42.10
18 Pike, Aneirwen	12	Pontypridd	1:42.15
19 Faulkner, Marie	12	City Of Cardiff	1:43.87
20 Nowell, Gabriella	12	Torfaen Dolphins	1:44.40
21 Mcrae, Cariad	12	Torfaen Dolphins	1:44.94
22 Maude, Rose	12	City Of Cardiff	1:45.42
--- O'Callaghan, Faye	12	City Of Cardiff	DQ

Event 15 Girls 13 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
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Finals

1 Domican, Rosie	13	City Of Cardiff	1:21.44
2 Ward, Ellie	13	City of Newport	1:22.26
3 Dallyn, Isobel	13	Chepstow	1:22.48
4 Palin, Maisy	13	Heads ot Valleys	1:22.72
5 Morgan, Isabel	13	City Of Cardiff	1:27.48
6 Teagle, Eilir	13	Merthyr Tydfil	1:28.29
7 Brassington, Isabel	13	City Of Cardiff	1:28.31

Event 15 Girls 13 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time
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Preliminaries

1 Dallyn, Isobel	13	Chepstow	1:22.43
2 Ward, Ellie	13	City of Newport	1:22.47
3 Domican, Rosie	13	City Of Cardiff	1:22.71
4 Palin, Maisy	13	Heads ot Valleys	1:25.28

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Preliminaries ... (Event 15 Girls 13 Year Olds 100 SC Meter Breaststroke)

Name	Age Team	Prelim Time
5 Teagle, Eilir	13 Merthyr Tydfil	1:28.19
*6 Morgan, Isabel	13 City Of Cardiff	1:28.25
*6 Brassington, Isabel	13 City Of Cardiff	1:28.25
8 Colley, Lauren	13 Bridgend County	1:28.33
9 Warrender, Niamh	13 Torfaen Dolphins	1:29.14
10 Thomas, Nell	13 R.C.T.Swim Squad	1:29.66
11 Palmer, Meghan	13 Rhondda	1:32.27
12 Perham, Lois	13 R.C.T.Swim Squad	1:32.41
13 Smith, Mia	13 Torfaen Dolphins	1:33.51
14 George, Katherine	13 City Of Cardiff	1:34.15
15 Whitelock, Carys	13 Torfaen Dolphins	1:36.50
16 Hembrow, Courtney	13 Bridgend County	1:37.11
17 Cook, Seren	13 Bridgend County	1:37.16
18 Davies, Orla	13 City Of Cardiff	1:39.55
19 Minas, Ella	13 R.C.T.Swim Squad	1:39.70
20 Brasington, Isabel	13 Heads of Valleys	1:39.76
21 Corderoy, Abigail	13 R.C.T.Swim Squad	1:41.39
22 Date, Alana	13 City Of Cardiff	1:41.48
23 Stork, Niamh	13 City Of Cardiff	1:42.27
24 Hayward, Destiny	13 Abertillery	1:42.71

Event 16 Boys 11 Year Olds 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Colmsee, Samuel	11 City Of Cardiff	3:10.33
2 McGuinness, Charlie	11 Torfaen Dolphins	3:11.87

Event 16 Boys 12 Year Olds 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Merriman, Ben	12 Heads of Valleys	2:41.53
2 Geysen-Holley, Max	12 Bridgend County	2:50.21
3 James, Harley	12 City Of Cardiff	2:53.55
4 Anderson, Maxwell	12 City Of Cardiff	2:54.42
--- Coulson, Evan	12 Torfaen Dolphins	DQ

Event 16 Boys 13 Year Olds 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Edwards, Kaden	13 City Of Cardiff	2:29.00
2 Wardhaugh, Cai	13 City Of Cardiff	2:31.48
3 Osmond, Ewan	13 City of Newport	2:42.38
4 Hastings, Benjamin	13 City of Newport	2:44.88
5 Tong, Solomon	13 City Of Cardiff	2:50.16
6 Jones, Lloyd	13 Merthyr Tydfil	2:56.14
7 Clement, Logan	13 R.C.T.Swim Squad	3:00.26
8 Griffiths, Montgomery	13 City Of Cardiff	3:00.92

Event 17 Boys 14 Year Olds 400 SC Meter Freestyle

Name	Age Team	Finals Time
1 Salmon, Carwyn	14 R.C.T.Swim Squad	4:33.74
2 Young, Ellis	14 City Of Cardiff	4:41.01
3 Leach, Owen	14 Bridgend County	4:46.76
4 Kindred, Oliver	14 Torfaen Dolphins	4:54.98
5 Collins, Tyler	14 R.C.T.Swim Squad	4:56.08
6 Nixon, Rhys	14 City Of Cardiff	5:03.70
7 Cook-Jones, Rhydian	14 City Of Cardiff	5:08.16
8 Selby, Morgan	14 R.C.T.Swim Squad	5:15.16
9 Tucker, Callum	14 Chepstow	5:18.49
10 Layzell, Alexander	14 Merthyr Tydfil	5:22.03
11 Williams, Thomas	14 Rhondda	5:27.54
--- Murray, Adam	14 City Of Cardiff	DQ

Event 17 Boys 15-16 400 SC Meter Freestyle

Name	Age Team	Finals Time
1 Richards, Owen	16 Torfaen Dolphins	4:17.06
2 Parfitt, Shaye	16 City Of Cardiff	4:23.10
3 Baker, Luke	16 Torfaen Dolphins	4:25.51
4 Davies, Joe	15 Torfaen Dolphins	4:35.62
5 Jones, Iwan	15 City of Newport	4:36.64
6 Clarke, Kameron	15 City of Newport	4:36.77
7 Thomas, Emyr	16 City of Newport	4:41.04
8 Steven, Ryan	15 City of Newport	4:58.16
9 Thomas, Joshua	16 Merthyr Tydfil	4:59.06
10 Jones, Ceirion	15 Merthyr Tydfil	5:02.17
11 Sherman, Owen	15 Torfaen Dolphins	5:03.56

Event 17 Boys 17 & Over 400 SC Meter Freestyle

Name	Age Team	Finals Time
1 Thomas, Craig	26 Bridgend County	4:10.98
2 Sherman, Ben	17 Torfaen Dolphins	4:17.10
3 Cook, Jacob	17 City Of Cardiff	4:22.14
4 Lewis, Ashley	23 Bridgend County	4:23.47
5 Boladz, Tomas	18 Torfaen Dolphins	4:29.06
6 John, Lewys	17 R.C.T.Swim Squad	4:29.58
7 Hunt-cosh, James	18 Heads of Valleys	4:30.12
8 Fairless, Jonathan	18 City of Newport	4:30.76
9 Price, Dafydd	17 Torfaen Dolphins	4:35.54
10 Wakefield, Joshua	17 Abertillery	4:40.24
11 James, Morgan	18 R.C.T.Swim Squad	4:41.31
12 Townsend, Harry	17 Torfaen Dolphins	4:41.36
13 Pryse, Elis	17 R.C.T.Swim Squad	4:41.48
14 Mullins, Joshua	17 Merthyr Tydfil	4:44.71
15 Napper, Keenan	18 Rhondda	4:44.74
16 Thomas, Daniel	20 Cwmbran	4:48.12
17 Joseph, Gianluca	18 Heads of Valleys	4:49.74

Event 18 Girls 14 Year Olds 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Witchell, Bethan	14 City Of Cardiff	2:13.19
2 Edwards, Megan	14 Bridgend County	2:15.81
3 Protheroe, Chloe	14 Bridgend County	2:17.68
4 Cottrell, Emma	14 City Of Cardiff	2:17.70
5 Linton, Sophie	14 City of Newport	2:20.50
6 Marsh, Sophie	14 Merthyr Tydfil	2:22.95
7 Davies, Lois	14 Bridgend County	2:26.92
8 Watkins, Sadie	14 R.C.T.Swim Squad	2:27.53
9 Phillips, Ella	14 City Of Cardiff	2:28.34
10 Miles, Grace	14 Chepstow	2:29.01
11 Kruk, Ola	14 Bridgend County	2:30.93
12 Porter, Emma	14 Torfaen Dolphins	2:30.96
13 Cox, Emily	14 Bridgend County	2:32.69
14 Griffith, Lili	14 R.C.T.Swim Squad	2:36.65
15 Jones, Cerys	14 City Of Cardiff	2:39.43
16 Lewis, Becky	14 R.C.T.Swim Squad	2:42.41
17 Crisp, Caitlyn	14 City Of Cardiff	2:42.78
18 Davies, Cora	14 R.C.T.Swim Squad	2:44.45
19 Thorne, Immie	14 Chepstow	2:50.79

Event 18 Girls 15-16 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Ezard, Emily	15 Bridgend County	2:10.87
2 Edwards, Maisie	15 City Of Cardiff	2:11.44
3 Morris, Ciara	15 City Of Cardiff	2:11.94
4 Warrender, Meg	16 Torfaen Dolphins	2:12.72

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(Event 18 Girls 15-16 200 SC Meter Freestyle)

Name	Age Team	Finals Time
5 Davies, Cati	16 Bridgend County	2:12.80
6 Staveley, Ella	15 Bridgend County	2:13.02
7 Watson, Freya	16 Heads of Valleys	2:13.08
8 Rees, Millie	15 Bridgend County	2:13.21
9 Morris, Elen	15 City Of Cardiff	2:14.13
10 Blake, Sophie	16 City of Newport	2:16.83
11 Hutchinson, Lili-May	15 City Of Cardiff	2:17.55
12 Maiden, Mya	16 Bridgend County	2:18.87
13 Morgan, Sophie	15 R.C.T.Swim Squad	2:21.96
14 Mason, Teoni	15 Torfaen Dolphins	2:22.29
15 Rowles, Freya	16 Torfaen Dolphins	2:22.33
16 Haeffner, Evie	16 Chepstow	2:23.36
17 Flood, Holly	15 R.C.T.Swim Squad	2:23.75
18 Thomas, Anya	15 City Of Cardiff	2:23.95
19 Walters, Aisha	15 Merthyr Tydfil	2:25.59
20 Lewis, Helen	15 Merthyr Tydfil	2:26.38
21 McCulloch, Ffion	15 City Of Cardiff	2:26.98
22 Lipetz-Robic, Qui Ming	15 City Of Cardiff	2:27.87
23 Bussey, Niamh	16 Bridgend County	2:28.40
24 Walker, Caitlin	15 City Of Cardiff	2:28.75
25 Higgins, Catrina	15 Heads of Valleys	2:28.91
26 Harris-Thomas, Elle	15 Chepstow	2:29.05
27 Mcrae, Mair	15 Torfaen Dolphins	2:29.12
28 Lewis, Jessica	16 R.C.T.Swim Squad	2:29.67
29 Deakin, Ella Leigh	15 City of Newport	2:33.51
30 Harper, Fizz	16 Chepstow	2:37.88
31 Green, Alex	16 Chepstow	2:41.58
32 Teagle, Arwen	16 Merthyr Tydfil	2:45.71
33 Underwood, Rebecca	15 Cwmbran	2:46.07
--- Meredith, Morgan	15 Rhondda	x2:56.75

Event 18 Girls 17 & Over 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Rees, Katie	19 City Of Cardiff	2:05.39
2 Frizelle, Tegan	17 City Of Cardiff	2:05.97
3 Murray, Claudia	17 City Of Cardiff	2:08.30
4 Davies, Eleri	17 Bridgend County	2:10.01
5 Owen, Amber	17 City Of Cardiff	2:11.25
6 Jenkins, Hannah	17 Bridgend County	2:11.26
7 McCulloch, Elizabeth	18 City Of Cardiff	2:11.34
8 Harvey, Morgan	17 City Of Cardiff	2:11.64
9 Morgan, Grace	17 Bridgend County	2:12.44
10 Thomas, Emme	17 City Of Cardiff	2:12.58
11 Jones, Hannah	17 City of Newport	2:13.07
12 Evans, Nia	17 City Of Cardiff	2:13.67
13 Carson, Abbie	17 Bridgend County	2:14.37
14 Collingbourne, Sioned	17 Heads of Valleys	2:15.76
15 Matthews, Brody	19 Abertillery	2:19.47
16 Jenkins, Sarah	17 Bridgend County	2:22.55
17 Warren, Faye	17 R.C.T.Swim Squad	2:23.21
18 Vaisey, Rhiannon	19 Abertillery	2:27.73
19 Hyde, Lydia	17 Heads of Valleys	2:28.10

Event 19 Girls 11 Year Olds 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Broder, Libby	11 Torfaen Dolphins	31.99
2 Stevens, Ruby	11 City Of Cardiff	32.00
3 Williams-Jones, Phoebe	11 Bridgend County	34.08
4 Chayka, Sofia	11 Bridgend County	34.31

5 Davies, Ffion	11 R.C.T.Swim Squad	35.11
6 Williams, Lily	11 City Of Cardiff	35.18
7 Davies, Cerys	11 R.C.T.Swim Squad	36.02
8 Iles, Georgia	11 City Of Cardiff	36.17

Event 19 Girls 11 Year Olds 50 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Broder, Libby	11 Torfaen Dolphins	32.28
2 Stevens, Ruby	11 City Of Cardiff	32.79
3 Williams-Jones, Phoebe	11 Bridgend County	34.41
4 Davies, Ffion	11 R.C.T.Swim Squad	34.70
5 Williams, Lily	11 City Of Cardiff	34.99
6 Chayka, Sofia	11 Bridgend County	35.14
7 Iles, Georgia	11 City Of Cardiff	35.56
8 Davies, Cerys	11 R.C.T.Swim Squad	35.65
9 Rogers, Megan	11 City Of Cardiff	35.97
10 Parsons, Ellie	11 Chepstow	36.20
11 Wilkes-Hibbert, Amelia	11 Caerphilly	36.33
12 Moriarty, Erin	11 City Of Cardiff	36.47
13 Coombes, Emmie	11 R.C.T.Swim Squad	36.51
14 Holmes, Bethan	11 Chepstow	36.98
15 Edwards, Georgina	11 Abertillery	37.59
16 Blake, Ffion	11 City Of Cardiff	38.11
17 Beach, Dion	11 Rhondda	38.55
18 Hale, Chloe	11 Heads of Valleys	39.04
19 Burch, Daisy	11 City Of Cardiff	40.28
20 Leaf, Jemima	11 Chepstow	40.60
21 Mulford, Eleri	11 Rhondda	42.34
22 Richards, Alyssa	11 Cwmbran	44.61

Event 19 Girls 12 Year Olds 50 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 Rosser, Cerys	12 Torfaen Dolphins	30.33
2 Stride, Tamzin	12 Torfaen Dolphins	30.78
3 Joseph, Isabel	12 City Of Cardiff	30.79
4 Erasmus, Charlotte	12 Torfaen Dolphins	31.21
5 Graville, Carys	12 City Of Cardiff	31.60
6 Fox, Imogen	12 City Of Cardiff	31.84
7 Clayton, Karys	12 Torfaen Dolphins	32.01
8 Emes, Eleanor	12 Torfaen Dolphins	32.46

Event 19 Girls 12 Year Olds 50 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Rosser, Cerys	12 Torfaen Dolphins	30.05
*2 Joseph, Isabel	12 City Of Cardiff	30.61
*2 Stride, Tamzin	12 Torfaen Dolphins	30.61
4 Erasmus, Charlotte	12 Torfaen Dolphins	30.97
5 Fox, Imogen	12 City Of Cardiff	31.18
6 Emes, Eleanor	12 Torfaen Dolphins	31.78
7 Graville, Carys	12 City Of Cardiff	31.80
8 Clayton, Karys	12 Torfaen Dolphins	31.86
9 Illman, Lili	12 Torfaen Dolphins	32.00
10 Hobrough, Xantia	12 City Of Cardiff	32.13
11 Donovan, Kelsey	12 City Of Cardiff	32.57
12 Stevens, Isobel	12 City of Newport	32.76
13 Harthill, Katie	12 City Of Cardiff	32.98
14 Morgan, Hannah	12 City Of Cardiff	33.49
15 Crowley, Amy	12 City Of Cardiff	33.90

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Preliminaries ... (Event 19 Girls 12 Year Olds 50 SC Meter Freestyle)

Name	Age Team	Prelim Time
16 Legg, Caitlin	12 Caerphilly	33.91
17 Overton, Caitlin	12 Abertillery	34.12
*18 Reed, Shauna	12 Torfaen Dolphins	34.55
*18 Nowell, Gabriella	12 Torfaen Dolphins	34.55
20 Fowler, Jazz	12 Heads of Valleys	34.66
21 Jones, Cerys	12 R.C.T.Swim Squad	34.68
22 Davies-Amos, Angelica	12 Bridgend County	34.74
23 Faulkner, Marie	12 City Of Cardiff	34.75
24 Ramsey, Rebekah	12 Heads of Valleys	34.82
25 Page, Lauren-Ann(Lauren)	12 City Of Cardiff	34.88
26 O'Callaghan, Faye	12 City Of Cardiff	35.14
27 Harris, Sophie	12 City of Newport	35.17
28 Price, Summer	12 Abertillery	35.67
29 Reynolds, Mia	12 Heads of Valleys	35.93
30 Sargent, Elana	12 Caerphilly	36.07
31 Maude, Rose	12 City Of Cardiff	36.19
32 Keigwin, Daisy	12 Caerphilly	36.54
33 Thomas, Grace	12 City of Newport	37.20
34 Cribb, Millie Lacie	12 Caerphilly	37.24
35 Scannell, Blythe	12 Merthyr Tydfil	37.44
36 Joseph, Emilia	12 Heads of Valleys	37.68
37 Brenchley, Molly	12 City Of Cardiff	38.01
38 Mcrae, Cariad	12 Torfaen Dolphins	38.80
39 Mutlow, Maisie	12 Torfaen Dolphins	38.88
40 Grant, Eilidh	12 City Of Cardiff	38.95

Event 19 Girls 13 Year Olds 50 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 De Torres, Becci	13 City Of Cardiff	27.34
2 Shelton, Amy	13 City Of Cardiff	28.12
3 Lovell, Madison	13 Heads of Valleys	28.58
4 Girling, Grace	13 City Of Cardiff	30.56
5 Rathbone-Jones, Eloise	13 City Of Cardiff	30.57
6 Morgan, Bethan	13 Bridgend County	30.71
7 Nicholls, Hannah	13 Caerphilly	30.81
8 Colley, Lauren	13 Bridgend County	31.27

Event 19 Girls 13 Year Olds 50 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 De Torres, Becci	13 City Of Cardiff	27.90
2 Shelton, Amy	13 City Of Cardiff	28.41
3 Lovell, Madison	13 Heads of Valleys	28.48
4 Morgan, Bethan	13 Bridgend County	30.29
5 Girling, Grace	13 City Of Cardiff	30.30
6 Colley, Lauren	13 Bridgend County	30.32
7 Nicholls, Hannah	13 Caerphilly	30.58
8 Rathbone-Jones, Eloise	13 City Of Cardiff	30.96
9 Corderoy, Abigail	13 R.C.T.Swim Squad	31.09
10 Dallyn, Isobel	13 Chepstow	31.27
11 Ward, Ellie	13 City of Newport	31.31
12 Marchant, Rhiannon	13 R.C.T.Swim Squad	31.43
*13 Perham, Lois	13 R.C.T.Swim Squad	31.94
*13 Thomas, Ashley	13 R.C.T.Swim Squad	31.94
15 Whitelock, Carys	13 Torfaen Dolphins	32.06
16 Teagle, Eilir	13 Merthyr Tydfil	32.20
17 Jones, Seren	13 City Of Cardiff	32.24
18 Palin, Maisy	13 Heads of Valleys	32.45

19 Evans, Emma	13 City Of Cardiff	32.48
20 Lewis, Kacey	13 Merthyr Tydfil	32.78
21 Warrender, Niamh	13 Torfaen Dolphins	32.85
22 Hurcombe, Eve	13 Torfaen Dolphins	32.98
23 Tarpey, Aoife	13 Bridgend County	33.03
24 George, Katherine	13 City Of Cardiff	33.23
25 Geddes, Olivia	13 Bridgend County	33.44
26 Fernandez-John, Sofia	13 Caerphilly	33.62
27 Frole, Megan	13 Bridgend County	33.66
28 Date, Alana	13 City Of Cardiff	33.70
29 Skene, Deryn	13 City Of Cardiff	33.95
30 Pryce, Ella	13 City Of Cardiff	34.23
31 Davies, Tegan	13 Bridgend County	34.25
32 Griffiths, Lucy	13 Bridgend County	35.31
33 Price, Ffion	13 Brecon	35.67
34 Shalaby, Menna	13 Cwmbran	36.83
35 Pugh, Kia	13 Rhondda	37.26
36 Meek, Emily	13 R.C.T.Swim Squad	38.43
37 Jones, Olivia	13 Rhondda	38.58
38 Leconte, Seren	13 R.C.T.Swim Squad	38.71

Event 20 Boys 11 Year Olds 100 SC Meter Breaststroke

Name	Age Team	Finals Time
Finals		
1 James, Tristyn	11 Bridgend County	1:22.89
2 Jones, Carwyn	11 City Of Cardiff	1:35.90
3 Steven, Adam	11 City of Newport	1:38.54
4 Lee, Tristan	11 Rhondda	1:41.59
5 Lee, Ethan	11 Rhondda	1:46.00
6 Davies, Lewis	11 City of Newport	1:46.79
7 Jones, Tyler	11 Rhondda	1:48.15
--- Tucker, Lucas	11 Chepstow	DQ

Event 20 Boys 11 Year Olds 100 SC Meter Breaststroke

Name	Age Team	Prelim Time
Preliminaries		
1 James, Tristyn	11 Bridgend County	1:24.58
2 Jones, Carwyn	11 City Of Cardiff	1:35.79
3 Steven, Adam	11 City of Newport	1:39.77
4 Lee, Tristan	11 Rhondda	1:41.07
5 Lee, Ethan	11 Rhondda	1:44.92
6 Tucker, Lucas	11 Chepstow	1:45.05
*7 Jones, Tyler	11 Rhondda	1:46.38
*7 Davies, Lewis	11 City of Newport	1:46.38
9 McGuinness, Charlie	11 Torfaen Dolphins	1:46.87
10 Lawson, Reuben	11 Chepstow	1:47.13
11 Fowler, Joseph	11 R.C.T.Swim Squad	1:47.77

Event 20 Boys 12 Year Olds 100 SC Meter Breaststroke

Name	Age Team	Finals Time
Finals		
1 Arch, Rhydian	12 City Of Cardiff	1:26.50
2 O'Brien, Joshua	12 City Of Cardiff	1:29.92
3 Coppen, Harrison	12 City of Newport	1:31.58
4 Geysen-Holley, Max	12 Bridgend County	1:34.71
5 Smart, Rhys	12 City Of Cardiff	1:35.27
6 Anderson, Maxwell	12 City Of Cardiff	1:37.09
7 Davies, Henry	12 City Of Cardiff	1:40.01
8 Rosser, Dewi	12 Torfaen Dolphins	1:41.21

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Event 20 Boys 12 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Arch, Rhydian	12	City Of Cardiff	1:29.09
2 O'Brien, Joshua	12	City Of Cardiff	1:29.40
3 Coppen, Harrison	12	City of Newport	1:33.52
4 Geysen-Holley, Max	12	Bridgend County	1:35.99
5 Anderson, Maxwell	12	City Of Cardiff	1:36.26
6 Smart, Rhys	12	City Of Cardiff	1:36.53
7 Davies, Henry	12	City Of Cardiff	1:39.34
8 Rosser, Dewi	12	Torfaen Dolphins	1:42.35
9 Davies, Gruffydd	12	City Of Cardiff	1:43.39
10 Keenan, Brandon	12	Cwmbran	1:46.27

Event 20 Boys 13 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Allen-Ridge, Kasey	13	Abertillery	1:27.01
2 Clement, Logan	13	R.C.T.Swim Squad	1:29.33
3 Hobbs, Dewi	13	R.C.T.Swim Squad	1:34.19
4 Elias, Hari	13	City Of Cardiff	1:36.88
5 Tan, Nicholas	13	Pontypridd	1:38.32

Event 20 Boys 13 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Allen-Ridge, Kasey	13	Abertillery	1:27.81
2 Clement, Logan	13	R.C.T.Swim Squad	1:30.69
3 Hobbs, Dewi	13	R.C.T.Swim Squad	1:35.75
4 Elias, Hari	13	City Of Cardiff	1:36.34
5 Tan, Nicholas	13	Pontypridd	1:37.69
--- Edwards, Kaden	13	City Of Cardiff	DQ

Event 21 Girls 14 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Linton, Sophie	14	City of Newport	1:01.60
*2 Cottrell, Emma	14	City Of Cardiff	1:02.85
*2 Moretti, Morgana	14	City Of Cardiff	1:02.85
4 Edwards, Megan	14	Bridgend County	1:04.47
5 Davidson, Hannah	14	Bridgend County	1:04.76
6 Marsh, Sophie	14	Merthyr Tydfil	1:06.31
7 Protheroe, Chloe	14	Bridgend County	1:06.39

Event 21 Girls 14 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Linton, Sophie	14	City of Newport	1:02.94
2 Cottrell, Emma	14	City Of Cardiff	1:03.91
3 Edwards, Megan	14	Bridgend County	1:04.04
4 Moretti, Morgana	14	City Of Cardiff	1:04.23
5 Davidson, Hannah	14	Bridgend County	1:05.21
6 Protheroe, Chloe	14	Bridgend County	1:05.69
7 Miles, Grace	14	Chepstow	1:07.10
8 Marsh, Sophie	14	Merthyr Tydfil	1:07.14
9 Clode, Amelie	14	Bridgend County	1:08.09
10 Norris, Alyssa	14	Caerphilly	1:08.44
11 Havard, Carys	14	Heads ot Valleys	1:08.46
12 Evans, Penny	14	R.C.T.Swim Squad	1:08.51
13 Davies, Lois	14	Bridgend County	1:08.92

14 Kruk, Ola	14	Bridgend County	1:09.19
15 Watkins, Sadie	14	R.C.T.Swim Squad	1:09.22
16 Cox, Emily	14	Bridgend County	1:09.42
17 Porter, Emma	14	Torfaen Dolphins	1:09.60
18 Phillips, Ella	14	City Of Cardiff	1:09.70
19 Nicholas, Catrin	14	Bridgend County	1:10.70
20 Leaf, Hattie	14	Chepstow	1:11.57
21 Goddard, Mia	14	City Of Cardiff	1:12.38
22 Matthews, Jodie	14	R.C.T.Swim Squad	1:12.93
23 Jones, Cerys	14	City Of Cardiff	1:12.97
24 Jaworska, Maja	14	Caerphilly	1:13.55
25 Griffith, Lili	14	R.C.T.Swim Squad	1:13.91
26 Lewis, Becky	14	R.C.T.Swim Squad	1:15.44
27 Crisp, Caitlyn	14	City Of Cardiff	1:15.91
28 Johnston, McKenzie	14	City of Newport	1:17.38
29 Thorne, Immie	14	Chepstow	1:18.00

Event 21 Girls 15-16 100 SC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Morris, Ciara	15	City Of Cardiff	59.54
2 Ezard, Emily	15	Bridgend County	1:01.66
3 Davies, Cati	16	Bridgend County	1:02.88
4 Staveley, Ella	15	Bridgend County	1:02.91
5 Morris, Elen	15	City Of Cardiff	1:03.10
6 Rees, Millie	15	Bridgend County	1:03.39
7 Evans, Holly	15	Bridgend County	1:03.92
8 Edwards, Maisie	15	City Of Cardiff	1:04.68

Event 21 Girls 15-16 100 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Morris, Ciara	15	City Of Cardiff	59.52
2 Edwards, Maisie	15	City Of Cardiff	1:00.38
3 Ezard, Emily	15	Bridgend County	1:01.44
4 Watson, Freya	16	Heads ot Valleys	1:01.51
5 Staveley, Ella	15	Bridgend County	1:02.20
6 Davies, Cati	16	Bridgend County	1:02.49
7 Rees, Millie	15	Bridgend County	1:02.72
8 Evans, Holly	15	Bridgend County	1:03.49
9 Morris, Elen	15	City Of Cardiff	1:03.50
10 Nelson, Bethan	16	City Of Cardiff	1:03.52
11 Jenkins, Emily	16	Bridgend County	1:04.28
12 Maiden, Mya	16	Bridgend County	1:04.30
13 Arch, Mared	15	City Of Cardiff	1:04.31
14 Clode, Meriel	16	Bridgend County	1:04.48
15 Walters, Aisha	15	Merthyr Tydfil	1:04.67
16 Morgan, Sophie	15	R.C.T.Swim Squad	1:04.68
17 Haeffner, Evie	16	Chepstow	1:05.14
18 Snow, Sophie	15	City Of Cardiff	1:05.30
*19 Flood, Holly	15	R.C.T.Swim Squad	1:05.43
*19 Thomas, Niamh	16	City of Newport	1:05.43
21 Lawlor, Ciara	15	City of Newport	1:05.68
22 Randell, Niamh	16	R.C.T.Swim Squad	1:06.08
23 Childs, Laura	15	City Of Cardiff	1:06.24
24 Mason, Teoni	15	Torfaen Dolphins	1:06.41
25 Lewis, Helen	15	Merthyr Tydfil	1:06.80
26 Rowles, Freya	16	Torfaen Dolphins	1:07.06
27 Lipetz-Robic, Qui Ming	15	City Of Cardiff	1:07.12
28 Lewis, Jessica	16	R.C.T.Swim Squad	1:07.35
29 Legg, Abbie	15	Caerphilly	1:07.61

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Preliminaries ... (Event 21 Girls 15-16 100 SC Meter Freestyle)

Name	Age	Team	Prelim Time
*30 McCulloch, Ffion	15	City Of Cardiff	1:08.27
*30 Thomas, Anya	15	City Of Cardiff	1:08.27
32 Higgins, Catrina	15	Heads of Valleys	1:08.32
33 Bussey, Niamh	16	Bridgend County	1:08.92
34 Harris-Thomas, Elle	15	Chepstow	1:09.12
35 Mcrae, Mair	15	Torfaen Dolphins	1:09.18
36 Barry, Eva	15	City of Newport	1:09.59
37 Walker, Caitlin	15	City Of Cardiff	1:09.91
38 Davies, Katie-May	16	Merthyr Tydfil	1:10.21
39 Harper, Fizz	16	Chepstow	1:10.42
40 Addecott, Ffion	15	R.C.T.Swim Squad	1:12.23
41 Elliott, Manon	15	Rhondda	1:12.28
42 Grattidge, Catrin	15	R.C.T.Swim Squad	1:12.54
43 Othen, Lara	15	Torfaen Dolphins	1:12.75
44 Robotham, Lara	15	Bridgend County	1:13.15
45 Dewar, Megan	15	Cwmbran	1:13.54
46 Meredith, Morgan	15	Rhondda	1:15.41
47 Teagle, Arwen	16	Merthyr Tydfil	1:16.67

Event 21 Girls 17 & Over 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Rees, Katie	19	City Of Cardiff	58.64
2 Murray, Claudia	17	City Of Cardiff	59.49
3 Owen, Amber	17	City Of Cardiff	59.81
4 Compton, Olivia	17	Bridgend County	1:01.74
5 Thomas, Emme	17	City Of Cardiff	1:02.04
6 Jenkins, Hannah	17	Bridgend County	1:02.33
7 Jones, Hannah	17	City of Newport	1:02.52
8 Davies, Eleri	17	Bridgend County	1:03.87

Event 21 Girls 17 & Over 100 SC Meter Freestyle

Name	Age	Team	Prelim Time
1 Rees, Katie	19	City Of Cardiff	59.56
2 Owen, Amber	17	City Of Cardiff	1:00.31
3 Murray, Claudia	17	City Of Cardiff	1:00.41
4 Thomas, Emme	17	City Of Cardiff	1:01.20
5 Morgan, Grace	17	Bridgend County	1:01.32
6 Compton, Olivia	17	Bridgend County	1:01.91
7 Jones, Hannah	17	City of Newport	1:02.00
8 Davies, Eleri	17	Bridgend County	1:02.18
9 Jenkins, Hannah	17	Bridgend County	1:02.62
10 Gibbs, Livi	17	Bridgend County	1:02.66
11 Nicholas, Megan	17	Bridgend County	1:02.85
12 Collingbourne, Sioned	17	Heads of Valleys	1:03.83
13 Jones, Georgia	17	Chepstow	1:04.48
14 Flynn, Lauren	19	Merthyr Tydfil	1:04.99
15 Jenkins, Sarah	17	Bridgend County	1:05.97
16 Warren, Faye	17	R.C.T.Swim Squad	1:06.20
17 Freeman, Rebecca	18	Torfaen Dolphins	1:07.09
18 Hyde, Lydia	17	Heads of Valleys	1:08.25
19 Meredith, Rebecca	17	R.C.T.Swim Squad	1:08.55
20 Causon, Hannah	17	Merthyr Tydfil	1:12.23
21 Eckley, Bethan	17	City Of Cardiff	1:13.08
22 Thomas, Chloe	19	Bridgend County	1:14.09

Event 22 Girls 11 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time
1 Broder, Libby	11	Torfaen Dolphins	2:59.86

2 Williams, Lily	11	City Of Cardiff	3:09.23
3 Velasco, Mikayla	11	City Of Cardiff	3:09.61
4 Iles, Georgia	11	City Of Cardiff	3:11.80
5 Moriarty, Erin	11	City Of Cardiff	3:20.51
6 Davies, Cerys	11	R.C.T.Swim Squad	3:20.75
7 Brasington, Lucy	11	Heads of Valleys	3:24.17
8 Coombes, Emmie	11	R.C.T.Swim Squad	3:29.06
9 Hale, Chloe	11	Heads of Valleys	3:31.14
10 Holmes, Bethan	11	Chepstow	3:36.61
--- Williams-Jones, Phoebe	11	Bridgend County	DQ
--- Beach, Dion	11	Rhondda	DQ

Event 22 Girls 12 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time
1 Stephens, Arwen	12	City Of Cardiff	2:36.08
2 Rosser, Cerys	12	Torfaen Dolphins	2:43.54
3 Stride, Tamzin	12	Torfaen Dolphins	2:44.59
4 Joseph, Isabel	12	City Of Cardiff	2:45.86
5 Erasmus, Charlotte	12	Torfaen Dolphins	2:49.72
6 Fox, Imogen	12	City Of Cardiff	2:52.01
7 Stevens, Isobel	12	City of Newport	2:54.94
8 Harthill, Katie	12	City Of Cardiff	2:55.71
9 Illman, Lili	12	Torfaen Dolphins	2:56.03
10 Clayton, Karys	12	Torfaen Dolphins	2:58.45
11 Donovan, Kelsey	12	City Of Cardiff	3:00.21
12 O'Callaghan, Faye	12	City Of Cardiff	3:00.84
13 Fowler, Jazz	12	Heads of Valleys	3:06.58
14 Faulkner, Marie	12	City Of Cardiff	3:09.94
15 Graville, Carys	12	City Of Cardiff	3:10.66
16 Emes, Eleanor	12	Torfaen Dolphins	3:10.98
17 Reynolds, Mia	12	Heads of Valleys	3:12.79
18 Davies-Amos, Angelica	12	Bridgend County	3:14.56
19 Legg, Caitlin	12	Caerphilly	3:15.06
20 Jones, Cerys	12	R.C.T.Swim Squad	3:15.25
21 Ramsey, Rebekah	12	Heads of Valleys	3:17.42
22 Cribb, Millie Lacie	12	Caerphilly	3:21.45
23 Reed, Shauna	12	Torfaen Dolphins	3:23.89
--- Hobrough, Xantia	12	City Of Cardiff	DQ
--- Simmons, Beth	12	City of Newport	DQ

Event 22 Girls 13 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time
1 De Torres, Becci	13	City Of Cardiff	2:28.81
2 Rowe, Rhiannon	13	Heads of Valleys	2:34.02
3 Colley, Lauren	13	Bridgend County	2:34.58
4 Shelton, Amy	13	City Of Cardiff	2:36.41
5 Domican, Rosie	13	City Of Cardiff	2:40.59
6 Rathbone-Jones, Eloise	13	City Of Cardiff	2:41.92
7 Lovell, Madison	13	Heads of Valleys	2:42.11
8 Palin, Maisy	13	Heads of Valleys	2:45.71
9 Girling, Grace	13	City Of Cardiff	2:46.02
10 Ward, Ellie	13	City of Newport	2:46.74
11 Teagle, Eilir	13	Merthyr Tydfil	2:48.80
12 Smith, Mia	13	Torfaen Dolphins	2:49.35
13 Bamborough, Katie	13	City Of Cardiff	2:52.52
14 Whitelock, Carys	13	Torfaen Dolphins	2:52.59
15 Marchant, Rhiannon	13	R.C.T.Swim Squad	2:53.06
16 Lewis, Kacey	13	Merthyr Tydfil	2:53.54
17 Nicholls, Hannah	13	Caerphilly	2:54.32
18 Tarpey, Aoife	13	Bridgend County	2:54.80
19 Jones, Seren	13	City Of Cardiff	2:56.10
20 Perham, Lois	13	R.C.T.Swim Squad	2:58.85

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(Event 22 Girls 13 Year Olds 200 SC Meter IM)

Name	Age Team	Finals Time
21 Brasington, Isabel	13 Heads of Valleys	3:01.81
22 George, Katherine	13 City Of Cardiff	3:02.29
23 Thomas, Ashley	13 R.C.T.Swim Squad	3:02.71
24 Corderoy, Abigail	13 R.C.T.Swim Squad	3:03.38
25 Davies, Tegan	13 Bridgend County	3:03.93
26 Date, Alana	13 City Of Cardiff	3:05.75
27 Pryce, Ella	13 City Of Cardiff	3:05.76
28 Evans, Emma	13 City Of Cardiff	3:06.85
29 Griffiths, Lucy	13 Bridgend County	3:13.15
30 Fernandez-John, Sofia	13 Caerphilly	3:13.85
--- Hayward, Destiny	13 Abertillery	x3:20.88
--- Hurcombe, Eve	13 Torfaen Dolphins	DQ
--- Fox, Abi	13 City Of Cardiff	DQ
--- Dallyn, Isobel	13 Chepstow	DQ

Event 23 Boys 14 Year Olds 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Murray, Adam	14 City Of Cardiff	2:18.02
2 Griffiths, Alex	14 City of Newport	2:23.60
3 Salmon, Carwyn	14 R.C.T.Swim Squad	2:26.15
4 Collins, Tyler	14 R.C.T.Swim Squad	2:31.47
5 Davies, Joshua	14 City Of Cardiff	2:41.75
6 Selby, Morgan	14 R.C.T.Swim Squad	2:44.03

Event 23 Boys 15-16 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Parfitt, Shaye	16 City Of Cardiff	2:14.53
2 Savage- Taylor, Tomos	15 Heads of Valleys	2:22.43
3 Gibbs, Morgan	15 Bridgend County	2:27.00
4 Thomas, Emyr	16 City of Newport	2:27.70
5 Jenkins, Ellis	15 R.C.T.Swim Squad	2:43.50

Event 23 Boys 17 & Over 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Boladz, Tomas	18 Torfaen Dolphins	2:18.09
2 Bryce, Aidan	17 City of Newport	2:18.30
3 Fairless, Jonathan	18 City of Newport	2:21.33
--- Durrant, William	19 City Of Cardiff	DQ

Event 24 Boys 11 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 James, Tristyn	11 Bridgend County	33.36
2 Davies, Lewis	11 City of Newport	38.90
3 Jones, Carwyn	11 City Of Cardiff	40.60
4 Wardhaugh, Bryn	11 City Of Cardiff	40.70
5 Lee, Ethan	11 Rhondda	42.18
6 Rees-Jones, Jack	11 Merthyr Tydfil	42.44
7 Williams, Cai	11 Bridgend County	43.42
8 Major, Sebastian	11 City of Newport	44.91

Event 24 Boys 11 Year Olds 50 SC Meter Backstroke

Name	Age Team	Prelim Time
1 James, Tristyn	11 Bridgend County	34.34
2 Davies, Lewis	11 City of Newport	39.50
3 Jones, Carwyn	11 City Of Cardiff	40.49
4 Wardhaugh, Bryn	11 City Of Cardiff	40.59
5 Major, Sebastian	11 City of Newport	41.65
6 Lee, Ethan	11 Rhondda	42.25
7 Williams, Cai	11 Bridgend County	42.31

8 Rees-Jones, Jack	11 Merthyr Tydfil	43.08
9 McLain, Archie	11 Heads of Valleys	43.57
10 McGuinness, Charlie	11 Torfaen Dolphins	44.15
11 Jones, Rhys	11 R.C.T.Swim Squad	45.35
12 Jones, Tyler	11 Rhondda	45.63
13 Davies, Zachary	11 Torfaen Dolphins	46.06
--- Lee, Tristan	11 Rhondda	DQ

Event 24 Boys 12 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Merriman, Ben	12 Heads of Valleys	35.04
*2 Price, Samuel	12 City Of Cardiff	37.64
*2 Fox-Wiltshire, Benjamin	12 City of Newport	37.64
4 Coulson, Evan	12 Torfaen Dolphins	38.02
5 Antoni, Rhys	12 Torfaen Dolphins	38.45
6 Geysen-Holley, Max	12 Bridgend County	39.22
7 Anderson, Maxwell	12 City Of Cardiff	39.28
8 James, Harley	12 City Of Cardiff	39.44

Event 24 Boys 12 Year Olds 50 SC Meter Backstroke

Name	Age Team	Prelim Time
1 Merriman, Ben	12 Heads of Valleys	34.64
2 Price, Samuel	12 City Of Cardiff	37.00
3 Coulson, Evan	12 Torfaen Dolphins	37.36
4 Fox-Wiltshire, Benjamin	12 City of Newport	37.88
5 Antoni, Rhys	12 Torfaen Dolphins	38.20
6 Geysen-Holley, Max	12 Bridgend County	38.44
7 James, Harley	12 City Of Cardiff	38.68
8 Anderson, Maxwell	12 City Of Cardiff	38.78
9 Davies, Gruffydd	12 City Of Cardiff	39.50
10 Davis, Ioan	12 Bridgend County	39.99
11 Keenan, Brandon	12 Cwmbran	41.00
12 Coppen, Harrison	12 City of Newport	41.67
13 Ingram, James	12 Heads of Valleys	42.16
14 Monks, Joshua	12 Merthyr Tydfil	43.93
15 H-Hillier, Owain	12 Cwmbran	46.43
--- Davies, Gianni	12 Torfaen Dolphins	DQ

Event 24 Boys 13 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Wardhaugh, Cai	13 City Of Cardiff	33.06
2 Edwards, Kaden	13 City Of Cardiff	34.84
3 Woodman, Ryan	13 City of Newport	35.52
4 Wisden, Dylan	13 Bridgend County	35.82
5 Tong, Solomon	13 City Of Cardiff	36.35
6 Lloyd, Morgan	13 Caerphilly	36.79
7 Hobbs, Dewi	13 R.C.T.Swim Squad	36.87
8 Allen-Ridge, Kasey	13 Abertillery	37.64

Event 24 Boys 13 Year Olds 50 SC Meter Backstroke

Name	Age Team	Prelim Time
1 Wardhaugh, Cai	13 City Of Cardiff	34.02
2 Edwards, Kaden	13 City Of Cardiff	34.14
3 Wisden, Dylan	13 Bridgend County	35.27
4 Woodman, Ryan	13 City of Newport	35.66
5 Lloyd, Morgan	13 Caerphilly	36.62
6 Allen-Ridge, Kasey	13 Abertillery	36.69

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Preliminaries ... (Event 24 Boys 13 Year Olds 50 SC Meter Backstroke)

Name	Age Team	Prelim Time
7 Tong, Solomon	13 City Of Cardiff	36.73
8 Hobbs, Dewi	13 R.C.T.Swim Squad	37.04
9 Wakeling, Jacob	13 City Of Cardiff	37.12
10 Hastings, Benjamin	13 City of Newport	38.09
11 Clement, Logan	13 R.C.T.Swim Squad	38.83
12 Tan, Nicholas	13 Pontypridd	40.11

Event 25 Girls 11 Year Olds 100 SC Meter Butterfly

Name	Age Team	Finals Time
1 Stevens, Ruby	11 City Of Cardiff	1:19.05
2 Broder, Libby	11 Torfaen Dolphins	1:26.13
3 Coombes, Emmie	11 R.C.T.Swim Squad	1:40.98

Event 25 Girls 11 Year Olds 100 SC Meter Butterfly

Name	Age Team	Prelim Time
1 Stevens, Ruby	11 City Of Cardiff	1:22.88
2 Broder, Libby	11 Torfaen Dolphins	1:25.16
3 Coombes, Emmie	11 R.C.T.Swim Squad	1:41.85

Event 25 Girls 12 Year Olds 100 SC Meter Butterfly

Name	Age Team	Finals Time
1 Stephens, Arwen	12 City Of Cardiff	1:12.18
2 Stride, Tamzin	12 Torfaen Dolphins	1:19.72
3 Illman, Lili	12 Torfaen Dolphins	1:22.55
4 Fowler, Jazz	12 Heads of Valleys	1:30.09
5 Crowley, Amy	12 City Of Cardiff	1:31.00

Event 25 Girls 12 Year Olds 100 SC Meter Butterfly

Name	Age Team	Prelim Time
1 Stephens, Arwen	12 City Of Cardiff	1:12.64
2 Stride, Tamzin	12 Torfaen Dolphins	1:20.16
3 Illman, Lili	12 Torfaen Dolphins	1:22.96
4 Fowler, Jazz	12 Heads of Valleys	1:28.41
5 Crowley, Amy	12 City Of Cardiff	1:29.70
--- Rosser, Cerys	12 Torfaen Dolphins	DQ

Event 25 Girls 13 Year Olds 100 SC Meter Butterfly

Name	Age Team	Finals Time
1 De Torres, Becci	13 City Of Cardiff	1:04.29
2 Shelton, Amy	13 City Of Cardiff	1:08.24
3 Rowe, Rhiannon	13 Heads of Valleys	1:08.98
4 Colley, Lauren	13 Bridgend County	1:09.32
5 Baker, Alyssa	13 Torfaen Dolphins	1:10.25
6 Rathbone-Jones, Eloise	13 City Of Cardiff	1:14.64
7 Morgan, Bethan	13 Bridgend County	1:19.04
8 Hurcombe, Eve	13 Torfaen Dolphins	1:22.41

Event 25 Girls 13 Year Olds 100 SC Meter Butterfly

Name	Age Team	Prelim Time
1 De Torres, Becci	13 City Of Cardiff	1:04.63
2 Shelton, Amy	13 City Of Cardiff	1:08.45
3 Rowe, Rhiannon	13 Heads of Valleys	1:09.90
4 Baker, Alyssa	13 Torfaen Dolphins	1:10.26
5 Rathbone-Jones, Eloise	13 City Of Cardiff	1:14.02

6 Colley, Lauren	13 Bridgend County	1:14.22
7 Morgan, Bethan	13 Bridgend County	1:20.10
8 Hurcombe, Eve	13 Torfaen Dolphins	1:21.63
9 Whitelock, Carys	13 Torfaen Dolphins	1:22.47
10 Teagle, Eilir	13 Merthyr Tydfil	1:22.49
11 Ward, Ellie	13 City of Newport	1:24.25

Event 26 Boys 14 Year Olds 100 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Salmon, Carwyn	14 R.C.T.Swim Squad	1:17.55
2 Pietruszka, Daniel	14 City Of Cardiff	1:18.49
3 Young, Ellis	14 City Of Cardiff	1:21.69
4 Nixon, Rhys	14 City Of Cardiff	1:25.13

Event 26 Boys 14 Year Olds 100 SC Meter Breaststroke

Name	Age Team	Prelim Time
1 Salmon, Carwyn	14 R.C.T.Swim Squad	1:17.60
2 Young, Ellis	14 City Of Cardiff	1:19.44
3 Pietruszka, Daniel	14 City Of Cardiff	1:21.34
4 Nixon, Rhys	14 City Of Cardiff	1:24.29
5 Johnson, Finnley	14 City of Newport	1:27.52

Event 26 Boys 15-16 100 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Baker, Luke	16 Torfaen Dolphins	1:13.48
2 Chooyin, Benjamin	15 City Of Cardiff	1:14.19
3 Hobbs, James	16 R.C.T.Swim Squad	1:16.46
4 Clarke, Kameron	15 City of Newport	1:16.97
5 Davies, Joe	15 Torfaen Dolphins	1:18.33
6 Jones, Kyran	15 Caerphilly	1:24.08
7 Bradbury, Kai	16 Cwmbran	1:25.98
8 Rees, Brandon	16 Rhondda	1:26.00

Event 26 Boys 15-16 100 SC Meter Breaststroke

Name	Age Team	Prelim Time
1 Chooyin, Benjamin	15 City Of Cardiff	1:15.08
2 Baker, Luke	16 Torfaen Dolphins	1:16.57
3 Hobbs, James	16 R.C.T.Swim Squad	1:16.63
4 Clarke, Kameron	15 City of Newport	1:18.26
5 Davies, Joe	15 Torfaen Dolphins	1:19.07
6 Jones, Kyran	15 Caerphilly	1:23.75
7 Bradbury, Kai	16 Cwmbran	1:25.54
8 Rees, Brandon	16 Rhondda	1:26.11
9 Jones, Luc	15 Torfaen Dolphins	1:26.97

Event 26 Boys 17 & Over 100 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Sansom, Brython	18 Torfaen Dolphins	1:07.93
2 Brown, Ethan	19 R.C.T.Swim Squad	1:10.39
3 Jones, Daniel	18 Torfaen Dolphins	1:11.54
4 Hunt-cosh, James	18 Heads of Valleys	1:11.86
5 Cook, Jacob	17 City Of Cardiff	1:13.49
6 Townsend, Harry	17 Torfaen Dolphins	1:17.94
7 Mullins, Joshua	17 Merthyr Tydfil	1:18.19
8 James, Morgan	18 R.C.T.Swim Squad	1:18.34

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Event 26 Boys 17 & Over 100 SC Meter Breaststroke

Name	Age Team	Prelim Time
Preliminaries		
1 Sansom, Brython	18 Torfaen Dolphins	1:09.31
2 Brown, Ethan	19 R.C.T.Swim Squad	1:11.15
3 Hunt-cosh, James	18 Heads of Valleys	1:12.03
4 Jones, Daniel	18 Torfaen Dolphins	1:12.51
5 Cook, Jacob	17 City Of Cardiff	1:14.71
6 Townsend, Harry	17 Torfaen Dolphins	1:17.65
7 Mullins, Joshua	17 Merthyr Tydfil	1:17.98
8 James, Morgan	18 R.C.T.Swim Squad	1:18.51
9 Davies, Owain	19 Heads of Valleys	1:20.67
10 Wakefield, Joshua	17 Abertillery	1:22.00

Event 27 Boys 11 Year Olds 200 SC Meter IM

Name	Age Team	Finals Time
1 James, Tristyn	11 Bridgend County	2:37.72
2 Jones, Carwyn	11 City Of Cardiff	3:04.32
3 Major, Sebastian	11 City of Newport	3:13.66
4 Davidson, Matthew	11 Bridgend County	3:14.79
5 Williams, Cai	11 Bridgend County	3:14.95
6 Tucker, Lucas	11 Chepstow	3:15.95
7 McGuinness, Charlie	11 Torfaen Dolphins	3:18.50
8 Lee, Tristan	11 Rhondda	3:20.60
9 Rees-Jones, Jack	11 Merthyr Tydfil	3:23.91
10 McLain, Archie	11 Heads of Valleys	3:29.63
--- Lee, Ethan	11 Rhondda	DQ
--- Fowler, Joseph	11 R.C.T.Swim Squad	DQ

Event 27 Boys 12 Year Olds 200 SC Meter IM

Name	Age Team	Finals Time
1 Merriman, Ben	12 Heads of Valleys	2:40.83
2 Arch, Rhydian	12 City Of Cardiff	2:41.33
3 O'Brien, Joshua	12 City Of Cardiff	2:46.35
4 Geysen-Holley, Max	12 Bridgend County	2:53.61
5 Hughes, Cian	12 City Of Cardiff	2:53.74
6 Price, Samuel	12 City Of Cardiff	2:55.88
7 James, Harley	12 City Of Cardiff	2:58.41
8 Anderson, Maxwell	12 City Of Cardiff	3:04.17
9 Coppen, Harrison	12 City of Newport	3:17.10
10 Ingram, James	12 Heads of Valleys	3:24.19
--- Davies, Gianni	12 Torfaen Dolphins	DQ
--- Coulson, Evan	12 Torfaen Dolphins	DQ
--- Davies, Gruffydd	12 City Of Cardiff	DQ
--- Davies, Henry	12 City Of Cardiff	DQ

Event 27 Boys 13 Year Olds 200 SC Meter IM

Name	Age Team	Finals Time
1 Wardhaugh, Cai	13 City Of Cardiff	2:33.80
2 Edwards, Kaden	13 City Of Cardiff	2:36.28
3 Wisden, Dylan	13 Bridgend County	2:43.46
4 Allen-Ridge, Kasey	13 Abertillery	2:47.80
5 Wakeling, Jacob	13 City Of Cardiff	2:48.63
6 Tong, Solomon	13 City Of Cardiff	2:49.22
7 Hastings, Benjamin	13 City of Newport	2:56.66
8 Jones, Lloyd	13 Merthyr Tydfil	2:59.92
9 Elias, Hari	13 City Of Cardiff	3:01.29
10 Clement, Logan	13 R.C.T.Swim Squad	3:04.07
11 Lloyd, Morgan	13 Caerphilly	3:04.86
12 Havard, Dylan	13 Heads of Valleys	3:05.83
13 Phillips, Joshua	13 City of Newport	3:14.41

Event 28 Girls 14 Year Olds 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Withers-Boalch, Georgina	14 City Of Cardiff	2:30.13
2 Protheroe, Chloe	14 Bridgend County	2:36.03
3 Davidson, Hannah	14 Bridgend County	2:36.20
4 Phillips, Ella	14 City Of Cardiff	2:43.02
5 Porter, Emma	14 Torfaen Dolphins	2:44.36
6 Watkins, Sadie	14 R.C.T.Swim Squad	2:44.95
7 Matthews, Jodie	14 R.C.T.Swim Squad	2:48.04
8 Davies, Lois	14 Bridgend County	2:50.63
9 Havard, Carys	14 Heads of Valleys	2:50.87
10 Griffith, Lili	14 R.C.T.Swim Squad	2:51.32
11 Davies, Cora	14 R.C.T.Swim Squad	2:52.67
12 Foley, Joanna	14 Merthyr Tydfil	2:54.90
13 Goddard, Mia	14 City Of Cardiff	2:55.63
--- Cottrell, Emma	14 City Of Cardiff	DQ
--- Lewis, Becky	14 R.C.T.Swim Squad	DQ

Event 28 Girls 15-16 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Allison, Megan	15 City of Newport	2:23.62
2 Evans, Holly	15 Bridgend County	2:25.97
3 Blake, Sophie	16 City of Newport	2:26.70
4 Lawlor, Ciara	15 City of Newport	2:26.94
5 Horton, Ellana	15 City of Newport	2:27.66
6 Thomas, Niamh	16 City of Newport	2:28.12
7 Warrender, Meg	16 Torfaen Dolphins	2:28.77
8 Mason, Teoni	15 Torfaen Dolphins	2:30.15
9 Snow, Sophie	15 City Of Cardiff	2:31.15
10 Maiden, Mya	16 Bridgend County	2:35.23
11 Simmons, Paige	15 City of Newport	2:35.97
12 Lewis, Jessica	16 R.C.T.Swim Squad	2:39.53
13 Addecott, Ffion	15 R.C.T.Swim Squad	2:40.29
14 Thomas, Anya	15 City Of Cardiff	2:40.93
15 Childs, Laura	15 City Of Cardiff	2:41.65
16 Lewis, Helen	15 Merthyr Tydfil	2:42.04
17 Morgan, Sophie	15 R.C.T.Swim Squad	2:43.39
*18 Grattidge, Catrin	15 R.C.T.Swim Squad	2:44.84
*18 Legg, Abbie	15 Caerphilly	2:44.84
20 Deakin, Ella Leigh	15 City of Newport	2:49.75
21 Harris-Thomas, Elle	15 Chepstow	2:54.95
--- English, Katie	16 City of Newport	DQ

Event 28 Girls 17 & Over 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Hunt, Imogen	19 Bridgend County	2:17.46
2 Gibbs, Livi	17 Bridgend County	2:20.74
3 Rees, Katie	19 City Of Cardiff	2:21.66
4 Thomas, Emme	17 City Of Cardiff	2:23.13
5 Harvey, Morgan	17 City Of Cardiff	2:23.43
6 Beynon, Annaliese	17 City Of Cardiff	2:25.86
7 Jenkins, Hannah	17 Bridgend County	2:28.68
8 McCulloch, Elizabeth	18 City Of Cardiff	2:31.83
9 Collingbourne, Sioned	17 Heads of Valleys	2:32.25
--- Jenkins, Sarah	17 Bridgend County	DQ
--- Hyde, Lydia	17 Heads of Valleys	DNF

Event 29 Boys 14 Year Olds 50 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 Griffiths, Alex	14 City of Newport	26.10
2 Langdon, Ben	14 City of Newport	26.45

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Finals ... (Event 29 Boys 14 Year Olds 50 SC Meter Freestyle)

Name	Age Team	Finals Time
3 Murray, Adam	14 City Of Cardiff	27.21
4 Salmon, Carwyn	14 R.C.T.Swim Squad	27.78
5 Coppen, Jensen	14 City of Newport	29.16
6 Tucker, Callum	14 Chepstow	29.74
7 Collins, Tyler	14 R.C.T.Swim Squad	30.03
8 Leach, Owen	14 Bridgend County	30.41

Event 29 Boys 14 Year Olds 50 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Griffiths, Alex	14 City of Newport	26.16
2 Langdon, Ben	14 City of Newport	26.53
3 Murray, Adam	14 City Of Cardiff	27.54
4 Salmon, Carwyn	14 R.C.T.Swim Squad	27.59
5 Young, Ellis	14 City Of Cardiff	29.42
6 Collins, Tyler	14 R.C.T.Swim Squad	29.52
7 Cook-Jones, Rhydian	14 City Of Cardiff	29.57
8 Coppen, Jensen	14 City of Newport	29.60
9 Tucker, Callum	14 Chepstow	29.75
10 Leach, Owen	14 Bridgend County	29.90
11 Pietruszka, Daniel	14 City Of Cardiff	30.00
12 Kindred, Oliver	14 Torfaen Dolphins	30.14
13 Selby, Morgan	14 R.C.T.Swim Squad	30.21
14 Williams, Thomas	14 Rhondda	30.47
15 Nixon, Rhys	14 City Of Cardiff	30.91
16 Johnson, Finnley	14 City of Newport	30.99
17 Thomas, Callum	14 City Of Cardiff	31.15
18 Davies, Joshua	14 City Of Cardiff	32.28
19 Key, Ethan	14 Abertillery	32.52
20 Jones, Elliot	14 City of Newport	33.05

Event 29 Boys 15-16 50 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 Clarke, Kameron	15 City of Newport	25.18
2 Parfitt, Shaye	16 City Of Cardiff	25.34
3 Baker, Luke	16 Torfaen Dolphins	25.52
4 Broom, Dylan	15 Torfaen Dolphins	25.98
5 Hobbs, James	16 R.C.T.Swim Squad	27.00
6 Gibbs, Morgan	15 Bridgend County	27.30
7 Chooyin, Benjamin	15 City Of Cardiff	27.64
8 Rees, Brandon	16 Rhondda	27.72

Event 29 Boys 15-16 50 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Clarke, Kameron	15 City of Newport	25.33
2 Parfitt, Shaye	16 City Of Cardiff	25.86
3 Baker, Luke	16 Torfaen Dolphins	25.94
4 Davies, Ioan	16 City Of Cardiff	26.34
5 Broom, Dylan	15 Torfaen Dolphins	26.36
6 Chooyin, Benjamin	15 City Of Cardiff	26.65
7 Gibbs, Morgan	15 Bridgend County	26.96
8 Hobbs, James	16 R.C.T.Swim Squad	27.15
9 Rees, Brandon	16 Rhondda	27.17
10 Savage- Taylor, Tomos	15 Heads ot Valleys	27.21
11 Williams, Elliot	16 Pontypridd	27.32
12 Jones, Iwan	15 City of Newport	27.45
13 Bennett, Jack	15 Torfaen Dolphins	28.09

14 Davies, Joe	15 Torfaen Dolphins	28.28
15 Cousins, Jacob	15 R.C.T.Swim Squad	28.59
16 Garland, Kieran	15 R.C.T.Swim Squad	28.68
17 Steven, Ryan	15 City of Newport	29.25
18 Thomas, Joshua	16 Merthyr Tydfil	29.67
19 Jones, Finlay	15 Rhondda	29.84
20 Sherman, Owen	15 Torfaen Dolphins	30.13
21 Jones, Luc	15 Torfaen Dolphins	30.57
22 Jenkins, Ellis	15 R.C.T.Swim Squad	30.73
23 Lloyd, Rhys	15 R.C.T.Swim Squad	31.90
24 Yahiaoui, Yucuf	15 City Of Cardiff	32.14
25 Matthews, Leon	15 Cwmbran	32.90

Event 29 Boys 17 & Over 50 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 Acland, Connor	21 City of Newport	24.82
2 Sherman, Ben	17 Torfaen Dolphins	24.83
3 Jones, Daniel	18 Torfaen Dolphins	25.50
4 Othen, Ross	18 Torfaen Dolphins	25.59
5 Elliott, Alex	19 Torfaen Dolphins	25.90
6 Dickson-Jardine, Ben	17 Bridgend County	26.00
7 Rosser, Alex	21 Torfaen Dolphins	26.08
8 Cook, Jacob	17 City Of Cardiff	26.42

Event 29 Boys 17 & Over 50 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Sherman, Ben	17 Torfaen Dolphins	24.59
2 Acland, Connor	21 City of Newport	24.73
3 Jones, Daniel	18 Torfaen Dolphins	25.42
4 Othen, Ross	18 Torfaen Dolphins	25.59
5 Elliott, Alex	19 Torfaen Dolphins	25.89
6 Rosser, Alex	21 Torfaen Dolphins	26.02
7 Dickson-Jardine, Ben	17 Bridgend County	26.05
8 Cook, Jacob	17 City Of Cardiff	26.53
9 Miles, Will	17 Chepstow	27.19
10 Powell, Matthew	17 Torfaen Dolphins	27.34
11 Thomas, Daniel	20 Cwmbran	27.39
12 Price, Dafydd	17 Torfaen Dolphins	27.64
13 Wakefield, Joshua	17 Abertillery	27.65
14 Pryse, Elis	17 R.C.T.Swim Squad	27.69
15 Mullins, Joshua	17 Merthyr Tydfil	27.82
16 Davies, Owain	19 Heads ot Valleys	28.02
17 James, Morgan	18 R.C.T.Swim Squad	28.45
18 Thompson, Jacob	18 Caerphilly	29.53
19 Bastyan, Michael	17 Caerphilly	30.59

Event 30 Girls 14 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
Finals		
1 Evans, Penny	14 R.C.T.Swim Squad	36.82
2 Phillips, Ella	14 City Of Cardiff	37.82
3 Beynon, Bethan	14 City Of Cardiff	38.02
4 Withers-Boalch, Georgina	14 City Of Cardiff	38.93
5 Miles, Grace	14 Chepstow	39.30
6 Davidson, Hannah	14 Bridgend County	40.28
7 Davies, Lois	14 Bridgend County	40.50
8 Matthews, Jodie	14 R.C.T.Swim Squad	40.58

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Event 30 Girls 14 Year Olds 50 SC Meter Breaststroke			
Name	Age	Team	Prelim Time
Preliminaries			
1	Evans, Penny	14 R.C.T.Swim Squad	38.03
2	Phillips, Ella	14 City Of Cardiff	38.12
3	Beynon, Bethan	14 City Of Cardiff	38.38
4	Miles, Grace	14 Chepstow	38.73
5	Withers-Boalch, Georgina	14 City Of Cardiff	38.79
6	Matthews, Jodie	14 R.C.T.Swim Squad	40.40
7	Davies, Lois	14 Bridgend County	40.59
8	Davidson, Hannah	14 Bridgend County	40.78
9	Havard, Carys	14 Heads ot Valleys	41.70
10	Price, Niamh	14 Heads ot Valleys	42.14
11	Vaisey, Cerys	14 Abertillery	42.37
12	McCloy, Meg	14 Bridgend County	42.58
13	Porter, Emma	14 Torfaen Dolphins	43.02
14	Goddard, Mia	14 City Of Cardiff	43.04
15	Thorne, Immie	14 Chepstow	44.58
16	Jones, Cerys	14 City Of Cardiff	45.08
17	Cox, Emily	14 Bridgend County	45.83
18	Crisp, Caitlyn	14 City Of Cardiff	45.90
19	Jaworska, Maja	14 Caerphilly	46.04
20	Foley, Joanna	14 Merthyr Tydfil	46.46

Event 30 Girls 15-16 50 SC Meter Breaststroke			
Name	Age	Team	Finals Time
Finals			
1	Horton, Ellana	15 City of Newport	35.18
2	Manship, Alice	16 City of Newport	35.21
3	Mcrae, Mair	15 Torfaen Dolphins	35.63
4	John, Catrin	16 City Of Cardiff	35.89
5	Hutchinson, Lili-May	15 City Of Cardiff	36.44
6	McCloy, Ellie	16 Bridgend County	36.60
7	Simmons, Paige	15 City of Newport	36.95
8	Edwards, Maisie	15 City Of Cardiff	37.08

Event 30 Girls 15-16 50 SC Meter Breaststroke			
Name	Age	Team	Prelim Time
Preliminaries			
1	Horton, Ellana	15 City of Newport	35.21
2	Manship, Alice	16 City of Newport	35.62
3	Mcrae, Mair	15 Torfaen Dolphins	35.84
4	John, Catrin	16 City Of Cardiff	36.02
5	McCloy, Ellie	16 Bridgend County	36.09
6	Edwards, Maisie	15 City Of Cardiff	36.59
7	Hutchinson, Lili-May	15 City Of Cardiff	36.62
8	Simmons, Paige	15 City of Newport	36.82
9	Thomas, Niamh	16 City of Newport	37.93
10	Snow, Sophie	15 City Of Cardiff	38.55
11	Haeffner, Evie	16 Chepstow	38.80
12	Arch, Mared	15 City Of Cardiff	38.82
13	Bryce, Millie	15 City Of Cardiff	39.92
14	Davies, Katie-May	16 Merthyr Tydfil	40.53
15	Elliott, Manon	15 Rhondda	40.69
16	Lenthall, Hannah	15 Chepstow	41.19
17	Morgan, Sophie	15 R.C.T.Swim Squad	42.23
18	Green, Alex	16 Chepstow	42.24
19	Athwal, Jasmine	15 Torfaen Dolphins	42.48
20	Deakin, Ella Leigh	15 City of Newport	43.00
21	Teagle, Arwen	16 Merthyr Tydfil	43.50

22	Harper, Fizz	16 Chepstow	43.96
23	Rogers, Caitlin	15 Caerphilly	46.39

Event 30 Girls 17 & Over 50 SC Meter Breaststroke			
Name	Age	Team	Finals Time
Finals			
1	Owen, Amber	17 City Of Cardiff	34.50
2	Beynon, Annaliese	17 City Of Cardiff	35.32
3	Groves, Chloe	18 Torfaen Dolphins	37.13
4	Gilson, Robyn	17 Abertillery	39.49
5	Groves, Alicia	17 Cwmbran	41.79

Event 30 Girls 17 & Over 50 SC Meter Breaststroke			
Name	Age	Team	Prelim Time
Preliminaries			
1	Owen, Amber	17 City Of Cardiff	35.13
2	Groves, Chloe	18 Torfaen Dolphins	36.43
3	Beynon, Annaliese	17 City Of Cardiff	36.54
4	Gilson, Robyn	17 Abertillery	39.47
5	Meredith, Rebecca	17 R.C.T.Swim Squad	40.43
6	Groves, Alicia	17 Cwmbran	41.74
7	Causon, Hannah	17 Merthyr Tydfil	43.54

Event 31 Boys 11 Year Olds 200 SC Meter Freestyle			
Name	Age	Team	Finals Time
1	James, Tristyn	11 Bridgend County	2:20.40
2	Major, Sebastian	11 City of Newport	2:43.15
3	Steven, Adam	11 City of Newport	2:43.41
4	Williams, Cai	11 Bridgend County	2:44.17
5	Wardhaugh, Bryn	11 City Of Cardiff	2:49.51
6	Rees-Jones, Jack	11 Merthyr Tydfil	2:50.89
7	Davidson, Matthew	11 Bridgend County	2:51.05
8	Davies, Zachary	11 Torfaen Dolphins	2:53.39
9	McGuinness, Charlie	11 Torfaen Dolphins	2:56.20
10	Davies, Lewis	11 City of Newport	2:56.54
11	Tucker, Lucas	11 Chepstow	2:59.73
12	Jones, Tyler	11 Rhondda	3:07.35
13	John, Finlay	11 R.C.T.Swim Squad	3:09.66
---	Fowler, Joseph	11 R.C.T.Swim Squad	DQ

Event 31 Boys 12 Year Olds 200 SC Meter Freestyle			
Name	Age	Team	Finals Time
1	Merriman, Ben	12 Heads ot Valleys	2:22.28
2	O'Brien, Joshua	12 City Of Cardiff	2:22.29
3	Arch, Rhydian	12 City Of Cardiff	2:23.84
4	Hughes, Cian	12 City Of Cardiff	2:27.77
5	Geysen-Holley, Max	12 Bridgend County	2:29.15
6	Fox-Wiltshire, Benjamin	12 City of Newport	2:35.17
7	Coulson, Evan	12 Torfaen Dolphins	2:41.47
8	Davies, Gianni	12 Torfaen Dolphins	2:41.55
9	Sellick, Evan	12 Cwmbran	2:43.17
10	Anderson, Maxwell	12 City Of Cardiff	2:43.79
11	Davies, Gruffydd	12 City Of Cardiff	2:46.49
12	Rosser, Dewi	12 Torfaen Dolphins	2:54.00
13	Coppen, Harrison	12 City of Newport	2:56.16

Event 31 Boys 13 Year Olds 200 SC Meter Freestyle			
Name	Age	Team	Finals Time
1	Edwards, Kaden	13 City Of Cardiff	2:16.98
2	Wardhaugh, Cai	13 City Of Cardiff	2:18.18
3	Wisden, Dylan	13 Bridgend County	2:21.13
4	Allen-Ridge, Kasey	13 Abertillery	2:23.82
5	Osmond, Ewan	13 City of Newport	2:23.94

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(Event 31 Boys 13 Year Olds 200 SC Meter Freestyle)

Name	Age Team	Finals Time
6 Hobbs, Dewi	13 R.C.T.Swim Squad	2:25.61
7 Wakeling, Jacob	13 City Of Cardiff	2:27.22
8 Lloyd, Morgan	13 Caerphilly	2:28.35
9 Tong, Solomon	13 City Of Cardiff	2:29.22
10 Jones, Lloyd	13 Merthyr Tydfil	2:31.64
11 Elias, Hari	13 City Of Cardiff	2:37.45
12 Hastings, Benjamin	13 City of Newport	2:37.92
13 Havard, Dylan	13 Heads ot Valleys	2:41.85

Event 32 Boys 14 Year Olds 200 SC Meter Butterfly

Name	Age Team	Finals Time
1 Collins, Tyler	14 R.C.T.Swim Squad	2:42.78
2 Leach, Owen	14 Bridgend County	2:45.23
3 Nixon, Rhys	14 City Of Cardiff	2:57.57

Event 32 Boys 15-16 200 SC Meter Butterfly

Name	Age Team	Finals Time
1 Richards, Owen	16 Torfaen Dolphins	2:08.54
2 Chooyin, Benjamin	15 City Of Cardiff	2:16.20
3 Bennett, Jack	15 Torfaen Dolphins	2:22.83
--- Steven, Ryan	15 City of Newport	x2:53.26

Event 32 Boys 17 & Over 200 SC Meter Butterfly

Name	Age Team	Finals Time
1 Townsend, Harry	17 Torfaen Dolphins	2:18.11
2 Davies, Brandon	21 Torfaen Dolphins	2:22.47
3 Price, Dafydd	17 Torfaen Dolphins	2:22.58
4 Jenkins, Cameron	18 R.C.T.Swim Squad	2:31.46

Event 33 Girls 14 Year Olds 200 SC Meter Butterfly

Name	Age Team	Finals Time
1 Protheroe, Chloe	14 Bridgend County	2:34.04
2 Watkins, Sadie	14 R.C.T.Swim Squad	2:51.35
3 Jones, Cerys	14 City Of Cardiff	3:07.24

Event 33 Girls 15-16 200 SC Meter Butterfly

Name	Age Team	Finals Time
1 Morgan, Mackenzie	15 Torfaen Dolphins	2:25.82
2 Morris, Ciara	15 City Of Cardiff	2:26.97
3 Warrender, Meg	16 Torfaen Dolphins	2:27.16
4 Childs, Laura	15 City Of Cardiff	2:37.29
5 McCulloch, Ffion	15 City Of Cardiff	2:58.26
--- Watson, Freya	16 Heads ot Valleys	DNF

Event 33 Girls 17 & Over 200 SC Meter Butterfly

Name	Age Team	Finals Time
1 Burch, India	17 City Of Cardiff	2:19.91
2 Harvey, Morgan	17 City Of Cardiff	2:32.84

Event 34 Girls 11 Year Olds 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Davies, Cerys	11 R.C.T.Swim Squad	2:58.74
2 Iles, Georgia	11 City Of Cardiff	3:06.74
3 Parsons, Ellie	11 Chepstow	3:11.55
4 Holmes, Bethan	11 Chepstow	3:11.79
5 Blake, Ffion	11 City Of Cardiff	3:20.68
6 Hale, Chloe	11 Heads ot Valleys	3:23.03
7 Burch, Daisy	11 City Of Cardiff	3:25.86

Event 34 Girls 12 Year Olds 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Stephens, Arwen	12 City Of Cardiff	2:36.62
2 Joseph, Isabel	12 City Of Cardiff	2:41.05

3 Stride, Tamzin	12 Torfaen Dolphins	2:43.26
4 Erasmus, Charlotte	12 Torfaen Dolphins	2:48.11
5 Fox, Imogen	12 City Of Cardiff	2:49.18
6 Clayton, Karys	12 Torfaen Dolphins	2:49.39
7 Simmons, Beth	12 City of Newport	2:49.97
8 Donovan, Kelsey	12 City Of Cardiff	2:50.45
9 Harthill, Katie	12 City Of Cardiff	2:51.96
10 Fowler, Jazz	12 Heads ot Valleys	2:55.10
11 O'Callaghan, Faye	12 City Of Cardiff	2:56.80
12 Graville, Carys	12 City Of Cardiff	2:59.43
13 Nowell, Gabriella	12 Torfaen Dolphins	2:59.73
14 Faulkner, Marie	12 City Of Cardiff	3:03.05
15 Morgan, Hannah	12 City Of Cardiff	3:06.03
16 Reynolds, Mia	12 Heads ot Valleys	3:06.33
17 Crowley, Amy	12 City Of Cardiff	3:06.54
18 Ramsey, Rebekah	12 Heads ot Valleys	3:08.58
19 Reed, Shauna	12 Torfaen Dolphins	3:13.48
20 Keigwin, Daisy	12 Caerphilly	3:19.66

Event 34 Girls 13 Year Olds 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Colley, Lauren	13 Bridgend County	2:30.46
2 Rowe, Rhiannon	13 Heads ot Valleys	2:30.52
3 Domican, Rosie	13 City Of Cardiff	2:35.82
4 Baker, Alyssa	13 Torfaen Dolphins	2:38.44
5 Marchant, Rhiannon	13 R.C.T.Swim Squad	2:40.88
6 Girling, Grace	13 City Of Cardiff	2:41.19
7 Tarpey, Aoife	13 Bridgend County	2:41.31
8 Teagle, Eilir	13 Merthyr Tydfil	2:43.31
9 Lewis, Kacey	13 Merthyr Tydfil	2:43.49
10 Ward, Ellie	13 City of Newport	2:44.38
11 Dallyn, Isobel	13 Chepstow	2:49.97
12 Davies, Tegan	13 Bridgend County	2:50.97
13 Thomas, Ashley	13 R.C.T.Swim Squad	2:53.02
14 Jones, Seren	13 City Of Cardiff	2:55.23
--- Corderoy, Abigail	13 R.C.T.Swim Squad	DQ
--- Brasington, Isabel	13 Heads ot Valleys	DQ
--- Bamborough, Katie	13 City Of Cardiff	DQ

Event 35 Girls 11 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Williams-Jones, Phoebe	11 Bridgend County	41.25
2 Iles, Georgia	11 City Of Cardiff	42.78
3 Brassington, Sophie	11 City Of Cardiff	43.38
4 Stevens, Ruby	11 City Of Cardiff	45.06
5 Greenslade, Holly	11 Torfaen Dolphins	48.81
6 Williams, Lily	11 City Of Cardiff	49.45
7 Wilkes-Hibbert, Amelia	11 Caerphilly	49.63
8 Edwards, Georgina	11 Abertillery	49.97

Event 35 Girls 11 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Prelim Time
1 Williams-Jones, Phoebe	11 Bridgend County	41.77
2 Brassington, Sophie	11 City Of Cardiff	43.24
3 Iles, Georgia	11 City Of Cardiff	43.62
4 Stevens, Ruby	11 City Of Cardiff	46.38
5 Greenslade, Holly	11 Torfaen Dolphins	47.69
6 Williams, Lily	11 City Of Cardiff	47.79
7 Edwards, Georgina	11 Abertillery	48.50
8 Wilkes-Hibbert, Amelia	11 Caerphilly	50.34

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Preliminaries ... (Event 35 Girls 11 Year Olds 50 SC Meter Breaststroke)

Name	Age Team	Prelim Time
9 Hale, Chloe	11 Heads of Valleys	50.50
10 Lee, Lucia	11 Chepstow	50.64
11 Blake, Ffion	11 City Of Cardiff	51.25
12 Chayka, Sofia	11 Bridgend County	52.14
13 Leaf, Jemima	11 Chepstow	52.57
14 Wratten, Isabelle	11 Cwmbran	54.01
--- Velasco, Mikayla	11 City Of Cardiff	DQ

Event 35 Girls 12 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
Finals		
1 Stephens, Arwen	12 City Of Cardiff	37.20
2 Jones, Emily	12 City of Newport	37.96
3 Stride, Tamzin	12 Torfaen Dolphins	38.62
4 Donovan, Kelsey	12 City Of Cardiff	42.67
5 Jones, Emilia	12 Bridgend County	44.06
6 Fowler, Jazz	12 Heads of Valleys	44.40
7 Illman, Lili	12 Torfaen Dolphins	44.46

Event 35 Girls 12 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Prelim Time
Preliminaries		
1 Stephens, Arwen	12 City Of Cardiff	37.03
2 Jones, Emily	12 City of Newport	38.21
3 Stride, Tamzin	12 Torfaen Dolphins	38.98
4 Donovan, Kelsey	12 City Of Cardiff	42.22
5 Fowler, Jazz	12 Heads of Valleys	44.11
6 Jones, Emilia	12 Bridgend County	44.18
7 Illman, Lili	12 Torfaen Dolphins	44.26
8 Fox, Imogen	12 City Of Cardiff	44.47
9 Legg, Caitlin	12 Caerphilly	44.69
10 Emes, Eleanor	12 Torfaen Dolphins	45.49
11 Davies-Amos, Angelica	12 Bridgend County	46.82
12 Mcrae, Cariad	12 Torfaen Dolphins	47.00
13 Cribb, Millie Lacie	12 Caerphilly	47.35
14 Clayton, Karys	12 Torfaen Dolphins	47.43
15 Graville, Carys	12 City Of Cardiff	47.53
16 Maude, Rose	12 City Of Cardiff	47.55
17 Faulkner, Marie	12 City Of Cardiff	47.80
18 Nowell, Gabriella	12 Torfaen Dolphins	48.76
--- Harnedy, Lexie	12 Merthyr Tydfil	DQ

Event 35 Girls 13 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
Finals		
1 De Torres, Becci	13 City Of Cardiff	37.47
2 Domican, Rosie	13 City Of Cardiff	37.81
3 O'Callaghan, Jennifer	13 City Of Cardiff	38.66
4 Dallyn, Isobel	13 Chepstow	38.81
5 Ward, Ellie	13 City of Newport	38.87
6 Girling, Grace	13 City Of Cardiff	41.11
7 Warrender, Niamh	13 Torfaen Dolphins	41.12
8 Brassington, Isabel	13 City Of Cardiff	41.15

Event 35 Girls 13 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Prelim Time
Preliminaries		
1 Domican, Rosie	13 City Of Cardiff	37.84
2 De Torres, Becci	13 City Of Cardiff	38.84

3 Dallyn, Isobel	13 Chepstow	38.94
4 Ward, Ellie	13 City of Newport	39.29
5 O'Callaghan, Jennifer	13 City Of Cardiff	39.32
6 Girling, Grace	13 City Of Cardiff	39.54
7 Boswall, Saffron	13 City Of Cardiff	40.08
*8 Brassington, Isabel	13 City Of Cardiff	41.36
*8 Warrender, Niamh	13 Torfaen Dolphins	41.36

Swim-Off Required

10 Lovell, Madison	13 Heads of Valleys	41.98
11 Palmer, Meghan	13 Rhondda	42.63
12 Nicholls, Hannah	13 Caerphilly	42.93
13 Lewis, Kacey	13 Merthyr Tydfil	43.36
14 Thomas, Ashley	13 R.C.T.Swim Squad	44.15
15 Whitelock, Carys	13 Torfaen Dolphins	44.59
16 Davies, Orla	13 City Of Cardiff	45.79
17 Davies, Tegan	13 Bridgend County	45.94
18 Fry, Meghan	13 Brecon	46.15
19 Griffiths, Lucy	13 Bridgend County	46.56
20 Date, Alana	13 City Of Cardiff	47.13
21 Frole, Megan	13 Bridgend County	47.39
22 Meek, Emily	13 R.C.T.Swim Squad	47.58

Event 36 Girls 14 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 Major, Scarlet	14 City of Newport	1:07.94
2 Cottrell, Emma	14 City Of Cardiff	1:08.95
3 Withers-Boalch, Georgina	14 City Of Cardiff	1:11.19
4 Beynon, Bethan	14 City Of Cardiff	1:13.36
5 Edwards, Megan	14 Bridgend County	1:13.81
6 Protheroe, Chloe	14 Bridgend County	1:15.87
7 Porter, Emma	14 Torfaen Dolphins	1:16.51
--- Witchell, Bethan	14 City Of Cardiff	DQ

Event 36 Girls 14 Year Olds 100 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 Major, Scarlet	14 City of Newport	1:07.76
2 Cottrell, Emma	14 City Of Cardiff	1:09.37
3 Withers-Boalch, Georgina	14 City Of Cardiff	1:10.18
4 Witchell, Bethan	14 City Of Cardiff	1:11.66
5 Edwards, Megan	14 Bridgend County	1:13.37
6 Beynon, Bethan	14 City Of Cardiff	1:14.75
7 Protheroe, Chloe	14 Bridgend County	1:15.36
8 Porter, Emma	14 Torfaen Dolphins	1:17.34
9 Matthews, Jodie	14 R.C.T.Swim Squad	1:18.29
10 Davies, Lois	14 Bridgend County	1:19.44
11 Watkins, Sadie	14 R.C.T.Swim Squad	1:20.06
12 Griffith, Lili	14 R.C.T.Swim Squad	1:20.29
13 Collins, Amy	14 City Of Cardiff	1:20.76
14 Davies, Cora	14 R.C.T.Swim Squad	1:21.09
15 Foley, Joanna	14 Merthyr Tydfil	1:21.42
16 Williams, Mia	14 R.C.T.Swim Squad	1:22.30
17 Lewis, Becky	14 R.C.T.Swim Squad	1:23.11
18 Jaworska, Maja	14 Caerphilly	1:24.80
--- Leaf, Hattie	14 Chepstow	DQ
--- Phillips, Ella	14 City Of Cardiff	DQ

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Event 36 Girls 15-16 100 SC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Evans, Holly	15	Bridgend County	1:07.02
2 Blake, Sophie	16	City of Newport	1:08.80
3 Morris, Ciara	15	City Of Cardiff	1:09.43
4 Lawlor, Ciara	15	City of Newport	1:09.44
5 Mason, Teoni	15	Torfaen Dolphins	1:10.00
6 Randell, Niamh	16	R.C.T.Swim Squad	1:11.14
7 Snow, Sophie	15	City Of Cardiff	1:11.44
8 Thomas, Niamh	16	City of Newport	1:11.54

Event 36 Girls 15-16 100 SC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Evans, Holly	15	Bridgend County	1:07.59
2 Blake, Sophie	16	City of Newport	1:08.29
3 Morris, Ciara	15	City Of Cardiff	1:08.30
4 Randell, Niamh	16	R.C.T.Swim Squad	1:09.47
5 Mason, Teoni	15	Torfaen Dolphins	1:10.07
6 Lawlor, Ciara	15	City of Newport	1:10.51
7 Horton, Ellana	15	City of Newport	1:11.23
8 Thomas, Niamh	16	City of Newport	1:11.79
9 Snow, Sophie	15	City Of Cardiff	1:12.17
10 Maiden, Mya	16	Bridgend County	1:13.18
11 Lewis, Jessica	16	R.C.T.Swim Squad	1:13.95
12 Legg, Abbie	15	Caerphilly	1:14.25
13 Simmons, Paige	15	City of Newport	1:14.53
14 Rowles, Freya	16	Torfaen Dolphins	1:14.61
15 Morgan, Sophie	15	R.C.T.Swim Squad	1:14.87
16 Lewis, Helen	15	Merthyr Tydfil	1:15.84
17 Walters, Aisha	15	Merthyr Tydfil	1:17.06
18 Thomas, Anya	15	City Of Cardiff	1:17.52
19 Flood, Holly	15	R.C.T.Swim Squad	1:17.61
20 Davies, Katie-May	16	Merthyr Tydfil	1:17.88
21 Freegard, Aimee	15	R.C.T.Swim Squad	1:18.23
22 Lipetz-Robic, Qui Ming	15	City Of Cardiff	1:19.23
23 Grattidge, Catrin	15	R.C.T.Swim Squad	1:20.42
24 Harris-Thomas, Elle	15	Chepstow	1:21.16
25 Popsys, Ruby	15	Brecon	1:21.30
26 Harper, Fizz	16	Chepstow	1:21.49
27 Foley, Caitlin	16	Merthyr Tydfil	1:21.52
28 Barry, Eva	15	City of Newport	1:23.85
29 Underwood, Rebecca	15	Cwmbran	1:24.64
30 Athwal, Jasmine	15	Torfaen Dolphins	1:24.66
31 Horscroft-Prest, Lowri	15	R.C.T.Swim Squad	1:28.74
--- Addecott, Ffion	15	R.C.T.Swim Squad	DQ
--- Davies, Anna	15	City of Newport	DQ

Event 36 Girls 17 & Over 100 SC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Hunt, Imogen	19	Bridgend County	1:03.22
2 Gibbs, Livi	17	Bridgend County	1:07.93
3 Harvey, Morgan	17	City Of Cardiff	1:08.86
4 Groves, Chloe	18	Torfaen Dolphins	1:09.09
5 Jones, Georgia	17	Chepstow	1:09.66
6 Jenkins, Hannah	17	Bridgend County	1:10.78
7 Jenkins, Sarah	17	Bridgend County	1:10.81
8 Thomas, Emme	17	City Of Cardiff	1:10.97

Event 36 Girls 17 & Over 100 SC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Hunt, Imogen	19	Bridgend County	1:03.77
2 Thomas, Emme	17	City Of Cardiff	1:07.09
3 Gibbs, Livi	17	Bridgend County	1:07.55
4 Groves, Chloe	18	Torfaen Dolphins	1:08.05
5 Harvey, Morgan	17	City Of Cardiff	1:08.80
6 Jenkins, Hannah	17	Bridgend County	1:11.03
7 Jenkins, Sarah	17	Bridgend County	1:11.40
8 Jones, Georgia	17	Chepstow	1:11.46
9 Collingbourne, Sioned	17	Heads ot Valleys	1:11.94
10 Flynn, Lauren	19	Merthyr Tydfil	1:14.03
11 Hyde, Lydia	17	Heads ot Valleys	1:17.07
12 Causon, Hannah	17	Merthyr Tydfil	1:20.37

Event 37 Boys 14 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Finals Time
Finals			
1 Langdon, Ben	14	City of Newport	1:06.42
2 Salmon, Carwyn	14	R.C.T.Swim Squad	1:09.57
3 Leach, Owen	14	Bridgend County	1:10.94
4 Collins, Tyler	14	R.C.T.Swim Squad	1:11.34

Event 37 Boys 14 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Prelim Time
Preliminaries			
1 Langdon, Ben	14	City of Newport	1:07.04
2 Salmon, Carwyn	14	R.C.T.Swim Squad	1:10.60
3 Leach, Owen	14	Bridgend County	1:12.15
4 Collins, Tyler	14	R.C.T.Swim Squad	1:12.40
5 Selby, Morgan	14	R.C.T.Swim Squad	1:24.54
--- Nixon, Rhys	14	City Of Cardiff	DQ

Event 37 Boys 15-16 100 SC Meter Butterfly

Name	Age	Team	Finals Time
Finals			
1 Richards, Owen	16	Torfaen Dolphins	59.52
2 Parfitt, Shaye	16	City Of Cardiff	1:00.76
3 Evans, Ioan	15	City Of Cardiff	1:01.20
4 Clarke, Kameron	15	City of Newport	1:01.63
5 Baker, Luke	16	Torfaen Dolphins	1:01.89
6 Chooyin, Benjamin	15	City Of Cardiff	1:03.97
7 Hobbs, James	16	R.C.T.Swim Squad	1:07.21
--- Chim, Danny	16	Bridgend County	XDQ

Event 37 Boys 15-16 100 SC Meter Butterfly

Name	Age	Team	Prelim Time
Preliminaries			
1 Richards, Owen	16	Torfaen Dolphins	59.52
2 Evans, Ioan	15	City Of Cardiff	1:00.78
3 Parfitt, Shaye	16	City Of Cardiff	1:01.40
4 Baker, Luke	16	Torfaen Dolphins	1:01.78
5 Chooyin, Benjamin	15	City Of Cardiff	1:02.27
6 Clarke, Kameron	15	City of Newport	1:03.45
7 Chim, Danny	16	Bridgend County	1:05.62
8 Rickard-Frost, Celyn	15	City Of Cardiff	1:06.07
9 Hobbs, James	16	R.C.T.Swim Squad	1:06.59
10 Cousins, Jacob	15	R.C.T.Swim Squad	1:06.67
11 Jones, Iwan	15	City of Newport	1:07.23

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Preliminaries ... (Event 37 Boys 15-16 100 SC Meter Butterfly)

Name	Age Team	Prelim Time
12 Rees, Brandon	16 Rhondda	1:08.70
13 Savage- Taylor, Tomos	15 Heads of Valleys	1:08.95
14 Gibbs, Morgan	15 Bridgend County	1:09.17
15 Hunt, Tobias	16 Bridgend County	1:13.39
16 Steven, Ryan	15 City of Newport	1:16.51
17 Clegg, Sam	16 Brecon	1:25.88
--- Hall, Daniel	15 Chepstow	DQ

Event 37 Boys 17 & Over 100 SC Meter Butterfly

Name	Age Team	Finals Time
1 Acland, Connor	21 City of Newport	59.14
2 Sherman, Ben	17 Torfaen Dolphins	1:00.29
3 Cook, Jacob	17 City Of Cardiff	1:00.64
4 Fairless, Jonathan	18 City of Newport	1:02.66
5 Dickson-Jardine, Ben	17 Bridgend County	1:03.59
6 Townsend, Harry	17 Torfaen Dolphins	1:04.60
7 Price, Dafydd	17 Torfaen Dolphins	1:05.37
8 Napper, Keenan	18 Rhondda	1:05.53

Event 37 Boys 17 & Over 100 SC Meter Butterfly

Name	Age Team	Prelim Time
1 Sherman, Ben	17 Torfaen Dolphins	58.94
2 Acland, Connor	21 City of Newport	1:01.12
3 Cook, Jacob	17 City Of Cardiff	1:02.53
4 Fairless, Jonathan	18 City of Newport	1:03.40
5 Townsend, Harry	17 Torfaen Dolphins	1:03.88
6 Napper, Keenan	18 Rhondda	1:04.42
7 Dickson-Jardine, Ben	17 Bridgend County	1:04.45
8 Price, Dafydd	17 Torfaen Dolphins	1:04.67
9 Hunt-cosh, James	18 Heads of Valleys	1:05.27
10 Thomas, Lewis	17 R.C.T.Swim Squad	1:05.86
11 John, Lewys	17 R.C.T.Swim Squad	1:06.21
12 Jenkins, Cameron	18 R.C.T.Swim Squad	1:06.45
13 Pryse, Elis	17 R.C.T.Swim Squad	1:11.66
--- Davies, Owain	19 Heads of Valleys	DQ

Event 38 Girls 11 Year Olds 400 SC Meter Freestyle

Name	Age Team	Finals Time
1 Williams-Jones, Phoebe	11 Bridgend County	5:26.95
2 Broder, Libby	11 Torfaen Dolphins	5:28.46
3 Greenslade, Holly	11 Torfaen Dolphins	5:30.15
4 Davies, Cerys	11 R.C.T.Swim Squad	5:53.70
5 Williams, Lily	11 City Of Cardiff	6:02.73

Event 38 Girls 12 Year Olds 400 SC Meter Freestyle

Name	Age Team	Finals Time
1 Rosser, Cerys	12 Torfaen Dolphins	4:40.44
2 Erasmus, Charlotte	12 Torfaen Dolphins	4:59.05
3 Clayton, Karys	12 Torfaen Dolphins	5:18.53
4 Harthill, Katie	12 City Of Cardiff	5:19.27
5 Illman, Lili	12 Torfaen Dolphins	5:23.46
6 O'Callaghan, Faye	12 City Of Cardiff	5:34.66
7 Marshall, Polly	12 Caerphilly	5:36.71
8 Crowley, Amy	12 City Of Cardiff	5:39.00
9 Morgan, Hannah	12 City Of Cardiff	5:39.42
10 Faulkner, Marie	12 City Of Cardiff	5:41.63
11 Jones, Cerys	12 R.C.T.Swim Squad	5:45.05
12 Davies-Amos, Angelica	12 Bridgend County	5:45.39

13 Fowler, Jazz	12 Heads of Valleys	5:46.96
14 Ramsey, Rebekah	12 Heads of Valleys	5:49.24
15 Sargent, Elana	12 Caerphilly	5:52.28
16 Graville, Carys	12 City Of Cardiff	5:54.24

Event 38 Girls 13 Year Olds 400 SC Meter Freestyle

Name	Age Team	Finals Time
1 Lovell, Madison	13 Heads of Valleys	4:40.24
2 De Torres, Becci	13 City Of Cardiff	4:43.59
3 Rowe, Rhiannon	13 Heads of Valleys	4:54.71
4 Rathbone-Jones, Eloise	13 City Of Cardiff	4:57.07
5 Domican, Rosie	13 City Of Cardiff	4:59.39
6 Colley, Lauren	13 Bridgend County	5:00.55
7 Bamborough, Katie	13 City Of Cardiff	5:00.60
8 Girling, Grace	13 City Of Cardiff	5:02.31
9 Hurcombe, Eve	13 Torfaen Dolphins	5:02.68
10 Smith, Mia	13 Torfaen Dolphins	5:03.25
11 Morgan, Bethan	13 Bridgend County	5:08.23
12 Tarpey, Aoife	13 Bridgend County	5:10.99
13 O'Callaghan, Jennifer	13 City Of Cardiff	5:12.21
14 Thomas, Nell	13 R.C.T.Swim Squad	5:17.62
15 Marchant, Rhiannon	13 R.C.T.Swim Squad	5:18.09
16 Lewis, Kacey	13 Merthyr Tydfil	5:28.15
17 Corderoy, Abigail	13 R.C.T.Swim Squad	5:34.29
18 Davies, Tegan	13 Bridgend County	5:39.69
19 Jones, Mari-Lois	13 City Of Cardiff	5:40.23
20 Stork, Niamh	13 City Of Cardiff	5:46.02
21 Davies, Orla	13 City Of Cardiff	6:04.33
--- Fry, Meghan	13 Brecon	x6:25.18
--- Date, Alana	13 City Of Cardiff	DNF

Event 39 Boys 11 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Steven, Adam	11 City of Newport	3:32.66
2 Tucker, Lucas	11 Chepstow	3:33.67
3 Lee, Tristan	11 Rhondda	3:33.97
4 McGuinness, Charlie	11 Torfaen Dolphins	3:44.06
5 Rees-Jones, Jack	11 Merthyr Tydfil	3:44.31
6 Lawson, Reuben	11 Chepstow	3:44.98
7 Fowler, Joseph	11 R.C.T.Swim Squad	3:45.12
8 Jones, Tyler	11 Rhondda	3:48.61

Event 39 Boys 12 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Coppen, Harrison	12 City of Newport	3:13.31
2 Geysen-Holley, Max	12 Bridgend County	3:22.76
3 Smart, Rhys	12 City Of Cardiff	3:24.33
4 Sellick, Evan	12 Cwmbran	3:26.39
5 Anderson, Maxwell	12 City Of Cardiff	3:28.74
6 Davies, Henry	12 City Of Cardiff	3:29.21
--- Arch, Rhydian	12 City Of Cardiff	DQ
--- O'Brien, Joshua	12 City Of Cardiff	DQ

Event 39 Boys 13 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Edwards, Kaden	13 City Of Cardiff	3:04.18
2 Clement, Logan	13 R.C.T.Swim Squad	3:20.06

Event 40 Girls 14 Year Olds 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Major, Scarlet	14 City of Newport	28.01
2 Linton, Sophie	14 City of Newport	28.73

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Finals ... (Event 40 Girls 14 Year Olds 50 SC Meter Freestyle)

Name	Age Team	Finals Time
3 Moretti, Morgana	14 City Of Cardiff	29.34
4 Cottrell, Emma	14 City Of Cardiff	29.59
5 Witchell, Bethan	14 City Of Cardiff	29.69
6 Davidson, Hannah	14 Bridgend County	30.00
7 Beynon, Bethan	14 City Of Cardiff	30.20
8 Miles, Grace	14 Chepstow	30.21

Event 40 Girls 14 Year Olds 50 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Major, Scarlet	14 City of Newport	28.31
2 Linton, Sophie	14 City of Newport	28.81
3 Moretti, Morgana	14 City Of Cardiff	29.40
4 Cottrell, Emma	14 City Of Cardiff	29.48
5 Davidson, Hannah	14 Bridgend County	29.55
6 Withers-Boalch, Georgina	14 City Of Cardiff	29.66
7 Witchell, Bethan	14 City Of Cardiff	29.71
8 Beynon, Bethan	14 City Of Cardiff	29.93
9 Miles, Grace	14 Chepstow	30.24
10 Havard, Carys	14 Heads of Valleys	30.71
11 Norris, Alyssa	14 Caerphilly	30.76
12 Jones, AJ	14 Bridgend County	30.98
13 Davies, Lois	14 Bridgend County	31.06
14 Clode, Amelie	14 Bridgend County	31.12
15 Protheroe, Chloe	14 Bridgend County	31.32
16 Marsh, Sophie	14 Merthyr Tydfil	31.34
17 Jaworska, Maja	14 Caerphilly	31.78
18 Higgins, Lowri	14 City Of Cardiff	31.83
19 Williams, Mia	14 R.C.T.Swim Squad	31.86
*20 Cox, Emily	14 Bridgend County	31.91
*20 Evans, Penny	14 R.C.T.Swim Squad	31.91
22 Leaf, Hattie	14 Chepstow	31.95
23 Porter, Emma	14 Torfaen Dolphins	32.21
24 Nicholas, Catrin	14 Bridgend County	32.25
25 Phillips, Ella	14 City Of Cardiff	32.38
26 Watkins, Sadie	14 R.C.T.Swim Squad	32.66
27 Collins, Amy	14 City Of Cardiff	32.68
28 Vaisey, Cerys	14 Abertillery	32.84
29 Geen, Cerys	14 Torfaen Dolphins	33.24
30 Griffith, Lili	14 R.C.T.Swim Squad	33.26
31 Foley, Joanna	14 Merthyr Tydfil	33.59
32 Cope, Llinos	14 City Of Cardiff	33.66
33 Crisp, Caitlyn	14 City Of Cardiff	34.14
34 Groves, Ella Mai	14 Torfaen Dolphins	34.20
35 Murphy, Caitlyn	14 Rhondda	34.40
36 Beynon, Lucy	14 Chepstow	35.11
37 Lewis, Becky	14 R.C.T.Swim Squad	35.28
38 Davies, Cora	14 R.C.T.Swim Squad	35.42
39 Thorne, Immie	14 Chepstow	35.71
40 Johnston, McKenzie	14 City of Newport	35.97

Event 40 Girls 15-16 50 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 Allison, Megan	15 City of Newport	27.47
2 Morris, Ciara	15 City Of Cardiff	27.60
3 Jones, Alicia	15 Merthyr Tydfil	28.43
4 Edwards, Maisie	15 City Of Cardiff	28.59
5 Watson, Freya	16 Heads of Valleys	28.68

6 Nelson, Bethan	16 City Of Cardiff	29.25
7 Haeffner, Evie	16 Chepstow	29.38
8 Ezard, Emily	15 Bridgend County	29.70

Event 40 Girls 15-16 50 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Allison, Megan	15 City of Newport	27.51
2 Morris, Ciara	15 City Of Cardiff	27.68
3 Edwards, Maisie	15 City Of Cardiff	28.46
4 Jones, Alicia	15 Merthyr Tydfil	28.63
5 Watson, Freya	16 Heads of Valleys	28.73
6 Nelson, Bethan	16 City Of Cardiff	28.90
7 Ezard, Emily	15 Bridgend County	28.94
8 Haeffner, Evie	16 Chepstow	29.28
9 Blake, Sophie	16 City of Newport	29.49
10 Rees, Millie	15 Bridgend County	29.56
11 Davies, Cati	16 Bridgend County	29.86
12 Arch, Mared	15 City Of Cardiff	29.88
13 Legg, Abbie	15 Caerphilly	30.14
14 Davies, Anna	15 City of Newport	30.18
15 Flood, Holly	15 R.C.T.Swim Squad	30.20
16 Randell, Niamh	16 R.C.T.Swim Squad	30.25
17 Maiden, Mya	16 Bridgend County	30.30
18 Snow, Sophie	15 City Of Cardiff	30.59
19 Lewis, Helen	15 Merthyr Tydfil	30.65
20 Lipetz-Robic, Qui Ming	15 City Of Cardiff	30.75
21 Walters, Aisha	15 Merthyr Tydfil	30.79
22 Rowles, Freya	16 Torfaen Dolphins	30.80
23 Mason, Teoni	15 Torfaen Dolphins	30.89
24 Davies, Katie-May	16 Merthyr Tydfil	31.16
25 Harris-Thomas, Elle	15 Chepstow	31.48
26 Elliott, Manon	15 Rhondda	31.62
27 Lewis, Jessica	16 R.C.T.Swim Squad	31.63
28 Othen, Lara	15 Torfaen Dolphins	31.75
29 Harper, Fizz	16 Chepstow	32.18
30 Barry, Eva	15 City of Newport	32.21
31 Freegard, Aimee	15 R.C.T.Swim Squad	32.34
32 McCulloch, Ffion	15 City Of Cardiff	32.36
33 Stallard, Martha	15 City Of Cardiff	32.47
34 Popsys, Ruby	15 Brecon	32.56
35 Mcrae, Mair	15 Torfaen Dolphins	32.71
36 Walker, Caitlin	15 City Of Cardiff	32.82
37 Addecott, Ffion	15 R.C.T.Swim Squad	33.01
38 Foley, Caitlin	16 Merthyr Tydfil	33.46
39 Jones, Seren	15 City of Newport	33.47
40 Grattidge, Catrin	15 R.C.T.Swim Squad	33.74
41 Lenthall, Hannah	15 Chepstow	33.77
42 Athwal, Jasmine	15 Torfaen Dolphins	34.54
43 Devonald-Jones, Ffion	15 R.C.T.Swim Squad	35.48

Event 40 Girls 17 & Over 50 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 Murray, Claudia	17 City Of Cardiff	27.18
2 Rees, Katie	19 City Of Cardiff	27.62
3 Owen, Amber	17 City Of Cardiff	27.79
4 Walters, Jessie	18 R.C.T.Swim Squad	27.92
5 Morgan, Grace	17 Bridgend County	28.01
6 Groves, Chloe	18 Torfaen Dolphins	28.75
7 McCulloch, Elizabeth	18 City Of Cardiff	29.07

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Finals ... (Event 40 Girls 17 & Over 50 SC Meter Freestyle)

Name	Age Team	Finals Time
8 Nicholas, Megan	17 Bridgend County	29.22

Event 40 Girls 17 & Over 50 SC Meter Freestyle

Name	Age Team	Prelim Time
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Preliminaries

1 Murray, Claudia	17 City Of Cardiff	27.30
2 Owen, Amber	17 City Of Cardiff	27.81
3 Rees, Katie	19 City Of Cardiff	27.91
4 Morgan, Grace	17 Bridgend County	27.95
5 Walters, Jessie	18 R.C.T.Swim Squad	28.20
6 Groves, Chloe	18 Torfaen Dolphins	28.43
7 McCulloch, Elizabeth	18 City Of Cardiff	29.12
8 Nicholas, Megan	17 Bridgend County	29.41
9 Jones, Georgia	17 Chepstow	29.64
10 Flynn, Lauren	19 Merthyr Tydfil	29.70
11 Jenkins, Hannah	17 Bridgend County	29.78
12 Collingbourne, Sioned	17 Heads of Valleys	29.85
13 Gilson, Robyn	17 Abertillery	29.93
14 Vaisey, Rhiannon	19 Abertillery	29.99
15 Boyles, Hedd-Wyn	19 Caerphilly	30.14
16 Jenkins, Sarah	17 Bridgend County	30.45
17 Matthews, Brody	19 Abertillery	30.82
18 Freeman, Rebecca	18 Torfaen Dolphins	30.89
19 Hyde, Lydia	17 Heads of Valleys	31.56
20 Causon, Hannah	17 Merthyr Tydfil	31.88
21 Eckley, Bethan	17 City Of Cardiff	32.54
22 Thomas, Chloe	19 Bridgend County	33.19

Event 41 Boys 14 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
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Finals

1 Pietruszka, Daniel	14 City Of Cardiff	37.01
2 Griffiths, Alex	14 City of Newport	37.22
3 Tucker, Callum	14 Chepstow	40.02
4 Nixon, Rhys	14 City Of Cardiff	40.80
5 Williams, Thomas	14 Rhondda	42.40
6 Davies, Joshua	14 City Of Cardiff	43.15
7 Kindred, Oliver	14 Torfaen Dolphins	43.43

Event 41 Boys 14 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Prelim Time
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Preliminaries

1 Pietruszka, Daniel	14 City Of Cardiff	36.97
2 Griffiths, Alex	14 City of Newport	37.45
3 Nixon, Rhys	14 City Of Cardiff	40.07
4 Johnson, Finnley	14 City of Newport	40.52
5 Williams, Thomas	14 Rhondda	41.70
6 Tucker, Callum	14 Chepstow	41.83
7 Davies, Joshua	14 City Of Cardiff	42.79
8 Kindred, Oliver	14 Torfaen Dolphins	43.50

Event 41 Boys 15-16 50 SC Meter Breaststroke

Name	Age Team	Finals Time
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Finals

1 Hobbs, James	16 R.C.T.Swim Squad	33.75
2 Baker, Luke	16 Torfaen Dolphins	34.06
3 Clarke, Kameron	15 City of Newport	34.34
4 Harris, Max	15 City of Newport	34.69
5 Chooyin, Benjamin	15 City Of Cardiff	35.58
6 Davies, Joe	15 Torfaen Dolphins	36.00

7 Jones, Iwan	15 City of Newport	37.53
8 Clegg, Sam	16 Brecon	38.22

Event 41 Boys 15-16 50 SC Meter Breaststroke

Name	Age Team	Prelim Time
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Preliminaries

1 Hobbs, James	16 R.C.T.Swim Squad	33.94
2 Baker, Luke	16 Torfaen Dolphins	34.25
3 Clarke, Kameron	15 City of Newport	34.57
4 Harris, Max	15 City of Newport	34.68
5 Davies, Joe	15 Torfaen Dolphins	35.56
6 Chooyin, Benjamin	15 City Of Cardiff	36.42
7 Jones, Iwan	15 City of Newport	38.19
8 Clegg, Sam	16 Brecon	38.24
9 Rees, Brandon	16 Rhondda	38.94
10 Jones, Finlay	15 Rhondda	39.24
11 Yahiaoui, Yucuf	15 City Of Cardiff	40.29
12 Jones, Luc	15 Torfaen Dolphins	40.30
13 Thomas, Joshua	16 Merthyr Tydfil	41.52
14 Matthews, Leon	15 Cwmbran	41.66

Event 41 Boys 17 & Over 50 SC Meter Breaststroke

Name	Age Team	Finals Time
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Finals

1 Sansom, Brython	18 Torfaen Dolphins	30.75
2 Jones, Daniel	18 Torfaen Dolphins	31.41
3 Brown, Ethan	19 R.C.T.Swim Squad	32.50
4 Hunt-cosh, James	18 Heads of Valleys	33.00
5 Cook, Jacob	17 City Of Cardiff	34.14
6 Miles, Will	17 Chepstow	35.49
7 Wakefield, Joshua	17 Abertillery	36.18
8 Davies, Owain	19 Heads of Valleys	36.33

Event 41 Boys 17 & Over 50 SC Meter Breaststroke

Name	Age Team	Prelim Time
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Preliminaries

1 Sansom, Brython	18 Torfaen Dolphins	30.51
2 Jones, Daniel	18 Torfaen Dolphins	31.38
3 Brown, Ethan	19 R.C.T.Swim Squad	32.70
4 Hunt-cosh, James	18 Heads of Valleys	33.45
5 Jones, Luke	18 Rhondda	33.86
6 Cook, Jacob	17 City Of Cardiff	34.80
7 Miles, Will	17 Chepstow	35.46
8 Wakefield, Joshua	17 Abertillery	35.88
9 Davies, Owain	19 Heads of Valleys	37.07

Event 42 Boys 11 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
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Finals

1 James, Tristyn	11 Bridgend County	1:12.18
2 Major, Sebastian	11 City of Newport	1:28.54
3 John, Finlay	11 R.C.T.Swim Squad	1:29.52
4 Fowler, Joseph	11 R.C.T.Swim Squad	1:31.41
5 Rees-Jones, Jack	11 Merthyr Tydfil	1:31.67
6 McGuinness, Charlie	11 Torfaen Dolphins	1:35.81

Event 42 Boys 11 Year Olds 100 SC Meter Backstroke

Name	Age Team	Prelim Time
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Preliminaries

1 James, Tristyn	11 Bridgend County	1:13.86
2 John, Finlay	11 R.C.T.Swim Squad	1:29.21

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Preliminaries ... (Event 42 Boys 11 Year Olds 100 SC Meter Backstroke)

Name	Age	Team	Prelim Time
3 Major, Sebastian	11	City of Newport	1:31.46
4 Rees-Jones, Jack	11	Merthyr Tydfil	1:31.49
5 McGuinness, Charlie	11	Torfaen Dolphins	1:34.15
6 Fowler, Joseph	11	R.C.T.Swim Squad	1:34.73

Event 42 Boys 12 Year Olds 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Merriman, Ben	12	Heads of Valleys	1:13.96
2 Hughes, Cian	12	City Of Cardiff	1:18.25
3 Fox-Wiltshire, Benjamin	12	City of Newport	1:19.03
4 Coulson, Evan	12	Torfaen Dolphins	1:19.37
5 Price, Samuel	12	City Of Cardiff	1:19.53
6 Geysen-Holley, Max	12	Bridgend County	1:21.00
7 James, Harley	12	City Of Cardiff	1:23.18
8 Antoni, Rhys	12	Torfaen Dolphins	1:26.47

Event 42 Boys 12 Year Olds 100 SC Meter Backstroke

Name	Age	Team	Prelim Time
1 Merriman, Ben	12	Heads of Valleys	1:14.40
2 Hughes, Cian	12	City Of Cardiff	1:18.94
3 Fox-Wiltshire, Benjamin	12	City of Newport	1:19.35
4 Price, Samuel	12	City Of Cardiff	1:19.51
5 Coulson, Evan	12	Torfaen Dolphins	1:21.27
6 James, Harley	12	City Of Cardiff	1:21.80
7 Geysen-Holley, Max	12	Bridgend County	1:22.17
8 Antoni, Rhys	12	Torfaen Dolphins	1:24.72
9 Anderson, Maxwell	12	City Of Cardiff	1:24.78
10 Keenan, Brandon	12	Cwmbran	1:25.67
11 Sellick, Evan	12	Cwmbran	1:26.46
12 Isaacs, Tomos	12	R.C.T.Swim Squad	1:30.00
13 Davies, Henry	12	City Of Cardiff	1:30.59
14 Smart, Rhys	12	City Of Cardiff	1:30.94
--- Davis, Ioan	12	Bridgend County	DQ

Event 42 Boys 13 Year Olds 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Edwards, Kaden	13	City Of Cardiff	1:11.48
2 Wardhaugh, Cai	13	City Of Cardiff	1:11.56
3 Wisden, Dylan	13	Bridgend County	1:13.96
4 Phinnemore, Osian	13	Bridgend County	1:17.00
5 Wakeling, Jacob	13	City Of Cardiff	1:17.38
6 Woodman, Ryan	13	City of Newport	1:17.64
7 Hastings, Benjamin	13	City of Newport	1:18.09
8 Allen-Ridge, Kasey	13	Abertillery	1:18.13

Event 42 Boys 13 Year Olds 100 SC Meter Backstroke

Name	Age	Team	Prelim Time
1 Wardhaugh, Cai	13	City Of Cardiff	1:12.36
2 Edwards, Kaden	13	City Of Cardiff	1:12.94
3 Wisden, Dylan	13	Bridgend County	1:13.33
4 Phinnemore, Osian	13	Bridgend County	1:16.76
5 Wakeling, Jacob	13	City Of Cardiff	1:17.54
6 Allen-Ridge, Kasey	13	Abertillery	1:17.75
7 Hastings, Benjamin	13	City of Newport	1:18.33
8 Woodman, Ryan	13	City of Newport	1:18.90

9 Tong, Solomon	13	City Of Cardiff	1:19.25
10 Hobbs, Dewi	13	R.C.T.Swim Squad	1:19.97
11 Lloyd, Morgan	13	Caerphilly	1:21.67
12 Tan, Nicholas	13	Pontypridd	1:23.63
13 Jones, Lloyd	13	Merthyr Tydfil	1:24.02
14 Clement, Logan	13	R.C.T.Swim Squad	1:24.72
15 Elias, Hari	13	City Of Cardiff	1:26.22
16 Walker, Calum	13	City Of Cardiff	1:27.59

Event 43 Girls 14 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time
1 Wittchell, Bethan	14	City Of Cardiff	2:31.55
2 Cottrell, Emma	14	City Of Cardiff	2:34.36
3 Beynon, Bethan	14	City Of Cardiff	2:34.93
4 Edwards, Megan	14	Bridgend County	2:35.00
5 Linton, Sophie	14	City of Newport	2:35.88
6 Davidson, Hannah	14	Bridgend County	2:38.00
7 Protheroe, Chloe	14	Bridgend County	2:41.83
8 Evans, Penny	14	R.C.T.Swim Squad	2:47.57
9 Marsh, Sophie	14	Merthyr Tydfil	2:47.62
10 Davies, Lois	14	Bridgend County	2:48.19
11 Jones, AJ	14	Bridgend County	2:49.12
12 Havard, Carys	14	Heads of Valleys	2:49.46
13 Clode, Amelie	14	Bridgend County	2:50.74
14 Williams, Mia	14	R.C.T.Swim Squad	2:52.65
15 Matthews, Jodie	14	R.C.T.Swim Squad	2:52.86
16 Nicholas, Catrin	14	Bridgend County	2:55.67
17 Cox, Emily	14	Bridgend County	2:57.59
18 Collins, Amy	14	City Of Cardiff	2:57.82
19 Geen, Cerys	14	Torfaen Dolphins	2:59.23
20 Napper, Kaycee	14	Rhondda	3:01.64
21 McCloy, Meg	14	Bridgend County	3:02.62
22 Johnston, McKenzie	14	City of Newport	3:03.31
23 Thorne, Immie	14	Chepstow	3:10.92
24 Cope, Llinos	14	City Of Cardiff	3:11.82
25 Lewis, Becky	14	R.C.T.Swim Squad	3:12.21
26 Leaf, Hattie	14	Chepstow	3:12.77
--- Jaworska, Maja	14	Caerphilly	x3:15.41
--- Phillips, Ella	14	City Of Cardiff	DQ
--- Crisp, Caitlyn	14	City Of Cardiff	DQ
--- Watkins, Sadie	14	R.C.T.Swim Squad	DQ

Event 43 Girls 15-16 200 SC Meter IM

Name	Age	Team	Finals Time
1 Sutton, Rebecca	16	Bridgend County	2:17.51
2 Allison, Megan	15	City of Newport	2:26.80
3 Morris, Ciara	15	City Of Cardiff	2:27.02
4 Warrender, Meg	16	Torfaen Dolphins	2:29.43
5 Edwards, Maisie	15	City Of Cardiff	2:30.50
6 Watson, Freya	16	Heads of Valleys	2:30.88
7 English, Katie	16	City of Newport	2:31.59
8 Horton, Ellana	15	City of Newport	2:32.11
9 Ezard, Emily	15	Bridgend County	2:33.29
10 Hutchinson, Lili-May	15	City Of Cardiff	2:33.75
11 Rees, Millie	15	Bridgend County	2:34.39
12 Staveley, Ella	15	Bridgend County	2:35.31
13 McCloy, Ellie	16	Bridgend County	2:36.62
14 Nelson, Bethan	16	City Of Cardiff	2:37.37
15 Snow, Sophie	15	City Of Cardiff	2:38.59
16 Rowles, Freya	16	Torfaen Dolphins	2:38.79
17 Thomas, Anya	15	City Of Cardiff	2:39.76
18 Lewis, Helen	15	Merthyr Tydfil	2:40.34

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(Event 43 Girls 15-16 200 SC Meter IM)

Name	Age Team	Finals Time
19 Stallard, Martha	15 City Of Cardiff	2:41.63
20 Davies, Anna	15 City of Newport	2:43.61
21 Legg, Abbie	15 Caerphilly	2:45.62
22 Walters, Aisha	15 Merthyr Tydfil	2:45.67
23 Bryce, Millie	15 City Of Cardiff	2:45.93
24 Maiden, Mya	16 Bridgend County	2:46.34
25 Morgan, Sophie	15 R.C.T.Swim Squad	2:47.76
26 Flood, Holly	15 R.C.T.Swim Squad	2:47.80
27 Lewis, Jessica	16 R.C.T.Swim Squad	2:49.52
28 Barry, Eva	15 City of Newport	2:49.53
29 McCulloch, Ffion	15 City Of Cardiff	2:50.66
30 Harris-Thomas, Elle	15 Chepstow	2:51.85
31 Bussey, Niamh	16 Bridgend County	2:52.41
32 Freegard, Aimee	15 R.C.T.Swim Squad	2:52.73
33 Lipetz-Robic, Qui Ming	15 City Of Cardiff	2:53.05
34 Walker, Caitlin	15 City Of Cardiff	2:57.49
35 Dewar, Megan	15 Cwmbran	2:59.62
36 Athwal, Jasmine	15 Torfaen Dolphins	3:01.45
37 Foley, Caitlin	16 Merthyr Tydfil	3:03.34
--- Mcrae, Mair	15 Torfaen Dolphins	DQ
--- Morgan, Mackenzie	15 Torfaen Dolphins	DQ

Event 43 Girls 17 & Over 200 SC Meter IM

Name	Age Team	Finals Time
1 Rees, Katie	19 City Of Cardiff	2:18.78
2 Davies, Eleri	17 Bridgend County	2:27.22
3 Hunt, Imogen	19 Bridgend County	2:28.98
4 Stockley, Lauren	18 Torfaen Dolphins	2:29.54
5 Nicholas, Megan	17 Bridgend County	2:31.98
6 Morgan, Grace	17 Bridgend County	2:33.34
7 McCulloch, Elizabeth	18 City Of Cardiff	2:33.67
8 Collingbourne, Sioned	17 Heads of Valleys	2:34.45
9 Jenkins, Hannah	17 Bridgend County	2:40.58
10 Gilson, Robyn	17 Abertillery	2:41.43
11 Matthews, Brody	19 Abertillery	2:43.50
12 Freeman, Rebecca	18 Torfaen Dolphins	2:44.71
13 Meredith, Rebecca	17 R.C.T.Swim Squad	2:45.18
14 Hyde, Lydia	17 Heads of Valleys	2:49.90
15 Jenkins, Sarah	17 Bridgend County	2:51.75
16 Eckley, Bethan	17 City Of Cardiff	3:01.48

Event 44 Boys 14 Year Olds 200 SC Meter IM

Name	Age Team	Finals Time
1 Murray, Adam	14 City Of Cardiff	2:22.61
2 Salmon, Carwyn	14 R.C.T.Swim Squad	2:27.45
3 Griffiths, Alex	14 City of Newport	2:27.72
4 Collins, Tyler	14 R.C.T.Swim Squad	2:37.99
5 Pietruszka, Daniel	14 City Of Cardiff	2:42.01
6 Leach, Owen	14 Bridgend County	2:42.20
7 Nixon, Rhys	14 City Of Cardiff	2:44.81
8 Johnson, Finnley	14 City of Newport	2:48.33
9 Tucker, Callum	14 Chepstow	2:50.20
10 Kindred, Oliver	14 Torfaen Dolphins	2:52.15
11 Williams, Thomas	14 Rhondda	2:59.29
--- Davies, Joshua	14 City Of Cardiff	DQ

Event 44 Boys 15-16 200 SC Meter IM

Name	Age Team	Finals Time
1 Evans, Ioan	15 City Of Cardiff	2:12.83
2 Richards, Owen	16 Torfaen Dolphins	2:17.94
3 Parfitt, Shaye	16 City Of Cardiff	2:20.82

4 Clarke, Kameron	15 City of Newport	2:21.03
5 Chooyin, Benjamin	15 City Of Cardiff	2:23.78
6 Savage- Taylor, Tomos	15 Heads of Valleys	2:24.02
7 Hobbs, James	16 R.C.T.Swim Squad	2:26.89
8 Chim, Danny	16 Bridgend County	2:27.19
9 Davies, Joe	15 Torfaen Dolphins	2:33.70
10 Garland, Kieran	15 R.C.T.Swim Squad	2:36.22
11 Hunt, Tobias	16 Bridgend County	2:37.71
12 Hall, Daniel	15 Chepstow	2:41.67
13 Williams, Elliot	16 Pontypridd	2:42.56
14 Jenkins, Ellis	15 R.C.T.Swim Squad	2:46.07
15 Jones, Finlay	15 Rhondda	2:47.14
16 Thomas, Joshua	16 Merthyr Tydfil	2:47.53
--- Clegg, Sam	16 Brecon	x3:05.07
--- Rickard-Frost, Celyn	15 City Of Cardiff	DQ

Event 44 Boys 17 & Over 200 SC Meter IM

Name	Age Team	Finals Time
1 Cook, Jacob	17 City Of Cardiff	2:19.27
2 Jones, Daniel	18 Torfaen Dolphins	2:19.43
3 Hunt-cosh, James	18 Heads of Valleys	2:20.37
4 John, Lewys	17 R.C.T.Swim Squad	2:27.88
5 Elliott, Alex	19 Torfaen Dolphins	2:28.23
6 Mullins, Joshua	17 Merthyr Tydfil	2:29.21
7 Pryse, Elis	17 R.C.T.Swim Squad	2:33.68
8 Jenkins, Cameron	18 R.C.T.Swim Squad	2:33.75
9 Wakefield, Joshua	17 Abertillery	2:38.08
10 Joseph, Gianluca	18 Heads of Valleys	2:39.88

Event 45 Girls 11 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Williams-Jones, Phoebe	11 Bridgend County	3:12.78
2 Brassington, Sophie	11 City Of Cardiff	3:15.10
3 Velasco, Mikayla	11 City Of Cardiff	3:27.56
4 Iles, Georgia	11 City Of Cardiff	3:27.60
5 Beach, Dion	11 Rhondda	3:52.60
6 Lee, Lucia	11 Chepstow	3:56.13
--- Wratten, Isabelle	11 Cwmbran	x4:07.19

Event 45 Girls 12 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Stephens, Arwen	12 City Of Cardiff	2:49.10
2 Jones, Emily	12 City of Newport	2:51.27
3 Simmons, Beth	12 City of Newport	3:03.58
4 Walker, Eleanor	12 City of Newport	3:12.62
5 Donovan, Kelsey	12 City Of Cardiff	3:17.49
6 O'Callaghan, Faye	12 City Of Cardiff	3:26.72
7 Jones, Emilia	12 Bridgend County	3:27.01
8 Faulkner, Marie	12 City Of Cardiff	3:27.41
9 Reynolds, Mia	12 Heads of Valleys	3:31.59
10 Cribb, Millie Lacie	12 Caerphilly	3:34.90
11 Emes, Eleanor	12 Torfaen Dolphins	3:36.31
12 Clayton, Karys	12 Torfaen Dolphins	3:36.91
13 Nowell, Gabriella	12 Torfaen Dolphins	3:41.65
14 Collins, Rebecca	12 City Of Cardiff	3:49.63
--- Stride, Tamzin	12 Torfaen Dolphins	DQ

Event 45 Girls 13 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Rowe, Rhiannon	13 Heads of Valleys	2:54.89
2 Palin, Maisy	13 Heads of Valleys	2:56.01
3 Domican, Rosie	13 City Of Cardiff	2:56.48
4 Dallyn, Isobel	13 Chepstow	3:01.10

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(Event 45 Girls 13 Year Olds 200 SC Meter Breaststroke)

Name	Age	Team	Finals Time
5 Brassington, Isabel	13	City Of Cardiff	3:08.00
6 Smith, Mia	13	Torfaen Dolphins	3:10.49
7 Hembrow, Courtney	13	Bridgend County	3:20.49
8 Lewis, Kacey	13	Merthyr Tydfil	3:21.14
9 Palmer, Meghan	13	Rhondda	3:24.87
10 Pryce, Ella	13	City Of Cardiff	3:26.94
11 Stork, Niamh	13	City Of Cardiff	3:27.36
12 Griffiths, Lucy	13	Bridgend County	3:33.69
13 Davies, Orla	13	City Of Cardiff	3:36.46
14 Fry, Meghan	13	Brecon	3:40.20
--- Lovell, Madison	13	Heads of Valleys	DQ
--- Ward, Ellie	13	City of Newport	DQ

Event 46 Boys 11 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 James, Tristyn	11	Bridgend County	29.07
2 Steven, Adam	11	City of Newport	33.86
3 Davies, Lewis	11	City of Newport	33.89
4 Fowler, Joseph	11	R.C.T.Swim Squad	34.12
5 Davidson, Matthew	11	Bridgend County	34.84
6 Rees-Jones, Jack	11	Merthyr Tydfil	35.31
7 Lee, Ethan	11	Rhondda	35.45
8 Tucker, Lucas	11	Chepstow	36.03

Event 46 Boys 11 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 James, Tristyn	11	Bridgend County	29.24
2 Davies, Lewis	11	City of Newport	33.55
3 Steven, Adam	11	City of Newport	33.78
4 Lee, Ethan	11	Rhondda	34.82
5 Fowler, Joseph	11	R.C.T.Swim Squad	34.89
6 Rees-Jones, Jack	11	Merthyr Tydfil	35.18
7 Davidson, Matthew	11	Bridgend County	36.04
8 Tucker, Lucas	11	Chepstow	36.18
9 Lee, Tristan	11	Rhondda	36.45
10 McGuinness, Charlie	11	Torfaen Dolphins	37.40
11 John, Finlay	11	R.C.T.Swim Squad	37.62
12 Davies, Zachary	11	Torfaen Dolphins	37.76
13 McLain, Archie	11	Heads of Valleys	38.31
14 Jones, Tyler	11	Rhondda	38.72
15 Jones, Rhys	11	R.C.T.Swim Squad	39.08
16 White, Alex	11	Rhondda	40.53

Event 46 Boys 12 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 O'Brien, Joshua	12	City Of Cardiff	30.45
2 Davies, Gianni	12	Torfaen Dolphins	30.92
3 Merriman, Ben	12	Heads of Valleys	30.97
4 Price, Samuel	12	City Of Cardiff	31.42
5 Fox-Wiltshire, Benjamin	12	City of Newport	31.89
*6 Hughes, Cian	12	City Of Cardiff	32.03
*6 Arch, Rhydian	12	City Of Cardiff	32.03
8 Geysen-Holley, Max	12	Bridgend County	33.22

Event 46 Boys 12 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 O'Brien, Joshua	12	City Of Cardiff	30.48
2 Merriman, Ben	12	Heads of Valleys	30.85
3 Davies, Gianni	12	Torfaen Dolphins	31.13
4 Price, Samuel	12	City Of Cardiff	31.31
5 Arch, Rhydian	12	City Of Cardiff	32.06
6 Hughes, Cian	12	City Of Cardiff	32.38
7 Fox-Wiltshire, Benjamin	12	City of Newport	32.47
8 Geysen-Holley, Max	12	Bridgend County	33.13
9 James, Harley	12	City Of Cardiff	33.82
10 Antoni, Rhys	12	Torfaen Dolphins	33.89
11 Coulson, Evan	12	Torfaen Dolphins	34.07
12 Anderson, Maxwell	12	City Of Cardiff	34.61
13 Keenan, Brandon	12	Cwmbran	35.06
14 Jones, Calum	12	Rhondda	36.97
15 Monks, Joshua	12	Merthyr Tydfil	37.35
16 H-Hillier, Owain	12	Cwmbran	37.40
17 Ingram, James	12	Heads of Valleys	37.46
18 Johnson, Freddie	12	Heads of Valleys	37.62
19 Watkins, William	12	City of Newport	37.76
20 Isaacs, Tomos	12	R.C.T.Swim Squad	38.03
21 Chambers, Gethin	12	Rhondda	40.39

Event 46 Boys 13 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Lloyd, Morgan	13	Caerphilly	29.48
2 Hobbs, Dewi	13	R.C.T.Swim Squad	29.76
3 Wisden, Dylan	13	Bridgend County	29.88
4 Wardhaugh, Cai	13	City Of Cardiff	30.04
5 Edwards, Kaden	13	City Of Cardiff	30.24
6 Jones, Lloyd	13	Merthyr Tydfil	30.64
7 Allen-Ridge, Kasey	13	Abertillery	30.95
8 Wakeling, Jacob	13	City Of Cardiff	31.77

Event 46 Boys 13 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Lloyd, Morgan	13	Caerphilly	29.50
2 Hobbs, Dewi	13	R.C.T.Swim Squad	29.89
3 Wisden, Dylan	13	Bridgend County	29.97
4 Jones, Lloyd	13	Merthyr Tydfil	30.45
5 Wardhaugh, Cai	13	City Of Cardiff	30.51
6 Allen-Ridge, Kasey	13	Abertillery	30.86
7 Edwards, Kaden	13	City Of Cardiff	30.90
8 Wakeling, Jacob	13	City Of Cardiff	31.12
9 Phinnemore, Osian	13	Bridgend County	31.75
10 Tong, Solomon	13	City Of Cardiff	31.82
11 Jones, Jacob	13	Rhondda	31.86
12 Tan, Nicholas	13	Pontypridd	33.04
13 Elias, Hari	13	City Of Cardiff	33.07
14 Havard, Dylan	13	Heads of Valleys	33.10
15 Clement, Logan	13	R.C.T.Swim Squad	33.34
16 Hastings, Benjamin	13	City of Newport	33.57
17 Pugh, Noah	13	Rhondda	34.41
18 Walker, Calum	13	City Of Cardiff	34.54
19 Charles, Connor	13	Heads of Valleys	35.37
20 Watts, Morgan	13	Abertillery	36.71

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Event 47 Girls 11 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
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Finals		
1	Broder, Libby	11 Torfaen Dolphins 1:22.91
2	Davies, Cerys	11 R.C.T.Swim Squad 1:25.91
3	Parsons, Ellie	11 Chepstow 1:27.49
4	Holmes, Bethan	11 Chepstow 1:28.01
5	Velasco, Mikayla	11 City Of Cardiff 1:33.37
6	Davies, Ffion	11 R.C.T.Swim Squad 1:33.97
7	Jones, Ellie	11 Heads of Valleys 1:34.29
8	Edwards, Georgina	11 Abertillery 1:38.37

Event 47 Girls 11 Year Olds 100 SC Meter Backstroke

Name	Age Team	Prelim Time
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Preliminaries		
1	Broder, Libby	11 Torfaen Dolphins 1:24.31
2	Davies, Cerys	11 R.C.T.Swim Squad 1:25.14
3	Holmes, Bethan	11 Chepstow 1:27.97
4	Parsons, Ellie	11 Chepstow 1:28.33
5	Davies, Ffion	11 R.C.T.Swim Squad 1:30.98
6	Jones, Ellie	11 Heads of Valleys 1:31.16
7	Velasco, Mikayla	11 City Of Cardiff 1:34.22
8	Edwards, Georgina	11 Abertillery 1:36.76
9	Brassington, Sophie	11 City Of Cardiff 1:37.29
---	Iles, Georgia	11 City Of Cardiff DQ

Event 47 Girls 12 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
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Finals		
1	Stephens, Arwen	12 City Of Cardiff 1:13.11
2	Joseph, Isabel	12 City Of Cardiff 1:15.61
3	Stride, Tamzin	12 Torfaen Dolphins 1:16.08
4	Stevens, Isobel	12 City of Newport 1:20.27
5	Donovan, Kelsey	12 City Of Cardiff 1:20.33
6	Erasmus, Charlotte	12 Torfaen Dolphins 1:20.36
7	Simmons, Beth	12 City of Newport 1:21.61
8	Illman, Lili	12 Torfaen Dolphins 1:21.96

Event 47 Girls 12 Year Olds 100 SC Meter Backstroke

Name	Age Team	Prelim Time
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Preliminaries		
1	Stephens, Arwen	12 City Of Cardiff 1:15.83
2	Joseph, Isabel	12 City Of Cardiff 1:16.27
3	Stride, Tamzin	12 Torfaen Dolphins 1:17.43
4	Erasmus, Charlotte	12 Torfaen Dolphins 1:20.32
5	Stevens, Isobel	12 City of Newport 1:21.22
6	Donovan, Kelsey	12 City Of Cardiff 1:21.54
7	Simmons, Beth	12 City of Newport 1:22.02
8	Illman, Lili	12 Torfaen Dolphins 1:22.44
9	Fowler, Jazz	12 Heads of Valleys 1:22.72
10	Clayton, Karys	12 Torfaen Dolphins 1:22.88
11	Harris, Sophie	12 City of Newport 1:23.29
12	Crowley, Amy	12 City Of Cardiff 1:26.42
13	Walker, Eleanor	12 City of Newport 1:26.77
14	Faulkner, Marie	12 City Of Cardiff 1:26.81
15	Graville, Carys	12 City Of Cardiff 1:26.88
16	Nowell, Gabriella	12 Torfaen Dolphins 1:26.93
17	O'Callaghan, Faye	12 City Of Cardiff 1:26.95
18	Emes, Eleanor	12 Torfaen Dolphins 1:27.19
19	Reed, Shauna	12 Torfaen Dolphins 1:27.44

20	Morgan, Hannah	12 City Of Cardiff 1:27.46
21	Ramsey, Rebekah	12 Heads of Valleys 1:27.57

Event 47 Girls 13 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
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Finals		
1	Colley, Lauren	13 Bridgend County 1:10.22
2	Shelton, Amy	13 City Of Cardiff 1:11.20
3	Baker, Alyssa	13 Torfaen Dolphins 1:12.69
4	Domican, Rosie	13 City Of Cardiff 1:14.68
5	Girling, Grace	13 City Of Cardiff 1:14.95
6	Marchant, Rhiannon	13 R.C.T.Swim Squad 1:16.35
7	Tarpey, Aoife	13 Bridgend County 1:17.22
8	Thomas, Ashley	13 R.C.T.Swim Squad 1:17.78

Event 47 Girls 13 Year Olds 100 SC Meter Backstroke

Name	Age Team	Prelim Time
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Preliminaries		
1	Shelton, Amy	13 City Of Cardiff 1:11.57
2	Baker, Alyssa	13 Torfaen Dolphins 1:13.13
3	Colley, Lauren	13 Bridgend County 1:13.61
4	Girling, Grace	13 City Of Cardiff 1:14.16
5	Domican, Rosie	13 City Of Cardiff 1:14.37
6	Marchant, Rhiannon	13 R.C.T.Swim Squad 1:16.31
7	Thomas, Ashley	13 R.C.T.Swim Squad 1:16.35
8	Tarpey, Aoife	13 Bridgend County 1:16.84
9	Bamborough, Katie	13 City Of Cardiff 1:17.32
10	Corderoy, Abigail	13 R.C.T.Swim Squad 1:18.06
11	Smith, Mia	13 Torfaen Dolphins 1:18.39
12	Lewis, Kacey	13 Merthyr Tydfil 1:18.87
13	Hurcombe, Eve	13 Torfaen Dolphins 1:19.34
14	Ward, Ellie	13 City of Newport 1:19.40
15	Whitelock, Carys	13 Torfaen Dolphins 1:21.07
16	Warrender, Niamh	13 Torfaen Dolphins 1:21.25
17	Evans, Emma	13 City Of Cardiff 1:21.32
18	Davies, Tegan	13 Bridgend County 1:21.39
19	Brassington, Isabel	13 City Of Cardiff 1:21.48
20	Palin, Maisy	13 Heads of Valleys 1:22.60
21	Thomas, Nell	13 R.C.T.Swim Squad 1:23.29
22	Bond, Sasha	13 R.C.T.Swim Squad 1:24.32
23	Stork, Niamh	13 City Of Cardiff 1:28.47
---	Dallyn, Isobel	13 Chepstow DQ

Event 48 Boys 14 Year Olds 200 SC Meter Freestyle

Name	Age Team	Finals Time
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1	Murray, Adam	14 City Of Cardiff 2:06.67
2	Griffiths, Alex	14 City of Newport 2:08.01
3	Salmon, Carwyn	14 R.C.T.Swim Squad 2:10.68
4	Leach, Owen	14 Bridgend County 2:17.05
5	Cook-Jones, Rhydian	14 City Of Cardiff 2:21.79
6	Collins, Tyler	14 R.C.T.Swim Squad 2:25.11
7	Nixon, Rhys	14 City Of Cardiff 2:26.29
8	Tucker, Callum	14 Chepstow 2:26.95
9	Williams, Thomas	14 Rhondda 2:30.25
10	Layzell, Alexander	14 Merthyr Tydfil 2:33.22

Event 48 Boys 15-16 200 SC Meter Freestyle

Name	Age Team	Finals Time
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1	Evans, Ioan	15 City Of Cardiff 1:57.18
2	Richards, Owen	16 Torfaen Dolphins 2:00.12
3	Parfitt, Shaye	16 City Of Cardiff 2:01.75
4	Baker, Luke	16 Torfaen Dolphins 2:02.37

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(Event 48 Boys 15-16 200 SC Meter Freestyle)

Name	Age Team	Finals Time
5 Broom, Dylan	15 Torfaen Dolphins	2:06.38
6 Davies, Joe	15 Torfaen Dolphins	2:10.97
7 Hobbs, James	16 R.C.T.Swim Squad	2:12.30
8 Cousins, Jacob	15 R.C.T.Swim Squad	2:15.50
9 Garland, Kieran	15 R.C.T.Swim Squad	2:16.27
10 Steven, Ryan	15 City of Newport	2:19.54
11 Hall, Daniel	15 Chepstow	2:22.54
12 Thomas, Joshua	16 Merthyr Tydfil	2:23.45
13 Jones, Finlay	15 Rhondda	2:23.50
14 Sherman, Owen	15 Torfaen Dolphins	2:24.06
15 Jones, Ceirion	15 Merthyr Tydfil	2:24.78
--- Clegg, Sam	16 Brecon	x2:38.56

Event 48 Boys 17 & Over 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Greenfield, Thomas	28 City Of Cardiff	1:53.22
2 Rosser, Alex	21 Torfaen Dolphins	1:58.77
3 Sherman, Ben	17 Torfaen Dolphins	1:59.99
4 Jones, Daniel	18 Torfaen Dolphins	2:03.09
5 Cook, Jacob	17 City Of Cardiff	2:06.82
6 Dickson-Jardine, Ben	17 Bridgend County	2:07.26
7 Hunt-cosh, James	18 Heads of Valleys	2:09.59
8 James, Morgan	18 R.C.T.Swim Squad	2:11.51
9 Townsend, Harry	17 Torfaen Dolphins	2:11.72
10 Mullins, Joshua	17 Merthyr Tydfil	2:13.13
11 Pryse, Elis	17 R.C.T.Swim Squad	2:14.45
12 Napper, Keenan	18 Rhondda	2:15.78
13 Joseph, Gianluca	18 Heads of Valleys	2:18.49

Event 49 Boys 12 Year Olds 200 SC Meter Butterfly

Name	Age Team	Finals Time
1 Merriman, Ben	12 Heads of Valleys	2:51.86

Event 49 Boys 13 Year Olds 200 SC Meter Butterfly

Name	Age Team	Finals Time
1 Wardhaugh, Cai	13 City Of Cardiff	2:35.79

Event 50 Girls 14 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Moretti, Morgana	14 City Of Cardiff	2:49.84
2 Beynon, Bethan	14 City Of Cardiff	2:54.36
3 Phillips, Ella	14 City Of Cardiff	2:54.38
4 Evans, Penny	14 R.C.T.Swim Squad	2:58.83
5 Witchell, Bethan	14 City Of Cardiff	3:01.19
6 Davidson, Hannah	14 Bridgend County	3:04.29
7 Collins, Amy	14 City Of Cardiff	3:12.28
8 Davies, Lois	14 Bridgend County	3:12.42
9 Matthews, Jodie	14 R.C.T.Swim Squad	3:15.26
10 Price, Niamh	14 Heads of Valleys	3:16.64
11 McCloy, Meg	14 Bridgend County	3:22.60
12 Crisp, Caitlyn	14 City Of Cardiff	3:24.08

Event 50 Girls 15-16 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Sutton, Rebecca	16 Bridgend County	2:38.73
2 John, Catrin	16 City Of Cardiff	2:42.14
3 Horton, Ellana	15 City of Newport	2:42.99
4 McCloy, Ellie	16 Bridgend County	2:43.77
5 Mcrae, Mair	15 Torfaen Dolphins	2:47.47
6 Edwards, Maisie	15 City Of Cardiff	2:48.44
7 Hutchinson, Lili-May	15 City Of Cardiff	2:48.64
8 Warrender, Meg	16 Torfaen Dolphins	2:49.32

9 Bryce, Millie	15 City Of Cardiff	2:53.25
10 Stallard, Martha	15 City Of Cardiff	2:57.70
11 Snow, Sophie	15 City Of Cardiff	3:01.20
12 Morgan, Sophie	15 R.C.T.Swim Squad	3:11.78
13 Pike, Awel	15 Pontypridd	3:28.14

Event 50 Girls 17 & Over 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Rees, Katie	19 City Of Cardiff	2:34.92
2 Owen, Amber	17 City Of Cardiff	2:45.09
3 Gilson, Robyn	17 Abertillery	3:05.22
4 Meredith, Rebecca	17 R.C.T.Swim Squad	3:06.68
5 Hyde, Lydia	17 Heads of Valleys	3:15.30

Event 51 Boys 14 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Griffiths, Alex	14 City of Newport	29.22
2 Murray, Adam	14 City Of Cardiff	30.96
3 Collins, Tyler	14 R.C.T.Swim Squad	32.78
4 Nixon, Rhys	14 City Of Cardiff	36.14
5 Thomas, Callum	14 City Of Cardiff	36.35
6 Williams, Thomas	14 Rhondda	37.36
7 Kindred, Oliver	14 Torfaen Dolphins	38.53

Event 51 Boys 14 Year Olds 50 SC Meter Backstroke

Name	Age Team	Prelim Time
1 Griffiths, Alex	14 City of Newport	28.93
2 Murray, Adam	14 City Of Cardiff	30.91
3 Collins, Tyler	14 R.C.T.Swim Squad	33.36
4 Thomas, Callum	14 City Of Cardiff	36.15
5 Nixon, Rhys	14 City Of Cardiff	36.38
6 Williams, Thomas	14 Rhondda	36.58
7 Kindred, Oliver	14 Torfaen Dolphins	39.49
--- Davies, Joshua	14 City Of Cardiff	DQ

Event 51 Boys 15-16 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Parfitt, Shaye	16 City Of Cardiff	27.52
2 Evans, Ioan	15 City Of Cardiff	27.71
3 Clarke, Kameron	15 City of Newport	30.59
4 Savage- Taylor, Tomos	15 Heads of Valleys	30.87
5 Hall, Daniel	15 Chepstow	32.68
6 Jenkins, Ellis	15 R.C.T.Swim Squad	34.50
7 Lloyd, Rhys	15 R.C.T.Swim Squad	34.73
8 Thomas, Joshua	16 Merthyr Tydfil	35.22

Event 51 Boys 15-16 50 SC Meter Backstroke

Name	Age Team	Prelim Time
1 Parfitt, Shaye	16 City Of Cardiff	27.63
2 Evans, Ioan	15 City Of Cardiff	27.79
3 Clarke, Kameron	15 City of Newport	29.94
4 Savage- Taylor, Tomos	15 Heads of Valleys	30.68
5 Harris, Max	15 City of Newport	32.18
6 Hall, Daniel	15 Chepstow	32.96
7 Jenkins, Ellis	15 R.C.T.Swim Squad	33.77
8 Lloyd, Rhys	15 R.C.T.Swim Squad	34.41
9 Thomas, Joshua	16 Merthyr Tydfil	36.78

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Event 51 Boys 17 & Over 50 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 Durrant, William	19 City Of Cardiff	28.80
2 Boladz, Tomas	18 Torfaen Dolphins	29.37
3 Bryce, Aidan	17 City of Newport	29.92
4 Jones, Luke	18 Rhondda	30.89
5 Othen, Ross	18 Torfaen Dolphins	31.04
6 Dickson-Jardine, Ben	17 Bridgend County	31.65
7 Jenkins, Cameron	18 R.C.T.Swim Squad	33.08
8 Thompson, Jacob	18 Caerphilly	36.09

Event 51 Boys 17 & Over 50 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 Durrant, William	19 City Of Cardiff	28.26
2 Boladz, Tomas	18 Torfaen Dolphins	29.36
3 Bryce, Aidan	17 City of Newport	29.80
4 Othen, Ross	18 Torfaen Dolphins	30.94
5 Jones, Luke	18 Rhondda	31.21
6 Dickson-Jardine, Ben	17 Bridgend County	31.91
7 Jenkins, Cameron	18 R.C.T.Swim Squad	33.15
8 Thompson, Jacob	18 Caerphilly	35.43

Event 52 Girls 14 Year Olds 50 SC Meter Butterfly

Name	Age Team	Finals Time
Finals		
*1 Cottrell, Emma	14 City Of Cardiff	31.06
*1 Linton, Sophie	14 City of Newport	31.06
3 Beynon, Bethan	14 City Of Cardiff	31.09
4 Witchell, Bethan	14 City Of Cardiff	33.03
5 Marsh, Sophie	14 Merthyr Tydfil	34.16
6 Norris, Alyssa	14 Caerphilly	34.44
7 Protheroe, Chloe	14 Bridgend County	34.50
8 Havard, Carys	14 Heads of Valleys	34.86

Event 52 Girls 14 Year Olds 50 SC Meter Butterfly

Name	Age Team	Prelim Time
Preliminaries		
1 Beynon, Bethan	14 City Of Cardiff	31.47
2 Cottrell, Emma	14 City Of Cardiff	31.96
3 Linton, Sophie	14 City of Newport	32.26
4 Witchell, Bethan	14 City Of Cardiff	32.77
5 Protheroe, Chloe	14 Bridgend County	33.56
6 Havard, Carys	14 Heads of Valleys	34.26
7 Norris, Alyssa	14 Caerphilly	34.40
8 Marsh, Sophie	14 Merthyr Tydfil	34.42
9 Jones, AJ	14 Bridgend County	34.93
10 Watkins, Sadie	14 R.C.T.Swim Squad	35.23
11 Geen, Cerys	14 Torfaen Dolphins	35.39
12 Williams, Mia	14 R.C.T.Swim Squad	35.63
13 Matthews, Jodie	14 R.C.T.Swim Squad	35.65
14 Davies, Lois	14 Bridgend County	36.19
15 Porter, Emma	14 Torfaen Dolphins	36.36
16 Higgins, Lowri	14 City Of Cardiff	36.46
17 Napper, Kaycee	14 Rhondda	37.93
18 Cox, Emily	14 Bridgend County	38.17
19 Lewis, Becky	14 R.C.T.Swim Squad	38.25
20 Cope, Llinos	14 City Of Cardiff	38.56

Event 52 Girls 15-16 50 SC Meter Butterfly

Name	Age Team	Finals Time
Finals		
1 Morris, Ciara	15 City Of Cardiff	29.41
2 Watson, Freya	16 Heads of Valleys	29.95
3 Blake, Sophie	16 City of Newport	30.74
4 Rees, Millie	15 Bridgend County	31.24
5 Randell, Niamh	16 R.C.T.Swim Squad	31.49
6 Lewis, Helen	15 Merthyr Tydfil	31.64
7 Childs, Laura	15 City Of Cardiff	31.66
8 Nelson, Bethan	16 City Of Cardiff	33.42

Event 52 Girls 15-16 50 SC Meter Butterfly

Name	Age Team	Prelim Time
Preliminaries		
1 Morris, Ciara	15 City Of Cardiff	29.44
2 Watson, Freya	16 Heads of Valleys	30.17
3 Blake, Sophie	16 City of Newport	30.90
4 Rees, Millie	15 Bridgend County	31.10
5 Randell, Niamh	16 R.C.T.Swim Squad	31.40
6 Lewis, Helen	15 Merthyr Tydfil	31.47
7 Childs, Laura	15 City Of Cardiff	31.71
8 Nelson, Bethan	16 City Of Cardiff	32.81
9 Morris, Elen	15 City Of Cardiff	33.14
10 Hutchinson, Lili-May	15 City Of Cardiff	33.22
11 Snow, Sophie	15 City Of Cardiff	33.25
12 Stallard, Martha	15 City Of Cardiff	33.80
13 Barry, Eva	15 City of Newport	34.32
14 Rowles, Freya	16 Torfaen Dolphins	34.37
15 Lewis, Jessica	16 R.C.T.Swim Squad	34.38
16 Lipetz-Robic, Qui Ming	15 City Of Cardiff	34.76
17 Walters, Aisha	15 Merthyr Tydfil	34.95
18 Legg, Abbie	15 Caerphilly	35.33
19 Harris-Thomas, Elle	15 Chepstow	35.36
20 Dewar, Megan	15 Cwmbran	35.83
21 Harper, Fizz	16 Chepstow	36.07
22 Maiden, Mya	16 Bridgend County	36.08
23 Davies, Katie-May	16 Merthyr Tydfil	36.26
24 Underwood, Rebecca	15 Cwmbran	36.27
25 Othen, Lara	15 Torfaen Dolphins	36.59
26 Foley, Caitlin	16 Merthyr Tydfil	36.84
27 Freegard, Aimee	15 R.C.T.Swim Squad	36.90
28 McCulloch, Ffion	15 City Of Cardiff	38.21

Event 52 Girls 17 & Over 50 SC Meter Butterfly

Name	Age Team	Finals Time
Finals		
1 Burch, India	17 City Of Cardiff	29.37
2 Rees, Katie	19 City Of Cardiff	29.70
3 Walters, Jessie	18 R.C.T.Swim Squad	29.88
4 Groves, Chloe	18 Torfaen Dolphins	30.56
5 Carson, Abbie	17 Bridgend County	31.67
6 Collingbourne, Sioned	17 Heads of Valleys	32.14
7 Flynn, Lauren	19 Merthyr Tydfil	32.16
8 Nicholas, Megan	17 Bridgend County	32.38

Event 52 Girls 17 & Over 50 SC Meter Butterfly

Name	Age Team	Prelim Time
Preliminaries		
1 Burch, India	17 City Of Cardiff	29.18
2 Rees, Katie	19 City Of Cardiff	29.57

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Preliminaries ... (Event 52 Girls 17 & Over 50 SC Meter Butterfly)

Name	Age Team	Prelim Time
3 Walters, Jessie	18 R.C.T.Swim Squad	29.91
4 Groves, Chloe	18 Torfaen Dolphins	30.51
5 Carson, Abbie	17 Bridgend County	30.79
6 Collingbourne, Sioned	17 Heads of Valleys	31.53
7 Flynn, Lauren	19 Merthyr Tydfil	31.87
8 Nicholas, Megan	17 Bridgend County	32.55
9 Mogg, Isobel	19 Heads of Valleys	33.07
10 Gilson, Robyn	17 Abertillery	34.24
11 Groves, Alicia	17 Cwmbran	35.97
12 Thomas, Chloe	19 Bridgend County	37.05
13 Vaisey, Rhiannon	19 Abertillery	37.20
14 Eckley, Bethan	17 City Of Cardiff	38.21
15 Causon, Hannah	17 Merthyr Tydfil	40.16
--- Compton, Olivia	17 Bridgend County	DQ

Event 53 Boys 11 Year Olds 100 SC Meter Butterfly

Name	Age Team	Finals Time
1 James, Tristyn	11 Bridgend County	1:10.83
2 Rees-Jones, Jack	11 Merthyr Tydfil	1:39.78

Event 53 Boys 11 Year Olds 100 SC Meter Butterfly

Name	Age Team	Prelim Time
1 James, Tristyn	11 Bridgend County	1:12.36
2 Rees-Jones, Jack	11 Merthyr Tydfil	1:38.58
--- Fowler, Joseph	11 R.C.T.Swim Squad	DQ

Event 53 Boys 12 Year Olds 100 SC Meter Butterfly

Name	Age Team	Finals Time
1 Merriman, Ben	12 Heads of Valleys	1:14.40
2 O'Brien, Joshua	12 City Of Cardiff	1:17.65
3 Fox-Wiltshire, Benjamin	12 City of Newport	1:19.79
4 James, Harley	12 City Of Cardiff	1:20.32
5 Hughes, Cian	12 City Of Cardiff	1:23.77
6 Davies, Gruffydd	12 City Of Cardiff	1:27.81
--- Sellick, Evan	12 Cwmbran	DQ

Event 53 Boys 12 Year Olds 100 SC Meter Butterfly

Name	Age Team	Prelim Time
1 Merriman, Ben	12 Heads of Valleys	1:14.54
2 O'Brien, Joshua	12 City Of Cardiff	1:19.24
3 Fox-Wiltshire, Benjamin	12 City of Newport	1:22.78
4 James, Harley	12 City Of Cardiff	1:22.89
5 Hughes, Cian	12 City Of Cardiff	1:23.94
6 Sellick, Evan	12 Cwmbran	1:25.40
7 Davies, Gruffydd	12 City Of Cardiff	1:28.66

Event 53 Boys 13 Year Olds 100 SC Meter Butterfly

Name	Age Team	Finals Time
1 Wardhaugh, Cai	13 City Of Cardiff	1:08.78
2 Edwards, Kaden	13 City Of Cardiff	1:14.80
3 Wisden, Dylan	13 Bridgend County	1:17.24
4 Lloyd, Morgan	13 Caerphilly	1:19.86

Event 53 Boys 13 Year Olds 100 SC Meter Butterfly

Name	Age Team	Prelim Time
1 Wardhaugh, Cai	13 City Of Cardiff	1:10.65
2 Edwards, Kaden	13 City Of Cardiff	1:17.75
3 Lloyd, Morgan	13 Caerphilly	1:17.79
4 Wisden, Dylan	13 Bridgend County	1:18.36
5 Jones, Lloyd	13 Merthyr Tydfil	1:26.16

Event 54 Boys 14 Year Olds 400 SC Meter IM

Name	Age Team	Finals Time
1 Salmon, Carwyn	14 R.C.T.Swim Squad	5:09.77
2 Nixon, Rhys	14 City Of Cardiff	5:41.76
--- Thomas, Callum	14 City Of Cardiff	DQ

Event 54 Boys 15-16 400 SC Meter IM

Name	Age Team	Finals Time
1 Evans, Ioan	15 City Of Cardiff	4:38.16
2 Savage-Taylor, Tomos	15 Heads of Valleys	5:13.58

Event 54 Boys 17 & Over 400 SC Meter IM

Name	Age Team	Finals Time
1 Davies, Brandon	21 Torfaen Dolphins	5:00.83

Event 55 Girls 14 Year Olds 400 SC Meter Freestyle

Name	Age Team	Finals Time
1 Moretti, Morgana	14 City Of Cardiff	4:33.02
2 Edwards, Megan	14 Bridgend County	4:39.32
3 Witchell, Bethan	14 City Of Cardiff	4:42.82
4 Cottrell, Emma	14 City Of Cardiff	4:46.67
5 Protheroe, Chloe	14 Bridgend County	4:48.14
6 Davidson, Hannah	14 Bridgend County	4:53.45
7 Marsh, Sophie	14 Merthyr Tydfil	5:08.40
8 Davies, Lois	14 Bridgend County	5:12.47
9 Watkins, Sadie	14 R.C.T.Swim Squad	5:12.85
10 Cox, Emily	14 Bridgend County	5:26.95
11 Havard, Carys	14 Heads of Valleys	5:27.46
12 Geen, Cerys	14 Torfaen Dolphins	5:32.97
13 Lewis, Becky	14 R.C.T.Swim Squad	5:40.77
14 Collins, Amy	14 City Of Cardiff	5:49.07
15 Cope, Llinos	14 City Of Cardiff	5:57.02

Event 55 Girls 15-16 400 SC Meter Freestyle

Name	Age Team	Finals Time
1 Allison, Megan	15 City of Newport	4:30.53
2 Warrender, Meg	16 Torfaen Dolphins	4:35.50
3 Ezard, Emily	15 Bridgend County	4:37.00
4 Davies, Cati	16 Bridgend County	4:40.27
5 Morris, Elen	15 City Of Cardiff	4:42.05
6 Staveley, Ella	15 Bridgend County	4:43.10
7 Morgan, Mackenzie	15 Torfaen Dolphins	4:44.44
8 Watson, Freya	16 Heads of Valleys	4:47.67
9 Nelson, Bethan	16 City Of Cardiff	4:49.22
10 Clode, Meriel	16 Bridgend County	4:50.00
11 Childs, Laura	15 City Of Cardiff	4:51.46
12 Hutchinson, Lili-May	15 City Of Cardiff	4:54.48
13 Maiden, Mya	16 Bridgend County	4:57.03
14 Thomas, Anya	15 City Of Cardiff	4:58.36
15 Mason, Teoni	15 Torfaen Dolphins	4:59.24
16 Jones, Alicia	15 Merthyr Tydfil	4:59.30
17 Flood, Holly	15 R.C.T.Swim Squad	5:04.30
18 Rowles, Freya	16 Torfaen Dolphins	5:04.66
19 McCulloch, Ffion	15 City Of Cardiff	5:07.14

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(Event 55 Girls 15-16 400 SC Meter Freestyle)

Name	Age Team	Finals Time
20 Legg, Abbie	15 Caerphilly	5:07.31
21 Lewis, Helen	15 Merthyr Tydfil	5:09.73
22 Walters, Aisha	15 Merthyr Tydfil	5:10.06
23 Walker, Caitlin	15 City Of Cardiff	5:11.79
24 Lewis, Jessica	16 R.C.T.Swim Squad	5:13.80
25 Lipetz-Robic, Qui Ming	15 City Of Cardiff	5:15.57
26 Morgan, Sophie	15 R.C.T.Swim Squad	5:23.84
27 Robotham, Lara	15 Bridgend County	5:26.68
28 Grattidge, Catrin	15 R.C.T.Swim Squad	5:33.64

Event 55 Girls 17 & Over 400 SC Meter Freestyle

Name	Age Team	Finals Time
1 Beynon, Annaliese	17 City Of Cardiff	4:21.55
2 Murray, Claudia	17 City Of Cardiff	4:23.80
3 Harvey, Morgan	17 City Of Cardiff	4:31.49
4 Davies, Eleri	17 Bridgend County	4:32.77
5 Jenkins, Hannah	17 Bridgend County	4:34.89
6 Evans, Nia	17 City Of Cardiff	4:37.95
7 Thomas, Emme	17 City Of Cardiff	4:42.73
8 Collingbourne, Sioned	17 Heads of Valleys	4:45.16
9 Gilson, Robyn	17 Abertillery	4:51.48
10 Matthews, Brody	19 Abertillery	4:56.67
11 Mogg, Isobel	19 Heads of Valleys	4:59.40
12 Jenkins, Sarah	17 Bridgend County	5:03.94
13 Hyde, Lydia	17 Heads of Valleys	5:16.55

Event 56 Girls 11 Year Olds 100 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 Broder, Libby	11 Torfaen Dolphins	1:10.74
2 Stevens, Ruby	11 City Of Cardiff	1:11.61
3 Chayka, Sofia	11 Bridgend County	1:14.44
4 Davies, Cerys	11 R.C.T.Swim Squad	1:18.08
5 Velasco, Mikayla	11 City Of Cardiff	1:18.88
6 Williams, Lily	11 City Of Cardiff	1:19.43
7 Iles, Georgia	11 City Of Cardiff	1:20.32
8 Coombes, Emmie	11 R.C.T.Swim Squad	1:23.73

Event 56 Girls 11 Year Olds 100 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Broder, Libby	11 Torfaen Dolphins	1:11.54
2 Stevens, Ruby	11 City Of Cardiff	1:14.41
3 Chayka, Sofia	11 Bridgend County	1:15.05
4 Williams, Lily	11 City Of Cardiff	1:16.58
5 Davies, Cerys	11 R.C.T.Swim Squad	1:17.71
6 Iles, Georgia	11 City Of Cardiff	1:19.25
7 Velasco, Mikayla	11 City Of Cardiff	1:20.03
8 Coombes, Emmie	11 R.C.T.Swim Squad	1:22.75
9 Edwards, Georgina	11 Abertillery	1:25.30
10 Beach, Dion	11 Rhondda	1:28.23
11 Wratten, Isabelle	11 Cwmbran	1:42.91

Event 56 Girls 12 Year Olds 100 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 Rosser, Cerys	12 Torfaen Dolphins	1:03.33
2 Stephens, Arwen	12 City Of Cardiff	1:04.85
3 Joseph, Isabel	12 City Of Cardiff	1:06.66
4 Erasmus, Charlotte	12 Torfaen Dolphins	1:06.76

5 Stride, Tamzin	12 Torfaen Dolphins	1:09.18
6 Clayton, Karys	12 Torfaen Dolphins	1:09.25
7 Illman, Lili	12 Torfaen Dolphins	1:09.67
8 Harthill, Katie	12 City Of Cardiff	1:10.33

Event 56 Girls 12 Year Olds 100 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Rosser, Cerys	12 Torfaen Dolphins	1:02.99
2 Stephens, Arwen	12 City Of Cardiff	1:04.97
*3 Joseph, Isabel	12 City Of Cardiff	1:06.46
*3 Erasmus, Charlotte	12 Torfaen Dolphins	1:06.46
5 Stride, Tamzin	12 Torfaen Dolphins	1:08.40
6 Clayton, Karys	12 Torfaen Dolphins	1:08.73
7 Illman, Lili	12 Torfaen Dolphins	1:09.02
8 Harthill, Katie	12 City Of Cardiff	1:10.86
9 Emes, Eleanor	12 Torfaen Dolphins	1:11.37
10 Donovan, Kelsey	12 City Of Cardiff	1:11.99
11 Graville, Carys	12 City Of Cardiff	1:12.55
12 Morgan, Hannah	12 City Of Cardiff	1:12.56
13 Stevens, Isobel	12 City of Newport	1:12.87
14 Hobrough, Xantia	12 City Of Cardiff	1:13.09
15 Legg, Caitlin	12 Caerphilly	1:13.48
16 Crowley, Amy	12 City Of Cardiff	1:14.73
17 Reed, Shauna	12 Torfaen Dolphins	1:14.76
18 Faulkner, Marie	12 City Of Cardiff	1:15.35
19 Davies-Amos, Angelica	12 Bridgend County	1:15.42
20 O'Callaghan, Faye	12 City Of Cardiff	1:15.54
21 Simmons, Beth	12 City of Newport	1:16.28
22 Ramsey, Rebekah	12 Heads of Valleys	1:16.45
23 Nowell, Gabriella	12 Torfaen Dolphins	1:17.19
24 Jones, Emilia	12 Bridgend County	1:17.77
25 Sargent, Elana	12 Caerphilly	1:19.70
26 Staveley, Maia	12 Bridgend County	1:22.07
27 Collins, Rebecca	12 City Of Cardiff	1:26.25

Event 56 Girls 13 Year Olds 100 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 De Torres, Becci	13 City Of Cardiff	59.85
2 Lovell, Madison	13 Heads of Valleys	1:01.41
3 Shelton, Amy	13 City Of Cardiff	1:01.99
4 Rathbone-Jones, Eloise	13 City Of Cardiff	1:04.09
5 Morgan, Bethan	13 Bridgend County	1:05.21
6 Domican, Rosie	13 City Of Cardiff	1:05.43
7 Rowe, Rhiannon	13 Heads of Valleys	1:06.35
8 Colley, Lauren	13 Bridgend County	1:07.79

Event 56 Girls 13 Year Olds 100 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 De Torres, Becci	13 City Of Cardiff	1:00.08
2 Lovell, Madison	13 Heads of Valleys	1:01.58
3 Shelton, Amy	13 City Of Cardiff	1:02.44
4 Rathbone-Jones, Eloise	13 City Of Cardiff	1:04.81
5 Rowe, Rhiannon	13 Heads of Valleys	1:05.41
6 Domican, Rosie	13 City Of Cardiff	1:05.70
7 Morgan, Bethan	13 Bridgend County	1:05.86
8 Colley, Lauren	13 Bridgend County	1:06.06
9 O'Callaghan, Jennifer	13 City Of Cardiff	1:06.58
10 Boswall, Saffron	13 City Of Cardiff	1:06.91

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Preliminaries ... (Event 56 Girls 13 Year Olds 100 SC Meter Freestyle)

Name	Age Team	Prelim Time
11 Corderoy, Abigail	13 R.C.T.Swim Squad	1:07.36
12 Nicholls, Hannah	13 Caerphilly	1:07.38
13 Thomas, Nell	13 R.C.T.Swim Squad	1:08.04
14 Bamborough, Katie	13 City Of Cardiff	1:08.91
15 Hurcombe, Eve	13 Torfaen Dolphins	1:09.47
16 Marchant, Rhiannon	13 R.C.T.Swim Squad	1:09.51
17 Whitelock, Carys	13 Torfaen Dolphins	1:09.56
18 Tarpey, Aoife	13 Bridgend County	1:09.57
19 Dallyn, Isobel	13 Chepstow	1:10.42
20 Palin, Maisy	13 Heads of Valleys	1:10.68
21 Sulway, Faith	13 Torfaen Dolphins	1:11.03
22 Lewis, Kacey	13 Merthyr Tydfil	1:11.18
23 Evans, Emma	13 City Of Cardiff	1:11.25
24 Morgan, Isabel	13 City Of Cardiff	1:11.34
25 George, Katherine	13 City Of Cardiff	1:11.49
26 Bond, Sasha	13 R.C.T.Swim Squad	1:11.51
27 Brasington, Isabel	13 Heads of Valleys	1:12.47
28 Thomas, Ashley	13 R.C.T.Swim Squad	1:12.69
29 Date, Alana	13 City Of Cardiff	1:13.37
30 Davies, Tegan	13 Bridgend County	1:14.30
31 Pryce, Ella	13 City Of Cardiff	1:14.51
32 Fox, Abi	13 City Of Cardiff	1:14.56
33 Gregory, Niamh	13 Caerphilly	1:15.52
34 Skene, Deryn	13 City Of Cardiff	1:16.69
35 Griffiths, Lucy	13 Bridgend County	1:16.75

Event 57 Boys 11 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
1 James, Tristyn	11 Bridgend County	37.88
2 Steven, Adam	11 City of Newport	45.40
3 Lee, Tristan	11 Rhondda	45.94
4 Lawson, Reuben	11 Chepstow	46.27
5 Tucker, Lucas	11 Chepstow	46.60
6 Fowler, Joseph	11 R.C.T.Swim Squad	47.82
7 Rees-Jones, Jack	11 Merthyr Tydfil	48.66
8 Jones, Tyler	11 Rhondda	49.80

Event 57 Boys 11 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Prelim Time
1 James, Tristyn	11 Bridgend County	38.10
2 Steven, Adam	11 City of Newport	44.91
3 Lee, Tristan	11 Rhondda	45.79
4 Tucker, Lucas	11 Chepstow	46.72
5 Lawson, Reuben	11 Chepstow	46.81
6 Fowler, Joseph	11 R.C.T.Swim Squad	47.15
7 Rees-Jones, Jack	11 Merthyr Tydfil	48.68
8 Jones, Tyler	11 Rhondda	49.00
9 Lee, Ethan	11 Rhondda	50.63
10 Davidson, Matthew	11 Bridgend County	51.48

Event 57 Boys 12 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Arch, Rhydian	12 City Of Cardiff	41.47
2 O'Brien, Joshua	12 City Of Cardiff	41.68
3 Coppen, Harrison	12 City of Newport	41.72
4 Fox-Wiltshire, Benjamin	12 City of Newport	41.81
5 Geysen-Holley, Max	12 Bridgend County	44.31

6 Davies, Gianni	12 Torfaen Dolphins	44.73
7 Smart, Rhys	12 City Of Cardiff	44.78
8 Anderson, Maxwell	12 City Of Cardiff	46.13

Event 57 Boys 12 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Prelim Time
1 Fox-Wiltshire, Benjamin	12 City of Newport	42.36
2 Coppen, Harrison	12 City of Newport	42.78
3 Arch, Rhydian	12 City Of Cardiff	43.06
4 O'Brien, Joshua	12 City Of Cardiff	43.15
5 Geysen-Holley, Max	12 Bridgend County	43.33
6 Davies, Gianni	12 Torfaen Dolphins	44.15
7 Smart, Rhys	12 City Of Cardiff	44.47
8 Anderson, Maxwell	12 City Of Cardiff	45.20
9 Keenan, Brandon	12 Cwmbran	47.97
10 H-Hillier, Owain	12 Cwmbran	52.46

Event 57 Boys 13 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Allen-Ridge, Kasey	13 Abertillery	39.21
2 Clement, Logan	13 R.C.T.Swim Squad	40.82
3 Woodman, Ryan	13 City of Newport	41.15
4 Edwards, Kaden	13 City Of Cardiff	41.66
5 Wisden, Dylan	13 Bridgend County	42.83
6 Elias, Hari	13 City Of Cardiff	44.29
7 Havard, Dylan	13 Heads of Valleys	46.08

Event 57 Boys 13 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Prelim Time
1 Allen-Ridge, Kasey	13 Abertillery	39.96
2 Clement, Logan	13 R.C.T.Swim Squad	41.41
3 Woodman, Ryan	13 City of Newport	41.79
4 Edwards, Kaden	13 City Of Cardiff	42.02
5 Wisden, Dylan	13 Bridgend County	42.64
6 Elias, Hari	13 City Of Cardiff	43.41
7 Havard, Dylan	13 Heads of Valleys	46.08

Event 58 Girls 11 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Broder, Libby	11 Torfaen Dolphins	39.50
2 Davies, Cerys	11 R.C.T.Swim Squad	40.54
3 Holmes, Bethan	11 Chepstow	40.60
4 Parsons, Ellie	11 Chepstow	40.61
5 Stevens, Ruby	11 City Of Cardiff	40.78
6 Williams, Lily	11 City Of Cardiff	41.30
7 Iles, Georgia	11 City Of Cardiff	41.34
8 Davies, Ffion	11 R.C.T.Swim Squad	42.31

Event 58 Girls 11 Year Olds 50 SC Meter Backstroke

Name	Age Team	Prelim Time
1 Broder, Libby	11 Torfaen Dolphins	39.86
2 Davies, Cerys	11 R.C.T.Swim Squad	39.95
3 Parsons, Ellie	11 Chepstow	41.06
4 Holmes, Bethan	11 Chepstow	41.57
5 Stevens, Ruby	11 City Of Cardiff	42.01
*6 Iles, Georgia	11 City Of Cardiff	42.25
*6 Williams, Lily	11 City Of Cardiff	42.25

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Preliminaries ... (Event 58 Girls 11 Year Olds 50 SC Meter Backstroke)

Name	Age Team	Prelim Time
8 Davies, Ffion	11 R.C.T.Swim Squad	42.28
9 Rogers, Megan	11 City Of Cardiff	42.30
10 Edwards, Georgina	11 Abertillery	42.99
11 Velasco, Mikayla	11 City Of Cardiff	43.40
12 Tuck, Lauren	11 Chepstow	43.49
13 Blake, Ffion	11 City Of Cardiff	44.36
14 Brassington, Sophie	11 City Of Cardiff	44.79
15 Wilkes-Hibbert, Amelia	11 Caerphilly	45.26
16 Irwin, Willow	11 Brecon	45.45
17 Beach, Dion	11 Rhondda	46.28

Event 58 Girls 12 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Stride, Tamzin	12 Torfaen Dolphins	34.68
2 Joseph, Isabel	12 City Of Cardiff	35.76
3 Donovan, Kelsey	12 City Of Cardiff	36.36
4 Clayton, Karys	12 Torfaen Dolphins	36.44
5 Hobrough, Xantia	12 City Of Cardiff	37.53
6 Graville, Carys	12 City Of Cardiff	37.74
7 Fowler, Jazz	12 Heads of Valleys	37.81
8 Erasmus, Charlotte	12 Torfaen Dolphins	38.43

Event 58 Girls 12 Year Olds 50 SC Meter Backstroke

Name	Age Team	Prelim Time
1 Stride, Tamzin	12 Torfaen Dolphins	34.97
2 Joseph, Isabel	12 City Of Cardiff	36.52
3 Donovan, Kelsey	12 City Of Cardiff	36.89
4 Clayton, Karys	12 Torfaen Dolphins	37.07
5 Fowler, Jazz	12 Heads of Valleys	37.49
6 Hobrough, Xantia	12 City Of Cardiff	38.11
7 Graville, Carys	12 City Of Cardiff	38.41
8 Erasmus, Charlotte	12 Torfaen Dolphins	38.45
9 Emes, Eleanor	12 Torfaen Dolphins	38.75
10 Harris, Sophie	12 City of Newport	38.90
11 Illman, Lili	12 Torfaen Dolphins	39.09
12 O'Callaghan, Faye	12 City Of Cardiff	39.63
13 Harthill, Katie	12 City Of Cardiff	39.81
14 Legg, Caitlin	12 Caerphilly	39.95
15 Reed, Shauna	12 Torfaen Dolphins	40.11
16 Jones, Cerys	12 R.C.T.Swim Squad	40.33
17 Morgan, Hannah	12 City Of Cardiff	40.35
18 Davies-Amos, Angelica	12 Bridgend County	40.41
19 Faulkner, Marie	12 City Of Cardiff	40.58
20 Nowell, Gabriella	12 Torfaen Dolphins	41.02
21 Maude, Rose	12 City Of Cardiff	41.04
22 Ramsey, Rebekah	12 Heads of Valleys	42.04
23 Crowley, Amy	12 City Of Cardiff	42.30
24 Keigwin, Daisy	12 Caerphilly	44.68
25 Grant, Eilidh	12 City Of Cardiff	45.31

Event 58 Girls 13 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 De Torres, Becci	13 City Of Cardiff	32.01
2 Shelton, Amy	13 City Of Cardiff	33.34
3 Baker, Alyssa	13 Torfaen Dolphins	33.71
4 Domican, Rosie	13 City Of Cardiff	33.93

5 Lovell, Madison	13 Heads of Valleys	33.98
6 Thomas, Ashley	13 R.C.T.Swim Squad	34.54
7 Marchant, Rhiannon	13 R.C.T.Swim Squad	34.71
8 Boswall, Saffron	13 City Of Cardiff	35.15

Event 58 Girls 13 Year Olds 50 SC Meter Backstroke

Name	Age Team	Prelim Time
1 De Torres, Becci	13 City Of Cardiff	32.64
2 Baker, Alyssa	13 Torfaen Dolphins	33.59
3 Shelton, Amy	13 City Of Cardiff	33.91
4 Domican, Rosie	13 City Of Cardiff	34.10
5 Lovell, Madison	13 Heads of Valleys	34.29
6 Thomas, Ashley	13 R.C.T.Swim Squad	34.68
7 Boswall, Saffron	13 City Of Cardiff	34.92
8 Marchant, Rhiannon	13 R.C.T.Swim Squad	34.95
9 Corderoy, Abigail	13 R.C.T.Swim Squad	35.45
10 Rathbone-Jones, Eloise	13 City Of Cardiff	35.91
11 Dallyn, Isobel	13 Chepstow	36.00
12 Tarpey, Aoife	13 Bridgend County	36.06
13 O'Callaghan, Jennifer	13 City Of Cardiff	36.17
14 Bamborough, Katie	13 City Of Cardiff	36.18
15 Lewis, Kacey	13 Merthyr Tydfil	36.63
16 Hurcombe, Eve	13 Torfaen Dolphins	37.30
17 Nicholls, Hannah	13 Caerphilly	37.31
18 Evans, Emma	13 City Of Cardiff	37.91
19 Davies, Tegan	13 Bridgend County	37.99
20 Sulway, Faith	13 Torfaen Dolphins	38.27
21 Brassington, Isabel	13 City Of Cardiff	38.56
22 Whitelock, Carys	13 Torfaen Dolphins	38.98
23 Bond, Sasha	13 R.C.T.Swim Squad	39.18
24 Skene, Deryn	13 City Of Cardiff	41.16
25 Date, Alana	13 City Of Cardiff	42.23
26 Shalaby, Menna	13 Cwmbran	44.74

Event 59 Boys 14 Year Olds 100 SC Meter Freestyle

Name	Age Team	Finals Time
1 Griffiths, Alex	14 City of Newport	57.28
2 Murray, Adam	14 City Of Cardiff	59.16
3 Salmon, Carwyn	14 R.C.T.Swim Squad	59.25
4 Cook-Jones, Rhydian	14 City Of Cardiff	1:03.59
5 Collins, Tyler	14 R.C.T.Swim Squad	1:03.84
6 Leach, Owen	14 Bridgend County	1:04.63
7 Kindred, Oliver	14 Torfaen Dolphins	1:05.50
8 Tucker, Callum	14 Chepstow	1:06.97

Event 59 Boys 14 Year Olds 100 SC Meter Freestyle

Name	Age Team	Prelim Time
1 Griffiths, Alex	14 City of Newport	57.56
2 Murray, Adam	14 City Of Cardiff	58.90
3 Salmon, Carwyn	14 R.C.T.Swim Squad	59.62
4 Cook-Jones, Rhydian	14 City Of Cardiff	1:03.27
5 Kindred, Oliver	14 Torfaen Dolphins	1:03.95
6 Leach, Owen	14 Bridgend County	1:03.98
7 Collins, Tyler	14 R.C.T.Swim Squad	1:05.72
8 Tucker, Callum	14 Chepstow	1:06.13
*9 Nixon, Rhys	14 City Of Cardiff	1:06.79
*9 Selby, Morgan	14 R.C.T.Swim Squad	1:06.79

Swim-Off Required

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Preliminaries ... (Event 59 Boys 14 Year Olds 100 SC Meter Freestyle)

Name	Age Team	Prelim Time
11 Williams, Thomas	14 Rhondda	1:08.39
12 Thomas, Callum	14 City Of Cardiff	1:09.54
13 Davies, Joshua	14 City Of Cardiff	1:11.70
14 Ashman-Penny, Joshua	14 Brecon	1:11.71
15 Key, Ethan	14 Abertillery	1:12.04

Event 59 Boys 15-16 100 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 Evans, Ioan	15 City Of Cardiff	53.85
2 Clarke, Kameron	15 City of Newport	53.91
3 Parfitt, Shaye	16 City Of Cardiff	55.18
4 Baker, Luke	16 Torfaen Dolphins	55.77
5 Broom, Dylan	15 Torfaen Dolphins	57.94
6 Chooyin, Benjamin	15 City Of Cardiff	58.68
7 Gibbs, Morgan	15 Bridgend County	58.77
8 Savage- Taylor, Tomos	15 Heads of Valleys	59.33

Event 59 Boys 15-16 100 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Clarke, Kameron	15 City of Newport	54.65
2 Evans, Ioan	15 City Of Cardiff	56.34
3 Baker, Luke	16 Torfaen Dolphins	56.74
4 Parfitt, Shaye	16 City Of Cardiff	57.04
5 Broom, Dylan	15 Torfaen Dolphins	57.43
6 Chooyin, Benjamin	15 City Of Cardiff	57.56
7 Savage- Taylor, Tomos	15 Heads of Valleys	58.82
8 Gibbs, Morgan	15 Bridgend County	59.32
9 Rees, Brandon	16 Rhondda	59.92
10 Williams, Elliot	16 Pontypridd	1:00.01
11 Davies, Joe	15 Torfaen Dolphins	1:00.31
12 Chim, Danny	16 Bridgend County	1:00.34
13 Jones, Iwan	15 City of Newport	1:01.03
14 Garland, Kieran	15 R.C.T.Swim Squad	1:02.14
15 Cousins, Jacob	15 R.C.T.Swim Squad	1:02.51
16 Steven, Ryan	15 City of Newport	1:02.66
17 Hall, Daniel	15 Chepstow	1:04.05
18 Jones, Luc	15 Torfaen Dolphins	1:05.09
19 Jones, Finlay	15 Rhondda	1:05.30
20 Thomas, Joshua	16 Merthyr Tydfil	1:05.81
21 Jones, Kyran	15 Caerphilly	1:05.91
22 Matthews, Leon	15 Cwmbran	1:12.49

Event 59 Boys 17 & Over 100 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 Acland, Connor	21 City of Newport	53.71
2 Thomas, Craig	26 Bridgend County	54.75
3 Rosser, Alex	21 Torfaen Dolphins	54.88
4 Cook, Jacob	17 City Of Cardiff	57.40
5 Elliott, Alex	19 Torfaen Dolphins	57.44
6 Bryce, Aidan	17 City of Newport	57.58

Event 59 Boys 17 & Over 100 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Sherman, Ben	17 Torfaen Dolphins	53.75
2 Thomas, Craig	26 Bridgend County	54.37
3 Acland, Connor	21 City of Newport	54.71

4 Rosser, Alex	21 Torfaen Dolphins	55.11
5 Boladz, Tomas	18 Torfaen Dolphins	55.16
6 Elliott, Alex	19 Torfaen Dolphins	56.64
7 Dickson-Jardine, Ben	17 Bridgend County	56.80
8 Cook, Jacob	17 City Of Cardiff	57.17
9 Bryce, Aidan	17 City of Newport	57.26
10 Durrant, William	19 City Of Cardiff	57.34
11 Jones, Luke	18 Rhondda	57.37
12 Othen, Ross	18 Torfaen Dolphins	57.54
13 John, Lewys	17 R.C.T.Swim Squad	58.18
14 Eke, Jonathan	21 City Of Cardiff	58.31
15 Napper, Keenan	18 Rhondda	58.82
16 Hunt-cosh, James	18 Heads of Valleys	58.90
17 Thomas, Lewis	17 R.C.T.Swim Squad	59.32
18 Miles, Will	17 Chepstow	59.40
19 Price, Dafydd	17 Torfaen Dolphins	59.46
20 Mullins, Joshua	17 Merthyr Tydfil	59.66
21 Wakefield, Joshua	17 Abertillery	59.70
22 Davies, Owain	19 Heads of Valleys	1:00.74
23 Brown, Ethan	19 R.C.T.Swim Squad	1:01.00
24 James, Morgan	18 R.C.T.Swim Squad	1:01.04
25 Powell, Matthew	17 Torfaen Dolphins	1:01.18
26 Joseph, Gianluca	18 Heads of Valleys	1:02.44
27 Jenkins, Cameron	18 R.C.T.Swim Squad	1:04.04
28 Thompson, Jacob	18 Caerphilly	1:07.36
29 Bastyan, Michael	17 Caerphilly	1:07.84

Event 60 Girls 14 Year Olds 100 SC Meter Breaststroke

Name	Age Team	Finals Time
Finals		
1 Major, Scarlet	14 City of Newport	1:18.07
2 Evans, Penny	14 R.C.T.Swim Squad	1:18.58
3 Phillips, Ella	14 City Of Cardiff	1:20.99
4 Moretti, Morgana	14 City Of Cardiff	1:23.67
5 Withers-Boalch, Georgina	14 City Of Cardiff	1:23.79
6 Miles, Grace	14 Chepstow	1:23.98
7 Witchell, Bethan	14 City Of Cardiff	1:24.36
8 Beynon, Bethan	14 City Of Cardiff	1:27.53

Event 60 Girls 14 Year Olds 100 SC Meter Breaststroke

Name	Age Team	Prelim Time
Preliminaries		
1 Major, Scarlet	14 City of Newport	1:17.50
2 Evans, Penny	14 R.C.T.Swim Squad	1:21.30
3 Moretti, Morgana	14 City Of Cardiff	1:22.54
4 Withers-Boalch, Georgina	14 City Of Cardiff	1:23.15
5 Phillips, Ella	14 City Of Cardiff	1:23.43
6 Miles, Grace	14 Chepstow	1:24.52
7 Witchell, Bethan	14 City Of Cardiff	1:24.65
8 Beynon, Bethan	14 City Of Cardiff	1:24.84
9 Davidson, Hannah	14 Bridgend County	1:27.84
10 Davies, Lois	14 Bridgend County	1:28.86
11 Matthews, Jodie	14 R.C.T.Swim Squad	1:29.93
12 Jones, AJ	14 Bridgend County	1:30.73
13 Price, Niamh	14 Heads of Valleys	1:31.46
14 Collins, Amy	14 City Of Cardiff	1:31.72
15 Vaisey, Cerys	14 Abertillery	1:32.27
16 Norris, Alyssa	14 Caerphilly	1:34.95

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Event 60 Girls 15-16 100 SC Meter Breaststroke

Name	Age Team	Finals Time
Finals		
1 John, Catrin	16 City Of Cardiff	1:15.78
2 Horton, Ellana	15 City of Newport	1:15.87
3 Mcrae, Mair	15 Torfaen Dolphins	1:16.37
4 Manship, Alice	16 City of Newport	1:17.58
5 McCloy, Ellie	16 Bridgend County	1:17.73
6 Hutchinson, Lili-May	15 City Of Cardiff	1:18.74
7 Edwards, Maisie	15 City Of Cardiff	1:18.78
8 Morris, Ciara	15 City Of Cardiff	1:20.23

Event 60 Girls 15-16 100 SC Meter Breaststroke

Name	Age Team	Prelim Time
Preliminaries		
1 Horton, Ellana	15 City of Newport	1:16.59
2 Manship, Alice	16 City of Newport	1:17.02
3 John, Catrin	16 City Of Cardiff	1:17.11
4 McCloy, Ellie	16 Bridgend County	1:17.78
5 Mcrae, Mair	15 Torfaen Dolphins	1:17.89
6 Edwards, Maisie	15 City Of Cardiff	1:18.86
7 Morris, Ciara	15 City Of Cardiff	1:19.45
8 Hutchinson, Lili-May	15 City Of Cardiff	1:19.56
9 Simmons, Paige	15 City of Newport	1:20.15
10 Thomas, Niamh	16 City of Newport	1:20.96
11 Stallard, Martha	15 City Of Cardiff	1:22.80
12 Bryce, Millie	15 City Of Cardiff	1:22.95
13 Snow, Sophie	15 City Of Cardiff	1:25.30
14 Haeffner, Evie	16 Chepstow	1:25.63
15 Palin, Molly	16 Heads of Valleys	1:27.83
16 Walters, Aisha	15 Merthyr Tydfil	1:27.84
17 Davies, Katie-May	16 Merthyr Tydfil	1:28.35
18 Maiden, Mya	16 Bridgend County	1:29.20
19 Morgan, Sophie	15 R.C.T.Swim Squad	1:29.85
20 Lewis, Helen	15 Merthyr Tydfil	1:30.36
21 Flood, Holly	15 R.C.T.Swim Squad	1:30.61
22 Athwal, Jasmine	15 Torfaen Dolphins	1:32.99
--- Grattidge, Catrin	15 R.C.T.Swim Squad	DQ

Event 60 Girls 17 & Over 100 SC Meter Breaststroke

Name	Age Team	Finals Time
Finals		
1 Rees, Katie	19 City Of Cardiff	1:14.37
2 Owen, Amber	17 City Of Cardiff	1:16.37
3 Nicholas, Megan	17 Bridgend County	1:18.12
4 Beynon, Annaliese	17 City Of Cardiff	1:19.01
5 Meredith, Rebecca	17 R.C.T.Swim Squad	1:26.64
6 Matthews, Brody	19 Abertillery	1:27.84
7 Vaisey, Rhiannon	19 Abertillery	1:30.88
8 Hyde, Lydia	17 Heads of Valleys	1:30.91

Event 60 Girls 17 & Over 100 SC Meter Breaststroke

Name	Age Team	Prelim Time
Preliminaries		
1 Rees, Katie	19 City Of Cardiff	1:13.74
2 Owen, Amber	17 City Of Cardiff	1:17.47
3 Nicholas, Megan	17 Bridgend County	1:18.75
4 Beynon, Annaliese	17 City Of Cardiff	1:19.55
5 Matthews, Brody	19 Abertillery	1:27.46
6 Meredith, Rebecca	17 R.C.T.Swim Squad	1:27.70
7 Gilson, Robyn	17 Abertillery	1:27.76

8 Vaisey, Rhiannon	19 Abertillery	1:27.77
9 Groves, Alicia	17 Cwmbran	1:31.27
10 Hyde, Lydia	17 Heads of Valleys	1:31.84

Event 61 Boys 11 Year Olds 400 SC Meter Freestyle

Name	Age Team	Finals Time
1 James, Tristyn	11 Bridgend County	4:51.21
2 Williams, Cai	11 Bridgend County	5:40.23
3 Steven, Adam	11 City of Newport	5:41.39
4 McGuinness, Charlie	11 Torfaen Dolphins	5:49.88
5 Jones, Tyler	11 Rhondda	6:29.95

Event 61 Boys 12 Year Olds 400 SC Meter Freestyle

Name	Age Team	Finals Time
1 Merriman, Ben	12 Heads of Valleys	4:50.54
2 O'Brien, Joshua	12 City Of Cardiff	4:58.03
3 Hughes, Cian	12 City Of Cardiff	5:07.71
4 Geysen-Holley, Max	12 Bridgend County	5:08.49
5 Coulson, Evan	12 Torfaen Dolphins	5:32.15
6 James, Harley	12 City Of Cardiff	5:38.06
7 Davies, Gruffydd	12 City Of Cardiff	5:40.34
8 Davies, Gianni	12 Torfaen Dolphins	5:43.41
9 Rosser, Dewi	12 Torfaen Dolphins	5:53.56

Event 61 Boys 13 Year Olds 400 SC Meter Freestyle

Name	Age Team	Finals Time
1 Edwards, Kaden	13 City Of Cardiff	4:41.52
2 Wardhaugh, Cai	13 City Of Cardiff	4:50.20
3 Wisden, Dylan	13 Bridgend County	4:56.53
4 Osmond, Ewan	13 City of Newport	4:59.22
5 Lloyd, Morgan	13 Caerphilly	5:18.92
6 Havard, Dylan	13 Heads of Valleys	5:39.00
7 Walker, Calum	13 City Of Cardiff	5:49.25

Event 62 Girls 12 Year Olds 200 SC Meter Butterfly

Name	Age Team	Finals Time
1 Stephens, Arwen	12 City Of Cardiff	2:41.42
2 Mulligan, Millie	12 City of Newport	2:49.56

Event 62 Girls 13 Year Olds 200 SC Meter Butterfly

Name	Age Team	Finals Time
1 De Torres, Becci	13 City Of Cardiff	2:25.87
2 Rowe, Rhiannon	13 Heads of Valleys	2:28.48
3 Colley, Lauren	13 Bridgend County	2:32.22
4 Shelton, Amy	13 City Of Cardiff	2:38.21
5 Baker, Alyssa	13 Torfaen Dolphins	2:39.13
6 Rathbone-Jones, Eloise	13 City Of Cardiff	2:48.41
7 Hurcombe, Eve	13 Torfaen Dolphins	2:55.28

Event 63 Boys 11-12 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 City Of Cardiff	A	2:06.36
1) Price, Samuel 12	2) Arch, Rhydian 12	
3) Hughes, Cian 12	4) O'Brien, Joshua 12	
2 Heads of Valleys	A	2:23.73
1) Ingram, James 12	2) Johnson, Freddie 12	
3) McLain, Archie 11	4) Merriman, Ben 12	
3 Rhondda	A	2:27.01
1) Lee, Tristan 11	2) Jones, Tyler 11	
3) Lee, Ethan 11	4) Rees, Garryn 12	
--- City Of Cardiff	B	DQ
1) Smart, Rhys 12	2) Anderson, Maxwell 12	
3) James, Harley 12	4) Davies, Gruffydd 12	

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Event 64 Girls 11-12 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 City Of Cardiff	A	2:04.65
1) Joseph, Isabel 12	2) Fox, Imogen 12	
3) Graville, Carys 12	4) Stephens, Arwen 12	
2 City Of Cardiff	B	2:13.44
1) Crowley, Amy 12	2) Hobrough, Xantia 12	
3) Morgan, Hannah 12	4) Harthill, Katie 12	
3 R.C.T.Swim Squad	A	2:21.16
1) Davies, Ffion 11	2) Coombes, Emmie 11	
3) Davies, Cerys 11	4) Jones, Cerys 12	
4 Heads of Valleys	A	2:21.95
1) Ramsey, Rebekah 12	2) Joseph, Emilia 12	
3) Reynolds, Mia 12	4) Fowler, Jazz 12	

Event 65 Boys 11-14 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 City Of Cardiff	A	1:55.35
1) Murray, Adam 14	2) Cook-Jones, Rhydian 14	
3) Pietruszka, Daniel 14	4) Wardhaugh, Cai 13	
2 R.C.T.Swim Squad	A	1:59.89
1) Selby, Morgan 14	2) Clement, Logan 13	
3) Collins, Tyler 14	4) Salmon, Carwyn 14	
3 City Of Cardiff	B	2:03.00
1) Thomas, Callum 14	2) Edwards, Kaden 13	
3) Nixon, Rhys 14	4) Davies, Joshua 14	
4 Rhondda	A	2:14.06
1) Jones, Jacob 13	2) Jones, Calum 12	
3) Pugh, Noah 13	4) Williams, Thomas 14	
5 Heads of Valleys	A	2:27.09
1) Charles, Connor 13	2) Havard, Dylan 13	
3) Ingram, James 12	4) Johnson, Freddie 12	

Event 66 Girls 11-14 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 City Of Cardiff	A	1:53.18
1) Shelton, Amy 13	2) Cottrell, Emma 14	
3) Withers-Boalch, Georgina 14	4) De Torres, Becci 13	
2 City Of Cardiff	B	1:58.32
1) Moretti, Morgana 14	2) Rathbone-Jones, Eloise 13	
3) Beynon, Bethan 14	4) Witchell, Bethan 14	
3 Heads of Valleys	A	2:03.46
1) Havard, Carys 14	2) Rowe, Rhiannon 13	
3) Palin, Maisy 13	4) Lovell, Madison 13	
4 R.C.T.Swim Squad	A	2:04.59
1) Corderoy, Abigail 13	2) Evans, Penny 14	
3) Bond, Sasha 13	4) Marchant, Rhiannon 13	
5 Merthyr Tydfil	A	2:08.13
1) Marsh, Sophie 14	2) Teagle, Eilir 13	
3) Lewis, Kacey 13	4) Foley, Joanna 14	
6 R.C.T.Swim Squad	B	2:08.67
1) Thomas, Ashley 13	2) Matthews, Jodie 14	
3) Watkins, Sadie 14	4) Thomas, Nell 13	
7 Rhondda	A	2:20.24
1) Pugh, Kia 13	2) Palmer, Meghan 13	
3) Napper, Kaycee 14	4) Murphy, Caitlyn 14	
8 Heads of Valleys	B	2:26.60
1) Brasington, Isabel 13	2) Price, Niamh 14	
3) Joseph, Emilia 12	4) Jones, Ellie 11	

Event 67 Boys 11 & Over 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 Rhondda	A	1:48.63
1) Rees, Brandon 16	2) Jones, Finlay 15	
3) Napper, Keenan 18	4) Jones, Luke 18	
2 R.C.T.Swim Squad	A	1:48.88
1) Brown, Ethan 19	2) James, Morgan 18	
3) Thomas, Lewis 17	4) John, Lewys 17	
3 Heads of Valleys	A	1:49.61
1) Davies, Owain 19	2) Joseph, Gianluca 18	
3) Savage- Taylor, Tomos 15	4) Hunt-cosh, James 18	
4 R.C.T.Swim Squad	B	1:53.47
1) Jenkins, Cameron 18	2) Garland, Kieran 15	
3) Cousins, Jacob 15	4) Salmon, Carwyn 14	

Event 68 Girls 11 & Over 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 City Of Cardiff	A	1:51.52
1) Murray, Claudia 17	2) Edwards, Maisie 15	
3) Owen, Amber 17	4) Beynon, Annaliese 17	
2 Heads of Valleys	A	1:56.70
1) Collingbourne, Sioned 17	2) Mogg, Isobel 19	
3) Lovell, Madison 13	4) Watson, Freya 16	
3 Merthyr Tydfil	A	2:00.25
1) Jones, Alicia 15	2) Lewis, Helen 15	
3) Walters, Aisha 15	4) Davies, Katie-May 16	
4 R.C.T.Swim Squad	A	2:02.49
1) Randell, Niamh 16	2) Morgan, Sophie 15	
3) Meredith, Rebecca 17	4) Flood, Holly 15	
5 R.C.T.Swim Squad	B	2:05.35
1) Lewis, Jessica 16	2) Freegard, Aimee 15	
3) Marchant, Rhiannon 13	4) Corderoy, Abigail 13	
6 Heads of Valleys	B	2:07.44
1) Hyde, Lydia 17	2) Palin, Molly 16	
3) Higgins, Catrina 15	4) Rowe, Rhiannon 13	
7 Rhondda	A	2:14.57
1) Palmer, Meghan 13	2) Napper, Kaycee 14	
3) Elliott, Manon 15	4) Meredith, Morgan 15	

Event 69 Boys 11-12 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 City Of Cardiff	A	2:26.37
1) Hughes, Cian 12	2) Arch, Rhydian 12	
3) Price, Samuel 12	4) O'Brien, Joshua 12	
2 City Of Cardiff	B	2:36.55
1) Anderson, Maxwell 12	2) Smart, Rhys 12	
3) James, Harley 12	4) Davies, Gruffydd 12	
3 Rhondda	A	2:48.11
1) Lee, Ethan 11	2) Lee, Tristan 11	
3) Rees, Garyn 12	4) Jones, Tyler 11	
--- Heads of Valleys	A	DQ
1) Ingram, James 12	2) McLain, Archie 11	
3) Merriman, Ben 12	4) Johnson, Freddie 12	

Event 70 Girls 11-12 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 City Of Cardiff	A	2:23.64
1) Fox, Imogen 12	2) Stephens, Arwen 12	
3) Joseph, Isabel 12	4) Graville, Carys 12	
2 City Of Cardiff	B	2:31.60
1) Donovan, Kelsey 12	2) Iles, Georgia 11	
3) Harthill, Katie 12	4) Crowley, Amy 12	

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(Event 70 Girls 11-12 200 SC Meter Medley Relay)

Team	Relay	Finals Time
3 Heads of Valleys	A	2:42.66
1) Jones, Ellie 11	2) Reynolds, Mia 12	
3) Fowler, Jazz 12	4) Ramsey, Rebekah 12	
4 R.C.T.Swim Squad	A	2:48.79
1) Davies, Cerys 11	2) Jones, Cerys 12	
3) Coombes, Emmie 11	4) Davies, Ffion 11	

Event 71 Boys 11-14 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 City Of Cardiff	A	2:08.00
1) Murray, Adam 14	2) Pietruszka, Daniel 14	
3) Wardhaugh, Cai 13	4) Cook-Jones, Rhydian 14	
2 R.C.T.Swim Squad	A	2:18.33
1) Collins, Tyler 14	2) Salmon, Carwyn 14	
3) Selby, Morgan 14	4) Clement, Logan 13	
3 City Of Cardiff	B	2:20.21
1) Davies, Joshua 14	2) Nixon, Rhys 14	
3) Edwards, Kaden 13	4) Thomas, Callum 14	
4 Heads of Valleys	A	2:43.54
1) Charles, Connor 13	2) Havard, Dylan 13	
3) Merriman, Ben 12	4) Ingram, James 12	
5 Rhondda	A	2:44.30
1) Pugh, Noah 13	2) Jones, Calum 12	
3) Jones, Jacob 13	4) Williams, Thomas 14	

Event 72 Girls 11-14 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 City Of Cardiff	A	2:08.92
1) Withers-Boalch, Georgina 14	2) Beynon, Bethan 14	
3) Shelton, Amy 13	4) De Torres, Becci 13	
2 Heads of Valleys	A	2:15.18
1) Havard, Carys 14	2) Palin, Maisy 13	
3) Rowe, Rhiannon 13	4) Lovell, Madison 13	
3 R.C.T.Swim Squad	A	2:19.90
1) Marchant, Rhiannon 13	2) Evans, Penny 14	
3) Watkins, Sadie 14	4) Corderoy, Abigail 13	
4 Merthyr Tydfil	A	2:25.37
1) Lewis, Kacey 13	2) Teagle, Eilir 13	
3) Marsh, Sophie 14	4) Foley, Joanna 14	
5 R.C.T.Swim Squad	B	2:27.34
1) Thomas, Ashley 13	2) Matthews, Jodie 14	
3) Bond, Sasha 13	4) Thomas, Nell 13	
6 Heads of Valleys	B	2:37.48
1) Brasington, Lucy 11	2) Price, Niamh 14	
3) Fowler, Jazz 12	4) Brasington, Isabel 13	
--- City Of Cardiff	B	DQ
1) Witchell, Bethan 14	2) O'Callaghan, Jennifer 13	
3) Rathbone-Jones, Eloise 13	4) Moretti, Morgana 14	
--- Rhondda	A	DNF
1) Napper, Kaycee 14	2) Palmer, Meghan 13	
3) Pugh, Kia 13	4) Murphy, Caitlyn 14	

Event 73 Boys 11 & Over 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 R.C.T.Swim Squad	A	2:02.05
1) Thomas, Lewis 17	2) Brown, Ethan 19	
3) Jenkins, Cameron 18	4) John, Lewys 17	
2 Rhondda	A	2:02.19
1) Jones, Luke 18	2) Napper, Keenan 18	
3) Rees, Brandon 16	4) Jones, Finlay 15	
3 Heads of Valleys	A	2:05.74
1) Savage- Taylor, Tomos 15	2) Davies, Owain 19	
3) Hunt-cosh, James 18	4) Joseph, Gianluca 18	

4 R.C.T.Swim Squad	B	2:08.74
1) Jenkins, Ellis 15	2) James, Morgan 18	
3) Cousins, Jacob 15	4) Garland, Kieran 15	

Event 74 Girls 11 & Over 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 City Of Cardiff	A	2:07.07
1) Beynon, Annaliese 17	2) Owen, Amber 17	
3) Morris, Ciara 15	4) Murray, Claudia 17	
2 Heads of Valleys	A	2:12.52
1) Collingbourne, Sioned 17	2) Palin, Maisy 13	
3) Watson, Freya 16	4) Mogg, Isobel 19	
3 Merthyr Tydfil	A	2:13.81
1) Jones, Alicia 15	2) Davies, Katie-May 16	
3) Lewis, Helen 15	4) Walters, Aisha 15	
4 R.C.T.Swim Squad	A	2:16.24
1) Morgan, Sophie 15	2) Meredith, Rebecca 17	
3) Randell, Niamh 16	4) Flood, Holly 15	
5 Heads of Valleys	B	2:18.89
1) Hyde, Lydia 17	2) Palin, Molly 16	
3) Rowe, Rhiannon 13	4) Lovell, Madison 13	
6 R.C.T.Swim Squad	B	2:20.59
1) Freegard, Aimee 15	2) Evans, Penny 14	
3) Lewis, Jessica 16	4) Thomas, Ashley 13	
7 Rhondda	A	2:33.68
1) Meredith, Morgan 15	2) Palmer, Meghan 13	
3) Napper, Kaycee 14	4) Elliott, Manon 15	

Event 75 Mixed 11-12 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 Heads of Valleys	A	2:21.05
1) Fowler, Jazz W12	2) Ingram, James M12	
3) Ramsey, Rebekah W12	4) Merriman, Ben M12	
2 Heads of Valleys	B	2:35.50
1) Reynolds, Mia W12	2) McLain, Archie M11	
3) Joseph, Emilia W12	4) Johnson, Freddie M12	
3 Rhondda	A	2:38.81
1) Beach, Dion W11	2) Mulford, Eleri W11	
3) Lee, Tristan M11	4) Lee, Ethan M11	

Event 76 Mixed 11-14 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 Heads of Valleys	A	2:05.50
1) Rowe, Rhiannon W13	2) Havard, Dylan M13	
3) Merriman, Ben M12	4) Lovell, Madison W13	
2 Merthyr Tydfil	A	2:08.53
1) Marsh, Sophie W14	2) Teagle, Eilir W13	
3) Jones, Lloyd M13	4) Rees-Jones, Jack M11	
3 Rhondda	A	2:16.16
1) Napper, Kaycee W14	2) Palmer, Meghan W13	
3) Jones, Jacob M13	4) Williams, Thomas M14	
4 Heads of Valleys	B	2:21.79
1) Charles, Connor M13	2) McLain, Archie M11	
3) Palin, Maisy W13	4) Havard, Carys W14	
5 Rhondda	B	2:38.62
1) Jones, Olivia W13	2) Beach, Dion W11	
3) Jones, Tyler M11	4) White, Alex M11	

Event 77 Mixed 11 & Over 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 Heads of Valleys	A	1:52.13
1) Hunt-cosh, James M18	2) Collingbourne, Sioned W17	
3) Savage- Taylor, Tomos M15	4) Watson, Freya W16	

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(Event 77 Mixed 11 & Over 200 SC Meter Freestyle Relay)

Team	Relay	Finals Time
2 Merthyr Tydfil	A	1:55.90
1) Mullins, Joshua M17	2) Jones, Alicia W15	
3) Thomas, Joshua M16	4) Lewis, Helen W15	
3 Rhondda	A	2:00.42
1) Elliott, Manon W15	2) Meredith, Morgan W15	
3) Jones, Luke M18	4) Rees, Brandon M16	
4 Rhondda	B	2:34.18
1) Jones, Olivia W13	2) Murphy, Caitlyn W14	
3) Chambers, Gethin M12	4) Pugh, Noah M13	
--- Heads of Valleys	B	DQ
1) Higgins, Catrina W15	2) Davies, Owain M19	
3) Mogg, Isobel W19	4) Joseph, Gianluca M18	

Event 78 Mixed 11-12 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 Heads of Valleys	A	2:44.27
1) Fowler, Jazz W12	2) Reynolds, Mia W12	
3) Merriman, Ben M12	4) Ingram, James M12	
2 Rhondda	A	3:03.92
1) Lee, Tristan M11	2) Beach, Dion W11	
3) Mulford, Eleri W11	4) Lee, Ethan M11	
3 Heads of Valleys	B	3:05.18
1) Ramsey, Rebekah W12	2) McLain, Archie M11	
3) Joseph, Emilia W12	4) Johnson, Freddie M12	

Event 79 Mixed 11-14 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 Heads of Valleys	A	2:21.99
1) Merriman, Ben M12	2) Palin, Maisy W13	
3) Rowe, Rhiannon W13	4) Havard, Dylan M13	
2 Merthyr Tydfil	A	2:26.94
1) Lewis, Kacey W13	2) Marsh, Sophie W14	
3) Jones, Lloyd M13	4) Rees-Jones, Jack M11	
3 Rhondda	A	2:34.75
1) Napper, Kaycee W14	2) Palmer, Meghan W13	
3) Jones, Jacob M13	4) Williams, Thomas M14	
4 Heads of Valleys	B	2:41.78
1) Lovell, Madison W13	2) Ingram, James M12	
3) Havard, Carys W14	4) Charles, Connor M13	
5 Rhondda	B	3:05.79
1) Jones, Tyler M11	2) Beach, Dion W11	
3) Jones, Olivia W13	4) White, Alex M11	

Event 80 Mixed 11 & Over 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 Heads of Valleys	A	2:03.83
1) Savage- Taylor, Tomos M15	2) Hunt-cosh, James M18	
3) Watson, Freya W16	4) Collingbourne, Sioned W17	
2 Merthyr Tydfil	A	2:08.96
1) Jones, Alicia W15	2) Mullins, Joshua M17	
3) Lewis, Helen W15	4) Thomas, Joshua M16	
3 Rhondda	A	2:18.60
1) Jones, Luke M18	2) Meredith, Morgan W15	
3) Rees, Brandon M16	4) Elliott, Manon W15	
4 Heads of Valleys	B	2:21.40
1) Hyde, Lydia W17	2) Palin, Molly W16	
3) Davies, Owain M19	4) Joseph, Gianluca M18	
5 Rhondda	B	3:00.18
1) Pugh, Noah M13	2) Jones, Olivia W13	
3) Murphy, Caitlyn W14	4) Chambers, Gethin M12	