

South East Wales Regional Championships 2014 - 31/01/2015 to 08/02/2015

Results

Event 1 Boys 11-12 1500 SC Meter Freestyle

Name	Age Team	Finals Time
1 Parfitt, Mason	12 Heads of Valley	25:04.35

Event 1 Boys 13-14 1500 SC Meter Freestyle

Name	Age Team	Finals Time
1 Evans, Ioan	13 Bridgend	17:07.68
2 Davies, Ioan	14 City of Cardiff	17:48.09
3 Parfitt, Shaye	14 Heads of Valley	17:51.38
4 Wardhaugh, Rhys	13 City of Cardiff	18:23.41
5 Greenslade, Josh	14 Torfaen Dolphins	20:17.24
6 Thomas, Joshua	14 Merthyr Tydfil	20:37.34
7 Steven, Ryan	13 City of Newport	20:53.02
8 Davies, Joe	13 Torfaen Dolphins	20:57.17

Event 1 Boys 15-16 1500 SC Meter Freestyle

Name	Age Team	Finals Time
1 Hodgson, Ben	16 Bridgend	17:28.62
2 Sansom, Brython	16 City of Newport	18:10.78
3 Wakefield, Joshua	15 Abertillery	18:13.17
4 Edwards, Iwan	15 City of Newport	18:53.71
5 Thomas, Lewis	15 Llantrisant	19:14.66
6 Napper, Keenan	16 Rhondda	19:38.41
7 Russell, Kory	15 City of Cardiff	19:40.76
8 Hathaway, Jack	15 City of Cardiff	20:20.13
9 Sherlock, Evan	16 City of Newport	20:37.84

Event 1 Boys 17 & Over 1500 SC Meter Freestyle

Name	Age Team	Finals Time
1 Pardoe, Callum	19 Torfaen Dolphins	16:10.34
2 Ryley, William	17 City of Newport	16:38.84
3 Townsend, Oliver	18 Torfaen Dolphins	16:52.08
4 Price, Matthew	19 Torfaen Dolphins	17:25.53
5 Flanigan, David	18 City of Cardiff	17:45.00
6 Sutton, Morgan	17 Bridgend	17:50.61
7 Mason, Peter	17 City of Cardiff	17:50.93

Event 2 Girls 11-12 800 SC Meter Freestyle

Name	Age Team	Finals Time
1 Morris, Emily	12 Bridgend	9:55.54
2 Davidson, Hannah	12 Bridgend	11:36.66

Event 2 Girls 13-14 800 SC Meter Freestyle

Name	Age Team	Finals Time
1 Davies, Cati	14 Bridgend	9:48.84
2 Watson, Freya	14 Heads of Valley	10:00.55
3 Blake, Sophie	14 Torfaen Dolphins	10:00.62
4 Thomas, Niamh	14 City of Newport	10:04.46
5 Ezard, Emily	13 Bridgend	10:06.92
6 Hollings, Georgia	14 Abertillery	10:19.75
7 McAllister-Sutton, Lily	13 City of Cardiff	10:25.94
8 Morgan, Mackenzie	13 Torfaen Dolphins	10:27.20
9 Kelly, Ruby	13 City of Newport	10:30.57
10 Morris, Niamh	14 City of Cardiff	10:33.94
11 Morris, Ciara	13 City of Cardiff	10:41.17
12 Lawlor, Ciara	13 City of Newport	10:41.71
13 Hutchinson, Lili-May	13 City of Cardiff	10:47.01
14 Maiden, Mya	14 Merthyr Tydfil	10:49.65
15 Higgins, Catrina	13 Heads of Valley	11:03.29
16 Mason, Teoni	13 Blaenafon B	11:08.05
17 Chirighin, Emily	13 City of Cardiff	11:09.09
18 McCulloch, Ffion	13 City of Cardiff	11:09.82
19 Snow, Sophie	13 City of Cardiff	11:15.68

20 Davidson, Sarah	14 Bridgend	11:21.72
21 Foley, Caitlin	14 Merthyr Tydfil	11:23.29
22 Lewis, Helen	13 Merthyr Tydfil	11:27.31
23 Walker, Caitlin	13 City of Cardiff	11:39.76
24 Davies, Megan	13 Bridgend	12:04.61
25 Flack, Eleanor	14 Chepstow	12:24.71

Event 2 Girls 15-16 800 SC Meter Freestyle

Name	Age Team	Finals Time
1 Morgan, Grace	15 Bridgend	9:03.02
2 Sloan, Hannah	15 Bridgend	9:14.88
3 Harvey, Morgan	15 City of Cardiff	9:22.26
4 Squire, Megan	16 City of Cardiff	9:26.69
5 Davies, Eleri	15 Bridgend	9:37.30
6 Thomas, Emme	15 City of Newport	9:40.33
7 McCulloch, Elizabeth	16 City of Cardiff	9:46.97
8 Murray, Claudia	15 City of Cardiff	9:47.99
9 Evans, Nia	15 City of Cardiff	9:54.09
10 Haines, Rhiannon	15 Bridgend	9:55.63
11 Jenkins, Hannah	15 Bridgend	9:58.13
12 Murray, Olivia	16 City of Cardiff	10:03.10
13 Edmonds, Amelia	16 Llantrisant	10:24.44
14 Beard, Celyn	15 Torfaen Dolphins	10:25.70
15 Huntley, Amy	15 City of Cardiff	10:48.26
16 Clark, Georgia-Mai	15 Torfaen Dolphins	10:53.19
17 Groves, Chloe	16 Blaenafon B	11:07.29
18 Evans, Seren	15 City of Cardiff	11:09.55

Event 2 Girls 17 & Over 800 SC Meter Freestyle

Name	Age Team	Finals Time
1 Al Kelaby, Zena	17 City of Cardiff	9:10.23
2 Matthews, Brody	17 Abertillery	9:38.24
3 Thomas, Louisa	17 Bridgend	10:03.64

Event 3 Girls 13-14 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Sutton, Rebecca	14 Bridgend	30.60
2 McAllister-Sutton, Lily	13 City of Cardiff	33.48
3 Evans, Holly	13 Bridgend	33.55
4 Horton, Ellie	13 City of Newport	33.97
5 Morris, Niamh	14 City of Cardiff	33.98
6 Richards, Brooke	13 Llantrisant	34.03
7 English, Katie	14 City of Newport	34.28
8 Randell, Niamh	14 Llantrisant	35.06

Event 3 Girls 13-14 50 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 Sutton, Rebecca	14 Bridgend	31.20
2 McAllister-Sutton, Lily	13 City of Cardiff	33.31
3 Morris, Niamh	14 City of Cardiff	33.93
4 Horton, Ellie	13 City of Newport	34.15
5 English, Katie	14 City of Newport	34.39
6 Richards, Brooke	13 Llantrisant	34.71
7 Evans, Holly	13 Bridgend	34.75
8 Randell, Niamh	14 Llantrisant	34.81
9 Frizelle, Kiara	14 City of Cardiff	J34.81
10 Morris, Ciara	13 City of Cardiff	35.40
11 Rutter, Jessica	13 City of Cardiff	35.69
12 Jenkins, Kate	13 Heads of Valley	36.51
13 Maiden, Mya	14 Merthyr Tydfil	36.57

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Preliminaries ... (Event 3 Girls 13-14 50 SC Meter Backstroke)

Name	Age Team	Prelim Time
14 Nash, Angharad	14 Torfaen Dolphins	36.62
15 Board, Mia	13 City of Newport	36.67
16 Lawlor, Ciara	13 City of Newport	36.69
17 Watson, Freya	14 Heads of Valley	36.71
18 Hollings, Georgia	14 Abertillery	36.81
19 Morris, Elen	13 City of Cardiff	36.85
20 Harris, Ellise	13 Torfaen Dolphins	36.93
21 Childs, Laura	13 City of Cardiff	37.08
22 Withey, Georgia	14 Abertillery	37.17
23 Bryce, Millie	13 Bridgend	37.21
24 Morgan, Sophie	13 Llantrisant	37.50
25 Russell, Seren	13 City of Cardiff	37.58
26 Edwards, Alys	13 Llantrisant	38.20
27 James, Lucy	13 Torfaen Dolphins	38.32
28 Rowles, Freya	14 Blaenafon B	38.34
29 Snow, Sophie	13 City of Cardiff	38.45
30 Harries, Megan	14 Merthyr Tydfil	38.50
31 Thomas, Ellie	14 Blaenafon B	39.07
32 Goodfellow, Roz	14 Chepstow	39.46
33 Durban, Freya	13 Abertillery	39.53
34 Noyes, Jordan	14 Cwmbran	39.80
35 Wilkins, Evie	14 Heads of Valley	40.15
36 Lewis, Jessica	14 Llantrisant	40.35
37 Withey, Morgan	14 Rhondda	40.43
38 Wilkins, Ella	14 Heads of Valley	40.56
39 Othen, Lara	13 Torfaen Dolphins	41.25
40 Smith, Heather	13 Heads of Valley	41.43
41 Palin, Molly	14 Heads of Valley	41.48
42 Horscroft-Preest, Lowri	13 Llantrisant	42.49

Event 3 Girls 15-16 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Bryce, Erin	16 City of Newport	30.53
2 Sutton, Emma	16 Llantrisant	30.57
3 Frizelle, Tegan	15 City of Cardiff	31.22
4 Beynon, Annaliese	15 City of Cardiff	31.32
5 Sloan, Hannah	15 Bridgend	31.90
6 Compton, Olivia	15 Bridgend	32.11
7 Haines, Rhiannon	15 Bridgend	32.76
8 Gibbs, Livvy	15 Bridgend	33.27

Event 3 Girls 15-16 50 SC Meter Backstroke

Name	Age Team	Prelim Time
1 Bryce, Erin	16 City of Newport	30.34
2 Frizelle, Tegan	15 City of Cardiff	30.96
3 Sutton, Emma	16 Llantrisant	31.03
4 Beynon, Annaliese	15 City of Cardiff	31.81
5 Compton, Olivia	15 Bridgend	32.55
6 Sloan, Hannah	15 Bridgend	32.64
7 Gibbs, Livvy	15 Bridgend	32.76
8 Haines, Rhiannon	15 Bridgend	32.99
9 Jones, Georgia	15 Chepstow	33.02
10 Jones, Caitlin	15 City of Cardiff	33.49
11 Meese, Anna	15 City of Newport	33.52
12 Strinati, Sophia	16 City of Cardiff	33.60
13 Gilson, Robyn	15 Abertillery	34.36
14 King, Lauren	15 City of Newport	35.45

15 Eckley, Megan	15 City of Cardiff	35.88
16 Andrews, Ffion	15 City of Cardiff	36.24
17 Prothero, Hannah	15 Torfaen Dolphins	36.33
18 Evans, Seren	15 City of Cardiff	37.80
19 Horscroft-Preest, Bethan	15 Llantrisant	38.99
20 Davies, Grace	16 Caerphilly	39.17
21 Jones, Ceri	15 City of Newport	39.50
22 Howell, Mali	15 Bridgend	39.93
23 Johnson, Joanna	15 Chepstow	41.78

Event 3 Girls 17 & Over 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Beetham, Hannah	17 City of Newport	30.83
2 Connolly, Bethan	17 City of Cardiff	30.91
3 Hunt, Imogen	17 Bridgend	31.52
4 Rees, Katie	17 Bridgend	31.89
5 Ashton, Laura	18 Bridgend	32.03
6 Williams, Lauren	18 Torfaen Dolphins	32.95
7 Jenkins, Poppy	18 City of Cardiff	33.61
8 Flynn, Lauren	17 Merthyr Tydfil	33.69

Event 3 Girls 17 & Over 50 SC Meter Backstroke

Name	Age Team	Prelim Time
1 Connolly, Bethan	17 City of Cardiff	30.91
2 Beetham, Hannah	17 City of Newport	31.14
3 Rees, Katie	17 Bridgend	31.30
4 Ashton, Laura	18 Bridgend	31.60
5 Hunt, Imogen	17 Bridgend	31.80
6 Williams, Lauren	18 Torfaen Dolphins	33.13
7 Flynn, Lauren	17 Merthyr Tydfil	33.89
8 Jenkins, Poppy	18 City of Cardiff	34.29
9 Vaisey, Rhiannon	17 Abertillery	35.98

Event 4 Boys 10 Year Olds 50 SC Meter Butterfly

Name	Age Team	Finals Time
1 Merriman, Ben	10 Heads of Valley	41.91
2 Sellick, Evan	10 Cwmbran	45.89

Event 4 Boys 10 Year Olds 50 SC Meter Butterfly

Name	Age Team	Prelim Time
1 Merriman, Ben	10 Heads of Valley	41.56
2 Sellick, Evan	10 Cwmbran	43.56
--- Rees, Garyn	10 Rhondda	DQ

Event 4 Boys 11-12 50 SC Meter Butterfly

Name	Age Team	Finals Time
1 Murray, Adam	12 City of Cardiff	33.34
2 Knight, Jack	12 City of Newport	34.57
3 Ernest, Noah	12 City of Cardiff	35.76
4 Phinnemore, Osian	11 Bridgend	35.86
5 Baos, Morgan	12 City of Cardiff	36.99
6 Salmon, Carwyn	12 Llantrisant	39.13
7 Wisden, Dylan	11 Bridgend	39.32
8 Salehi-Reyhani, Afshin	11 Cwmbran	40.94

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Event 4 Boys 11-12 50 SC Meter Butterfly

Name	Age Team	Prelim Time
Preliminaries		
1 Murray, Adam	12 City of Cardiff	34.27
2 Knight, Jack	12 City of Newport	35.25
3 Ernest, Noah	12 City of Cardiff	35.56
4 Phinnemore, Osian	11 Bridgend	36.36
5 Baos, Morgan	12 City of Cardiff	36.72
6 Wisden, Dylan	11 Bridgend	39.29
7 Salmon, Carwyn	12 Llantrisant	40.40
8 Salehi-Reyhani, Afshin	11 Cwmbran	41.59
9 Parfitt, Mason	12 Heads of Valley	41.77
--- Griffiths, Alex	12 Blaenafon B	DQ

Event 5 Boys 13-14 100 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 Evans, Ioan	13 Bridgend	1:04.24
2 Parfitt, Shaye	14 Heads of Valley	1:07.09
3 Savva, Theo	13 City of Cardiff	1:08.80
4 Richards, Owen	14 Torfaen Dolphins	1:08.94
5 Newman, Bradley	14 City of Cardiff	1:09.58
6 Wardhaugh, Rhys	13 City of Cardiff	1:09.67
7 Beetham, Jacob	14 City of Newport	1:10.41
8 Harris, Max	13 City of Newport	1:12.39

Event 5 Boys 13-14 100 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 Evans, Ioan	13 Bridgend	1:04.26
2 Parfitt, Shaye	14 Heads of Valley	1:05.92
3 Richards, Owen	14 Torfaen Dolphins	1:08.87
4 Savva, Theo	13 City of Cardiff	1:09.49
5 Newman, Bradley	14 City of Cardiff	1:10.00
6 Wardhaugh, Rhys	13 City of Cardiff	1:10.95
7 Beetham, Jacob	14 City of Newport	1:11.12
8 Harris, Max	13 City of Newport	1:13.40
9 Booth, Kyle	14 City of Cardiff	1:13.40
10 Clarke, Kameron	13 Cwmbran	1:13.90
11 Minto, Tomas	13 City of Cardiff	1:16.98
12 Taylor, Samuel	14 Caerphilly	1:17.12
13 Savage- Taylor, Tomos	13 Heads of Valley	1:18.48
14 Jenkins, Dafydd	13 Bridgend	1:18.75
15 Gibbs, Morgan	13 Bridgend	1:18.98
16 Blore, Matthew	14 Chepstow	1:21.17
17 Chooyin, Benjamin	13 City of Cardiff	1:21.21
18 Hunt, Tobias	14 Bridgend	1:21.49
19 Cousins, Jacob	13 Llantrisant	1:21.60
20 Colmsee, William	13 City of Cardiff	1:23.46
21 Bennett, Jack	13 Torfaen Dolphins	1:24.11
22 O Connell, Kian	13 Heads of Valley	1:24.78
23 Watkins, Lloyd	14 Cwmbran	1:25.39
24 Blore, Thomas	14 Chepstow	1:25.76

Event 5 Boys 15-16 100 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 James, Rhys	15 City of Cardiff	1:03.37
2 Coombes, Jay	15 Llantrisant	1:04.54
3 Hodgson, Ben	16 Bridgend	1:05.30

4 Fairless, Jon	16 Torfaen Dolphins	1:07.50
5 Bryce, Aidan	15 City of Newport	1:07.88
6 Boladz, Tomas	16 Torfaen Dolphins	1:08.07
7 Cook, Jacob	15 City of Cardiff	1:08.35
8 Othen, Ross	16 Torfaen Dolphins	1:10.02

Event 5 Boys 15-16 100 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 James, Rhys	15 City of Cardiff	1:03.53
2 Coombes, Jay	15 Llantrisant	1:05.33
3 Fairless, Jon	16 Torfaen Dolphins	1:05.68
4 Hodgson, Ben	16 Bridgend	1:06.17
5 Boladz, Tomas	16 Torfaen Dolphins	1:07.22
6 Cook, Jacob	15 City of Cardiff	1:07.87
7 Bryce, Aidan	15 City of Newport	1:07.94
8 Othen, Ross	16 Torfaen Dolphins	1:09.09
9 Parkinson, Jamie	15 Torfaen Dolphins	1:09.61
10 Jones, Luke	16 Rhondda	1:10.22
11 Baugh, Jordan	15 Abertillery	1:10.50
12 Saunders, Liam	16 Heads of Valley	1:11.17
13 Russell, Kory	15 City of Cardiff	1:12.85
14 Thomas, Lewis	15 Llantrisant	1:13.15
15 Taylor, Joshua	16 Caerphilly	1:14.43
16 Jenkins, Cameron	16 Llantrisant	1:14.73
17 Price, Dafydd	15 Torfaen Dolphins	1:16.05
18 Francis, Iestyn	16 Llantrisant	1:16.17
19 Jenkins, Thomas	15 Chepstow	1:18.90

Event 5 Boys 17 & Over 100 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 Jones, Dylan	19 Torfaen Dolphins	59.73
2 Durrant, William	17 Bridgend	1:00.45
3 Abdulmajed, Zayd	17 Bridgend	1:00.96
4 Ryley, William	17 City of Newport	1:01.39
5 Brown, Huw	17 City of Cardiff	1:04.36
6 Jones, Rhys	18 Llantrisant	1:04.37
7 Couzens, Robert	17 City of Cardiff	1:04.75
8 Davies, Matthew	19 Heads of Valley	1:06.19

Event 5 Boys 17 & Over 100 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 Abdulmajed, Zayd	17 Bridgend	1:00.41
2 Jones, Dylan	19 Torfaen Dolphins	1:00.50
3 Durrant, William	17 Bridgend	1:00.95
4 Ryley, William	17 City of Newport	1:02.28
5 Jones, Rhys	18 Llantrisant	1:04.49
6 Brown, Huw	17 City of Cardiff	1:04.61
7 Couzens, Robert	17 City of Cardiff	1:04.62
8 Davies, Matthew	19 Heads of Valley	1:05.06
9 Davies, Grant	19 Llantrisant	1:05.65
10 Dibben, Gethin	19 Bridgend	1:08.01
11 Bridges, Dylan	18 Llantrisant	1:08.40
12 Jones, Daniel	17 City of Cardiff	1:09.37
13 Goggin-Jones, Evan	17 Merthyr Tydfil	1:09.49
14 Robins, Luke	17 Llantrisant	1:09.55
15 Brown, Ethan	17 Llantrisant	1:10.16
16 Eddy, William	17 City of Cardiff	1:11.39
17 Waite, Stephen	17 City of Newport	1:11.44

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Preliminaries ... (Event 5 Boys 17 & Over 100 SC Meter Backstroke)

Name	Age Team	Prelim Time
18 Thomas, Daniel	18 Cwmbran	1:11.50

Event 6 Girls 13-14 400 SC Meter IM

Name	Age Team	Finals Time
1 Sutton, Rebecca	14 Bridgend	4:57.92
2 Warrender, Meg	14 Torfaen Dolphins	5:35.31
3 Watson, Freya	14 Heads of Valley	5:35.99
4 Horton, Ellie	13 City of Newport	5:37.59
5 Morgan, Mackenzie	13 Torfaen Dolphins	5:44.49
6 Frizelle, Kiara	14 City of Cardiff	5:45.05
7 Powell, Lowri	14 Torfaen Dolphins	5:45.15
8 Holmes, Eleri	13 City of Cardiff	5:48.73
9 Bryce, Millie	13 Bridgend	5:51.05
10 McAllister-Sutton, Lily	13 City of Cardiff	5:51.73
11 Hollings, Georgia	14 Abertillery	5:55.41
12 Childs, Laura	13 City of Cardiff	5:57.69
13 Morris, Elen	13 City of Cardiff	5:59.96
14 Randell, Niamh	14 Llantrisant	6:04.31
15 Thomas, Anya	13 City of Newport	6:08.57
16 Kelly, Ruby	13 City of Newport	6:09.77
17 Arch, Mared	13 City of Cardiff	6:13.72
18 Barry, Eva	13 City of Newport	6:15.32
19 Morgan, Sophie	13 Llantrisant	6:25.87
--- Maiden, Mya	14 Merthyr Tydfil	DNF

Event 6 Girls 15-16 400 SC Meter IM

Name	Age Team	Finals Time
1 Richards, Amy	16 Heads of Valley	5:07.57
2 Frizelle, Tegan	15 City of Cardiff	5:10.27
3 Squire, Megan	16 City of Cardiff	5:15.76
4 Meredith, Rebecca	15 Llantrisant	5:54.43

Event 6 Girls 17 & Over 400 SC Meter IM

Name	Age Team	Finals Time
1 Rees, Katie	17 Bridgend	4:57.41
2 Ashton, Laura	18 Bridgend	5:05.79
3 Matthews, Brody	17 Abertillery	5:23.57

Event 7 Boys 11-12 400 SC Meter IM

Name	Age Team	Finals Time
1 Salmon, Carwyn	12 Llantrisant	6:12.33
--- Szentpeteri, Mark	11 City of Cardiff	DQ

Event 8 Girls 10 Year Olds 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Stephens, Arwen	10 City of Cardiff	2:40.14
2 Rosser, Cerys	10 Torfaen Dolphins	2:43.89
3 Faulkner, Marie	10 Caerphilly	3:13.96
4 Jones, Cerys	10 Llantrisant	3:21.24
--- Hallett, Jo	10 Chepstow	x3:37.81

Event 8 Girls 11-12 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Morris, Emily	12 Bridgend	2:19.53
2 Withers-Boalch, Georgina	12 City of Cardiff	2:22.01
3 Harry, Darcey	12 City of Cardiff	2:22.61
4 Moretti, Morgana	12 City of Cardiff	2:24.42
5 Hoare, Emily	12 Bridgend	2:27.28
6 De Torres, Becci	11 City of Cardiff	2:30.90
7 Cowley, Jessica	12 Torfaen Dolphins	2:32.64
8 Witchell, Bethan	12 City of Cardiff	2:32.74
9 Carr, Georgia	12 City of Cardiff	2:36.03

10 Protheroe, Chloe	12 Bridgend	2:37.42
11 Marsh, Sophie	12 Merthyr Tydfil	2:41.16
12 Boswall, Saffron	11 City of Cardiff	2:41.85
13 Colley, Lauren	11 Bridgend	2:43.84
14 Jones, Angharad	12 Bridgend	2:46.19
15 Rowe, Rhiannon	11 Heads of Valley	2:46.90
16 Skyrme, Lowri	12 City of Cardiff	2:47.08
17 Date, Alana	11 City of Cardiff	2:47.44
18 Warrender, Niamh	11 Torfaen Dolphins	2:47.91
19 Crisp, Caitlyn	12 City of Cardiff	2:48.58
20 Nicholls, Hannah	11 Caerphilly	2:51.22
21 Norris, Alyssa	12 Caerphilly	2:51.83
22 Williams, Mia	12 Llantrisant	2:52.09
23 Domican, Rosie	11 City of Cardiff	2:52.68
24 Goddard, Mia	12 City of Cardiff	2:52.86
25 Tarpey, Aoife	11 Bridgend	2:53.21
26 Perham, Lois	11 Llantrisant	2:54.20
27 Kehl, Harriet	12 Llantrisant	2:54.46
28 Ellis, Jasmine	11 Cwmbran	2:56.80
29 Richards, Ffion	12 City of Cardiff	2:58.75
30 Prosser-Davies, Amelia	12 Chepstow	3:00.80
31 Hallett, Isabel	12 Chepstow	3:03.08
32 Thorne, Immie	12 Chepstow	3:03.84
33 Palin, Maisy	11 Heads of Valley	3:04.42
34 Fernandez-John, Sofia	11 Caerphilly	3:04.94
35 Jones, Cerys	12 City of Cardiff	3:06.98
36 Jones, Seren	11 City of Cardiff	3:07.49

Event 9 Girls 10 Year Olds 50 SC Meter Butterfly

Name	Age Team	Finals Time
1 Stephens, Arwen	10 City of Cardiff	36.77
2 Rosser, Cerys	10 Torfaen Dolphins	41.94
3 Stride, Tamzin	10 Cwmbran	43.64
4 Overton, Caitlin	10 Abertillery	44.20
5 Mulligan, Millie	10 City of Newport	44.53

Event 9 Girls 10 Year Olds 50 SC Meter Butterfly

Name	Age Team	Prelim Time
1 Stephens, Arwen	10 City of Cardiff	37.37
2 Rosser, Cerys	10 Torfaen Dolphins	42.14
3 Mulligan, Millie	10 City of Newport	44.21
4 Stride, Tamzin	10 Cwmbran	44.86
5 Overton, Caitlin	10 Abertillery	44.92

Event 9 Girls 11-12 50 SC Meter Butterfly

Name	Age Team	Finals Time
1 Harry, Darcey	12 City of Cardiff	33.97
2 De Torres, Becci	11 City of Cardiff	34.63
3 Shelton, Amy	11 City of Cardiff	34.85
4 Moretti, Morgana	12 City of Cardiff	36.78
5 Baker, Alyssa	11 Torfaen Dolphins	37.35
6 Richards, Shea	12 City of Newport	37.38
7 Miles, Grace	12 Chepstow	37.54
8 Nicholas, Catrin	12 Bridgend	37.67

Event 9 Girls 11-12 50 SC Meter Butterfly

Name	Age Team	Prelim Time
1 Harry, Darcey	12 City of Cardiff	34.65

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Preliminaries ... (Event 9 Girls 11-12 50 SC Meter Butterfly)

Name	Age Team	Prelim Time
2 Shelton, Amy	11 City of Cardiff	34.66
3 De Torres, Becci	11 City of Cardiff	36.34
4 Moretti, Morgana	12 City of Cardiff	36.94
5 Baker, Alyssa	11 Torfaen Dolphins	37.04
6 Richards, Shea	12 City of Newport	37.31
7 Miles, Grace	12 Chepstow	37.54
8 Nicholas, Catrin	12 Bridgend	37.56
9 Boswall, Saffron	11 City of Cardiff	37.83
10 Witchell, Bethan	12 City of Cardiff	37.95
11 Marsh, Sophie	12 Merthyr Tydfil	38.13
12 Colley, Lauren	11 Bridgend	38.16
13 Norris, Alyssa	12 Caerphilly	38.63
14 Beynon, Bethan	12 City of Cardiff	38.73
15 Rowe, Rhiannon	11 Heads of Valley	38.92
16 Saunders, Rebecca	12 Heads of Valley	39.61
17 Ward, Ellie	11 City of Newport	40.60
18 Jones, Angharad	12 Bridgend	40.69
19 Perham, Lois	11 Llantrisant	41.40
20 Brunnock, Emily	12 City of Newport	41.59
21 Palin, Maisy	11 Heads of Valley	43.44
22 Ellis, Jasmine	11 Cwmbran	44.97
23 Piotrowska, Martyna	11 Cwmbran	46.39
24 Date, Alana	11 City of Cardiff	46.52

Event 10 Boys 10 Year Olds 100 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 Coppen, Harrison	10 Chepstow	1:30.46
2 Sellick, Evan	10 Cwmbran	1:32.74

Event 10 Boys 10 Year Olds 100 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Sellick, Evan	10 Cwmbran	1:32.97
2 Coppen, Harrison	10 Chepstow	1:36.05
--- Geysen-Holley, Max	10 Bridgend	DQ

Event 10 Boys 11-12 100 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 Murray, Adam	12 City of Cardiff	1:05.68
2 Ernest, Noah	12 City of Cardiff	1:08.93
3 Salmon, Carwyn	12 Llantrisant	1:09.16
4 Griffiths, Alex	12 Blaenafon B	1:10.75
5 Wardhaugh, Cai	11 City of Cardiff	1:11.21
6 Knight, Jack	12 City of Newport	1:12.04
7 Langdon, Ben	12 City of Newport	1:12.43
8 Phinnemore, Osian	11 Bridgend	1:13.02

Event 10 Boys 11-12 100 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Murray, Adam	12 City of Cardiff	1:05.91
2 Ernest, Noah	12 City of Cardiff	1:08.43
3 Salmon, Carwyn	12 Llantrisant	1:08.81
4 Griffiths, Alex	12 Blaenafon B	1:10.32
5 Wardhaugh, Cai	11 City of Cardiff	1:10.69
6 Langdon, Ben	12 City of Newport	1:13.59
7 Phinnemore, Osian	11 Bridgend	1:13.66
8 Knight, Jack	12 City of Newport	1:14.90

9 Jones, Lloyd	11 Merthyr Tydfil	1:15.52
10 Edwards, Kaden	11 City of Cardiff	1:15.89
11 Parfitt, Mason	12 Heads of Valley	1:16.28
12 Arnold, Jack	12 Abertillery	1:16.57
13 Jenkins, Ellis	11 Merthyr Tydfil	1:16.68
14 Wisden, Dylan	11 Bridgend	1:17.21
15 Hobbs, Dewi	11 Llantrisant	1:17.90
16 Young, Ellis	12 City of Cardiff	1:20.63
17 Coppen, Jensen	12 Chepstow	1:20.92
18 Selby, Morgan	12 Llantrisant	1:21.72
19 Lewis, David	12 Merthyr Tydfil	1:21.89
20 Johnson, Finnley	12 City of Newport	1:21.97
21 Tucker, Callum	12 Chepstow	1:22.96
22 Harris, Tyler	12 Torfaen Dolphins	1:23.10
23 Salehi-Reyhani, Afshin	11 Cwmbran	1:24.17
24 Roberts, Ben	12 Caerphilly	1:24.64
25 Allen-Ridge, Kasey	11 Abertillery	1:25.71
--- Baos, Morgan	12 City of Cardiff	DQ

Event 11 Girls 13-14 100 SC Meter Butterfly

Name	Age Team	Finals Time
Finals		
1 Sutton, Rebecca	14 Bridgend	1:04.38
2 Watson, Freya	14 Heads of Valley	1:09.27
3 Allison, Megan	13 City of Newport	1:09.30
4 Lewis, Helen	13 Merthyr Tydfil	1:14.20
5 Morgan, Mackenzie	13 Torfaen Dolphins	1:15.66
6 Richards, Brooke	13 Llantrisant	1:16.17
7 McAllister-Sutton, Lily	13 City of Cardiff	1:17.63
8 Childs, Laura	13 City of Cardiff	1:19.45

Event 11 Girls 13-14 100 SC Meter Butterfly

Name	Age Team	Prelim Time
Preliminaries		
1 Sutton, Rebecca	14 Bridgend	1:04.87
2 Allison, Megan	13 City of Newport	1:09.83
3 Watson, Freya	14 Heads of Valley	1:11.92
4 Lewis, Helen	13 Merthyr Tydfil	1:16.43
5 McAllister-Sutton, Lily	13 City of Cardiff	1:16.45
6 Richards, Brooke	13 Llantrisant	1:16.56
7 Childs, Laura	13 City of Cardiff	1:16.79
8 Morgan, Mackenzie	13 Torfaen Dolphins	1:16.83
9 Evans, Holly	13 Bridgend	1:17.06
10 Morris, Ciara	13 City of Cardiff	1:17.46
11 Bryce, Millie	13 Bridgend	1:19.32
12 Arch, Mared	13 City of Cardiff	1:19.49
13 Thomas, Amy	13 Bridgend	1:19.58
14 Warrender, Meg	14 Torfaen Dolphins	1:19.59
15 Hollings, Georgia	14 Abertillery	1:21.93
16 Powell, Lowri	14 Torfaen Dolphins	1:22.12
17 Holmes, Eleri	13 City of Cardiff	1:22.85
*18 Randell, Niamh	14 Llantrisant	1:23.00
*18 Morris, Elen	13 City of Cardiff	1:23.00
20 Barry, Eva	13 City of Newport	1:23.09
21 Jenkins, Kate	13 Heads of Valley	1:23.13
22 Wilkins, Evie	14 Heads of Valley	1:24.47
23 Harries, Megan	14 Merthyr Tydfil	1:25.87
24 Maiden, Mya	14 Merthyr Tydfil	1:26.79
25 Robotham, Lara	13 Bridgend	1:27.02
26 Street, Lucy	13 Llantrisant	1:28.74
27 Palin, Molly	14 Heads of Valley	1:33.32

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Preliminaries ... (Event 11 Girls 13-14 100 SC Meter Butterfly)

Name	Age	Team	Prelim Time
--- Thomas, Anya	13	City of Newport	DQ

Event 11 Girls 15-16 100 SC Meter Butterfly

Name	Age	Team	Finals Time
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Finals

1 Compton, Olivia	15	Bridgend	1:05.88
2 Squire, Megan	16	City of Cardiff	1:06.32
3 Frizelle, Tegan	15	City of Cardiff	1:06.82
4 Sutton, Emma	16	Llantrisant	1:07.54
5 Burch, India	15	City of Cardiff	1:08.39
6 Harvey, Morgan	15	City of Cardiff	1:08.90
7 Collingbourne, Sioned	15	City of Newport	1:09.38
--- Richards, Amy	16	Heads of Valley	DQ

Event 11 Girls 15-16 100 SC Meter Butterfly

Name	Age	Team	Prelim Time
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Preliminaries

1 Richards, Amy	16	Heads of Valley	1:06.24
2 Squire, Megan	16	City of Cardiff	1:06.77
3 Compton, Olivia	15	Bridgend	1:07.45
4 Sutton, Emma	16	Llantrisant	1:07.94
5 Frizelle, Tegan	15	City of Cardiff	1:08.71
6 Burch, India	15	City of Cardiff	1:08.82
7 Harvey, Morgan	15	City of Cardiff	1:09.02
8 Collingbourne, Sioned	15	City of Newport	1:09.49
9 Stockley, Lauren	16	Torfaen Dolphins	1:09.53
10 Walters, Jessie	16	Llantrisant	1:09.56
11 Beynon, Annaliese	15	City of Cardiff	1:09.89
12 Bond, Amy	16	City of Cardiff	1:11.39
13 Nicholas, Megan	15	Bridgend	1:12.07
14 McCulloch, Elizabeth	16	City of Cardiff	1:12.39
15 Gilson, Robyn	15	Abertillery	1:12.94
16 Sloan, Hannah	15	Bridgend	1:13.83
17 Gibbs, Livvy	15	Bridgend	1:14.24
18 Murray, Claudia	15	City of Cardiff	1:16.07
19 Murray, Olivia	16	City of Cardiff	1:16.26
20 Horscroft-Preest, Bethan	15	Llantrisant	1:18.84
21 Edmonds, Amelia	16	Llantrisant	1:21.50
22 Jones, Molly	16	Llantrisant	1:27.30
23 Davies, Grace	16	Caerphilly	1:30.33

Event 11 Girls 17 & Over 100 SC Meter Butterfly

Name	Age	Team	Finals Time
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Finals

1 Tutton, Chloe	19	City of Cardiff	1:00.78
2 Jones, Harriet	18	City of Cardiff	1:02.28
3 Al Kelaby, Zena	17	City of Cardiff	1:04.25
4 Stevenson, Emilia	17	Bridgend	1:04.53
5 Connolly, Bethan	17	City of Cardiff	1:05.25
6 Mogg, Isobel	17	Heads of Valley	1:09.90
7 Plumley, Ellie	18	Torfaen Dolphins	1:10.15
8 Oliver, Carys	17	Llantrisant	1:10.25

Event 11 Girls 17 & Over 100 SC Meter Butterfly

Name	Age	Team	Prelim Time
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Preliminaries

1 Tutton, Chloe	19	City of Cardiff	1:00.92
2 Jones, Harriet	18	City of Cardiff	1:01.74
3 Al Kelaby, Zena	17	City of Cardiff	1:04.69
4 Stevenson, Emilia	17	Bridgend	1:05.47

5 Connolly, Bethan	17	City of Cardiff	1:06.20
6 Mogg, Isobel	17	Heads of Valley	1:09.94
7 Oliver, Carys	17	Llantrisant	1:10.97
8 Plumley, Ellie	18	Torfaen Dolphins	1:11.01
9 O'Brien, Megan	18	City of Cardiff	1:12.33
10 Flynn, Lauren	17	Merthyr Tydfil	1:17.22
11 Brasher, Ellie	17	Chepstow	1:21.75
12 Morgan, Emily	17	Torfaen Dolphins	1:28.16

Event 12 Girls 11-12 400 SC Meter IM

Name	Age	Team	Finals Time
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1 Withers-Boalch, Georgina	12	City of Cardiff	5:46.99
2 Moretti, Morgana	12	City of Cardiff	5:47.28
3 Harry, Darcey	12	City of Cardiff	5:56.76
4 Witchell, Bethan	12	City of Cardiff	6:07.09
5 Kehl, Harriet	12	Llantrisant	7:14.06
--- Morris, Emily	12	Bridgend	DQ

Event 13 Boys 13-14 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
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1 Booth, Kyle	14	City of Cardiff	2:42.42
2 Davies, Ioan	14	City of Cardiff	2:46.42
3 Newman, Bradley	14	City of Cardiff	2:48.42
4 Savva, Theo	13	City of Cardiff	2:49.59
5 Jenkins, Dafydd	13	Bridgend	3:04.74
6 Hobbs, James	14	Llantrisant	3:05.33
7 Chooyin, Benjamin	13	City of Cardiff	3:06.10
8 Rickard-Frost, Celyn	13	City of Cardiff	3:06.48
9 Thompson, Morgan	13	City of Cardiff	3:07.45
10 Clarke, Kameron	13	Cwmbran	3:07.48
11 Taylor, Samuel	14	Caerphilly	3:14.73
12 Davies, Joe	13	Torfaen Dolphins	3:17.32
13 Watkins, Edward	13	Torfaen Dolphins	3:24.36
14 Thomas, Joshua	14	Merthyr Tydfil	3:24.96
15 Cousins, Jacob	13	Llantrisant	3:28.66
--- Blore, Matthew	14	Chepstow	x3:36.06
--- O Connell, Kian	13	Heads of Valley	DQ

Event 13 Boys 15-16 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
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1 Flanigan, Andrew	15	City of Cardiff	2:27.66
2 Waters, Lewis	16	City of Newport	2:29.65
3 Sansom, Brython	16	City of Newport	2:36.20
4 Cook, Jacob	15	City of Cardiff	2:40.43
5 Hunt-cosh, James	16	Heads of Valley	2:42.36
6 Hodgson, Ben	16	Bridgend	2:44.75
7 John, Lewys	15	City of Cardiff	2:47.38
8 Herbert, Tomos	15	City of Cardiff	2:48.59
9 Jones, Luke	16	Rhondda	2:48.90
10 Hanson, Lloyd	16	City of Cardiff	2:48.95
11 Wakefield, Joshua	15	Abertillery	2:57.28
12 Saunders, Liam	16	Heads of Valley	2:57.78
13 Cleverly, Joseph	15	City of Cardiff	3:02.90
14 Taylor, Joshua	16	Caerphilly	3:08.91
15 Miles, Will	15	Chepstow	3:09.50
16 Morgans, Rhys	15	Caerphilly	3:09.62
17 Cook, Owain	15	Bridgend	3:09.96
--- Rickard-Frost, Rhys	16	City of Cardiff	DQ

Event 13 Boys 17 & Over 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
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1 Lewis, James	17	City of Cardiff	2:21.29
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(Event 13 Boys 17 & Over 200 SC Meter Breaststroke)

Name	Age Team	Finals Time
2 Davies, Grant	19 Llantrisant	2:35.33
3 Jones, Daniel	17 City of Cardiff	2:38.23
4 Brown, Ethan	17 Llantrisant	2:38.58
5 Cuer, Tristian	18 City of Newport	2:38.82
6 Davies, Owain	17 Heads of Valley	2:55.59

Event 14 Boys 13-14 50 SC Meter Butterfly

Name	Age Team	Finals Time
Finals		
1 Davies, Ioan	14 City of Cardiff	30.11
2 Rees, Brandon	14 Rhondda	30.34
3 Booth, Kyle	14 City of Cardiff	31.10
4 Parfitt, Shaye	14 Heads of Valley	31.48
5 Evans, Ioan	13 Bridgend	31.71
6 Minto, Tomas	13 City of Cardiff	32.07
7 Clarke, Kameron	13 Cwmbran	32.79
8 Rickard-Frost, Celyn	13 City of Cardiff	34.36

Event 14 Boys 13-14 50 SC Meter Butterfly

Name	Age Team	Prelim Time
Preliminaries		
1 Davies, Ioan	14 City of Cardiff	30.31
2 Rees, Brandon	14 Rhondda	30.75
3 Parfitt, Shaye	14 Heads of Valley	31.21
4 Booth, Kyle	14 City of Cardiff	31.70
5 Evans, Ioan	13 Bridgend	31.77
6 Clarke, Kameron	13 Cwmbran	32.42
7 Minto, Tomas	13 City of Cardiff	32.65
8 Rickard-Frost, Celyn	13 City of Cardiff	34.35
9 Couston, Will	13 City of Cardiff	35.16
10 Gibbs, Morgan	13 Bridgend	35.33
11 Taylor, Samuel	14 Caerphilly	35.55
12 Hobbs, James	14 Llantrisant	36.89
13 Savage- Taylor, Tomos	13 Heads of Valley	36.93
14 Jenkins, Dafydd	13 Bridgend	37.12
15 Cooper, Elliot	14 City of Cardiff	37.44
16 Jenkins, Rhodri	13 Merthyr Tydfil	37.76
17 Cousins, Jacob	13 Llantrisant	37.81
18 Hall, Daniel	13 Chepstow	38.23
19 Watkins, Lloyd	14 Cwmbran	38.49
20 Bennett, Jack	13 Torfaen Dolphins	38.80
--- Harris, Max	13 City of Newport	DQ

Event 14 Boys 15-16 50 SC Meter Butterfly

Name	Age Team	Finals Time
Finals		
1 Rickard-Frost, Rhys	16 City of Cardiff	27.76
2 Sherman, Ben	15 Torfaen Dolphins	28.14
3 James, Rhys	15 City of Cardiff	28.56
4 Minett, Lewis	15 City of Cardiff	28.67
5 Baugh, Jordan	15 Abertillery	30.39
6 Coombes, Jay	15 Llantrisant	30.40
7 Cook, Jacob	15 City of Cardiff	30.44
8 Dickson-Jardine, Ben	15 Bridgend	31.20

Event 14 Boys 15-16 50 SC Meter Butterfly

Name	Age Team	Prelim Time
Preliminaries		
1 Rickard-Frost, Rhys	16 City of Cardiff	27.90
2 Sherman, Ben	15 Torfaen Dolphins	28.46

3 Minett, Lewis	15 City of Cardiff	28.72
4 James, Rhys	15 City of Cardiff	29.41
5 Cook, Jacob	15 City of Cardiff	30.38
6 Baugh, Jordan	15 Abertillery	30.46
7 Coombes, Jay	15 Llantrisant	30.74
8 Dickson-Jardine, Ben	15 Bridgend	31.34
9 Rayner, Evan	16 Llantrisant	31.82
10 Hunt-cosh, James	16 Heads of Valley	32.05
11 Jenkins, Cameron	16 Llantrisant	32.15
12 Sherlock, Evan	16 City of Newport	32.16
13 Holloway, Ben	15 City of Newport	32.71
14 Francis, Iestyn	16 Llantrisant	32.73
15 Pryse, Elis	15 Llantrisant	32.97
16 Townsend, Harry	15 Torfaen Dolphins	33.18
17 Price, Dafydd	15 Torfaen Dolphins	33.75
18 Miles, Will	15 Chepstow	34.17
19 Andrews, Lewis	15 Cwmbran	34.72
20 Hathaway, Jack	15 City of Cardiff	34.98

Event 14 Boys 17 & Over 50 SC Meter Butterfly

Name	Age Team	Finals Time
Finals		
1 Jones, Dylan	19 Torfaen Dolphins	26.36
*2 Heatley, Regan	18 City of Cardiff	27.03
*2 Abdulmajed, Zayd	17 Bridgend	27.03
4 Barron, Thomas	21 Torfaen Dolphins	27.06
5 Acland, Connor	19 City of Newport	27.42
6 Davies, Grant	19 Llantrisant	28.02
7 Brown, Huw	17 City of Cardiff	29.60

Event 14 Boys 17 & Over 50 SC Meter Butterfly

Name	Age Team	Prelim Time
Preliminaries		
1 Jones, Dylan	19 Torfaen Dolphins	26.65
2 Heatley, Regan	18 City of Cardiff	27.23
3 Abdulmajed, Zayd	17 Bridgend	27.31
4 Acland, Connor	19 City of Newport	27.34
5 Wooller, Jack	18 City of Cardiff	27.43
6 Barron, Thomas	21 Torfaen Dolphins	27.50
7 Brown, Huw	17 City of Cardiff	27.94
8 Davies, Grant	19 Llantrisant	28.01
*9 Couzens, Robert	17 City of Cardiff	29.09
*9 Davies, Matthew	19 Heads of Valley	29.09

Swim-Off Required

11 Cuer, Tristian	18 City of Newport	29.22
12 Rosser, Alex	19 Torfaen Dolphins	29.33
13 Cottrell, Richard	17 City of Cardiff	29.71
14 Skuse, Jac	17 City of Cardiff	30.07
15 Brown, Ethan	17 Llantrisant	30.47
16 Jones, Rhys	18 Llantrisant	30.60
17 Spencer, Gareth	24 Cwmbran	30.63
18 Goggin-Jones, Evan	17 Merthyr Tydfil	30.92
19 Bailey, James	17 City of Cardiff	31.12
20 Ivins, Joshua	17 Cwmbran	31.15
21 Sutton, Morgan	17 Bridgend	31.44
22 Davies, Owain	17 Heads of Valley	32.38
23 Thomas, Daniel	18 Cwmbran	33.06

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Event 15 Girls 10 Year Olds 100 SC Meter Breaststroke

Name	Age Team	Finals Time
Finals		
1 Stephens, Arwen	10 City of Cardiff	1:33.30
2 Stride, Tamzin	10 Cwmbran	1:43.52
3 Hallett, Jo	10 Chepstow	1:53.16
4 Mulligan, Millie	10 City of Newport	1:53.38
5 Walker, Eleanor	10 Chepstow	1:58.85
6 Jones, Emilia	10 Bridgend	2:00.78
7 Faulkner, Marie	10 Caerphilly	2:04.96

Event 15 Girls 10 Year Olds 100 SC Meter Breaststroke

Name	Age Team	Prelim Time
Preliminaries		
1 Stephens, Arwen	10 City of Cardiff	1:29.11
2 Stride, Tamzin	10 Cwmbran	1:41.26
3 Hallett, Jo	10 Chepstow	1:54.69
4 Mulligan, Millie	10 City of Newport	1:55.90
5 Walker, Eleanor	10 Chepstow	1:58.12
6 Jones, Emilia	10 Bridgend	2:00.67
7 Faulkner, Marie	10 Caerphilly	2:08.42

Event 15 Girls 11-12 100 SC Meter Breaststroke

Name	Age Team	Finals Time
Finals		
1 Moretti, Morgana	12 City of Cardiff	1:25.26
2 Morris, Emily	12 Bridgend	1:28.37
3 Phillips, Ella	12 City of Cardiff	1:29.25
4 Miles, Grace	12 Chepstow	1:30.08
5 Boswall, Saffron	11 City of Cardiff	1:33.34
6 Cowley, Jessica	12 Torfaen Dolphins	1:34.80
7 Marsh, Sophie	12 Merthyr Tydfil	1:34.86
8 O'Callaghan, Jennifer	11 City of Cardiff	1:35.74

Event 15 Girls 11-12 100 SC Meter Breaststroke

Name	Age Team	Prelim Time
Preliminaries		
1 Moretti, Morgana	12 City of Cardiff	1:27.70
2 Phillips, Ella	12 City of Cardiff	1:29.23
3 Miles, Grace	12 Chepstow	1:29.38
4 Morris, Emily	12 Bridgend	1:29.43
5 Boswall, Saffron	11 City of Cardiff	1:32.19
6 Marsh, Sophie	12 Merthyr Tydfil	1:33.96
7 Cowley, Jessica	12 Torfaen Dolphins	1:34.19
8 O'Callaghan, Jennifer	11 City of Cardiff	1:36.15
9 Jones, Angharad	12 Bridgend	1:37.33
10 Morgans, Caitlin	12 Caerphilly	1:37.45
11 Beynon, Bethan	12 City of Cardiff	1:38.19
12 McCloy, Meg	12 Bridgend	1:38.55
13 Warrender, Niamh	11 Torfaen Dolphins	1:38.56
14 Crisp, Caitlyn	12 City of Cardiff	1:38.85
15 De Torres, Becci	11 City of Cardiff	1:39.21
16 Goddard, Mia	12 City of Cardiff	1:39.23
17 Dallyn, Isobel	11 Chepstow	1:40.17
18 Domican, Rosie	11 City of Cardiff	1:41.21
19 Ward, Ellie	11 City of Newport	1:41.23
20 Cottrell, Emma	12 City of Cardiff	1:41.25
21 Ellis, Jasmine	11 Cwmbran	1:41.98
22 Richards, Ffion	12 City of Cardiff	1:42.26
*23 Palin, Maisy	11 Heads of Valley	1:42.54
*23 Perham, Lois	11 Llantrisant	1:42.54

25 Colley, Lauren	11 Bridgend	1:42.96
26 Saunders, Rebecca	12 Heads of Valley	1:43.44
27 Clark, Luci-Ann	12 Torfaen Dolphins	1:43.99
28 Rowe, Rhiannon	11 Heads of Valley	1:44.88
29 Hallett, Isabel	12 Chepstow	1:46.10
30 Kehl, Harriet	12 Llantrisant	1:46.84
31 Nicholas, Catrin	12 Bridgend	1:47.11
32 Thorne, Immie	12 Chepstow	1:49.29
33 Jones, Seren	11 City of Cardiff	1:50.63
34 Goggin-Jones, Poppy	11 Merthyr Tydfil	1:53.30
35 Moger, Natalie	12 Llantrisant	1:54.35
--- Jones, Cerys	12 City of Cardiff	DQ

Event 16 Boys 11-12 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Murray, Adam	12 City of Cardiff	2:36.96
2 Salmon, Carwyn	12 Llantrisant	2:47.65
3 Wardhaugh, Cai	11 City of Cardiff	2:51.94
4 Parfitt, Mason	12 Heads of Valley	2:59.80
5 Wisden, Dylan	11 Bridgend	3:00.52
6 Jenkins, Ellis	11 Merthyr Tydfil	3:01.13
7 Hobbs, Dewi	11 Llantrisant	3:07.70
--- Edwards, Kaden	11 City of Cardiff	DQ

Event 17 Boys 13-14 400 SC Meter Freestyle

Name	Age Team	Finals Time
1 Evans, Ioan	13 Bridgend	4:22.19
2 Davies, Ioan	14 City of Cardiff	4:26.22
3 Parfitt, Shaye	14 Heads of Valley	4:35.48
4 Baker, Luke	14 Torfaen Dolphins	4:39.34
5 Wardhaugh, Rhys	13 City of Cardiff	4:44.24
6 Hobbs, James	14 Llantrisant	5:04.60
7 Jenkins, Dafydd	13 Bridgend	5:11.57
8 Davies, Joe	13 Torfaen Dolphins	5:13.51
9 Thompson, Morgan	13 City of Cardiff	5:15.11
10 Rickard-Frost, Celyn	13 City of Cardiff	5:15.31
11 Thomas, Joshua	14 Merthyr Tydfil	5:19.15
12 Cooper, Elliot	14 City of Cardiff	5:19.79
13 Savage- Taylor, Tomos	13 Heads of Valley	5:21.89
14 Steven, Ryan	13 City of Newport	5:23.00
15 Jenkins, Rhodri	13 Merthyr Tydfil	5:30.73
16 Gibbs, Morgan	13 Bridgend	5:31.01
17 Cousins, Jacob	13 Llantrisant	5:31.51
18 Bennett, Jack	13 Torfaen Dolphins	5:37.21
19 Hancock, Ethan	14 Merthyr Tydfil	5:37.99
20 Hunt, Tobias	14 Bridgend	5:41.98
21 O Connell, Kian	13 Heads of Valley	5:56.93

Event 17 Boys 15-16 400 SC Meter Freestyle

Name	Age Team	Finals Time
1 Davies, Logan	15 Torfaen Dolphins	4:14.66
2 Rickard-Frost, Rhys	16 City of Cardiff	4:18.14
3 Fairless, Jon	16 Torfaen Dolphins	4:21.80
4 Hodgson, Ben	16 Bridgend	4:21.96
5 Herbert, Tomos	15 City of Cardiff	4:40.56
6 Hunt-cosh, James	16 Heads of Valley	4:43.77
7 Wakefield, Joshua	15 Abertillery	4:43.91
8 Saunders, Liam	16 Heads of Valley	4:45.93
9 Edwards, Iwan	15 City of Newport	4:48.78
10 Thomas, Lewis	15 Llantrisant	4:49.04
11 Napper, Keenan	16 Rhondda	4:52.67
12 Jones, Luke	16 Rhondda	4:54.43
13 Rayner, Evan	16 Llantrisant	4:55.67

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(Event 17 Boys 15-16 400 SC Meter Freestyle)

Name	Age Team	Finals Time
14 James, Morgan	16 Llantrisant	4:57.18
15 Hathaway, Jack	15 City of Cardiff	4:59.76
16 Francis, Iestyn	16 Llantrisant	5:03.83
17 Jenkins, Cameron	16 Llantrisant	5:06.61
18 Jones, Rhys	16 City of Cardiff	5:08.28
19 Townsend, Harry	15 Torfaen Dolphins	5:10.35
20 Joseph, Gianluca	16 Heads of Valley	5:15.98

Event 17 Boys 17 & Over 400 SC Meter Freestyle

Name	Age Team	Finals Time
1 Brown, Cameron	19 City of Newport	3:54.59
2 Pardoe, Callum	19 Torfaen Dolphins	4:05.85
3 Ryley, William	17 City of Newport	4:10.26
4 Lewis, Ashley	21 Bridgend	4:12.00
5 Rosser, Alex	19 Torfaen Dolphins	4:14.88
6 Townsend, Oliver	18 Torfaen Dolphins	4:20.16
7 Price, Matthew	19 Torfaen Dolphins	4:22.56
8 Davies, James	17 City of Cardiff	4:24.84
9 Davies, Grant	19 Llantrisant	4:25.07
10 Eke, Johnathan	19 City of Newport	4:28.45
11 Sutton, Morgan	17 Bridgend	4:30.68
12 Mason, Peter	17 City of Cardiff	4:32.19
13 Elliott, Alex	17 Torfaen Dolphins	4:44.22
14 Thomas, Daniel	18 Cwmbran	4:46.86

Event 18 Girls 13-14 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Sutton, Rebecca	14 Bridgend	2:04.70
2 Allison, Megan	13 City of Newport	2:17.14
3 Watson, Freya	14 Heads of Valley	2:18.99
4 Thomas, Niamh	14 City of Newport	2:19.16
5 McAllister-Sutton, Lily	13 City of Cardiff	2:24.27
6 Hollings, Georgia	14 Abertillery	2:25.22
7 Lawlor, Ciara	13 City of Newport	2:25.41
8 Bryce, Millie	13 Bridgend	2:26.16
9 Evans, Holly	13 Bridgend	2:26.21
10 Richards, Brooke	13 Llantrisant	2:26.47
11 Blake, Sophie	14 Torfaen Dolphins	2:26.60
12 Davies, Katie	14 Merthyr Tydfil	2:26.62
13 Hutchinson, Lili-May	13 City of Cardiff	2:27.16
14 Kelly, Ruby	13 City of Newport	2:27.30
15 Randell, Niamh	14 Llantrisant	2:27.54
16 Maiden, Mya	14 Merthyr Tydfil	2:28.32
17 Thomas, Amy	13 Bridgend	2:29.27
18 James, Lucy	13 Torfaen Dolphins	2:31.87
19 Withey, Georgia	14 Abertillery	2:32.63
20 Nash, Angharad	14 Torfaen Dolphins	2:32.79
21 Childs, Laura	13 City of Cardiff	2:33.65
22 Lewis, Helen	13 Merthyr Tydfil	2:33.96
23 McCloy, Ellie	14 Bridgend	2:34.03
24 Mason, Teoni	13 Blaenafon B	2:34.08
25 Creasey, Lucy	13 City of Newport	2:34.53
26 Brunnock, Abigail	14 City of Newport	2:34.93
27 Jenkins, Kate	13 Heads of Valley	2:34.96
28 Jones, Alicia	13 Merthyr Tydfil	2:35.07
29 Thomas, Anya	13 City of Newport	2:35.89
30 McCulloch, Ffion	13 City of Cardiff	2:37.90
31 Thomas, Ellie	14 Blaenafon B	2:38.75
32 Walker, Caitlin	13 City of Cardiff	2:38.93
33 Wilkins, Evie	14 Heads of Valley	2:39.65

34 Morgan, Sophie	13 Llantrisant	2:39.99
35 Klappholz, Rebecca	14 Heads of Valley	2:43.20
36 Harris, Shannon	14 Cwmbran	2:43.67
37 Baker, Seren	13 City of Cardiff	2:43.76
38 Durban, Freya	13 Abertillery	2:46.28
39 Watkins, Rhiannon	14 Blaenafon B	2:49.41
40 Jones, Seren	13 City of Newport	2:50.96
41 Flack, Eleanor	14 Chepstow	2:51.17
42 Palin, Molly	14 Heads of Valley	2:51.63
43 Underwood, Rebecca	13 Cwmbran	2:51.71
44 Horscroft-Preest, Lowri	13 Llantrisant	2:52.79

Event 18 Girls 15-16 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Bryce, Erin	16 City of Newport	2:07.22
2 Morgan, Grace	15 Bridgend	2:08.79
3 Sloan, Hannah	15 Bridgend	2:09.11
4 Compton, Olivia	15 Bridgend	2:10.47
5 Harvey, Morgan	15 City of Cardiff	2:10.82
6 Richards, Amy	16 Heads of Valley	2:10.84
7 Sutton, Emma	16 Llantrisant	2:11.68
8 Beynon, Annaliese	15 City of Cardiff	2:11.98
9 Thomas, Emme	15 City of Newport	2:13.93
10 Jerrett, Bethan	15 City of Cardiff	2:14.05
11 Walters, Jessie	16 Llantrisant	2:14.29
12 McCulloch, Elizabeth	16 City of Cardiff	2:14.73
13 Murray, Claudia	15 City of Cardiff	2:15.28
14 Jones, Caitlin	15 City of Cardiff	2:15.30
15 Gibbs, Livvy	15 Bridgend	2:15.47
16 Burch, India	15 City of Cardiff	2:15.71
17 Evans, Nia	15 City of Cardiff	2:15.87
18 Murray, Olivia	16 City of Cardiff	2:15.88
19 Collingbourne, Sioned	15 City of Newport	2:16.00
20 Jones, Hannah	15 City of Newport	2:16.24
21 Jenkins, Hannah	15 Bridgend	2:17.39
22 Gilson, Robyn	15 Abertillery	2:18.44
23 Andrews, Ffion	15 City of Cardiff	2:20.01
24 Haines, Rhiannon	15 Bridgend	2:20.58
25 Beard, Celyn	15 Torfaen Dolphins	2:23.52
26 Edmonds, Amelia	16 Llantrisant	2:24.11
27 Eckley, Megan	15 City of Cardiff	2:24.72
28 Waite, Ffion	16 City of Newport	2:25.42
29 Warren, Faye	15 Llantrisant	2:27.17
30 Huntley, Amy	15 City of Cardiff	2:27.47
31 Clark, Georgia-Mai	15 Torfaen Dolphins	2:28.37
32 Causon, Hannah	15 Merthyr Tydfil	2:30.83
33 Jenkins, Sarah	15 Bridgend	2:30.84
34 Davies, Grace	16 Caerphilly	2:31.29
35 Howell, Mali	15 Bridgend	2:32.08
36 Horscroft-Preest, Bethan	15 Llantrisant	2:34.51
37 Partridge, Morgan	15 Abertillery	2:35.26
38 Jones, Molly	16 Llantrisant	2:38.16
39 Davies, Lauren	16 Llantrisant	2:42.95
40 Wallbank, Abigail	15 Caerphilly	2:48.92
41 Hughes, Amy	15 City of Newport	2:51.11

Event 18 Girls 17 & Over 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Stevenson, Emilia	17 Bridgend	2:03.60
2 Hoyle, Katie	17 Torfaen Dolphins	2:04.56
3 Rees, Katie	17 Bridgend	2:06.12
4 Al Kelaby, Zena	17 City of Cardiff	2:06.46

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(Event 18 Girls 17 & Over 200 SC Meter Freestyle)

Name	Age Team	Finals Time
5 Harris, Seren	17 City of Cardiff	2:06.68
6 Williams, Lauren	18 Torfaen Dolphins	2:12.01
7 Lock, Catherine	18 City of Cardiff	2:12.83
8 Matthews, Brody	17 Abertillery	2:13.42
9 Hunt, Imogen	17 Bridgend	2:17.71
10 O'Brien, Megan	18 City of Cardiff	2:19.94
11 Mogg, Isobel	17 Heads of Valley	2:20.10
12 Thomas, Louisa	17 Bridgend	2:20.33
13 Vaisey, Rhiannon	17 Abertillery	2:20.68
14 Flynn, Lauren	17 Merthyr Tydfil	2:26.48
15 Thomas, Chloe	17 Bridgend	2:50.85

Event 19 Girls 10 Year Olds 50 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 Stephens, Arwen	10 City of Cardiff	32.42
2 Rosser, Cerys	10 Torfaen Dolphins	33.97
3 Stride, Tamzin	10 Cwmbran	35.26
4 Legg, Caitlin	10 Caerphilly	39.20
5 Overton, Caitlin	10 Abertillery	39.56
6 Jones, Cerys	10 Llantrisant	39.90
7 Faulkner, Marie	10 Caerphilly	40.07
8 Withers-Boalch, Isobel	10 City of Cardiff	40.64

Event 19 Girls 10 Year Olds 50 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Stephens, Arwen	10 City of Cardiff	32.66
2 Stride, Tamzin	10 Cwmbran	34.88
3 Rosser, Cerys	10 Torfaen Dolphins	35.56
4 Overton, Caitlin	10 Abertillery	39.25
5 Withers-Boalch, Isobel	10 City of Cardiff	39.41
6 Faulkner, Marie	10 Caerphilly	39.67
7 Legg, Caitlin	10 Caerphilly	39.91
8 Jones, Cerys	10 Llantrisant	40.07
9 Mulligan, Millie	10 City of Newport	40.32
10 Hallett, Jo	10 Chepstow	41.03
11 Rees, Eleanor	10 Llantrisant	42.03

Event 19 Girls 11-12 50 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 Harry, Darcey	12 City of Cardiff	29.30
2 Major, Scarlet	12 City of Newport	29.92
3 De Torres, Becci	11 City of Cardiff	30.06
4 Withers-Boalch, Georgina	12 City of Cardiff	30.48
5 Moretti, Morgana	12 City of Cardiff	30.88
6 Carr, Georgia	12 City of Cardiff	31.68
7 Hoare, Emily	12 Bridgend	31.74
8 Witchell, Bethan	12 City of Cardiff	32.46

Event 19 Girls 11-12 50 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Harry, Darcey	12 City of Cardiff	29.64
2 De Torres, Becci	11 City of Cardiff	29.88
3 Major, Scarlet	12 City of Newport	29.96
4 Withers-Boalch, Georgina	12 City of Cardiff	30.21
5 Moretti, Morgana	12 City of Cardiff	30.81
6 Carr, Georgia	12 City of Cardiff	31.44

7 Hoare, Emily	12 Bridgend	31.91
8 Miles, Grace	12 Chepstow	32.28
9 Witchell, Bethan	12 City of Cardiff	32.51
10 Shelton, Amy	11 City of Cardiff	32.57
11 Nicholls, Hannah	11 Caerphilly	32.68
12 Richards, Shea	12 City of Newport	33.16
13 Jones, Angharad	12 Bridgend	33.43
14 Clode, Amelie	12 Bridgend	33.56
15 Beynon, Bethan	12 City of Cardiff	33.57
16 Marsh, Sophie	12 Merthyr Tydfil	33.81
17 Skyrme, Lowri	12 City of Cardiff	33.93
18 Baker, Alyssa	11 Torfaen Dolphins	34.10
19 Boswall, Saffron	11 City of Cardiff	34.16
20 Norris, Alyssa	12 Caerphilly	34.17
21 Vaisey, Cerys	12 Abertillery	34.44
22 Colley, Lauren	11 Bridgend	34.66
23 Davidson, Hannah	12 Bridgend	34.97
24 Domican, Rosie	11 City of Cardiff	35.13
25 Willis, Laura	12 Monnow	35.30
*26 Phillips, Ella	12 City of Cardiff	35.35
*26 Perham, Lois	11 Llantrisant	35.35
28 Crisp, Caitlyn	12 City of Cardiff	35.51
29 Date, Alana	11 City of Cardiff	35.52
30 Leaf, Hattie	12 Chepstow	35.61
31 Williams, Mia	12 Llantrisant	35.63
32 Nicholas, Catrin	12 Bridgend	35.70
33 O'Callaghan, Jennifer	11 City of Cardiff	35.84
34 Wyatt, Chloe	12 Bridgend	35.91
35 McCloy, Meg	12 Bridgend	36.12
36 Rowe, Rhiannon	11 Heads of Valley	36.13
37 Goddard, Mia	12 City of Cardiff	36.72
38 Dallyn, Isobel	11 Chepstow	36.77
39 Thorne, Immie	12 Chepstow	36.98
40 Evans, Sophia	11 City of Newport	37.03
41 Piotrowska, Martyna	11 Cwmbran	37.08
42 Ward, Ellie	11 City of Newport	37.16
43 Kehl, Harriet	12 Llantrisant	37.28
44 Davies, Ruby	12 Bridgend	37.33
45 Murphy, Caitlyn	12 Rhondda	37.34
46 Saunders, Rebecca	12 Heads of Valley	37.86
47 Hallett, Isabel	12 Chepstow	37.97
48 Havard, Carys-Mai	12 Abertillery	37.99
49 Davies, Tegan	11 Bridgend	38.08
50 Morgan, Isabel	11 City of Cardiff	38.09
51 Murray, Erin	12 Llantrisant	38.13
52 Tarpey, Aoife	11 Bridgend	38.23
53 Morgan, Bethan	11 Bridgend	38.27
54 Clark, Luci-Ann	12 Torfaen Dolphins	38.31
55 Smith, Mia	11 Blaenafon B	38.38
56 Griffith, Lili	12 Llantrisant	38.50
57 Groves, Ella-Mai	12 Blaenafon B	38.52
58 Piotrowska, Kaja	11 Cwmbran	39.59
59 Bond, Sasha	11 Llantrisant	43.31
--- Goggin-Jones, Poppy	11 Merthyr Tydfil	DQ

Event 20 Boys 10 Year Olds 100 SC Meter Breaststroke

Name	Age Team	Finals Time
Finals		
1 Coppen, Harrison	10 Chepstow	1:47.88
2 Geysen-Holley, Max	10 Bridgend	1:57.31

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Event 20 Boys 10 Year Olds 100 SC Meter Breaststroke									
Name	Age	Team	Prelim Time						
Preliminaries				14	Jenkins, Emily	14	Bridgend	1:07.05	
1	Coppen, Harrison	10	Chepstow	1:49.21	15	Hutchinson, Lili-May	13	City of Cardiff	1:07.19
2	Geysen-Holley, Max	10	Bridgend	2:00.07	16	Thomas, Amy	13	Bridgend	1:07.38
Event 20 Boys 11-12 100 SC Meter Breaststroke				17	Richards, Brooke	13	Llantrisant	1:07.68	
Name	Age	Team	Finals Time	18	Ezard, Emily	13	Bridgend	1:07.73	
Finals				19	Hollings, Georgia	14	Abertillery	1:07.81	
1	Murray, Adam	12	City of Cardiff	1:31.56	20	Lawlor, Ciara	13	City of Newport	1:07.88
2	Salmon, Carwyn	12	Llantrisant	1:32.07	21	Bryce, Millie	13	Bridgend	1:08.44
3	Coppen, Jensen	12	Chepstow	1:32.92	22	James, Lucy	13	Torfaen Dolphins	1:08.60
4	Phinnemore, Osian	11	Bridgend	1:41.47	23	Haeffner, Evie	14	Chepstow	1:08.72
5	Arnold, Jack	12	Abertillery	1:41.89	24	Davies, Katie	14	Merthyr Tydfil	1:08.94
6	Davies, Gruff	11	Torfaen Dolphins	1:41.92	25	Maiden, Mya	14	Merthyr Tydfil	1:09.08
7	Clement, Logan	11	Llantrisant	1:46.24	26	Harries, Megan	14	Merthyr Tydfil	1:09.09
---	Johnson, Finnley	12	City of Newport	x1:52.98	27	Childs, Laura	13	City of Cardiff	1:09.15
Event 20 Boys 11-12 100 SC Meter Breaststroke				28	Withey, Georgia	14	Abertillery	1:09.33	
Name	Age	Team	Prelim Time	29	Kelly, Ruby	13	City of Newport	1:09.46	
Preliminaries				30	Higgins, Catrina	13	Heads of Valley	1:09.82	
1	Murray, Adam	12	City of Cardiff	1:32.46	31	Holmes, Eleri	13	City of Cardiff	1:09.86
2	Salmon, Carwyn	12	Llantrisant	1:34.07	32	Jenkins, Kate	13	Heads of Valley	1:09.95
3	Coppen, Jensen	12	Chepstow	1:35.91	33	Rutter, Jessica	13	City of Cardiff	1:10.01
4	Arnold, Jack	12	Abertillery	1:41.44	34	Powell, Lowri	14	Torfaen Dolphins	1:10.44
5	Phinnemore, Osian	11	Bridgend	1:42.09	35	Jones, Alicia	13	Merthyr Tydfil	1:10.73
6	Davies, Gruff	11	Torfaen Dolphins	1:44.75	36	Board, Mia	13	City of Newport	1:10.83
7	Clement, Logan	11	Llantrisant	1:46.59	37	Childs, Darcie	14	City of Newport	1:11.21
8	Johnson, Finnley	12	City of Newport	1:52.96	38	McCloy, Ellie	14	Bridgend	1:11.23
---	Young, Ellis	12	City of Cardiff	DQ	39	Lewis, Helen	13	Merthyr Tydfil	1:11.29
---	Szentpeteri, Mark	11	City of Cardiff	DQ	40	Arch, Mared	13	City of Cardiff	1:11.32
Event 21 Girls 13-14 100 SC Meter Freestyle				41	John, Catrin	14	City of Cardiff	1:11.55	
Name	Age	Team	Finals Time	42	Creasey, Lucy	13	City of Newport	1:11.78	
Finals				*43	Wilkins, Evie	14	Heads of Valley	1:11.98	
1	Sutton, Rebecca	14	Bridgend	57.78	*43	Thomas, Ellie	14	Blaenafon B	1:11.98
2	Allison, Megan	13	City of Newport	1:02.68	45	Rowles, Freya	14	Blaenafon B	1:12.25
3	English, Katie	14	City of Newport	1:03.00	46	Mason, Teoni	13	Blaenafon B	1:12.46
4	Manship, Alice	14	City of Newport	1:03.08	47	Walters, Aisha	13	Merthyr Tydfil	1:12.48
5	Watson, Freya	14	Heads of Valley	1:04.26	48	Davidson, Sarah	14	Bridgend	1:12.85
6	McAllister-Sutton, Lily	13	City of Cardiff	1:04.96	49	Brunnock, Abigail	14	City of Newport	1:13.04
7	Thomas, Niamh	14	City of Newport	1:05.29	50	McCulloch, Ffion	13	City of Cardiff	1:13.70
8	Blake, Sophie	14	Torfaen Dolphins	1:05.71	51	Thomas, Anya	13	City of Newport	1:13.82
Event 21 Girls 13-14 100 SC Meter Freestyle				52	Evren, Isabelle	14	Torfaen Dolphins	1:14.12	
Name	Age	Team	Prelim Time	53	Legg, Abbie	13	Caerphilly	1:14.32	
Preliminaries				*54	Clemett, Jamie	14	City of Newport	1:14.33	
1	Sutton, Rebecca	14	Bridgend	58.74	*54	Snow, Sophie	13	City of Cardiff	1:14.33
2	English, Katie	14	City of Newport	1:03.07	56	Morgan, Grace	13	City of Cardiff	1:14.94
3	Allison, Megan	13	City of Newport	1:03.39	57	Harry, Lauren	13	Bridgend	1:14.95
4	Manship, Alice	14	City of Newport	1:03.47	58	Harper, Fizz	14	Chepstow	1:15.10
5	McAllister-Sutton, Lily	13	City of Cardiff	1:04.54	59	Flood, Holly	13	Llantrisant	1:15.13
*6	Blake, Sophie	14	Torfaen Dolphins	1:04.59	60	Klappholz, Rebecca	14	Heads of Valley	1:15.22
*6	Watson, Freya	14	Heads of Valley	1:04.59	61	Withey, Morgan	14	Rhondda	1:15.49
8	Thomas, Niamh	14	City of Newport	1:05.77	62	Baker, Seren	13	City of Cardiff	1:15.52
9	Morris, Ciara	13	City of Cardiff	1:06.13	63	Robotham, Lara	13	Bridgend	1:15.64
10	Evans, Holly	13	Bridgend	1:06.66	64	Walker, Caitlin	13	City of Cardiff	1:15.78
11	Morris, Elen	13	City of Cardiff	1:06.69	65	Davies, Megan	13	Bridgend	1:15.88
*12	Randell, Niamh	14	Llantrisant	1:06.98	66	Flack, Eleanor	14	Chepstow	1:16.03
*12	Clode, Meriel	14	Bridgend	1:06.98	67	Freegard, Aimee	13	Pontypridd	1:16.19
				68	Durban, Freya	13	Abertillery	1:16.32	
				69	Stallard, Martha	13	City of Cardiff	1:16.77	
				70	Harris-Thomas, Elle	13	Chepstow	1:17.04	
				71	Horscroft-Preest, Lowri	13	Llantrisant	1:17.29	
				72	Palin, Molly	14	Heads of Valley	1:17.63	
				73	Lewis, Jessica	14	Llantrisant	1:17.90	
				74	Othen, Lara	13	Torfaen Dolphins	1:18.02	
				75	Jones, Seren	13	City of Newport	1:19.07	

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Preliminaries ... (Event 21 Girls 13-14 100 SC Meter Freestyle)

Name	Age Team	Prelim Time
76 Watkins, Rhiannon	14 Blaenafon B	1:19.31
77 Goold, Jessica	13 Heads of Valley	1:19.52
78 Heward, Demi	14 Blaenafon B	1:20.30
79 Smith, Heather	13 Heads of Valley	1:20.31
80 Davies, Cerys	13 Cwmbran	1:21.27
81 Davies, Eve	14 Bridgend	1:22.42
82 Johnson, Charlie-Ann	13 City of Newport	1:24.23
--- Edwards, Alys	13 Llantrisant	DQ
--- Morgan, Sophie	13 Llantrisant	DQ

Event 21 Girls 15-16 100 SC Meter Freestyle

Name	Age Team	Finals Time
1 Richards, Amy	16 Heads of Valley	59.44
2 Beynon, Annaliese	15 City of Cardiff	59.57
3 Bryce, Erin	16 City of Newport	59.84
4 Sloan, Hannah	15 Bridgend	1:00.24
5 Sutton, Emma	16 Llantrisant	1:00.34
6 Compton, Olivia	15 Bridgend	1:00.84
7 Squire, Megan	16 City of Cardiff	1:01.53
8 Walters, Jessie	16 Llantrisant	1:01.88

Event 21 Girls 15-16 100 SC Meter Freestyle

Name	Age Team	Prelim Time
1 Bryce, Erin	16 City of Newport	1:00.16
*2 Richards, Amy	16 Heads of Valley	1:00.27
*2 Beynon, Annaliese	15 City of Cardiff	1:00.27
4 Sutton, Emma	16 Llantrisant	1:00.31
5 Sloan, Hannah	15 Bridgend	1:00.53
6 Compton, Olivia	15 Bridgend	1:01.10
7 Squire, Megan	16 City of Cardiff	1:01.28
8 Walters, Jessie	16 Llantrisant	1:01.43
9 Burch, India	15 City of Cardiff	1:01.64
10 McCormack, Ciara	16 City of Cardiff	1:02.62
*11 McCulloch, Elizabeth	16 City of Cardiff	1:02.69
*11 Harvey, Morgan	15 City of Cardiff	1:02.69
13 Jerrett, Bethan	15 City of Cardiff	1:02.90
14 Stockley, Lauren	16 Torfaen Dolphins	1:03.00
15 Murray, Claudia	15 City of Cardiff	1:03.13
16 Thomas, Emme	15 City of Newport	1:03.76
17 Jones, Caitlin	15 City of Cardiff	1:03.84
18 Haines, Rhiannon	15 Bridgend	1:03.95
19 Gibbs, Livvy	15 Bridgend	1:03.99
20 Murray, Olivia	16 City of Cardiff	1:04.17
21 Gilson, Robyn	15 Abertillery	1:04.30
22 Groves, Chloe	16 Blaenafon B	1:04.41
23 Jones, Hannah	15 City of Newport	1:04.42
24 Evans, Nia	15 City of Cardiff	1:04.56
25 Jenkins, Hannah	15 Bridgend	1:04.57
26 Nicholas, Megan	15 Bridgend	1:04.62
27 Bond, Amy	16 City of Cardiff	1:04.83
28 Meese, Anna	15 City of Newport	1:04.93
29 Andrews, Ffion	15 City of Cardiff	1:05.50
30 Strinati, Sophia	16 City of Cardiff	1:05.52
31 Andrews, Rebecca	15 City of Cardiff	1:05.80
32 Eckley, Megan	15 City of Cardiff	1:06.45
33 King, Lauren	15 City of Newport	1:06.48
34 Causon, Hannah	15 Merthyr Tydfil	1:07.20

35 Waite, Ffion	16 City of Newport	1:07.25
36 Huntley, Amy	15 City of Cardiff	1:07.46
37 Freeman, Rebecca	16 Torfaen Dolphins	1:07.97
38 Edmonds, Amelia	16 Llantrisant	1:08.22
39 Horscroft-Preest, Bethan	15 Llantrisant	1:08.48
40 Warren, Faye	15 Llantrisant	1:08.86
41 Prothero, Hannah	15 Torfaen Dolphins	1:09.62
42 Howell, Mali	15 Bridgend	1:09.88
43 Jenkins, Sarah	15 Bridgend	1:10.03
44 Jones, Ceri	15 City of Newport	1:10.93
45 Partridge, Morgan	15 Abertillery	1:11.06
46 Evans, Seren	15 City of Cardiff	1:11.17
47 Clark, Georgia-Mai	15 Torfaen Dolphins	1:11.21
48 Jenkins, Bethan	15 Bridgend	1:11.69
49 Davies, Lauren	16 Llantrisant	1:15.99
50 Jones, Molly	16 Llantrisant	1:16.14
51 Draper, Branwen	16 Rhondda	1:21.62
52 Johnson, Joanna	15 Chepstow	1:25.36

Event 21 Girls 17 & Over 100 SC Meter Freestyle

Name	Age Team	Finals Time
1 Hoyle, Katie	17 Torfaen Dolphins	58.10
2 Stevenson, Emilia	17 Bridgend	58.58
3 Rees, Katie	17 Bridgend	58.89
4 Jones, Harriet	18 City of Cardiff	59.17
5 Williams, Lauren	18 Torfaen Dolphins	59.41
6 Al Kelaby, Zena	17 City of Cardiff	1:00.41
7 Harris, Seren	17 City of Cardiff	1:00.48
8 Beetham, Hannah	17 City of Newport	1:01.09

Event 21 Girls 17 & Over 100 SC Meter Freestyle

Name	Age Team	Prelim Time
11 Matthews, Brody	17 Abertillery	1:03.19
12 Vaisey, Rhiannon	17 Abertillery	1:03.32
13 Hunt, Imogen	17 Bridgend	1:03.62
14 Oliver, Carys	17 Llantrisant	1:04.31
15 Plumley, Ellie	18 Torfaen Dolphins	1:04.43
16 Flynn, Lauren	17 Merthyr Tydfil	1:05.39
17 O'Brien, Megan	18 City of Cardiff	1:05.73
18 Boyles, Hedd-Wyn	17 Caerphilly	1:06.15
19 Thomas, Louisa	17 Bridgend	1:06.86
20 Morgan, Anna	18 Bridgend	1:07.00
21 Jones, Megan	17 Torfaen Dolphins	1:08.24
22 Morgan, Emily	17 Torfaen Dolphins	1:14.50
23 Thomas, Chloe	17 Bridgend	1:17.84
24 Smith, Emily	17 Caerphilly	1:18.75

Event 22 Girls 11-12 200 SC Meter IM

Name	Age Team	Finals Time
1 Major, Scarlet	12 City of Newport	2:37.31

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(Event 22 Girls 11-12 200 SC Meter IM)

Name	Age Team	Finals Time
2 Withers-Boalch, Georgina	12 City of Cardiff	2:41.88
3 Morris, Emily	12 Bridgend	2:44.38
4 Harry, Darcey	12 City of Cardiff	2:46.48
5 Hoare, Emily	12 Bridgend	2:48.72
6 Moretti, Morgana	12 City of Cardiff	2:49.83
7 Witchell, Bethan	12 City of Cardiff	2:52.94
8 De Torres, Becci	11 City of Cardiff	2:53.87
9 Cowley, Jessica	12 Torfaen Dolphins	2:58.54
10 Colley, Lauren	11 Bridgend	2:59.26
11 Shelton, Amy	11 City of Cardiff	2:59.92
12 Marsh, Sophie	12 Merthyr Tydfil	3:00.47
13 Richards, Shea	12 City of Newport	3:00.84
14 Clode, Amelie	12 Bridgend	3:02.07
15 Phillips, Ella	12 City of Cardiff	3:02.26
16 Boswall, Saffron	11 City of Cardiff	3:03.59
17 Carr, Georgia	12 City of Cardiff	3:04.04
18 Rowe, Rhiannon	11 Heads of Valley	3:04.45
19 Beynon, Bethan	12 City of Cardiff	3:05.24
20 Warrender, Niamh	11 Torfaen Dolphins	3:05.77
21 Protheroe, Chloe	12 Bridgend	3:07.26
22 Baker, Alyssa	11 Torfaen Dolphins	3:09.27
23 Crisp, Caitlyn	12 City of Cardiff	3:09.75
24 Davidson, Hannah	12 Bridgend	3:10.24
25 Norris, Alyssa	12 Caerphilly	3:11.81
26 Nicholls, Hannah	11 Caerphilly	3:12.26
27 Domican, Rosie	11 City of Cardiff	3:12.30
28 Palin, Maisy	11 Heads of Valley	3:13.13
29 Date, Alana	11 City of Cardiff	3:13.70
30 Nicholas, Catrin	12 Bridgend	3:14.70
31 Ellis, Jasmine	11 Cwmbran	3:15.93
32 Perham, Lois	11 Llantrisant	3:16.01
33 Ward, Ellie	11 City of Newport	3:16.63
34 Tarpey, Aoife	11 Bridgend	3:17.75
35 Morgans, Caitlin	12 Caerphilly	3:17.76
36 Skyrme, Lowri	12 City of Cardiff	3:20.30
37 Goddard, Mia	12 City of Cardiff	3:20.55
38 Morgan, Isabel	11 City of Cardiff	3:21.65
39 O'Callaghan, Jennifer	11 City of Cardiff	3:21.66
40 McCloy, Meg	12 Bridgend	3:21.89
41 Prosser-Davies, Amelia	12 Chepstow	3:23.32
42 Thorne, Immie	12 Chepstow	3:26.03
43 Thomas, Zoe	11 Bridgend	3:26.10
44 Hallett, Isabel	12 Chepstow	3:26.26
45 Leaf, Hattie	12 Chepstow	3:27.26
--- Morgan, Bethan	11 Bridgend	x3:36.84
--- Williams, Mia	12 Llantrisant	DQ
--- Jones, Angharad	12 Bridgend	DQ
--- Saunders, Rebecca	12 Heads of Valley	DQ
--- Wyatt, Chloe	12 Bridgend	DQ
--- Dallyn, Isobel	11 Chepstow	DQ
--- Kehl, Harriet	12 Llantrisant	DQ

Event 23 Boys 13-14 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Evans, Ioan	13 Bridgend	2:14.09
2 Parfitt, Shaye	14 Heads of Valley	2:22.53
3 Savva, Theo	13 City of Cardiff	2:26.32
4 Richards, Owen	14 Torfaen Dolphins	2:28.09
5 Wardhaugh, Rhys	13 City of Cardiff	2:28.85
6 Beetham, Jacob	14 City of Newport	2:31.27

7 Harris, Max	13 City of Newport	2:32.42
8 Clarke, Kameron	13 Cwmbran	2:36.22
9 Chooyin, Benjamin	13 City of Cardiff	2:46.83
10 Savage- Taylor, Tomos	13 Heads of Valley	2:48.84
11 Hunt, Tobias	14 Bridgend	2:51.02
12 Taylor, Samuel	14 Caerphilly	2:51.99
13 Gibbs, Morgan	13 Bridgend	2:52.09
14 Greenslade, Josh	14 Torfaen Dolphins	2:53.32
15 Bennett, Jack	13 Torfaen Dolphins	2:54.62
16 Jenkins, Rhodri	13 Merthyr Tydfil	2:54.86
17 Blore, Matthew	14 Chepstow	2:57.59
18 Jones, Kyran	13 Caerphilly	3:06.58

Event 23 Boys 15-16 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 James, Rhys	15 City of Cardiff	2:16.10
2 Fairless, Jon	16 Torfaen Dolphins	2:18.77
3 Coombes, Jay	15 Llantrisant	2:22.04
4 Hodgson, Ben	16 Bridgend	2:22.21
5 Bryce, Aidan	15 City of Newport	2:24.14
6 Cook, Jacob	15 City of Cardiff	2:25.98
7 Parkinson, Jamie	15 Torfaen Dolphins	2:30.64
8 Othen, Ross	16 Torfaen Dolphins	2:30.76
9 Herbert, Tomos	15 City of Cardiff	2:32.29
10 Saunders, Liam	16 Heads of Valley	2:33.75
11 Thomas, Lewis	15 Llantrisant	2:35.70
12 Jenkins, Cameron	16 Llantrisant	2:38.08
13 Francis, Iestyn	16 Llantrisant	2:44.75

Event 23 Boys 17 & Over 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Brown, Cameron	19 City of Newport	2:09.18
2 Ryley, William	17 City of Newport	2:10.25
3 Jones, Dylan	19 Torfaen Dolphins	2:10.71
4 Durrant, William	17 Bridgend	2:10.97
5 Abdulmajed, Zayd	17 Bridgend	2:11.98
6 Davies, Grant	19 Llantrisant	2:16.29
7 Jones, Rhys	18 Llantrisant	2:16.81
8 Bridges, Dylan	18 Llantrisant	2:32.93
9 Waite, Stephen	17 City of Newport	2:33.86

Event 24 Boys 10 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Merriman, Ben	10 Heads of Valley	41.24
2 Coppen, Harrison	10 Chepstow	46.75
3 Geysen-Holley, Max	10 Bridgend	48.40
4 Rees, Garyn	10 Rhondda	50.93

Event 24 Boys 10 Year Olds 50 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 Merriman, Ben	10 Heads of Valley	41.18
2 Coppen, Harrison	10 Chepstow	48.15
3 Geysen-Holley, Max	10 Bridgend	49.70
4 Rees, Garyn	10 Rhondda	50.00

Event 24 Boys 11-12 50 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 Murray, Adam	12 City of Cardiff	34.02
2 Leach, Owen	12 Bridgend	36.60
3 Knight, Jack	12 City of Newport	37.44

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Finals ... (Event 24 Boys 11-12 50 SC Meter Backstroke)

Name	Age Team	Finals Time
4 Salmon, Carwyn	12 Llantrisant	37.64
5 Parfitt, Mason	12 Heads of Valley	38.44
6 Wardhaugh, Cai	11 City of Cardiff	38.51
7 Phinnemore, Osian	11 Bridgend	38.82
8 Edwards, Kaden	11 City of Cardiff	40.07

Event 24 Boys 11-12 50 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 Murray, Adam	12 City of Cardiff	34.19
2 Leach, Owen	12 Bridgend	36.67
3 Salmon, Carwyn	12 Llantrisant	37.18
4 Wardhaugh, Cai	11 City of Cardiff	37.80
5 Knight, Jack	12 City of Newport	38.11
6 Parfitt, Mason	12 Heads of Valley	38.15
7 Phinnemore, Osian	11 Bridgend	38.56
8 Edwards, Kaden	11 City of Cardiff	38.82
9 Griffiths, Alex	12 Blaenafon B	39.02
10 Arnold, Jack	12 Abertillery	39.40
11 Jones, Lloyd	11 Merthyr Tydfil	40.39
12 Jenkins, Ellis	11 Merthyr Tydfil	40.79
13 Coppen, Jensen	12 Chepstow	41.70
14 Allen-Ridge, Kasey	11 Abertillery	41.97
15 Salehi-Reyhani, Afshin	11 Cwmbran	42.13
16 Chadwick, Isaac	12 Llantrisant	43.11
17 Lewis, David	12 Merthyr Tydfil	43.77
18 Clement, Logan	11 Llantrisant	44.14
19 Roberts, Ben	12 Caerphilly	44.61
20 Jones, Rhys	11 Caerphilly	45.75
21 Tan, Nicholas	11 Pontypridd	45.97
--- Ernest, Noah	12 City of Cardiff	DQ

Event 25 Girls 10 Year Olds 100 SC Meter Butterfly

Name	Age Team	Finals Time
Finals		
1 Mulligan, Millie	10 City of Newport	1:42.46

Event 25 Girls 10 Year Olds 100 SC Meter Butterfly

Name	Age Team	Prelim Time
Preliminaries		
1 Mulligan, Millie	10 City of Newport	1:41.80

Event 25 Girls 11-12 100 SC Meter Butterfly

Name	Age Team	Finals Time
Finals		
1 Morris, Emily	12 Bridgend	1:16.84
2 Harry, Darcey	12 City of Cardiff	1:16.96
3 Witchell, Bethan	12 City of Cardiff	1:21.18
4 Colley, Lauren	11 Bridgend	1:21.80
5 Nicholas, Catrin	12 Bridgend	1:28.28
6 Jones, Angharad	12 Bridgend	1:31.20
--- Morgan, Bethan	11 Bridgend	x1:39.28

Event 25 Girls 11-12 100 SC Meter Butterfly

Name	Age Team	Prelim Time
Preliminaries		
1 Morris, Emily	12 Bridgend	1:20.49
2 Harry, Darcey	12 City of Cardiff	1:21.72
3 Colley, Lauren	11 Bridgend	1:24.78
4 Witchell, Bethan	12 City of Cardiff	1:24.83

5 Nicholas, Catrin	12 Bridgend	1:27.34
6 Jones, Angharad	12 Bridgend	1:35.47
7 Morgan, Bethan	11 Bridgend	1:38.42

Event 26 Boys 13-14 100 SC Meter Breaststroke

Name	Age Team	Finals Time
Finals		
1 Booth, Kyle	14 City of Cardiff	1:14.36
2 Newman, Bradley	14 City of Cardiff	1:16.67
3 Baker, Luke	14 Torfaen Dolphins	1:20.22
4 Chooyin, Benjamin	13 City of Cardiff	1:23.44
5 Harris, Max	13 City of Newport	1:25.01
6 Thompson, Morgan	13 City of Cardiff	1:25.02
7 Clarke, Kameron	13 Cwmbran	1:26.27
8 Jenkins, Dafydd	13 Bridgend	1:28.25

Event 26 Boys 13-14 100 SC Meter Breaststroke

Name	Age Team	Prelim Time
Preliminaries		
1 Booth, Kyle	14 City of Cardiff	1:15.50
2 Newman, Bradley	14 City of Cardiff	1:17.12
3 Baker, Luke	14 Torfaen Dolphins	1:20.44
4 Harris, Max	13 City of Newport	1:24.40
5 Chooyin, Benjamin	13 City of Cardiff	1:25.99
6 Thompson, Morgan	13 City of Cardiff	1:26.51
7 Clarke, Kameron	13 Cwmbran	1:26.74
8 Jenkins, Dafydd	13 Bridgend	1:27.98
9 Rickard-Frost, Celyn	13 City of Cardiff	1:28.07
10 Rees, Brandon	14 Rhondda	1:30.89
11 Taylor, Samuel	14 Caerphilly	1:31.19
12 O'Hanlon, Michael	13 City of Cardiff	1:32.46
13 Davies, Joe	13 Torfaen Dolphins	1:32.75
14 Thomas, Joshua	14 Merthyr Tydfil	1:34.67
15 Greenslade, Josh	14 Torfaen Dolphins	1:36.66
16 Jones, Luc	13 Torfaen Dolphins	1:39.66
--- Chim, Danny	14 Bridgend	DQ
--- Couston, Will	13 City of Cardiff	DQ

Event 26 Boys 15-16 100 SC Meter Breaststroke

Name	Age Team	Finals Time
Finals		
1 Williams, Matthew	16 Torfaen Dolphins	1:08.10
2 Rickard-Frost, Rhys	16 City of Cardiff	1:08.94
3 Waters, Lewis	16 City of Newport	1:09.00
4 Flanigan, Andrew	15 City of Cardiff	1:10.90
5 Sansom, Brython	16 City of Newport	1:12.37
6 Hunt-cosh, James	16 Heads of Valley	1:14.55
7 John, Lewys	15 City of Cardiff	1:14.70
8 Cook, Jacob	15 City of Cardiff	1:15.37

Event 26 Boys 15-16 100 SC Meter Breaststroke

Name	Age Team	Prelim Time
Preliminaries		
1 Williams, Matthew	16 Torfaen Dolphins	1:08.28
2 Waters, Lewis	16 City of Newport	1:08.96
3 Rickard-Frost, Rhys	16 City of Cardiff	1:09.90
4 Flanigan, Andrew	15 City of Cardiff	1:11.13
5 Sansom, Brython	16 City of Newport	1:12.12
6 Hunt-cosh, James	16 Heads of Valley	1:14.81
7 John, Lewys	15 City of Cardiff	1:14.97
8 Cook, Jacob	15 City of Cardiff	1:15.02

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Preliminaries ... (Event 26 Boys 15-16 100 SC Meter Breaststroke)

Name	Age Team	Prelim Time
9 Hodgson, Ben	16 Bridgend	1:17.33
*10 Davies, Logan	15 Torfaen Dolphins	1:17.50
*10 Jones, Daniel	16 Torfaen Dolphins	1:17.50

Swim-Off Required

12 Jones, Luke	16 Rhondda	1:17.75
13 Herbert, Tomos	15 City of Cardiff	1:20.15
14 Coombes, Jay	15 Llantrisant	1:20.79
15 Wakefield, Joshua	15 Abertillery	1:21.43
16 Sherman, Ben	15 Torfaen Dolphins	1:23.50
17 Saunders, Liam	16 Heads of Valley	1:25.22
18 Greenslade, Jamie	16 Torfaen Dolphins	1:25.83
19 Baulch, Owain	15 City of Newport	1:25.85
20 Townsend, Harry	15 Torfaen Dolphins	1:26.58
21 James, Morgan	16 Llantrisant	1:26.69
22 Jenkins, Cameron	16 Llantrisant	1:28.38
23 Cook, Owain	15 Bridgend	1:28.80
24 Francis, Iestyn	16 Llantrisant	1:32.17

Event 26 Boys 17 & Over 100 SC Meter Breaststroke

Name	Age Team	Finals Time
Finals		
1 Lewis, James	17 City of Cardiff	1:05.25
2 Davies, Grant	19 Llantrisant	1:10.05
3 Cuer, Tristian	18 City of Newport	1:10.48
4 Brown, Ethan	17 Llantrisant	1:13.01
5 Wilcox, Sam	17 City of Cardiff	1:13.43
6 Jones, Daniel	17 City of Cardiff	1:14.47
7 Abdulmajed, Zayd	17 Bridgend	1:14.58
8 Williams, Thomas	18 City of Cardiff	1:15.86

Event 26 Boys 17 & Over 100 SC Meter Breaststroke

Name	Age Team	Prelim Time
Preliminaries		
1 Lewis, James	17 City of Cardiff	1:05.05
2 Cuer, Tristian	18 City of Newport	1:10.37
3 Davies, Grant	19 Llantrisant	1:11.04
4 Brown, Ethan	17 Llantrisant	1:12.49
5 Wilcox, Sam	17 City of Cardiff	1:13.80
6 Abdulmajed, Zayd	17 Bridgend	1:13.86
7 Jones, Daniel	17 City of Cardiff	1:14.23
8 Williams, Thomas	18 City of Cardiff	1:15.60
9 Sutton, Morgan	17 Bridgend	1:20.09
10 Britton-Yemm, Tomos	17 Abertillery	1:20.37
11 Davies, Owain	17 Heads of Valley	1:20.78
12 Eddy, William	17 City of Cardiff	1:21.46
13 Jones, Rhys	18 Llantrisant	1:22.20
14 Elliott, Alex	17 Torfaen Dolphins	1:25.16
--- Abdulmajed, Matham	21 Bridgend	DQ

Event 27 Boys 11-12 200 SC Meter IM

Name	Age Team	Finals Time
1 Murray, Adam	12 City of Cardiff	2:42.06
2 Leach, Owen	12 Bridgend	2:47.18
3 Ernest, Noah	12 City of Cardiff	2:50.02
4 Szentpeteri, Mark	11 City of Cardiff	2:52.22
5 Salmon, Carwyn	12 Llantrisant	2:54.85
6 Wardhaugh, Cai	11 City of Cardiff	2:57.90
7 Phinnemore, Osian	11 Bridgend	2:59.77
8 Parfitt, Mason	12 Heads of Valley	3:04.49
9 Arnold, Jack	12 Abertillery	3:06.33

10 Edwards, Kaden	11 City of Cardiff	3:07.67
11 Jones, Lloyd	11 Merthyr Tydfil	3:11.93
12 Coppen, Jensen	12 Chepstow	3:12.56
13 Salehi-Reyhani, Afshin	11 Cwmbran	3:17.85
14 Harris, Tyler	12 Torfaen Dolphins	3:19.36
15 Lewis, David	12 Merthyr Tydfil	3:21.63
16 Allen-Ridge, Kasey	11 Abertillery	3:25.09
17 Tucker, Callum	12 Chepstow	3:25.92
18 Jenkins, Ellis	11 Merthyr Tydfil	3:26.60
19 Clement, Logan	11 Llantrisant	3:26.96
20 Johnson, Finnley	12 City of Newport	3:26.99
21 Chadwick, Isaac	12 Llantrisant	3:30.60
--- Hollings, Riley	11 Abertillery	x3:38.51
--- Young, Ellis	12 City of Cardiff	DQ

Event 28 Girls 13-14 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Sutton, Rebecca	14 Bridgend	2:18.65
2 Blake, Sophie	14 Torfaen Dolphins	2:32.74
3 Evans, Holly	13 Bridgend	2:32.86
4 Boswall, Marnie	14 City of Cardiff	2:34.57
5 Horton, Ellie	13 City of Newport	2:34.72
6 Ezard, Emily	13 Bridgend	2:38.87
7 Lawlor, Ciara	13 City of Newport	2:39.62
8 Frizelle, Kiara	14 City of Cardiff	2:39.98
9 Thomas, Niamh	14 City of Newport	2:40.25
10 McAllister-Sutton, Lily	13 City of Cardiff	2:40.38
11 Morris, Niamh	14 City of Cardiff	2:41.44
12 Rutter, Jessica	13 City of Cardiff	2:42.22
13 Randell, Niamh	14 Llantrisant	2:42.56
14 Richards, Brooke	13 Llantrisant	2:43.21
15 Hollings, Georgia	14 Abertillery	2:43.32
16 Morgan, Sophie	13 Llantrisant	2:45.66
17 Jones, Alicia	13 Merthyr Tydfil	2:45.83
18 Maiden, Mya	14 Merthyr Tydfil	2:46.30
19 Holmes, Eleri	13 City of Cardiff	2:46.40
20 Jenkins, Kate	13 Heads of Valley	2:46.74
21 Childs, Laura	13 City of Cardiff	2:46.83
22 Bryce, Millie	13 Bridgend	2:46.90
23 Snow, Sophie	13 City of Cardiff	2:48.48
24 Thomas, Amy	13 Bridgend	2:50.35
25 Board, Mia	13 City of Newport	2:50.77
26 Thomas, Anya	13 City of Newport	2:51.06
27 Harries, Megan	14 Merthyr Tydfil	2:51.74
28 Higgins, Catrina	13 Heads of Valley	2:52.24
29 Mason, Teoni	13 Blaenafon B	2:52.59
30 Brunnock, Abigail	14 City of Newport	2:55.32
31 Rowles, Freya	14 Blaenafon B	2:55.89
32 Lewis, Helen	13 Merthyr Tydfil	2:56.44
33 Baker, Seren	13 City of Cardiff	2:58.64
34 Freegard, Aimee	13 Pontypridd	2:59.08
35 Thomas, Ellie	14 Blaenafon B	3:01.64
36 Walters, Aisha	13 Merthyr Tydfil	3:02.48
37 Davies, Megan	13 Bridgend	3:02.89
38 Lewis, Jessica	14 Llantrisant	3:03.61
39 Flood, Holly	13 Llantrisant	3:06.69
40 Walker, Caitlin	13 City of Cardiff	3:08.55
41 Randall, Sophie	14 Chepstow	3:08.66
42 Goold, Jessica	13 Heads of Valley	3:09.11
43 Smith, Heather	13 Heads of Valley	3:09.28
44 Horscroft-Preest, Lowri	13 Llantrisant	3:11.63
--- Postlethwaite, Grace	14 Llantrisant	DQ

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Event 28 Girls 15-16 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Bryce, Erin	16 City of Newport	2:14.09
2 Sutton, Emma	16 Llantrisant	2:24.01
3 Harvey, Morgan	15 City of Cardiff	2:24.92
4 Compton, Olivia	15 Bridgend	2:25.76
5 Beynon, Annaliese	15 City of Cardiff	2:25.99
6 Sloan, Hannah	15 Bridgend	2:27.55
7 Jones, Caitlin	15 City of Cardiff	2:28.47
8 Gibbs, Livvy	15 Bridgend	2:30.27
9 Haines, Rhiannon	15 Bridgend	2:31.25
10 Strinati, Sophia	16 City of Cardiff	2:32.41
11 Jones, Georgia	15 Chepstow	2:33.55
12 Jenkins, Hannah	15 Bridgend	2:38.07
13 Jones, Hannah	15 City of Newport	2:42.45
14 Freeman, Rebecca	16 Torfaen Dolphins	2:42.99
15 Prothero, Hannah	15 Torfaen Dolphins	2:45.03
16 Jenkins, Sarah	15 Bridgend	2:47.40
17 Causon, Hannah	15 Merthyr Tydfil	2:47.73
18 Edmonds, Amelia	16 Llantrisant	2:48.28
19 Winter, Taylor	15 City of Newport	3:02.68
20 Horscroft-Prest, Bethan	15 Llantrisant	3:06.13
--- Gilson, Robyn	15 Abertillery	DQ

Event 28 Girls 17 & Over 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Ashton, Laura	18 Bridgend	2:19.52
2 Hunt, Imogen	17 Bridgend	2:20.27
3 Jones, Harriet	18 City of Cardiff	2:21.43
4 Rees, Katie	17 Bridgend	2:23.44
5 Connolly, Bethan	17 City of Cardiff	2:26.20
6 Plumley, Ellie	18 Torfaen Dolphins	2:27.17
7 Flynn, Lauren	17 Merthyr Tydfil	2:42.08
8 Morgan, Anna	18 Bridgend	2:49.04

Event 29 Boys 13-14 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Davies, Ioan	14 City of Cardiff	27.25
2 Parfitt, Shaye	14 Heads of Valley	27.36
3 Beetham, Jacob	14 City of Newport	28.08
4 Baker, Luke	14 Torfaen Dolphins	28.17
5 Newman, Bradley	14 City of Cardiff	28.32
6 Evans, Ioan	13 Bridgend	28.65
7 Clarke, Kameron	13 Cwmbran	28.70
8 Booth, Kyle	14 City of Cardiff	28.96

Event 29 Boys 13-14 50 SC Meter Freestyle

Name	Age Team	Prelim Time
1 Davies, Ioan	14 City of Cardiff	27.34
2 Parfitt, Shaye	14 Heads of Valley	27.51
3 Beetham, Jacob	14 City of Newport	27.93
4 Clarke, Kameron	13 Cwmbran	28.10
5 Baker, Luke	14 Torfaen Dolphins	28.14
6 Evans, Ioan	13 Bridgend	28.30
7 Newman, Bradley	14 City of Cardiff	28.41
8 Booth, Kyle	14 City of Cardiff	29.26
9 Rees, Brandon	14 Rhondda	29.51
10 Minto, Tomas	13 City of Cardiff	29.54
11 Thompson, Morgan	13 City of Cardiff	29.78

12 Wardhaugh, Rhys	13 City of Cardiff	30.21
13 Gibbs, Morgan	13 Bridgend	30.88
14 Jenkins, Dafydd	13 Bridgend	31.30
15 Couston, Will	13 City of Cardiff	31.33
16 Williams, Elliot	14 Pontypridd	31.38
17 Watkins, Lloyd	14 Cwmbran	31.46
18 Rickard-Frost, Celyn	13 City of Cardiff	31.56
19 Colmsee, William	13 City of Cardiff	32.13
20 Thomas, Joshua	14 Merthyr Tydfil	32.66
21 O'Hanlon, Michael	13 City of Cardiff	32.67
22 Taylor, Samuel	14 Caerphilly	32.72
23 Cousins, Jacob	13 Llantrisant	33.15
24 Jenkins, Rhodri	13 Merthyr Tydfil	33.21
25 Cooper, Elliot	14 City of Cardiff	33.31
26 Hall, Daniel	13 Chepstow	33.38
27 O Connell, Kian	13 Heads of Valley	33.41
28 Jones, Kyran	13 Caerphilly	33.62
29 Lloyd, Rhys	13 Llantrisant	36.41

Event 29 Boys 15-16 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Williams, Matthew	16 Torfaen Dolphins	24.78
2 Rickard-Frost, Rhys	16 City of Cardiff	25.46
3 James, Rhys	15 City of Cardiff	25.87
4 Sherman, Ben	15 Torfaen Dolphins	26.06
5 Hodgson, Ben	16 Bridgend	26.31
6 Othen, Ross	16 Torfaen Dolphins	26.40
7 Coombes, Jay	15 Llantrisant	26.50
8 Jones, Daniel	16 Torfaen Dolphins	26.62

Event 29 Boys 15-16 50 SC Meter Freestyle

Name	Age Team	Prelim Time
1 Williams, Matthew	16 Torfaen Dolphins	24.71
2 Rickard-Frost, Rhys	16 City of Cardiff	25.65
3 James, Rhys	15 City of Cardiff	25.70
4 Sherman, Ben	15 Torfaen Dolphins	25.84
5 Othen, Ross	16 Torfaen Dolphins	26.40
6 Hodgson, Ben	16 Bridgend	26.47
7 Coombes, Jay	15 Llantrisant	26.53
8 Jones, Daniel	16 Torfaen Dolphins	26.78
9 Minett, Lewis	15 City of Cardiff	26.84
10 Baugh, Jordan	15 Abertillery	27.09
11 Jones, Luke	16 Rhondda	27.60
12 Dickson-Jardine, Ben	15 Bridgend	27.64
13 Sherlock, Evan	16 City of Newport	27.65
14 John, Lewys	15 City of Cardiff	28.16
15 Bryce, Aidan	15 City of Newport	28.35
16 Boladz, Tomas	16 Torfaen Dolphins	28.43
17 Cook, Jacob	15 City of Cardiff	28.69
18 Hunt-cosh, James	16 Heads of Valley	28.75
*19 Thomas, Lewis	15 Llantrisant	28.86
*19 Pryse, Elis	15 Llantrisant	28.86
21 Crispie, Conor	15 City of Cardiff	29.16
*22 Francis, Iestyn	16 Llantrisant	29.60
*22 Gwillim, Ieuan	16 Heads of Valley	29.60
24 Miles, Will	15 Chepstow	29.69
25 Herbert, Tomos	15 City of Cardiff	29.74
26 Edwards, Iwan	15 City of Newport	29.89
27 Andrews, Lewis	15 Cwmbran	29.90

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Preliminaries ... (Event 29 Boys 15-16 50 SC Meter Freestyle)

Name	Age Team	Prelim Time
28 Jenkins, Cameron	16 Llantrisant	30.10
29 Roberts, Daniel	15 Caerphilly	31.04
30 Hathaway, Jack	15 City of Cardiff	31.48
31 Price, Dafydd	15 Torfaen Dolphins	31.59
32 Norris, Connor	15 Caerphilly	31.62
33 Underwood, Ellis	15 Caerphilly	32.56

Event 29 Boys 17 & Over 50 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 Brown, Cameron	19 City of Newport	24.14
2 Jones, Dylan	19 Torfaen Dolphins	24.68
3 Wooller, Jack	18 City of Cardiff	24.99
4 Smith, Alex	20 Torfaen Dolphins	25.00
5 Acland, Connor	19 City of Newport	25.06
6 Lewis, James	17 City of Cardiff	25.27
7 Ryley, William	17 City of Newport	25.50
8 Davies, Grant	19 Llantrisant	25.68

Event 29 Boys 17 & Over 50 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Brown, Cameron	19 City of Newport	24.36
2 Wooller, Jack	18 City of Cardiff	24.82
3 Jones, Dylan	19 Torfaen Dolphins	24.99
4 Smith, Alex	20 Torfaen Dolphins	25.20
5 Acland, Connor	19 City of Newport	25.27
6 Lewis, James	17 City of Cardiff	25.36
7 Davies, Grant	19 Llantrisant	25.50
8 Ryley, William	17 City of Newport	25.61
9 Rosser, Alex	19 Torfaen Dolphins	25.71
10 Abdulmajed, Matham	21 Bridgend	25.72
11 Abdulmajed, Zayd	17 Bridgend	25.81
12 Brown, Huw	17 City of Cardiff	26.18
13 Davies, Matthew	19 Heads of Valley	26.19
14 Cuer, Tristian	18 City of Newport	26.38
15 Lewis, Ashley	21 Bridgend	26.54
16 Thomas, Daniel	18 Cwmbran	26.65
17 Spencer, Gareth	24 Cwmbran	26.66
18 Durrant, William	17 Bridgend	26.85
19 Skuse, Jac	17 City of Cardiff	26.93
20 James, Kane	19 Torfaen Dolphins	27.01
21 Eke, Johnathan	19 City of Newport	27.06
22 Mason, Peter	17 City of Cardiff	27.11
23 Williams, Thomas	18 City of Cardiff	27.13
24 Eddy, William	17 City of Cardiff	27.37
25 Wilcox, Sam	17 City of Cardiff	27.48
26 Britton-Yemm, Tomos	17 Abertillery	27.95
27 Bailey, James	17 City of Cardiff	28.34
28 Davies, Owain	17 Heads of Valley	28.35
29 Sutton, Morgan	17 Bridgend	28.77
30 Ivins, Joshua	17 Cwmbran	30.19

Event 30 Girls 13-14 50 SC Meter Breaststroke

Name	Age Team	Finals Time
Finals		
1 Sutton, Rebecca	14 Bridgend	34.41
2 Boswall, Marnie	14 City of Cardiff	35.57
3 Manship, Alice	14 City of Newport	36.07

4 John, Catrin	14 City of Cardiff	36.69
5 Powell, Lowri	14 Torfaen Dolphins	37.55
6 Bryce, Millie	13 Bridgend	38.09
7 Harris, Ellise	13 Torfaen Dolphins	38.13
8 English, Katie	14 City of Newport	39.39

Event 30 Girls 13-14 50 SC Meter Breaststroke

Name	Age Team	Prelim Time
Preliminaries		
1 Sutton, Rebecca	14 Bridgend	35.42
2 Manship, Alice	14 City of Newport	36.24
3 Boswall, Marnie	14 City of Cardiff	36.49
4 John, Catrin	14 City of Cardiff	37.36
5 Powell, Lowri	14 Torfaen Dolphins	38.00
6 Bryce, Millie	13 Bridgend	38.58
7 Harris, Ellise	13 Torfaen Dolphins	39.13
8 English, Katie	14 City of Newport	39.34
9 Haeffner, Evie	14 Chepstow	39.35
10 Board, Mia	13 City of Newport	39.40
11 McAllister-Sutton, Lily	13 City of Cardiff	39.41
12 Horton, Ellie	13 City of Newport	39.54
13 Warrender, Meg	14 Torfaen Dolphins	39.58
14 Frizelle, Kiara	14 City of Cardiff	39.81
15 Hutchinson, Lili-May	13 City of Cardiff	40.36
16 Rutter, Jessica	13 City of Cardiff	40.37
17 Barry, Eva	13 City of Newport	40.73
18 Todd, Amber	14 City of Cardiff	41.32
*19 Morris, Niamh	14 City of Cardiff	41.33
*19 Palin, Molly	14 Heads of Valley	41.33
*21 Holmes, Eleri	13 City of Cardiff	41.50
*21 Jenkins, Kate	13 Heads of Valley	41.50
23 Hollings, Georgia	14 Abertillery	42.05
24 Randall, Sophie	14 Chepstow	42.39
25 Harries, Megan	14 Merthyr Tydfil	42.41
26 Randell, Niamh	14 Llantrisant	42.52
27 Morgan, Grace	13 City of Cardiff	42.61
28 McRae, Mair	13 Blaenafon B	42.68
29 Davidson, Sarah	14 Bridgend	42.71
30 Maiden, Mya	14 Merthyr Tydfil	42.78
31 Watson, Freya	14 Heads of Valley	42.80
32 Postlethwaite, Grace	14 Llantrisant	42.83
33 Geen, Alicia	13 Cwmbran	42.89
34 Harris, Shannon	14 Cwmbran	42.98
35 Jones, Alicia	13 Merthyr Tydfil	43.18
36 Childs, Laura	13 City of Cardiff	43.43
37 Harry, Lauren	13 Bridgend	44.09
38 Clemett, Jamie	14 City of Newport	44.16
39 Kenrick, Lauren	14 City of Cardiff	44.38
40 Walters, Aisha	13 Merthyr Tydfil	44.40
41 Harper, Fizz	14 Chepstow	44.50
42 Wilkins, Ella	14 Heads of Valley	44.53
43 Richards, Brooke	13 Llantrisant	44.59
44 Noyes, Jordan	14 Cwmbran	45.21
45 Dewar, Megan	13 Cwmbran	45.78
46 Rowles, Freya	14 Blaenafon B	46.05
47 Walker, Caitlin	13 City of Cardiff	46.13
48 McCulloch, Ffion	13 City of Cardiff	46.88
49 Withey, Morgan	14 Rhondda	47.12
50 Davies, Cerys	13 Cwmbran	48.31

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Event 30 Girls 15-16 50 SC Meter Breaststroke			
Name	Age	Team	Finals Time
Finals			
1	Coley, Cerys	16 City of Newport	34.22
2	Beynon, Annaliese	15 City of Cardiff	37.18
3	Watts, Morgan	15 City of Cardiff	37.22
4	Meese, Anna	15 City of Newport	37.78
5	Andrews, Rebecca	15 City of Cardiff	37.95
6	Jones, Georgia	15 Chepstow	38.27
7	Nicholas, Megan	15 Bridgend	38.40
8	Murray, Olivia	16 City of Cardiff	39.14

Event 30 Girls 15-16 50 SC Meter Breaststroke			
Name	Age	Team	Prelim Time
Preliminaries			
1	Coley, Cerys	16 City of Newport	34.80
2	Beynon, Annaliese	15 City of Cardiff	37.59
3	Meese, Anna	15 City of Newport	37.81
4	Watts, Morgan	15 City of Cardiff	38.11
5	Nicholas, Megan	15 Bridgend	38.68
6	Jones, Georgia	15 Chepstow	38.69
7	Andrews, Rebecca	15 City of Cardiff	38.92
8	Murray, Olivia	16 City of Cardiff	39.22
9	Groves, Alicia	15 Cwmbran	39.30
10	Gilson, Robyn	15 Abertillery	39.40
11	Eckley, Megan	15 City of Cardiff	40.22
12	Beard, Celyn	15 Torfaen Dolphins	40.25
13	Haines, Rhiannon	15 Bridgend	40.47
14	Murray, Claudia	15 City of Cardiff	41.60
15	Freeman, Rebecca	16 Torfaen Dolphins	41.90
16	Huntley, Amy	15 City of Cardiff	42.55
17	Partridge, Morgan	15 Abertillery	42.70
18	Causon, Hannah	15 Merthyr Tydfil	43.55
19	Jenkins, Bethan	15 Bridgend	44.74
20	Johnson, Joanna	15 Chepstow	44.89
21	Draper, Branwen	16 Rhondda	45.95
22	Harris, Elinor	15 Cwmbran	47.65

Event 30 Girls 17 & Over 50 SC Meter Breaststroke			
Name	Age	Team	Finals Time
Finals			
1	Rees, Katie	17 Bridgend	35.48
2	Al Kelaby, Zena	17 City of Cardiff	36.03
3	Harris, Seren	17 City of Cardiff	37.01
4	Ashton, Laura	18 Bridgend	37.46
5	Boyles, Hedd-Wyn	17 Caerphilly	37.50
6	Jenkins, Poppy	18 City of Cardiff	37.99
7	Lock, Catherine	18 City of Cardiff	38.21
8	Vaisey, Rhiannon	17 Abertillery	39.32

Event 30 Girls 17 & Over 50 SC Meter Breaststroke			
Name	Age	Team	Prelim Time
Preliminaries			
1	Rees, Katie	17 Bridgend	35.16
2	Al Kelaby, Zena	17 City of Cardiff	36.22
3	Harris, Seren	17 City of Cardiff	36.92
4	Lock, Catherine	18 City of Cardiff	37.95
5	Boyles, Hedd-Wyn	17 Caerphilly	38.40
6	Vaisey, Rhiannon	17 Abertillery	38.62
7	Ashton, Laura	18 Bridgend	38.63
8	Jenkins, Poppy	18 City of Cardiff	38.64

9	Thomas, Hannah	17 Merthyr Tydfil	38.66
10	Matthews, Brody	17 Abertillery	39.81
11	Oliver, Carys	17 Llantrisant	39.96
12	Jones, Megan	17 Torfaen Dolphins	42.72

Event 31 Boys 10 Year Olds 200 SC Meter Freestyle			
Name	Age	Team	Finals Time
1	Coppen, Harrison	10 Chepstow	3:19.06

Event 31 Boys 11-12 200 SC Meter Freestyle			
Name	Age	Team	Finals Time
1	Murray, Adam	12 City of Cardiff	2:22.55
2	Leach, Owen	12 Bridgend	2:23.63
3	Salmon, Carwyn	12 Llantrisant	2:29.73
4	Ernest, Noah	12 City of Cardiff	2:30.87
5	Wardhaugh, Cai	11 City of Cardiff	2:35.58
6	Phinnemore, Osian	11 Bridgend	2:40.10
7	Jones, Lloyd	11 Merthyr Tydfil	2:43.03
8	Edwards, Kaden	11 City of Cardiff	2:44.89
9	Parfitt, Mason	12 Heads of Valley	2:46.37
10	Arnold, Jack	12 Abertillery	2:47.30
11	Young, Ellis	12 City of Cardiff	2:51.05
12	Jenkins, Ellis	11 Merthyr Tydfil	2:52.29
13	Lewis, David	12 Merthyr Tydfil	2:53.48
14	Coppen, Jensen	12 Chepstow	2:54.68
15	Harris, Tyler	12 Torfaen Dolphins	2:54.73
16	Selby, Morgan	12 Llantrisant	2:56.22
17	Jones, Rhys	11 Caerphilly	2:57.79
18	Williams, Thomas	12 Rhondda	2:59.12

Event 32 Boys 13-14 200 SC Meter Butterfly			
Name	Age	Team	Finals Time
1	Richards, Owen	14 Torfaen Dolphins	2:18.33
2	Evans, Ioan	13 Bridgend	2:26.81
3	Davies, Ioan	14 City of Cardiff	2:29.37
4	Chim, Danny	14 Bridgend	2:33.35
5	Savva, Theo	13 City of Cardiff	2:40.48
6	Parfitt, Shayne	14 Heads of Valley	2:43.22
7	Cousins, Jacob	13 Llantrisant	3:00.40
---	Taylor, Samuel	14 Caerphilly	x3:19.23

Event 32 Boys 15-16 200 SC Meter Butterfly			
Name	Age	Team	Finals Time
1	Davies, Logan	15 Torfaen Dolphins	2:15.36
2	Fairless, Jon	16 Torfaen Dolphins	2:22.02
3	Saunders, Liam	16 Heads of Valley	2:35.29
4	Hathaway, Jack	15 City of Cardiff	2:46.84
5	Jenkins, Cameron	16 Llantrisant	2:47.99
6	Price, Dafydd	15 Torfaen Dolphins	2:48.76

Event 32 Boys 17 & Over 200 SC Meter Butterfly			
Name	Age	Team	Finals Time
1	Barron, Thomas	21 Torfaen Dolphins	2:09.72
2	Heatley, Regan	18 City of Cardiff	2:12.88
3	Williams, Thomas	18 City of Cardiff	2:19.38
4	Price, Matthew	19 Torfaen Dolphins	2:19.45
5	Davies, Grant	19 Llantrisant	2:20.53
6	Sutton, Morgan	17 Bridgend	2:25.62
7	Davies, Brandon	19 Torfaen Dolphins	2:26.61

Event 33 Girls 13-14 200 SC Meter Butterfly			
Name	Age	Team	Finals Time
1	Allison, Megan	13 City of Newport	2:29.45

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(Event 33 Girls 13-14 200 SC Meter Butterfly)

Name	Age Team	Finals Time
2 Watson, Freya	14 Heads of Valley	2:34.91
3 Morgan, Mackenzie	13 Torfaen Dolphins	2:43.06
4 Lewis, Helen	13 Merthyr Tydfil	2:50.51
5 Richards, Brooke	13 Llantrisant	2:50.76
6 Childs, Laura	13 City of Cardiff	3:00.29
7 Childs, Darcie	14 City of Newport	3:02.72
8 Randell, Niamh	14 Llantrisant	3:10.59
9 Barry, Eva	13 City of Newport	3:12.98
--- Wilkins, Evie	14 Heads of Valley	x3:21.68
--- Legg, Abbie	13 Caerphilly	x3:21.96

Event 33 Girls 15-16 200 SC Meter Butterfly

Name	Age Team	Finals Time
1 Squire, Megan	16 City of Cardiff	2:24.58
2 Richards, Amy	16 Heads of Valley	2:26.93
3 Compton, Olivia	15 Bridgend	2:27.37
4 Harvey, Morgan	15 City of Cardiff	2:30.83
5 Collingbourne, Sioned	15 City of Newport	2:31.20
6 McCulloch, Elizabeth	16 City of Cardiff	2:41.25
7 Murray, Claudia	15 City of Cardiff	2:49.41
8 Horscroft-Preest, Bethan	15 Llantrisant	3:00.15

Event 33 Girls 17 & Over 200 SC Meter Butterfly

Name	Age Team	Finals Time
1 Jones, Harriet	18 City of Cardiff	2:17.19
2 Rees, Katie	17 Bridgend	2:23.01
3 Al Kelaby, Zena	17 City of Cardiff	2:28.04

Event 34 Girls 10 Year Olds 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Rosser, Cerys	10 Torfaen Dolphins	3:02.76
2 Faulkner, Marie	10 Caerphilly	3:25.31
3 Walker, Eleanor	10 Chepstow	3:41.85
4 Ramsey, Rebekah	10 Heads of Valley	3:50.41

Event 34 Girls 11-12 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Hoare, Emily	12 Bridgend	2:30.51
2 Withers-Boalch, Georgina	12 City of Cardiff	2:37.84
3 Colley, Lauren	11 Bridgend	2:52.42
4 De Torres, Becci	11 City of Cardiff	2:53.13
5 Carr, Georgia	12 City of Cardiff	2:55.74
6 Phillips, Ella	12 City of Cardiff	2:56.08
7 Beynon, Bethan	12 City of Cardiff	2:56.38
8 Warrender, Niamh	11 Torfaen Dolphins	3:00.89
9 Protheroe, Chloe	12 Bridgend	3:01.37
10 Davidson, Hannah	12 Bridgend	3:03.15
11 Baker, Alyssa	11 Torfaen Dolphins	3:03.98
12 Rowe, Rhiannon	11 Heads of Valley	3:04.19
13 Goddard, Mia	12 City of Cardiff	3:08.53
14 Richards, Ffion	12 City of Cardiff	3:15.63
15 Date, Alana	11 City of Cardiff	3:16.50
16 O'Callaghan, Jennifer	11 City of Cardiff	3:19.24
17 Davies, Tegan	11 Bridgend	3:21.79
18 Morgans, Caitlin	12 Caerphilly	3:22.82
19 Fernandez-John, Sofia	11 Caerphilly	3:24.13
--- Tarpey, Aoife	11 Bridgend	DQ