



SWIM WALES
SOUTH EAST WALES
REGION



**‘NO TIME’ GALA
2019**

6th & 7th April 2019
at

**SOUTH EAST WALES REGIONAL POOL
NEWPORT INTERNATIONAL SPORTS VILLAGE**
Velodrome Way
NEWPORT
NP19 4RA

Licence No: 3WL190038

**CLOSING DATE:
FRIDAY 8th MARCH 2019**



SOUTH EAST WALES REGION – ‘NO TIME’ GALA

6th & 7th April 2019

This meet will be swum under the FINA Technical Rules, and Swim Wales Laws,

MEET INFORMATION

1. This competition is designed for swimmers who have yet to record times in the events present in this meet programme. Only swimmers who currently have “No Time” in a short course event, or a long or short course time which has been set prior to 6th April 2018, are eligible to enter that event. Checks may be made on the British Swimming ranking system. Please note that should the Meet organisers become aware that a swimmer has submitted an entry for an event in which they have a ‘ranking’ time, the organisers reserve the right to exclude that swimmer from the whole of the competition.
2. THE ENTRY FEES for the ‘No Time’ Gala will be **£5.00** per individual event (**£6.00 for paper entries**)
3. All events will be HDW.
4. AGE shall be as on the 31st December 2019
5. ENTRIES
- a) Entries may only be accepted from competitors registered as members of Affiliated Clubs, holding either primary or multi registration membership within the South East Wales Region.
 - b) Entries will be received on a ‘first come first served’ basis and accepted up to the maximum which can be accommodated in the time available. However, should the meet be oversubscribed then the Management Committee reserves the right to return entries. In this situation ‘scratching’ will begin with the latest submitted entries.
 - c) Swimmers must only swim for one club during the gala.
 - d) Competitors must have been registered members of the club in whose name they are entered at least 30 days prior to the closing date of the Meet.
 - e) Swimmers must have achieved the standard of the Competitive Start Award in order that they start the events by a dive either from the side of the pool or the starting blocks.
 - f) Swimmers who have not achieved the Competitive Start Award must start in the water.
 - g) It is the responsibility of the coach to ensure the swimmer has reached the standard of the Competitive Start Award.
 - h) An estimated time may be given to assist with the timing of the meet, and to enable better seeding
 - i) Where possible entries should be sent electronically using Hy-Tek Team Manager.
 - j) The events file for use with TM accompanies this meet pack and is available from sewregion@yahoo.co.uk
 - k) Electronic entries should be emailed to: sewregion@yahoo.co.uk
 - l) Entries from clubs should be accompanied by a Payment Summary Sheet and a SINGLE cheque to cover all entries and coach/chaperone poolside passes.
 - m) Cheques should be payable to “Swim Wales South East Region” and sent to Steven Hathway , 108 Queens Drive, Llantwit Fardre, CF38 2PA -: 01443 205198

- n) Please note that entries may be refused if:
they are received without the relevant fee
they are completed incorrectly (Membership number must be included)
they are received after the closing date of Friday 16th March 2018

6. **AGE GROUPS** – 9/10 yrs, 11/12yrs, 13/14/yrs 15/over

7. **MEDALS**

Medals will be awarded for places 1 – 3.

8. **SPECTATORS**

Admission charges: £3.00 per session or £5.00 per day (not including programme)

Please Note: The Spectator Area must be cleared at the end of each session.

9. **MOBILE PHONES**

Mobile phones must not be used in the building.

10. **SESSION TIMES**

This Gala may be held over two days with two sessions each day. If entries are not sufficient, the meet will be held on Saturday only.

All start times will be confirmed following receipt of entries

11. **EVENTS**

- a) Events will be held as shown on the attached programme of events.
- b) Time trials will not be permitted.

12. **OFFICIALS**

- a) Each Club is required to supply at least **two qualified officials per session**.
- b) Officials will be required to follow the protocol which can be down loaded from the Swim Wales web site.

13. **VOLUNTEERS**

Clubs nominated by the Region depending on the number of entries for this event will be requested to supply volunteers.

14. **MEET PROCEDURE**

- a) Heats
Coaches should ensure that swimmers make themselves available for marshalling at least 2 events prior to the event they are competing in.
- b) Starts
Over the top starts will, where necessary or appropriate, be used during the gala.

15. **PASSES**

- a) All Coaches and Chaperones, who will be on the poolside at any time during the competition must have individual accreditation obtained by completing the official form enclosed in this Information Pack.
- b) Sufficient Pool Accreditation will be available for clubs to maintain adequate supervision of their athletes (As a guide a ratio of 1:10 should be considered as the minimum required where athletes are 9 years and over.
(Coaches are not considered Chaperones)
- c) Completed forms must be accompanied by a passport size photograph, unless one is already held on file.
- d) Passes will need to be worn at all times. Anyone without a pass will be asked to leave

- poolside/changing area.
- c) The closing date for passes will be the same as the closing date for entries.
 - d) Applications will not be accepted on the day.

16. **HEALTH AND SAFETY**

- a) It is the responsibility of the swimmer and/or parent/guardian/coach to declare to the referee any disability or medical condition that could present a health or safety risk
- b) If a disability or medical condition exists, swimmers must produce a medical note confirming that their participation presents no health or safety problem

17. **CAMERA USE**

SWIM WALES PHOTOGRAPHY GUIDANCE POLICY

The Swim Wales Guidance Policy is in operation at all S.E.Wales Regional Competitions. It may be viewed at www.swimwales.org/key-documents or available on request from the organisers

Anyone wishing to use cameras or videoing equipment will be required to provide proof of identity and sign the camera log at the Pool reception desk. This includes, but is not limited to:

Still cameras, cine cameras, video cameras, camera/video enabled mobile phones, camera enabled PDAs.

Proof of identity is required to register any photographic/video equipment

18. **In the case of an emergency**, everyone is required to follow the instructions given by poolside staff.

19. **All valuables and belongings** will be the responsibility of the owner.

20. **BEHAVIOUR**

- a) All swimmers, officials, volunteers, spectators, and visitors are required, at all times, to abide by the rules set out in the Pool Operating Procedures and/or the Normal Operating Procedures and Emergency Action Plan for the facility hired for the Meet.
- b) Behaviour becomes “unacceptable” when it is considered “Offensive” to others; This includes, but is not limited to, the following:
 - Theft, wilful damage to property and/or equipment, acts of vandalism, abuse of alcohol and/or drugs, bullying, offensive language, aggressive/violent acts, threatening behaviour, all breaches of safety practices, failure to comply with instructions/directions, actions that bring the sport of swimming into disrepute.

21. **SAFETY AND SECURITY**

- a) For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm ups/swim downs and/or competition. This includes watches, necklaces, chains, bangles, wrist bands, ear-rings (except studs) and rings (except wedding bands)
- b) Swim Wales will not be responsible for any jewellery brought to events and will not be liable if such jewellery is lost or damaged.

22. **DATA PROTECTION**

- a) The Region, along with the Governing Body will use computers to record entry times and results.
- b) By submitting entries you are accepting the conditions and consent is hereby given for holding personal information relating to the sport of Swimming as required by the current Data Protection Act.

23. **THE ORGANISERS**

- a) retain the right to return entries in the event of the competition being oversubscribed
- b) retain the right to remove any person or club found to be in contravention of 16, 20 and 21 as above.
- c) retain the right to amend these conditions if necessary, without notice, if agreed by all three Regions

SOUTH EAST WALES REGION –‘NO TIME’ GALA
Programme of Events

Saturday 6th April 2019

Session 1

- Event 1 Girls 11 and over 400 I.M.
- Event 2 Boys 11 and over 400 freestyle
- Event 3 Girls 9 and over 100 freestyle
- Event 4 Boys 9 and over 200 backstroke
- Event 5 Girls 9 and over 200 I.M.

Session 2

- Event 6 Boys 9 and over 100 fly
- Event 7 Girls 11 and over 200 fly
- Event 8 Boys 9 and over 100 backstroke
- Event 9 Girls 9 and over 200 breaststroke
- Event 10 Boys 9 and over 100 breaststroke
- Event 11 Girls 9 and over 200 freestyle

Sunday 7th April 2019

Session 3

- Event 12 Boys 11 and over 400 I.M.
- Event 13 Girls 11 and over 400 freestyle
- Event 14 Boys 9 and over 100 freestyle
- Event 15 Girls 9 and over 200 backstroke
- Event 16 Boys 9 and over 200 I.M.

Session 4

- Event 17 Girls 9 and over 100 fly
- Event 18 Boys 11 and over 200 fly
- Event 19 Girls 9 and over 100 backstroke
- Event 20 Boys 9 and over 200 breaststroke
- Event 21 Girls 9 and over 100 breaststroke
- Event 22 Boys 9 and over 200 freestyle