

South East Wales Regional Championships - 02/02/2018 to 11/02/2018

Results

Event 1 Boys 12 Year Olds 1500 SC Meter Freestyle				
Name	Age	Team	Finals Time	
*1 Young, Ellis	15	Co Cardiff	17:03.03	
29.26	33.29	34.23	34.59	
34.39	34.13	34.04	33.79	
34.36	34.28	34.27	35.18	
35.36	34.49	34.20	34.44	
34.33	34.31	34.34	34.41	
34.80	34.95	35.02	34.60	
34.48	33.06	34.26	34.66	
33.73	31.78			
*1 Price, Dafydd	18	Torfaen D	17:56.07	
29.69	34.36	34.53	34.77	
34.66	34.96	34.73	35.17	
35.17	35.45	35.98	35.82	
36.01	36.25	36.91	36.27	
36.92	37.30	36.30	37.44	
36.50	36.76	37.11	36.50	
37.88	36.85	36.90	37.40	
35.98	35.50			
*1 O'Brien, Joshua	13	Co Cardiff	18:05.72	
32.85	36.13	36.43	36.18	
36.45	36.10	36.18	36.79	
36.23	36.22	35.95	36.64	
36.71	36.39	37.30	36.38	
36.21	36.46	36.52	36.49	
35.97	36.44	36.39	36.18	
36.08	37.02	36.31	36.41	
36.21	34.10			
*1 Wisden, Dylan	14	Bridgend Cty	18:21.31	
33.18	36.02	36.94	37.64	
37.58	37.57	37.62	37.05	
37.54	37.58	36.79	36.68	
36.50	36.86	37.01	36.58	
37.75	37.06	37.34	37.39	
37.35	36.41	36.74	37.61	
37.05	36.61	36.57	36.67	
35.90	31.72			
*1 James, Tristyn	12	Bridgend Cty	18:21.33	
33.39	37.53	37.17	36.83	
37.92	37.12	37.22	36.93	
37.30	37.69	37.65	36.73	
37.25	37.79	36.79	37.47	
37.22	36.85	37.03	37.72	
36.71	37.73	36.29	36.92	
36.67	35.34	36.83	36.34	
35.09	31.81			
*1 Caddy, Alexander	11	Merthyr Tydf	24:11.88	
42.01	46.96	46.64	47.07	
47.47	48.23	48.67	50.16	
49.23	49.16	49.38	49.37	
48.50	50.32	48.66	48.56	
50.60	48.10	50.88	49.13	
49.65	48.50	48.76	49.94	
48.69	48.13	50.28	47.12	
46.52	45.19			
*2 Davies, Joseph	16	Torfaen D	17:24.43	
30.29	33.64	34.21	34.86	
34.92	34.27	34.03	34.58	
35.23	34.62	34.26	35.05	
35.21	34.04	35.65	35.01	
34.96	35.03	35.69	35.44	
35.81	35.09	36.18	35.14	
36.07	35.87	34.88	35.75	
35.26	33.39			
*2 Thomas, Emyr	17	Co Newport	17:58.49	
29.85	33.47	34.83	34.77	
35.50	35.38	36.46	36.35	
36.10	36.50	36.22	36.56	
36.81	36.83	36.49	36.47	
36.73	36.51	36.76	37.37	
36.44	37.08	36.48	36.74	
36.51	37.43	36.05	36.89	
35.64	33.27			
*2 Geysen-Holley, Max	13	Bridgend Cty	18:39.40	
32.71	36.12	37.22	37.34	
37.11	37.59	37.07	37.39	
37.49	37.56	37.95	37.70	
37.67	37.87	38.12	37.97	
37.74	38.05	37.91	38.01	
37.58	37.90	37.98	37.57	
37.87	37.78	37.50	37.07	
36.99	34.57			
*2 Allen-Ridge, Kasey	14	Abertillery	19:02.49	
32.94	35.96	37.05	37.50	
37.47	37.52	37.89	37.90	
38.56	38.08	38.44	38.14	
38.31	38.23	38.50	38.31	
38.42	39.44	38.42	38.34	
39.19	39.08	38.38	38.40	
39.42	39.39	39.00	38.98	
39.38	35.85			
*2 Steven, Adam	12	Co Newport	21:04.61	
37.67	40.87	41.03	41.90	
41.98	42.34	42.08	42.26	
41.76	42.34	42.13	43.04	
42.70	42.06	42.52	42.98	
43.29	42.76	43.88	43.09	
43.33	42.90	42.53	42.33	
43.00	42.84	43.18	42.87	
39.73	39.22			
*3 Leach, Owen	15	Bridgend Cty	17:50.15	
31.65	34.78	35.04	35.16	
36.01	35.93	36.27	36.02	
36.22	35.60	35.84	35.85	
35.71	35.98	36.13	35.77	
36.00	36.24	35.99	35.84	
35.85	35.73	35.84	36.07	
35.64	36.23	36.26	36.04	
35.60	34.86			

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(Event 1 Boys 12 Year Olds 1500 SC Meter Freestyle)

Name	Age	Team	Finals Time
*3 Mullins, Joshua	18	Merthyr Tydf	18:26.44
31.59	35.08	36.36	36.66
1:12.37	36.13	36.68	1:14.07
37.20	36.87	37.22	37.62
36.77	1:14.34	37.29	37.11
37.54	38.04	37.41	37.67
2:32.45	37.51	1:12.46	
*3 Davies, Gianni	13	Co Newport	20:07.84
33.32	38.59	40.81	39.66
38.81	40.76	40.13	40.65
42.31	40.51	40.87	42.00
42.45	40.96	41.10	43.02
40.10	41.89	39.76	40.64
41.37	40.01	40.66	39.64
40.16	41.04	38.92	41.11
40.55	36.04		
*3 Hastings, Benjamin	14	Co Newport	20:46.58
34.56	39.61	40.54	40.66
41.10	41.28	41.80	41.37
41.68	41.66	41.90	42.19
42.54	42.38	42.65	42.79
42.48	42.78	42.51	42.30
42.14	42.41	43.04	42.56
42.24	42.19	42.05	41.22
41.18	38.77		
*3 McClain, Archie	12	Heads Valley	22:20.44
39.64	43.73	45.76	44.40
45.32	45.35	45.34	45.74
44.87	45.00	46.83	45.67
44.52	45.05	45.06	44.51
44.94	44.78	45.47	45.47
43.38	44.45	45.51	45.44
46.04	44.92	45.18	43.97
44.53	39.57		
*4 Savage-Taylor, Tomos	16	Heads Valley	17:52.75
29.81	33.43	35.14	35.49
35.94	35.74	36.27	36.37
36.01	36.08	36.23	36.09
35.74	36.15	36.07	35.98
36.19	36.24	36.43	36.05
36.29	36.03	36.49	36.41
36.32	36.48	37.09	36.75
35.57	33.87		
*4 Coulson, Evan	13	Torfaen D	20:13.14
36.30	39.99	41.42	41.93
40.52	41.03	40.76	40.95
40.96	40.67	40.54	40.76
40.81	40.86	40.44	40.40
40.57	40.45	41.05	40.42
40.69	40.78	39.66	40.14
40.16	40.14	40.34	40.95
40.92	38.53		

*4 Havard, Dylan	14	Heads Valley	21:29.55
38.14	42.17	42.44	42.16
42.98	42.57	42.71	43.71
42.24	43.39	42.97	43.59
43.59	43.07	43.99	43.13
43.14	42.99	43.56	42.90
42.51	43.43	42.75	43.22
43.45	43.61	45.57	43.92
44.20	41.45		
5 Gibbs, Morgan	16	Bridgend Cty	18:20.99
29.56	34.30	35.28	35.29
36.04	35.89	36.48	36.67
36.85	37.60	36.78	37.58
37.19	37.64	38.15	36.35
38.19	38.00	38.03	37.15
37.11	38.34	36.90	36.82
37.20	37.25	37.71	36.53
38.05	36.06		
6 Wojcik, Szymon	16	Bridgend Cty	18:31.85
31.85	35.51	36.54	37.19
37.12	36.93	37.39	37.33
37.49	37.74	37.62	37.85
37.87	37.38	37.16	37.56
37.64	37.88	37.65	37.57
37.66	37.71	37.61	36.92
36.89	37.20	36.92	37.06
36.73	35.88		
7 Selby, Morgan	15	Rct Squad	18:35.77
31.98	35.63	36.77	37.45
36.58	36.65	36.53	36.65
37.52	37.30	37.41	37.80
37.75	38.04	36.55	37.97
37.85	37.50	38.29	37.23
38.09	38.17	37.86	37.50
36.84	38.77	38.54	39.03
37.38	34.14		
8 Steven, Ryan	16	Co Newport	19:05.93
31.43	36.51	36.92	37.29
37.05	37.60	37.87	37.73
37.92	37.68	38.38	39.16
38.11	38.67	38.88	38.41
38.63	39.57	39.22	39.39
38.89	39.34	39.33	39.39
39.45	39.12	39.19	39.31
38.62	36.87		
9 Jones, Finlay	16	Rhondda	19:42.47
33.70	37.17	37.50	37.75
38.40	38.18	38.94	39.58
39.98	39.32	39.13	39.83
39.13	40.35	40.87	39.37
39.74	39.82	40.65	39.84
39.70	41.39	40.92	41.09
41.36	41.27	40.84	40.30
39.79	36.56		

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(Event 1 Boys 12 Year Olds 1500 SC Meter Freestyle)

Name	Age	Team	Finals Time	
10 Williams, Thomas	15	Rhondda	20:18.67	
			33.99	38.98
			40.27	39.20
			39.69	40.85
			40.54	41.22
			41.66	41.49
			40.09	42.91
			40.97	40.26
			40.92	38.53

Event 2 Girls 11 Year Olds 800 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Williams, Carys	11	Merthyr Tydf	12:51.93	
			43.50	47.85
			49.55	48.54
			48.63	49.42
			49.08	49.28

Event 2 Girls 12 Year Olds 800 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Broder, Libby	12	Torfaen D	10:18.68	
			33.30	37.21
			39.03	39.71
			38.80	39.85
			39.32	39.34
2 Stevens, Ruby	12	Co Cardiff	10:50.50	
			36.23	39.99
			40.58	40.73
			41.08	41.24
			40.82	41.96
3 Griffiths-Cole, Carys	12	Bridgend Cty	11:53.39	
			37.73	41.59
			45.79	44.99
			46.11	45.69
			45.83	43.84

Event 2 Girls 13 Year Olds 800 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Erasmus, Charlotte	13	Torfaen D	9:58.93	
			34.11	36.43
			37.98	38.06
			38.08	38.33
			38.21	37.81
2 Marshall, Polly	13	Caerphilly	10:14.56	
			34.53	38.17
			38.61	38.99
			39.62	38.95
			39.04	39.15
3 Mulligan, Millie	13	Co Newport	10:14.82	
			34.20	37.98
			37.69	38.66
			39.62	38.89
			38.67	39.85

4 Davies, Abi	13	Bridgend Cty	10:15.56	
			33.24	37.75
			39.02	39.39
			39.26	39.57
			39.03	38.83
5 Hickman, Eve	13	Bridgend Cty	10:38.01	
			36.37	40.38
			40.74	41.16
			40.17	39.83
			39.61	39.59
6 Jones, Cerys	13	Rct Squad	10:40.57	
			34.64	39.26
			39.28	40.32
			41.54	40.40
			40.62	40.79
7 Crowley, Amy	13	Co Cardiff	10:56.05	
			34.97	39.28
			41.48	42.07
			42.24	42.72
			41.73	40.73
8 Keigwin, Daisy	13	Caerphilly	10:59.30	
			36.56	40.09
			42.52	42.55
			42.23	42.04
			41.39	41.56
9 Ramsey, Rebekah	13	Heads Valley	11:12.57	
			36.21	41.22
			42.04	42.44
			42.54	43.21
			42.35	43.02
10 Cribb, Millie	13	Caerphilly	11:25.28	
			37.62	40.85
			43.33	43.35
			43.42	43.75
			44.80	44.01
11 Scannell, Blythe	13	Merthyr Tydf	12:06.89	
			40.51	44.78
			46.42	46.30
			46.79	46.80
			46.39	45.91

Event 2 Girls 14 Year Olds 800 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Lovell, Madison	14	Heads Valley	9:31.80	
			31.48	34.70
			35.98	36.77
			36.38	36.44
			36.29	36.25
2 Bamborough, Katie	14	Co Cardiff	9:41.12	
			33.00	35.48
			36.67	36.61
			37.12	37.06
			36.64	36.88
3 O'Callaghan, Jennifer	14	Co Cardiff	9:41.85	
			32.49	35.73
			37.44	37.82
			37.30	36.97
			36.19	36.42

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(Event 2 Girls 14 Year Olds 800 SC Meter Freestyle)

Name	Age	Team	Finals Time	
4 Ward, Ellie	14	Co Newport	9:56.70	
			33.14	36.60
			37.06	36.93
			37.73	38.29
			37.75	37.82
			38.35	37.55
			37.77	37.81
			37.90	38.06
			37.00	36.94
5 Smith, Mia	14	Torfaen D	10:01.09	
			33.52	36.72
			37.50	37.79
			38.33	38.58
			38.49	38.76
			37.44	37.22
			37.82	38.03
			37.70	38.26
			38.59	36.34
6 Bond, Sasha	14	Rct Squad	10:17.12	
			33.05	37.58
			38.75	39.24
			39.57	39.42
			39.32	39.38
			38.52	38.83
			38.79	39.39
			39.41	39.27
			38.98	37.62
7 Rowe, Rhiannon	14	Heads Valley	10:22.73	
			33.08	37.48
			39.74	39.50
			39.29	37.63
			39.92	40.57
			39.05	40.23
			39.58	39.76
			39.62	38.66
			40.07	38.55
8 Morgan, Bethan	14	Bridgend Cty	10:29.17	
			33.10	37.71
			41.07	41.51
			39.50	40.95
			39.88	39.49
			39.53	39.74
			41.10	39.96
			39.37	40.61
			38.25	37.40
9 Brassington, Isabel	14	Co Cardiff	10:32.43	
			35.12	38.20
			39.62	39.79
			40.55	40.31
			40.40	39.93
			38.89	40.22
			40.86	40.21
			40.35	41.18
			39.82	36.98
10 Teagle, Eilir	14	Merthyr Tydf	10:32.62	
			33.98	38.11
			40.22	40.09
			40.08	40.50
			40.47	40.14
			39.45	39.98
			40.69	40.71
			40.48	40.39
			39.79	37.54
11 Thomas, Nell	14	Rct Squad	10:41.21	
			33.41	37.01
			39.62	39.69
			42.13	41.80
			41.64	41.61
			37.97	39.34
			40.48	41.18
			41.27	42.51
			40.96	40.59
12 George, Katherine	14	Co Cardiff	10:45.25	
			33.65	37.92
			40.19	40.58
			41.27	41.38
			42.27	42.35
			39.57	39.83
			40.91	41.08
			41.89	41.98
			41.32	39.06
13 Stork, Niamh	14	Co Cardiff	10:55.64	
			34.22	38.58
			41.44	42.04
			41.68	42.69
			43.13	42.12
			40.16	41.28
			42.24	41.86
			42.54	41.91
			42.36	37.39

Event 2 Girls 15-16 800 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Allison, Megan	16	Co Newport	9:16.53	
			30.80	33.75
			34.38	34.57
			35.06	35.63
			35.86	35.67
			34.49	34.81
			34.88	35.05
			36.33	35.81
			35.24	34.20
2 Protheroe, Chloe	15	Bridgend Cty	9:28.03	
			31.85	34.40
			35.90	35.80
			36.54	36.08
			36.18	36.05
			35.37	35.79
			35.69	36.00
			36.05	36.09
			36.17	34.07
3 Witchell, Bethan	15	Co Cardiff	9:31.32	
			31.85	34.51
			35.45	36.06
			36.73	36.87
			36.71	36.60
			35.57	35.04
			36.07	36.37
			37.34	36.69
			36.05	33.41
4 Morgan, Mackenzie	16	Torfaen D	9:34.25	
			32.48	35.11
			36.41	36.46
			36.39	36.38
			36.05	35.90
			35.83	36.33
			36.46	36.26
			36.32	36.48
			36.42	34.97
5 Snow, Sophie	16	Co Cardiff	9:37.98	
			32.03	34.62
			1:12.71	36.63
			36.55	36.96
			36.92	36.65
			35.99	36.36
			36.93	36.67
			36.93	36.93
			36.65	35.09
6 Thomas, Anya	16	Co Cardiff	10:11.51	
			33.56	37.31
			38.57	38.49
			38.51	38.89
			39.06	39.49
			38.12	38.52
			39.36	39.06
			39.29	39.13
			37.98	36.17
7 Watkins, Sadie	15	Rct Squad	10:16.00	
			34.36	37.28
			39.30	38.84
			39.38	39.69
			38.90	38.88
			38.25	38.83
			39.01	39.99
			39.44	39.22
			38.40	36.23
8 Jones, Cerys	15	Co Cardiff	11:08.29	
			35.00	39.54
			42.51	43.28
			43.20	42.76
			42.71	42.66
			40.90	42.20
			42.94	43.43
			42.45	42.85
			42.34	39.52
9 Geen, Cerys	15	Torfaen D	11:20.19	
			35.41	40.88
			42.27	43.24
			42.75	43.40
			43.57	42.84
			42.09	43.05
			43.50	43.29
			43.65	44.30
			43.79	42.16
10 Napper, Kaycee	15	Rhondda	11:22.65	
			35.38	40.57
			42.88	42.90
			43.80	44.09
			43.56	43.81
			42.80	40.97
11 Meredith, Morgan	16	Rhondda	11:45.56	
			37.19	40.57
			45.21	46.24
			44.40	45.11
			45.28	45.77
			43.41	43.79
			44.90	46.52
			46.46	45.16
			44.55	41.00

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Results

(Event 2 Girls 15-16 800 SC Meter Freestyle)

Name	Age	Team	Finals Time
--- Havard, Carys	15	Heads Valley	DNF

Event 2 Girls 17 & Over 800 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Watson, Freya	17	Heads Valley	9:19.33
			31.51 34.52 35.03 34.90
			35.16 34.99 35.65 35.50
			35.07 35.48 35.53 35.77
			35.72 35.31 35.25 33.94
2 Jenkins, Hannah	18	Bridgend Cty	9:47.61
			32.22 35.34 35.91 36.55
			36.68 36.73 36.98 37.30
			37.22 37.54 37.24 37.53
			37.70 37.82 38.01 36.84
3 Maiden, Mya	17	Bridgend Cty	9:58.09
			32.71 35.91 37.07 37.24
			37.93 37.89 38.22 38.01
			38.07 38.30 37.75 38.17
			38.17 37.84 37.65 37.16
4 Davies, Katie-May	17	Merthyr Tydf	11:01.66
			34.96 38.97 40.30 41.05
			42.19 42.27 42.26 40.93
			43.37 42.59 43.31 42.54
			42.78 43.31 41.00 39.83

Event 3 Girls 14 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Shelton, Amy	14	Co Cardiff	31.35
2 Domican, Rosie	14	Co Cardiff	32.32
3 Corderoy, Abigail	14	Rct Squad	32.99
4 Girling, Grace	14	Co Cardiff	33.29
5 Lovell, Madison	14	Heads Valley	33.36
6 Marchant, Rhiannon	14	Rct Squad	33.40
7 Evans, Emma	14	Co Cardiff	33.68
8 Ward, Ellie	14	Co Newport	34.13

Event 3 Girls 14 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Shelton, Amy	14	Co Cardiff	31.81
2 Domican, Rosie	14	Co Cardiff	32.33
3 Corderoy, Abigail	14	Rct Squad	33.17
4 Girling, Grace	14	Co Cardiff	33.45
5 Marchant, Rhiannon	14	Rct Squad	33.62
6 Lovell, Madison	14	Heads Valley	33.73
7 Evans, Emma	14	Co Cardiff	33.75
8 Ward, Ellie	14	Co Newport	34.29
9 Bamborough, Katie	14	Co Cardiff	34.48
10 Whitelock, Carys	14	Torfaen D	34.64
*11 Tarpey, Aoife	14	Bridgend Cty	34.74
*11 Morgan, Izzy	14	Co Cardiff	34.74
13 Jones, Seren	14	Co Cardiff	35.21
14 Dallyn, Isobel	14	Chepstow	36.19
15 Davies, Tegan	14	Bridgend Cty	36.47
16 Brasington, Isabel	14	Heads Valley	36.77

17 Price, Ffion	14	Brecon	37.91
18 Davies, Lauren	14	Bridgend Cty	38.03
19 Fox, Abi	14	Co Cardiff	39.17

Event 3 Girls 15-16 50 SC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Rutter, Jessica	16	Co Cardiff	31.47
2 Cottrell, Emma	15	Co Cardiff	31.51
3 Mason, Teoni	16	Torfaen D	31.87
4 Carr, Georgia-May	15	Co Cardiff	32.05
5 Withers-Boalch, Georgina	15	Co Cardiff	32.56
6 Norris, Alyssa	15	Caerphilly	33.10
7 Horton, Ellana	16	Co Newport	33.27
8 Morgan, Sophie	16	Rct Squad	33.47

Event 3 Girls 15-16 50 SC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Cottrell, Emma	15	Co Cardiff	31.51
2 Rutter, Jessica	16	Co Cardiff	31.55
3 Carr, Georgia-May	15	Co Cardiff	31.67
4 Mason, Teoni	16	Torfaen D	32.04
5 Withers-Boalch, Georgina	15	Co Cardiff	32.19
6 Horton, Ellana	16	Co Newport	33.09
7 Morgan, Sophie	16	Rct Squad	33.66
8 Norris, Alyssa	15	Caerphilly	34.40
9 Addecott, Ffion	16	Rct Squad	34.69
10 Havard, Carys	15	Heads Valley	34.80
11 Freegard, Aimee	16	Rct Squad	34.89
12 Davies, Lois	15	Bridgend Cty	34.91
13 Porter, Emma	15	Torfaen D	35.25
14 Lewis, Helen	16	Merthyr Tydf	35.56
15 Napper, Kaycee	15	Rhondda	35.78
16 Arch, Mared	16	Co Cardiff	35.89
17 Griffith, Lili	15	Rct Squad	36.90
18 Creasey, Lucy	16	Monnow	37.17
19 Davies, Gwenllian	15	Caerphilly	37.25
20 Harris-Thomas, Elle	16	Torfaen D	37.27
21 Davies, Cora	15	Rct Squad	37.62
22 Jones, Cerys	15	Co Cardiff	38.08
23 Nash, Holly	15	Rhondda	38.68
24 Darwish, Anna	15	Co Newport	39.06
25 Southwood, Krysta	15	Torfaen D	39.08
26 Vaisey, Cerys	15	Abertillery	39.12
27 Oliver, Ruth	16	Co Cardiff	39.18
28 Lewis, Becky	15	Rct Squad	39.56

Event 3 Girls 17 & Over 50 SC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
*1 Sutton, Emma	19	Rct Squad	29.97
*1 Hunt, Imogen	20	Bridgend Cty	29.97
3 Sutton, Rebecca	17	Co Cardiff	30.01
4 Rees, Katie	20	Co Cardiff	30.75
5 Jones, Georgia	18	Chepstow	31.89
6 Randell, Niamh	17	Rct Squad	32.53

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Finals ... (Event 3 Girls 17 & Over 50 SC Meter Backstroke)

Name	AgeTeam	Finals Time
7 Harries, Megan	17 Merthyr Tydf	33.01
8 Maiden, Mya	17 Bridgend Cty	33.16

Event 3 Girls 17 & Over 50 SC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Hunt, Imogen	20 Bridgend Cty	29.92
2 Sutton, Rebecca	17 Co Cardiff	30.19
3 Sutton, Emma	19 Rct Squad	30.32
4 Rees, Katie	20 Co Cardiff	30.66
5 Jones, Georgia	18 Chepstow	32.33
6 Randell, Niamh	17 Rct Squad	32.67
7 Harries, Megan	17 Merthyr Tydf	32.77
8 Maiden, Mya	17 Bridgend Cty	33.28
9 Gibbs, Livi	18 Bridgend Cty	33.71
10 Collingbourne, Sioned	18 Heads Valley	34.69
11 Lewis, Jessica	17 Rct Squad	35.36
12 Cameron, Katie	18 Monnow	36.24
13 Rowles, Freya	17 Torfaen D	36.72
14 Vaisey, Rhiannon	20 Abertillery	36.78
15 Teagle, Arwen	17 Merthyr Tydf	39.65

Event 4 Boys 11 Year Olds 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
Finals		
1 Parsons, Joseph	11 Co Cardiff	35.73
2 James, Ioan	11 Bridgend Cty	35.85
3 Preece, Toby	11 Co Newport	38.87
4 Leach, Evan	11 Bridgend Cty	38.96
5 Rescigno, Alberto	11 Co Cardiff	39.46
6 Mruk, Keian	11 Torfaen D	44.21
7 Southwood, Charlie	11 Torfaen D	44.96

Event 4 Boys 11 Year Olds 50 SC Meter Butterfly

Name	AgeTeam	Prelim Time
Preliminaries		
1 Parsons, Joseph	11 Co Cardiff	36.47
2 James, Ioan	11 Bridgend Cty	36.72
3 Leach, Evan	11 Bridgend Cty	39.85
4 Rescigno, Alberto	11 Co Cardiff	40.13
5 Preece, Toby	11 Co Newport	40.33
6 Mruk, Keian	11 Torfaen D	43.46
7 Southwood, Charlie	11 Torfaen D	43.57

Event 4 Boys 12 Year Olds 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
Finals		
1 James, Tristyn	12 Bridgend Cty	30.39
2 Jones, Carwyn	12 Co Cardiff	31.58
3 Fowler, Joseph	12 Rct Squad	34.93
4 Lee, Ethan	12 Rhondda	35.19
5 Barnett, Jacob	12 Co Cardiff	35.58
6 Lee, Tristan	12 Rhondda	35.79
7 Beltran, Kobe	12 Co Cardiff	37.91
8 Wardhaugh, Bryn	12 Co Cardiff	38.25

Event 4 Boys 12 Year Olds 50 SC Meter Butterfly

Name	AgeTeam	Prelim Time
Preliminaries		
1 James, Tristyn	12 Bridgend Cty	30.99
2 Jones, Carwyn	12 Co Cardiff	32.14
3 Fowler, Joseph	12 Rct Squad	34.94
4 Lee, Ethan	12 Rhondda	35.39
5 Lee, Tristan	12 Rhondda	35.72
6 Barnett, Jacob	12 Co Cardiff	36.07
7 Wardhaugh, Bryn	12 Co Cardiff	38.10
8 Beltran, Kobe	12 Co Cardiff	38.14
9 Evans, Emrys	12 Co Cardiff	41.23
10 McLain, Archie	12 Heads Valley	42.34
--- Steven, Adam	12 Co Newport	DQ

8.2 Arms not brought forward simultaneously or arms not brought forward

Event 4 Boys 13 Year Olds 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
Finals		
1 Hughes, Cian	13 Co Cardiff	31.24
2 Arch, Rhydian	13 Co Cardiff	31.64
3 Sellick, Evan	13 Cwmbbran	32.22
4 McCarthy, Samuel	13 Co Cardiff	32.24
5 Davies, Gruffydd	13 Co Cardiff	32.41
6 Merriman, Ben	13 Heads Valley	32.44
7 Davies, Gianni	13 Co Newport	32.49
8 Rees, Garyn	13 Rhondda	33.51

Event 4 Boys 13 Year Olds 50 SC Meter Butterfly

Name	AgeTeam	Prelim Time
Preliminaries		
1 Arch, Rhydian	13 Co Cardiff	31.55
*2 McCarthy, Samuel	13 Co Cardiff	31.78
*2 Hughes, Cian	13 Co Cardiff	31.78
4 Sellick, Evan	13 Cwmbbran	31.97
5 Davies, Gianni	13 Co Newport	32.25
6 Merriman, Ben	13 Heads Valley	32.42
7 Davies, Gruffydd	13 Co Cardiff	32.58
8 Rees, Garyn	13 Rhondda	33.28
9 Fox-Wiltshire, Benjamin	13 Co Newport	33.61
10 James, Harley	13 Co Cardiff	33.83
11 Geysen-Holley, Max	13 Bridgend Cty	34.35
12 Keenan, Brandon	13 Co Newport	35.76
13 Pursey, Michael	13 Heads Valley	35.94
14 Ingram, James	13 Heads Valley	36.84
15 Isaacs, Tomos	13 Rct Squad	37.24
16 Coppen, Harrison	13 Co Newport	37.51

Event 5 Boys 14 Year Olds 100 SC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Wisden, Dylan	14 Bridgend Cty	1:08.65
	33.32 35.33	
2 Tong, Solomon	14 Co Cardiff	1:12.29
	35.15 37.14	

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Finals ... (Event 5 Boys 14 Year Olds 100 SC Meter Backstroke)

Name	Age	Team	Finals Time
3 Hastings, Benjamin	14	Co Newport	1:14.46
	36.07	38.39	
4 Elias, Hari	14	Co Cardiff	1:18.00
	37.31	40.69	
5 Havard, Dylan	14	Heads Valley	1:20.02
	39.08	40.94	
--- Edwards, Kaden	14	Co Cardiff	DQ
6.3 Totally submerged, (except for first 15m following the start or turn) dur			
	31.68	34.15	

Event 5 Boys 14 Year Olds 100 SC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Edwards, Kaden	14	Co Cardiff	1:07.85
	33.02	34.83	
2 Wisden, Dylan	14	Bridgend Cty	1:09.94
	34.17	35.77	
3 Tong, Solomon	14	Co Cardiff	1:13.21
	35.76	37.45	
4 Hastings, Benjamin	14	Co Newport	1:14.71
	36.43	38.28	
5 Elias, Hari	14	Co Cardiff	1:18.12
	37.53	40.59	
6 Havard, Dylan	14	Heads Valley	1:20.37
	38.66	41.71	

Event 5 Boys 15-16 100 SC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Savva, Theo	16	Co Cardiff	1:01.35
	29.91	31.44	
2 Murray, Adam	15	Co Cardiff	1:02.26
	30.61	31.65	
*3 Savage-Taylor, Tomos	16	Heads Valley	1:04.14
	30.72	33.42	
*3 Knight, Jack	15	Co Newport	1:04.14
	31.76	32.38	
5 Garland, Kieran	16	Rct Squad	1:05.05
	31.93	33.12	
6 Gibbs, Morgan	16	Bridgend Cty	1:05.08
	31.47	33.61	
7 Collins, Tyler	15	Rct Squad	1:07.16
	32.79	34.37	
8 Broom, Dylan	16	Torfaen D	1:07.47
	32.43	35.04	

Event 5 Boys 15-16 100 SC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Savva, Theo	16	Co Cardiff	1:01.72
	30.12	31.60	
2 Griffiths, Alex	15	Co Newport	1:01.81
	29.47	32.34	
3 Murray, Adam	15	Co Cardiff	1:03.58
	30.42	33.16	

4 Savage-Taylor, Tomos	16	Heads Valley	1:03.69
	30.41	33.28	
5 Knight, Jack	15	Co Newport	1:03.79
	30.73	33.06	
6 Gibbs, Morgan	16	Bridgend Cty	1:05.29
	32.14	33.15	
7 Broom, Dylan	16	Torfaen D	1:05.40
	31.21	34.19	
8 Garland, Kieran	16	Rct Squad	1:05.90
	32.10	33.80	
9 Collins, Tyler	15	Rct Squad	1:08.30
	32.98	35.32	
10 Pycroft, Christian	15	Co Cardiff	1:08.69
	33.20	35.49	
11 Jenkins, Ellis	16	Rct Squad	1:10.00
	33.66	36.34	
12 Selby, Morgan	15	Rct Squad	1:10.39
	34.41	35.98	
13 Coppen, Jensen	15	Co Newport	1:11.38
	34.88	36.50	
14 Nixon, Rhys	15	Co Cardiff	1:14.01
	36.14	37.87	
15 Davies, Joshua	15	Co Cardiff	1:14.41
	36.12	38.29	
16 Lloyd, Rhys	16	Rct Squad	1:16.21
	36.36	39.85	
17 Tandy, Zachary	15	Abertillery	1:31.91
	43.20	48.71	
--- Williams, Thomas	15	Rhondda	DQ
6.3 Totally submerged, (except for first 15m following the start or turn) dur			
	36.28	40.46	
--- Hall, Dan	16	Chepstow	DQ
6.4 More than one single or double simultaneous arm pull used to initiate t			
	32.05	35.13	

Event 5 Boys 17 & Over 100 SC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 James, Rhys	18	Co Cardiff	59.08
	28.62	30.46	
2 Davies, Daniel	20	Co Cardiff	59.73
	28.92	30.81	
3 Boladz, Andrew	19	Torfaen D	1:00.36
	29.01	31.35	
4 Bryce, Aidan	18	Co Newport	1:02.05
	30.14	31.91	
5 Cook, Jacob	18	Co Cardiff	1:03.64
	30.25	33.39	
6 Baker, Luke	17	Torfaen D	1:04.41
	31.11	33.30	
7 Hunt, Tobias	17	Bridgend Cty	1:05.62
	31.56	34.06	
8 Price, Dafydd	18	Torfaen D	1:06.55
	31.85	34.70	

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Event 5 Boys 17 & Over 100 SC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 James, Rhys	18	Co Cardiff	59.63
	28.96	30.67	
2 Davies, Daniel	20	Co Cardiff	1:00.02
	29.02	31.00	
3 Boladz, Andrew	19	Torfaen D	1:01.10
	29.24	31.86	
4 Bryce, Aidan	18	Co Newport	1:01.35
	29.53	31.82	
5 Cook, Jacob	18	Co Cardiff	1:02.01
	29.39	32.62	
6 Baker, Luke	17	Torfaen D	1:04.97
	31.43	33.54	
7 Hunt, Tobias	17	Bridgend Cty	1:05.22
	31.75	33.47	
8 Price, Dafydd	18	Torfaen D	1:08.18
	32.58	35.60	

Event 6 Girls 14 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time
1 Lovell, Madison	14	Heads Valley	5:25.41
	34.80	39.19	42.11 41.39
	48.77	48.99	35.38 34.78
2 Ward, Ellie	14	Co Newport	5:29.11
	36.45	42.51	43.47 42.04
	44.76	44.74	38.25 36.89
3 Girling, Grace	14	Co Cardiff	5:30.48
	34.08	41.22	41.04 40.84
	49.06	48.87	37.52 37.85
4 Domican, Rosie	14	Co Cardiff	5:41.13
	36.48	45.28	42.19 42.54
	48.33	48.73	39.56 38.02
5 Teagle, Eilir	14	Merthyr Tydf	5:46.03
	36.65	44.24	43.43 42.55
	50.41	49.66	40.90 38.19
6 Marchant, Rhiannon	14	Rct Squad	5:50.25
	37.16	45.33	42.82 41.70
	50.48	51.34	41.49 39.93

Event 6 Girls 15-16 400 SC Meter IM

Name	Age	Team	Finals Time
1 Rees, Millie	16	Bridgend Cty	5:31.07
	31.02	35.67	40.76 40.88
	50.32	51.67	40.29 40.46
2 Oliver, Ruth	16	Co Cardiff	6:21.04
	41.24	49.03	46.55 46.35
	55.27	55.39	44.59 42.62
3 Jones, Cerys	15	Co Cardiff	6:22.35
	36.40	46.16	53.13 51.32
	55.16	56.14	42.23 41.81
4 Davies, Gwenllian	15	Caerphilly	6:27.82
	39.82	48.92	48.91 49.10
	58.44	57.52	43.79 41.32

Event 6 Girls 17 & Over 400 SC Meter IM

Name	Age	Team	Finals Time
1 Rees, Katie	20	Co Cardiff	4:59.32
	31.67	36.82	40.28 38.30
	41.80	41.92	34.97 33.56
2 Warrender, Meggan	17	Torfaen D	5:06.73
	32.25	37.34	38.30 38.63
	44.41	44.43	36.02 35.35
3 Nelson, Bethan	17	Merthyr Tydf	5:26.89
	32.15	38.49	41.15 41.18
	48.65	50.86	38.16 36.25

Event 7 Boys 11 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time
1 Southwood, Charlie	11	Torfaen D	7:08.38
	50.37	59.25	49.50 46.58
	1:03.75	1:05.30	47.60 46.03

Event 7 Boys 12 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time
1 James, Tristyn	12	Bridgend Cty	5:26.06
	34.32	41.02	41.25 42.20
	45.24	47.96	38.10 35.97
2 McGuinness, Charlie	12	Torfaen D	6:22.20
	42.77	54.39	48.43 46.56
	55.17	54.57	41.59 38.72
3 McLain, Archie	12	Heads Valley	6:25.23
	44.14	56.12	46.97 46.35
	56.38	54.54	40.44 40.29
--- Beltran, Kobe	12	Co Cardiff	DQ
	6.4 More than one single or double simultaneous arm pull used to initiate t		
	42.34	50.93	49.27 48.20
	57.38	58.06	44.03 45.10
--- Fowler, Joseph	12	Rct Squad	DNF
	40.22	47.95	48.58 55.21

Event 7 Boys 13 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time
1 Arch, Rhydian	13	Co Cardiff	5:10.16
	32.76	37.04	40.72 39.60
	44.52	45.31	36.72 33.49
2 Merriman, Ben	13	Heads Valley	5:31.58
	33.74	39.29	41.53 40.41
	49.79	50.82	38.48 37.52
3 McCarthy, Samuel	13	Co Cardiff	5:42.35
	35.12	40.68	45.13 44.96
	50.39	51.06	38.63 36.38
--- Davies, Gruffydd	13	Co Cardiff	DQ
	8.2 Arms not brought forward simultaneously or arms not brought forward		
	37.12	41.94	42.76 43.10
	52.35	50.63	38.79 35.64

Event 8 Girls 11 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Millar, Connie	11	Co Cardiff	2:29.15
	33.39	37.93	39.75 38.08
2 Croke, Carys	11	Torfaen D	2:29.49
	33.99	38.02	39.19 38.29

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(Event 8 Girls 11 Year Olds 200 SC Meter Freestyle)

Name	Age	Team	Finals Time
3 Fox, Honor	11	Co Cardiff	2:33.56
35.41	39.41	39.88	38.86
4 Jones, Lucy	11	Co Newport	2:40.45
37.83	41.08	41.50	40.04
5 Briggs, Bailey	11	Heads Valley	2:50.41
39.60	43.68	45.11	42.02
6 Pearn, Amber	11	Co Cardiff	2:53.53
37.74	45.72	46.65	43.42
7 Elias, Anya	11	Co Cardiff	2:54.51
39.32	45.40	47.45	42.34
8 Davies, Niamh	11	Co Cardiff	2:55.40
40.69	46.14	46.70	41.87
9 Davis, Freya	11	Rct Squad	2:57.44
39.44	47.36	48.12	42.52
10 Williams, Carys	11	Merthyr Tydf	2:59.02
41.58	47.60	47.42	42.42
11 Staples-Vvind, Kaiyah-Jade	11	Co Cardiff	3:04.75
41.51	47.52	49.13	46.59

Event 8 Girls 12 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Broder, Libby	12	Torfaen D	2:23.73
32.78	36.39	37.82	36.74
2 Stevens, Ruby	12	Co Cardiff	2:27.89
34.35	37.77	38.27	37.50
3 Williams-Jones, Phoebe	12	Co Cardiff	2:28.67
33.91	37.45	39.50	37.81
4 Johnsey, Lily	12	Co Cardiff	2:32.66
35.12	38.98	40.46	38.10
5 Velasco, Mikayla	12	Co Cardiff	2:33.81
35.36	39.50	40.18	38.77
6 Davies, Ffion	12	Rct Squad	2:35.93
35.89	39.29	40.83	39.92
7 Iles, Georgia	12	Co Cardiff	2:36.40
36.06	39.58	41.41	39.35
8 Moriarty, Erin	12	Co Cardiff	2:37.66
35.14	40.21	42.16	40.15
9 Williams, Lily	12	Co Cardiff	2:39.62
35.23	41.52	42.82	40.05
10 Adams, Jaimee	12	Co Cardiff	2:40.41
37.42	40.68	42.25	40.06
11 Davies, Cerys	12	Rct Squad	2:41.43
36.24	41.04	43.32	40.83
12 Gronow, Mia	12	Bridgend Cty	2:43.59
36.88	41.38	42.91	42.42
13 Blake, Ffion	12	Co Cardiff	2:43.64
37.18	41.69	43.31	41.46
14 Pritchard, Mia	12	Co Cardiff	2:46.03
39.21	42.77	43.81	40.24
15 Griffiths-Cole, Carys	12	Bridgend Cty	2:46.50
35.82	41.85	45.23	43.60
16 Parsons, Ellie	12	Chepstow	2:48.55
36.95	44.08	44.28	43.24
17 Davies, Madison	12	Chepstow	2:48.94
36.67	43.83	45.72	42.72

18 Dungalinson, Kate	12	Bridgend Cty	2:48.97
36.38	43.89	45.25	43.45
19 Jones, Ellie	12	Heads Valley	2:51.41
40.13	44.44	45.06	41.78
20 Badman, Phoebe	12	Rct Squad	2:52.84
38.13	44.85	47.51	42.35
21 Manley, Olivia	12	Co Cardiff	2:54.29
38.37	44.89	46.18	44.85
22 Beach, Dion	12	Rhondda	2:54.31
38.40	43.60	47.13	45.18
23 Coombes, Emmie	12	Rct Squad	2:55.25
39.45	45.36	47.08	43.36
24 Williams, Mali	12	Rct Squad	2:55.70
38.57	46.61	47.84	42.68

Event 8 Girls 13 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Rosser, Cerys	13	Torfaen D	2:11.08
30.02	32.98	34.60	33.48
2 Joseph, Isabel	13	Co Cardiff	2:11.16
31.20	33.03	33.90	33.03
3 Stephens, Arwen	13	Co Cardiff	2:15.93
31.72	34.15	35.08	34.98
4 Fox, Imo	13	Co Cardiff	2:17.99
32.64	35.22	35.64	34.49
5 Erasmus, Charlotte	13	Torfaen D	2:18.49
32.90	34.55	35.73	35.31
6 Graville, Carys	13	Co Cardiff	2:20.79
32.63	36.19	36.91	35.06
7 Davies, Abi	13	Bridgend Cty	2:21.72
32.60	36.11	37.22	35.79
8 Stevens, Isobel	13	Co Newport	2:22.30
33.35	36.49	37.30	35.16
9 Clayton, Karys	13	Torfaen D	2:22.60
32.36	35.63	37.62	36.99
10 Illman, Lili	13	Torfaen D	2:24.53
33.55	37.68	38.01	35.29
11 Marshall, Polly	13	Caerphilly	2:24.97
33.83	37.33	37.55	36.26
12 Hickman, Eve	13	Bridgend Cty	2:28.66
33.99	38.42	39.32	36.93
13 Jones, Cerys	13	Rct Squad	2:28.99
33.88	37.96	40.04	37.11
14 Bowen, Eve	13	Co Newport	2:31.45
32.84	36.97	39.85	41.79
15 Keigwin, Daisy	13	Caerphilly	2:33.65
35.19	39.25	40.33	38.88
16 Reynolds, Mia	13	Heads Valley	2:33.66
35.14	39.42	41.10	38.00
17 Nowell, Gabriella	13	Torfaen D	2:33.96
33.84	39.24	41.36	39.52
18 Grant, Eilidh	13	Co Cardiff	2:34.01
35.39	39.27	40.34	39.01
19 Fowler, Jasmine	13	Torfaen D	2:34.06
34.66	39.30	40.82	39.28
20 Crowley, Amy	13	Co Cardiff	2:34.29
34.35	38.56	40.56	40.82

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(Event 8 Girls 13 Year Olds 200 SC Meter Freestyle)

Name	Age	Team	Finals Time
21 Davies-Amos, Angelica	13	Bridgend Cty	2:34.35
	36.94	39.74	38.74 38.93
22 Jones, Chloe	13	Bridgend Cty	2:34.48
	34.53	38.89	40.51 40.55
23 Maude, Rose	13	Co Cardiff	2:34.78
	36.06	39.04	41.36 38.32
24 O'Callaghan, Faye	13	Co Cardiff	2:35.24
	34.64	39.65	40.96 39.99
25 Ramsey, Rebekah	13	Heads Valley	2:38.37
	34.59	39.74	41.94 42.10
26 Brind, Jessica	13	Co Cardiff	2:40.51
	37.21	41.26	41.89 40.15
27 Reed, Shauna	13	Torfaen D	2:40.85
	34.63	41.11	43.24 41.87
28 Price, Summer	13	Heads Valley	2:41.03
	35.32	40.41	43.55 41.75
29 Hamer, Charlotte	13	Torfaen D	2:43.85
	35.92	41.53	43.50 42.90
30 James, Ffion	13	Rct Squad	2:45.40
	35.69	41.35	45.33 43.03
31 Powell, Kacey	13	Caerphilly	2:49.82
	38.71	44.68	45.74 40.69

Event 9 Girls 11 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Finals Time
Finals			
1 Millar, Connie	11	Co Cardiff	33.89
2 Croke, Carys	11	Torfaen D	34.79
3 Fox, Honor	11	Co Cardiff	36.89
4 Jones, Lucy	11	Co Newport	37.93
5 Pearn, Amber	11	Co Cardiff	38.58
6 Ward, Poppy	11	Caerphilly	39.68
7 Evans, Lili	11	Co Newport	41.75
8 Enoch, Megan-Jane	11	Caerphilly	42.69

Event 9 Girls 11 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Prelim Time
Preliminaries			
1 Millar, Connie	11	Co Cardiff	35.14
2 Croke, Carys	11	Torfaen D	35.37
3 Fox, Honor	11	Co Cardiff	37.00
4 Jones, Lucy	11	Co Newport	37.78
5 Pearn, Amber	11	Co Cardiff	39.12
6 Ward, Poppy	11	Caerphilly	39.96
7 Enoch, Megan-Jane	11	Caerphilly	40.64
8 Evans, Lili	11	Co Newport	41.93
9 Elias, Anya	11	Co Cardiff	43.54
10 Barr, Angharad	11	Caerphilly	43.81
11 Agami, Abi	11	Monnow	43.82
12 Staples-Vvind, Kaiyah-Jade	11	Co Cardiff	47.43
13 Osborne, Daisy	11	Brecon	53.41

Event 9 Girls 12 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Finals Time
Finals			
1 Stevens, Ruby	12	Co Cardiff	32.50
2 Broder, Libby	12	Torfaen D	33.32
3 Williams-Jones, Phoebe	12	Co Cardiff	34.57
4 Adams, Jaimee	12	Co Cardiff	35.71
5 Chayka, Sofia	12	Bridgend Cty	35.87
6 Iles, Georgia	12	Co Cardiff	36.13
7 Velasco, Mikayla	12	Co Cardiff	36.40
8 Brasington, Lucy	12	Heads Valley	37.30

Event 9 Girls 12 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Prelim Time
Preliminaries			
1 Stevens, Ruby	12	Co Cardiff	33.55
2 Broder, Libby	12	Torfaen D	33.66
3 Williams-Jones, Phoebe	12	Co Cardiff	34.91
4 Adams, Jaimee	12	Co Cardiff	35.82
5 Chayka, Sofia	12	Bridgend Cty	36.16
6 Iles, Georgia	12	Co Cardiff	36.63
7 Velasco, Mikayla	12	Co Cardiff	36.80
8 Brasington, Lucy	12	Heads Valley	37.45
9 Griffiths-Cole, Carys	12	Bridgend Cty	37.89
10 Gronow, Mia	12	Bridgend Cty	38.05
11 Coombes, Emmie	12	Rct Squad	38.99
12 Badman, Phoebe	12	Rct Squad	39.10
13 Davies, Madison	12	Chepstow	39.13
14 Johnsey, Lily	12	Co Cardiff	39.39
15 Williams, Lily	12	Co Cardiff	39.88
16 Edwards, Georgina	12	Abertillery	40.09
17 Blake, Ffion	12	Co Cardiff	40.41
18 Davies, Cerys	12	Rct Squad	40.45
19 Manley, Olivia	12	Co Cardiff	40.69
20 Davies, Ffion	12	Rct Squad	41.03
21 Jones, Ellie	12	Heads Valley	43.22
--- Parsons, Ellie	12	Chepstow	DQ

4.4 Start before starting signal

Event 9 Girls 13 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Finals Time
Finals			
1 Stephens, Arwen	13	Co Cardiff	30.81
2 Joseph, Isabel	13	Co Cardiff	31.07
3 Stride, Tamzin	13	Torfaen D	31.72
4 Davies, Abi	13	Bridgend Cty	31.88
5 Graville, Carys	13	Co Cardiff	32.64
6 Stevens, Isobel	13	Co Newport	32.86
7 Morgan, Hannah	13	Co Cardiff	33.42
8 Rosser, Cerys	13	Torfaen D	33.92

Event 9 Girls 13 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Prelim Time
Preliminaries			
1 Stephens, Arwen	13	Co Cardiff	31.04
2 Joseph, Isabel	13	Co Cardiff	31.23
3 Stride, Tamzin	13	Torfaen D	31.78

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Preliminaries ... (Event 9 Girls 13 Year Olds 50 SC Meter Butterfly)

Name	Age	Team	Prelim Time
4 Davies, Abi	13	Bridgend Cty	32.85
5 Rosser, Cerys	13	Torfaen D	33.02
6 Graville, Carys	13	Co Cardiff	33.56
7 Morgan, Hannah	13	Co Cardiff	33.67
8 Stevens, Isobel	13	Co Newport	33.74
9 Illman, Lili	13	Torfaen D	34.21
10 Fowler, Jasmine	13	Torfaen D	34.89
11 Walker, Eleanor	13	Co Newport	34.90
12 Bowen, Eve	13	Co Newport	35.06
13 Davies-Amos, Angelica	13	Bridgend Cty	35.32
14 Fox, Imo	13	Co Cardiff	35.53
15 Crowley, Amy	13	Co Cardiff	35.72
16 Marshall, Polly	13	Caerphilly	36.14
17 Jones, Cerys	13	Rct Squad	36.27
18 O'Callaghan, Faye	13	Co Cardiff	36.32
*19 Grant, Eilidh	13	Co Cardiff	36.66
*19 Hickman, Eve	13	Bridgend Cty	36.66
21 Ramsey, Rebekah	13	Heads Valley	38.40
22 Reed, Shauna	13	Torfaen D	38.89
23 Wood-Jones, Seren	13	Rhondda	38.93
24 Brind, Jessica	13	Co Cardiff	39.75

Event 10 Boys 11 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 James, Ioan	11	Bridgend Cty	1:07.92
33.43	34.49		
2 Parsons, Joseph	11	Co Cardiff	1:09.83
33.69	36.14		
3 Morgan, Lewis	11	Bridgend Cty	1:15.12
36.50	38.62		
4 Caddy, Alexander	11	Merthyr Tydf	1:15.39
36.47	38.92		
5 Witchell, Rhys	11	Co Cardiff	1:16.58
36.36	40.22		
6 Rescigno, Alberto	11	Co Cardiff	1:17.52
37.31	40.21		
7 Mruk, Keian	11	Torfaen D	1:20.35
38.18	42.17		
8 Leach, Evan	11	Bridgend Cty	1:23.24
40.54	42.70		

Event 10 Boys 11 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 James, Ioan	11	Bridgend Cty	1:08.97
33.48	35.49		
2 Parsons, Joseph	11	Co Cardiff	1:10.41
1:10.41			
3 Witchell, Rhys	11	Co Cardiff	1:15.75
36.39	39.36		
4 Caddy, Alexander	11	Merthyr Tydf	1:16.35
37.07	39.28		
5 Rescigno, Alberto	11	Co Cardiff	1:17.47
37.10	40.37		

6 Morgan, Lewis	11	Bridgend Cty	1:17.85
37.64	40.21		
7 Leach, Evan	11	Bridgend Cty	1:20.31
38.47	41.84		
8 Mruk, Keian	11	Torfaen D	1:20.96
38.80	42.16		
9 Williams, Rueben	11	Caerphilly	1:25.55
40.69	44.86		
10 Norton, Caleb	11	Rhondda	1:26.43
40.44	45.99		

Event 10 Boys 12 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 James, Tristyn	12	Bridgend Cty	1:00.04
29.07	30.97		
2 Jones, Carwyn	12	Co Cardiff	1:03.88
30.61	33.27		
3 Fowler, Joseph	12	Rct Squad	1:09.69
33.14	36.55		
4 Steven, Adam	12	Co Newport	1:10.01
33.99	36.02		
5 Lee, Ethan	12	Rhondda	1:11.46
34.53	36.93		
6 Barnett, Jacob	12	Co Cardiff	1:11.56
34.92	36.64		
7 Wardhaugh, Bryn	12	Co Cardiff	1:13.12
35.29	37.83		
8 Williams, Cai	12	Bridgend Cty	1:14.52
35.74	38.78		

Event 10 Boys 12 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 James, Tristyn	12	Bridgend Cty	1:01.49
29.61	31.88		
2 Jones, Carwyn	12	Co Cardiff	1:04.78
31.60	33.18		
3 Fowler, Joseph	12	Rct Squad	1:10.08
33.56	36.52		
4 Steven, Adam	12	Co Newport	1:10.43
33.33	37.10		
5 Lee, Ethan	12	Rhondda	1:10.67
34.32	36.35		
6 Barnett, Jacob	12	Co Cardiff	1:13.44
34.64	38.80		
7 Williams, Cai	12	Bridgend Cty	1:14.06
35.73	38.33		
8 Wardhaugh, Bryn	12	Co Cardiff	1:14.74
36.06	38.68		
9 Beltran, Kobe	12	Co Cardiff	1:14.97
36.03	38.94		
10 John, Finlay	12	Rct Squad	1:15.94
35.75	40.19		
11 McLain, Archie	12	Heads Valley	1:16.29
36.62	39.67		

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Preliminaries ... (Event 10 Boys 12 Year Olds 100 SC Meter Freestyle)

Name	Age	Team	Prelim Time
12 Davies, Zachary	12	Torfaen D	1:17.05
	36.27	40.78	
13 Nash, Charlie	12	Rhondda	1:24.33
	39.41	44.92	
14 Price Davies, Owen	12	Brecon	1:25.30
	40.24	45.06	

Event 10 Boys 13 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Hughes, Cian	13	Co Cardiff	1:02.03
	30.17	31.86	
2 Arch, Rhydian	13	Co Cardiff	1:02.93
	30.85	32.08	
3 McCarthy, Samuel	13	Co Cardiff	1:03.73
	30.30	33.43	
4 Geysen-Holley, Max	13	Bridgend Cty	1:04.60
	31.07	33.53	
5 Davies, Gianni	13	Co Newport	1:04.93
	30.61	34.32	
6 Sellick, Evan	13	Cwmbran	1:05.74
	31.48	34.26	
7 Davies, Gruffydd	13	Co Cardiff	1:06.16
	31.87	34.29	
8 James, Harley	13	Co Cardiff	1:06.52
	32.20	34.32	

Event 10 Boys 13 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Hughes, Cian	13	Co Cardiff	1:02.68
	30.77	31.91	
2 Arch, Rhydian	13	Co Cardiff	1:03.24
	30.81	32.43	
3 Davies, Gianni	13	Co Newport	1:04.23
	30.42	33.81	
4 McCarthy, Samuel	13	Co Cardiff	1:04.73
	30.76	33.97	
5 Geysen-Holley, Max	13	Bridgend Cty	1:04.84
	31.06	33.78	
6 Sellick, Evan	13	Cwmbran	1:05.95
	31.49	34.46	
7 James, Harley	13	Co Cardiff	1:06.26
	32.08	34.18	
8 Davies, Gruffydd	13	Co Cardiff	1:07.48
	32.82	34.66	
9 Fox-Wiltshire, Benjamin	13	Co Newport	1:08.12
	32.32	35.80	
10 Smart, Rhys	13	Co Cardiff	1:08.15
	33.05	35.10	
11 Coulson, Evan	13	Torfaen D	1:09.58
	34.32	35.26	
12 Rees, Garyn	13	Rhondda	1:10.65
	33.80	36.85	

13 Newton, Oscar	13	Torfaen D	1:11.18
	33.90	37.28	
14 Ingram, James	13	Heads Valley	1:11.27
	33.91	37.36	
15 Isaacs, Tomos	13	Rct Squad	1:12.22
	34.53	37.69	
16 Rosser, Dewi	13	Torfaen D	1:12.38
	34.66	37.72	
17 Jones, Calum	13	Rhondda	1:13.04
	33.61	39.43	
18 Johnson, Freddie	13	Heads Valley	1:13.51
	35.26	38.25	
19 Keenan, Brandon	13	Co Newport	1:13.81
	35.03	38.78	
20 Burns, Harry	13	Co Cardiff	1:14.02
	35.72	38.30	
21 Coppen, Harrison	13	Co Newport	1:14.06
	35.48	38.58	

Event 11 Girls 14 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Finals Time
Finals			
1 De Torres, Becci	14	Co Cardiff	1:02.00
	28.97	33.03	
2 Shelton, Amy	14	Co Cardiff	1:04.19
	30.14	34.05	
3 Baker, Alyssa	14	Torfaen D	1:08.52
	32.10	36.42	
4 Lovell, Madison	14	Heads Valley	1:11.14
	33.36	37.78	
5 Morgan, Bethan	14	Bridgend Cty	1:12.11
	33.92	38.19	
6 Morgan, Izzy	14	Co Cardiff	1:13.94
	33.92	40.02	
7 O'Callaghan, Jennifer	14	Co Cardiff	1:14.57
	34.03	40.54	
8 Girling, Grace	14	Co Cardiff	1:19.37
	34.68	44.69	

Event 11 Girls 14 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Prelim Time
Preliminaries			
1 De Torres, Becci	14	Co Cardiff	1:02.92
	28.91	34.01	
2 Shelton, Amy	14	Co Cardiff	1:05.09
	30.31	34.78	
3 Baker, Alyssa	14	Torfaen D	1:07.99
	32.22	35.77	
4 Lovell, Madison	14	Heads Valley	1:10.66
	33.21	37.45	
5 O'Callaghan, Jennifer	14	Co Cardiff	1:12.05
	33.82	38.23	
6 Morgan, Bethan	14	Bridgend Cty	1:12.16
	33.68	38.48	
7 Girling, Grace	14	Co Cardiff	1:13.24
	34.05	39.19	
8 Morgan, Izzy	14	Co Cardiff	1:15.66
	34.53	41.13	

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Preliminaries ... (Event 11 Girls 14 Year Olds 100 SC Meter Butterfly)			
Name	Age	Team	Prelim Time
9 Teagle, Eilir	14	Merthyr Tydf	1:16.85
	35.73	41.12	
10 Parry, Jessica	14	Rct Squad	1:18.87
	37.55	41.32	
11 Clemett, Evie	14	Bridgend Cty	1:21.74
	37.38	44.36	
12 Marchant, Rhiannon	14	Rct Squad	1:23.69
	37.24	46.45	
13 Bond, Sasha	14	Rct Squad	1:23.96
	37.45	46.51	
--- Hurcombe, Eve	14	Torfaen D	DQ
8.1 Body not on the breast during the swim or when leaving the wall after a			
	36.49	40.03	

Event 11 Girls 15-16 100 SC Meter Butterfly

Name	Age	Team	Finals Time
Finals			
1 Morgan, Mackenzie	16	Torfaen D	1:06.17
	31.34	34.83	
2 Rees, Millie	16	Bridgend Cty	1:07.33
	31.39	35.94	
3 Childs, Laura	16	Co Cardiff	1:07.69
	31.85	35.84	
4 Protheroe, Chloe	15	Bridgend Cty	1:09.76
	32.79	36.97	
5 Witchell, Bethan	15	Co Cardiff	1:09.86
	33.93	35.93	
6 Lewis, Helen	16	Merthyr Tydf	1:10.67
	33.59	37.08	
7 Arch, Mared	16	Co Cardiff	1:12.04
	33.58	38.46	
8 Thomas, Anya	16	Co Cardiff	1:12.96
	34.26	38.70	

Event 11 Girls 15-16 100 SC Meter Butterfly

Name	Age	Team	Prelim Time
Preliminaries			
1 Morgan, Mackenzie	16	Torfaen D	1:06.60
	31.55	35.05	
2 Rees, Millie	16	Bridgend Cty	1:06.73
	31.17	35.56	
3 Childs, Laura	16	Co Cardiff	1:07.46
	31.59	35.87	
4 Protheroe, Chloe	15	Bridgend Cty	1:09.07
	32.42	36.65	
5 Witchell, Bethan	15	Co Cardiff	1:10.07
	33.21	36.86	
6 Lewis, Helen	16	Merthyr Tydf	1:10.43
	33.15	37.28	
7 Arch, Mared	16	Co Cardiff	1:12.78
	33.75	39.03	
8 Thomas, Anya	16	Co Cardiff	1:12.92
	34.62	38.30	
9 Cottrell, Emma	15	Co Cardiff	1:13.12
	33.69	39.43	

10 Geen, Cerys	15	Torfaen D	1:13.60
	34.20	39.40	
11 Watkins, Sadie	15	Rct Squad	1:15.28
	35.34	39.94	
12 Nicholas, Catrin	15	Bridgend Cty	1:15.70
	34.89	40.81	
13 Jones, Ruby	15	Torfaen D	1:16.90
	34.43	42.47	
14 Norris, Alyssa	15	Caerphilly	1:17.27
	36.10	41.17	
15 Jones, Cerys	15	Co Cardiff	1:19.58
	36.14	43.44	
16 McCulloch, Ffion	16	Co Cardiff	1:20.46
	37.32	43.14	

Event 11 Girls 17 & Over 100 SC Meter Butterfly

Name	Age	Team	Finals Time
Finals			
1 Watson, Freya	17	Heads Valley	1:04.32
	30.80	33.52	
2 Sutton, Rebecca	17	Co Cardiff	1:04.51
	30.46	34.05	
3 Sutton, Emma	19	Rct Squad	1:06.88
	31.53	35.35	
4 Nelson, Bethan	17	Merthyr Tydf	1:07.77
	31.26	36.51	
5 Randell, Niamh	17	Rct Squad	1:08.13
	32.65	35.48	
6 Nicholas, Megan	18	Bridgend Cty	1:10.24
	32.74	37.50	
7 Harvey, Morgan	18	Co Cardiff	1:10.30
	33.69	36.61	
8 Collingbourne, Sioned	18	Heads Valley	1:10.81
	32.56	38.25	

Event 11 Girls 17 & Over 100 SC Meter Butterfly

Name	Age	Team	Prelim Time
Preliminaries			
1 Watson, Freya	17	Heads Valley	1:04.54
	30.72	33.82	
2 Sutton, Rebecca	17	Co Cardiff	1:04.76
	30.33	34.43	
3 Sutton, Emma	19	Rct Squad	1:07.62
	31.28	36.34	
4 Nelson, Bethan	17	Merthyr Tydf	1:08.12
	31.56	36.56	
5 Harvey, Morgan	18	Co Cardiff	1:08.49
	31.93	36.56	
6 Randell, Niamh	17	Rct Squad	1:08.50
	33.24	35.26	
7 Nicholas, Megan	18	Bridgend Cty	1:10.08
	32.37	37.71	
8 Collingbourne, Sioned	18	Heads Valley	1:10.34
	32.72	37.62	
9 Harries, Megan	17	Merthyr Tydf	1:10.57
	32.69	37.88	

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Preliminaries ... (Event 11 Girls 17 & Over 100 SC Meter Butterfly)

Name	Age	Team	Prelim Time
10 Rowles, Freya	17	Torfaen D	1:17.71
	36.95	40.76	
11 Maiden, Mya	17	Bridgend Cty	1:19.36
	36.23	43.13	
12 Lewis, Jessica	17	Rct Squad	1:23.32
	38.26	45.06	

Event 12 Girls 11 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time
1 Williams, Carys	11	Merthyr Tydf	7:24.52
	53.36	1:05.15	53.24 51.70
	1:04.76	1:04.30	47.50 44.51

Event 12 Girls 12 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time
1 Williams-Jones, Phoebe	12	Co Cardiff	5:39.09
	37.16	43.77	42.85 44.63
	44.77	47.11	40.87 37.93
2 Stevens, Ruby	12	Co Cardiff	5:49.98
	36.16	43.80	44.50 44.45
	51.02	51.02	41.02 38.01
3 Moriarty, Erin	12	Co Cardiff	6:15.24
	39.71	51.69	47.82 47.34
	51.19	53.59	43.51 40.39
4 Blake, Ffion	12	Co Cardiff	6:28.35
	43.86	54.32	50.15 46.83
	54.46	54.36	45.52 38.85

Event 12 Girls 13 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time
1 Stephens, Arwen	13	Co Cardiff	5:11.92
	34.32	38.41	39.87 39.78
	43.76	43.80	36.78 35.20
2 Stevens, Isobel	13	Co Newport	5:35.58
	36.31	41.52	43.53 42.09
	47.69	48.94	39.16 36.34
3 Fox, Imo	13	Co Cardiff	5:38.40
	39.52	45.47	43.13 41.62
	47.46	48.67	36.87 35.66
4 Marshall, Polly	13	Caerphilly	5:55.97
	37.96	44.84	47.57 46.06
	52.24	52.39	38.53 36.38
5 O'Callaghan, Faye	13	Co Cardiff	5:57.46
	40.12	44.39	45.42 44.92
	49.24	51.88	41.29 40.20
6 Walker, Eleanor	13	Co Newport	6:12.07
	37.85	46.49	47.37 45.94
	52.95	51.24	45.73 44.50
7 Brind, Jessica	13	Co Cardiff	6:31.83
	43.06	48.79	49.32 48.77
	58.60	56.51	43.95 42.83

Event 13 Boys 14 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Edwards, Kaden	14	Co Cardiff	2:49.30
	39.43	43.79	44.72 41.36

2 Allen-Ridge, Kasey	14	Abertillery	2:53.99
	39.34	44.39	45.24 45.02
3 Clement, Logan	14	Rct Squad	3:03.20
	41.13	45.36	48.22 48.49
4 Elias, Hari	14	Co Cardiff	3:03.72
	41.55	47.31	47.89 46.97
5 Watkins, James	14	Co Newport	3:04.50
	39.74	45.55	49.17 50.04

Event 13 Boys 15-16 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Coppen, Jensen	15	Co Newport	2:34.91
	33.91	39.30	39.75 41.95
2 Salmon, Carwyn	15	Rct Squad	2:42.68
	35.76	41.04	42.93 42.95
3 Savage-Taylor, Tomos	16	Heads Valley	2:43.15
	37.34	41.59	42.60 41.62
4 Young, Ellis	15	Co Cardiff	2:46.39
	36.86	42.42	43.29 43.82
5 Pietruszka, Daniel	15	Co Cardiff	2:51.47
	37.33	43.52	45.43 45.19
6 Nixon, Rhys	15	Co Cardiff	2:55.15
	39.91	44.91	45.46 44.87
7 Yahiaoui, Yucuf	16	Co Cardiff	3:04.32
	39.30	45.75	47.86 51.41
8 Wojcik, Szymon	16	Bridgend Cty	3:06.38
	40.73	46.88	48.61 50.16

Event 13 Boys 17 & Over 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Lewis, James	20	Co Cardiff	2:20.25
	31.15	35.11	36.72 37.27
2 Davies, Daniel	20	Co Cardiff	2:26.08
	32.71	36.85	38.24 38.28

Event 14 Boys 14 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Edwards, Kaden	14	Co Cardiff	29.24
2 Wisden, Dylan	14	Bridgend Cty	30.21
3 Hobbs, Dewi	14	Rct Squad	31.46
4 Jones, Jacob	14	Rhondda	31.67
5 Tong, Solomon	14	Co Cardiff	32.23
6 Hastings, Benjamin	14	Co Newport	32.50
7 Allen-Ridge, Kasey	14	Abertillery	33.75
8 Selvakumaran, Darshan	14	Co Newport	34.71

Event 14 Boys 14 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Prelim Time
Preliminaries			
1 Edwards, Kaden	14	Co Cardiff	30.23
2 Wisden, Dylan	14	Bridgend Cty	30.36
3 Hobbs, Dewi	14	Rct Squad	32.05
4 Hastings, Benjamin	14	Co Newport	32.46
5 Jones, Jacob	14	Rhondda	32.79
6 Allen-Ridge, Kasey	14	Abertillery	32.94
7 Tong, Solomon	14	Co Cardiff	33.00
8 Selvakumaran, Darshan	14	Co Newport	33.87

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Preliminaries ... (Event 14 Boys 14 Year Olds 50 SC Meter Butterfly)

Name	Age	Team	Prelim Time
9 Tan, Nicholas	14	Pontypridd	34.49
10 Sivaramakrishnan, Thillai	14	Co Newport	34.53
11 Watkins, James	14	Co Newport	34.54
12 Havard, Dylan	14	Heads Valley	35.70
13 Edwards, Nathaniel	14	Torfaen D	36.27

Event 14 Boys 15-16 50 SC Meter Butterfly

Name	Age	Team	Finals Time
Finals			
1 Clarke, Kameron	16	Co Cardiff	27.19
2 Griffiths, Alex	15	Co Newport	27.86
3 Savva, Theo	16	Co Cardiff	28.08
4 Murray, Adam	15	Co Cardiff	28.16
5 Langdon, Ben	15	Co Newport	28.46
6 Garland, Kieran	16	Rct Squad	28.88
7 Salmon, Carwyn	15	Rct Squad	29.56
8 Gibbs, Morgan	16	Bridgend Cty	29.89

Event 14 Boys 15-16 50 SC Meter Butterfly

Name	Age	Team	Prelim Time
Preliminaries			
1 Clarke, Kameron	16	Co Cardiff	26.92
2 Griffiths, Alex	15	Co Newport	27.58
3 Murray, Adam	15	Co Cardiff	28.21
4 Savva, Theo	16	Co Cardiff	28.28
5 Garland, Kieran	16	Rct Squad	28.63
6 Langdon, Ben	15	Co Newport	28.72
7 Gibbs, Morgan	16	Bridgend Cty	29.41
8 Salmon, Carwyn	15	Rct Squad	29.48
9 Leach, Owen	15	Bridgend Cty	29.63
10 Davies, Joseph	16	Torfaen D	29.80
11 Hall, Dan	16	Chepstow	30.25
12 Selby, Morgan	15	Rct Squad	30.40
13 Wood-Jones, Jac	15	Rhondda	30.43
14 Collins, Tyler	15	Rct Squad	30.64
15 Pietruszka, Daniel	15	Co Cardiff	30.75
16 Coppen, Jensen	15	Co Newport	31.13
17 Steven, Ryan	16	Co Newport	31.32
18 Jenkins, Ellis	16	Rct Squad	31.38
19 Williams, Thomas	15	Rhondda	33.61
20 Lloyd, Rhys	16	Rct Squad	33.84
21 Thomas, Callum	15	Co Cardiff	34.68

Event 14 Boys 17 & Over 50 SC Meter Butterfly

Name	Age	Team	Finals Time
Finals			
1 Bland, Henry	24	Co Cardiff	25.90
2 Cook, Jacob	18	Co Cardiff	26.42
3 James, Rhys	18	Co Cardiff	26.55
4 Baker, Luke	17	Torfaen D	27.02
5 Dickson-Jardine, Ben	18	Bridgend Cty	27.30
6 Rees, Brandon	17	Rhondda	28.55
7 Price, Dafydd	18	Torfaen D	29.39
8 Williams, Elliot	17	Pontypridd	29.83

Event 14 Boys 17 & Over 50 SC Meter Butterfly

Name	Age	Team	Prelim Time
Preliminaries			
1 Bland, Henry	24	Co Cardiff	25.91
2 Cook, Jacob	18	Co Cardiff	27.03
3 James, Rhys	18	Co Cardiff	27.05
4 Acland, Connor	22	Co Newport	27.08
5 Baker, Luke	17	Torfaen D	27.17
6 Dickson-Jardine, Ben	18	Bridgend Cty	27.52
7 Rees, Brandon	17	Rhondda	27.84
8 Price, Dafydd	18	Torfaen D	29.11
9 Williams, Elliot	17	Pontypridd	29.22
10 Pryse, Elis	18	Rct Squad	29.68
11 Thomas, Lewis	18	Rct Squad	29.94
12 Mullins, Joshua	18	Merthyr Tydf	30.69
13 Roland, Julian	17	Chepstow	31.65
14 Jones, Daniel	20	Co Cardiff	32.11
15 Clegg, Sam	17	Brecon	32.71

Event 15 Girls 11 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Millar, Connie	11	Co Cardiff	1:31.07
	43.76	47.31	
2 Salmon, Gwen	11	Rct Squad	1:31.45
	43.79	47.66	
3 Jones, Lucy	11	Co Newport	1:35.85
	45.14	50.71	
4 Briggs, Bailey	11	Heads Valley	1:36.36
	47.09	49.27	
5 Davis, Freya	11	Rct Squad	1:37.74
	46.38	51.36	
6 Davies, Niamh	11	Co Cardiff	1:38.20
	47.88	50.32	
7 Coleman, Harriet	11	Torfaen D	1:40.26
	47.45	52.81	
8 Elias, Anya	11	Co Cardiff	1:41.55
	47.30	54.25	

Event 15 Girls 11 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Salmon, Gwen	11	Rct Squad	1:33.15
	43.78	49.37	
2 Millar, Connie	11	Co Cardiff	1:34.95
	47.16	47.79	
3 Jones, Lucy	11	Co Newport	1:35.67
	45.53	50.14	
4 Davis, Freya	11	Rct Squad	1:37.36
	46.28	51.08	
5 Briggs, Bailey	11	Heads Valley	1:38.23
	48.40	49.83	
6 Davies, Niamh	11	Co Cardiff	1:39.45
	46.99	52.46	
7 Elias, Anya	11	Co Cardiff	1:39.62
	46.41	53.21	

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Preliminaries ... (Event 15 Girls 11 Year Olds 100 SC Meter Breaststrol

Name	Age	Team	Prelim Time
8 Coleman, Harriet	11	Torfaen D	1:41.53
48.47	53.06		
9 Enoch, Megan-Jane	11	Caerphilly	1:41.95
48.69	53.26		
10 Nock, Emma	11	Monnow	1:43.56
49.86	53.70		
11 Walker, Emily	11	Co Newport	1:50.80
53.00	57.80		
12 Evans, Lili	11	Co Newport	1:53.23
54.12	59.11		
--- Osborne, Daisy	11	Brecon	DQ
7.1 After the start or after each turn single butterfly kick not performed bef			
58.35	58.21		

Event 15 Girls 12 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Williams-Jones, Phoebe	12	Co Cardiff	1:20.62
38.92	41.70		
2 Brassington, Sophie	12	Co Cardiff	1:20.72
38.58	42.14		
3 Iles, Georgia	12	Co Cardiff	1:26.84
41.09	45.75		
4 Velasco, Mikayla	12	Co Cardiff	1:30.12
42.76	47.36		
5 Moriarty, Erin	12	Co Cardiff	1:33.97
44.99	48.98		
6 Edwards, Georgina	12	Abertillery	1:36.20
44.24	51.96		
7 Bound, Caitlin	12	Heads Valley	1:38.59
46.96	51.63		
8 Johnsey, Lily	12	Co Cardiff	1:40.10
47.38	52.72		

Event 15 Girls 12 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Brassington, Sophie	12	Co Cardiff	1:22.01
38.78	43.23		
2 Williams-Jones, Phoebe	12	Co Cardiff	1:24.58
40.14	44.44		
3 Iles, Georgia	12	Co Cardiff	1:26.28
41.86	44.42		
4 Velasco, Mikayla	12	Co Cardiff	1:30.23
42.85	47.38		
5 Moriarty, Erin	12	Co Cardiff	1:32.17
44.47	47.70		
6 Johnsey, Lily	12	Co Cardiff	1:33.09
44.42	48.67		
7 Edwards, Georgina	12	Abertillery	1:37.01
45.47	51.54		
8 Bound, Caitlin	12	Heads Valley	1:38.89
47.16	51.73		
9 Blake, Ffion	12	Co Cardiff	1:39.47
44.98	54.49		

10 Beach, Dion	12	Rhondda	1:40.94
46.41	54.53		
11 White, Seren	12	Rct Squad	1:42.07
47.55	54.52		
12 Brassington, Lucy	12	Heads Valley	1:42.88
44.95	57.93		
13 Trenchard, Lowri	12	Co Newport	1:44.62
49.61	55.01		
14 Pritchard, Mia	12	Co Cardiff	1:45.45
51.49	53.96		

Event 15 Girls 13 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Stephens, Arwen	13	Co Cardiff	1:17.65
37.39	40.26		
2 Fox, Imo	13	Co Cardiff	1:22.32
38.91	43.41		
3 Simmons, Beth	13	Co Newport	1:23.10
39.52	43.58		
4 Walker, Eleanor	13	Co Newport	1:24.85
40.03	44.82		
5 Illman, Lili	13	Torfaen D	1:25.11
40.33	44.78		
6 Davies-Amos, Angelica	13	Bridgend Cty	1:28.92
42.01	46.91		
7 Faulkner, Marie	13	Co Cardiff	1:30.55
42.59	47.96		
8 Hickman, Eve	13	Bridgend Cty	1:31.84
43.23	48.61		

Event 15 Girls 13 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Stephens, Arwen	13	Co Cardiff	1:17.74
37.82	39.92		
2 Simmons, Beth	13	Co Newport	1:22.65
39.40	43.25		
3 Illman, Lili	13	Torfaen D	1:25.79
41.06	44.73		
4 Davies-Amos, Angelica	13	Bridgend Cty	1:27.76
41.33	46.43		
5 Walker, Eleanor	13	Co Newport	1:28.68
42.21	46.47		
6 Fox, Imo	13	Co Cardiff	1:28.94
41.52	47.42		
7 Fowler, Jasmine	13	Torfaen D	1:29.96
43.04	46.92		
8 Faulkner, Marie	13	Co Cardiff	1:30.27
43.03	47.24		
9 Jones, Emilia	13	Bridgend Cty	1:31.07
43.48	47.59		
10 Hickman, Eve	13	Bridgend Cty	1:31.27
48.40	42.87		
11 Graville, Carys	13	Co Cardiff	1:32.40
44.03	48.37		

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Preliminaries ... (Event 15 Girls 13 Year Olds 100 SC Meter Breaststrol

Name	Age	Team	Prelim Time
12 Harris, Sophie	13	Co Newport	1:33.18
	43.84	49.34	
13 Grant, Eilidh	13	Co Cardiff	1:33.41
	44.98	48.43	
14 Morgan, Hannah	13	Co Cardiff	1:33.58
	45.18	48.40	
15 Nowell, Gabriella	13	Torfaen D	1:33.87
	45.12	48.75	
16 Reynolds, Mia	13	Heads Valley	1:34.91
	44.95	49.96	
17 O'Callaghan, Faye	13	Co Cardiff	1:35.04
	45.53	49.51	
18 Wood-Jones, Seren	13	Rhondda	1:36.61
	45.82	50.79	
19 Price, Summer	13	Heads Valley	1:37.29
	47.81	49.48	
20 Cribb, Millie	13	Caerphilly	1:41.52
	47.81	53.71	
21 Osmond, Frances	13	Brecon	1:49.89
	45.12	1:04.77	
--- Jones, Emily	13	Co Newport	DQ
	7.6 Did not touch at turn or finish with both hands, or touch not simultaneo		
	37.14	40.13	

Event 16 Boys 11 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Parsons, Joseph	11	Co Cardiff	2:43.65
	39.08	41.28	41.94 41.35
2 Witchell, Rhys	11	Co Cardiff	2:59.07
	42.85	46.57	45.61 44.04
3 Southwood, Charlie	11	Torfaen D	3:12.52
	46.57	49.89	50.27 45.79

Event 16 Boys 12 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 James, Tristyn	12	Bridgend Cty	2:33.95
	36.37	39.61	39.75 38.22
2 Lee, Tristan	12	Rhondda	2:47.43
	39.89	43.12	42.80 41.62
3 Beltran, Kobe	12	Co Cardiff	2:54.48
	42.17	44.35	44.53 43.43
4 Wardhaugh, Bryn	12	Co Cardiff	2:56.98
	43.03	45.57	45.57 42.81
5 John, Finlay	12	Rct Squad	3:01.58
	42.85	46.04	46.70 45.99
6 Lee, Ethan	12	Rhondda	3:01.59
	43.14	45.63	46.91 45.91
7 McGuinness, Charlie	12	Torfaen D	3:08.65
	45.60	48.08	47.38 47.59
8 Williams, Cai	12	Bridgend Cty	3:09.23
	44.93	48.48	49.06 46.76
9 Price Davies, Owen	12	Brecon	3:10.65
	46.09	50.50	47.67 46.39

Event 16 Boys 13 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Arch, Rhydian	13	Co Cardiff	2:29.34
	35.62	38.10	38.74 36.88
2 Hughes, Cian	13	Co Cardiff	2:30.44
	35.97	38.32	38.06 38.09
3 James, Harley	13	Co Cardiff	2:36.97
	37.58	39.76	40.24 39.39
4 Fox-Wiltshire, Benjamin	13	Co Newport	2:39.68
	37.27	40.22	41.45 40.74
5 Geysen-Holley, Max	13	Bridgend Cty	2:39.90
	38.04	40.45	41.34 40.07
6 Coulson, Evan	13	Torfaen D	2:42.27
	38.47	41.93	41.03 40.84
7 Keenan, Brandon	13	Co Newport	2:46.11
	38.44	43.03	44.27 40.37
8 Isaacs, Tomos	13	Rct Squad	2:47.33
	40.00	42.81	43.22 41.30
9 Davies, Gianni	13	Co Newport	2:50.55
	40.25	44.05	44.25 42.00
10 Smart, Rhys	13	Co Cardiff	2:51.79
	42.74	44.39	43.08 41.58

Event 17 Boys 14 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Edwards, Kaden	14	Co Cardiff	4:28.04
	30.99	33.53	33.75 34.11
	34.01	34.56	33.95 33.14
2 Wisden, Dylan	14	Bridgend Cty	4:42.75
	31.72	35.33	35.82 36.03
	36.24	36.20	36.75 34.66
3 Allen-Ridge, Kasey	14	Abertillery	4:47.17
	32.28	35.62	36.14 36.67
	36.75	37.53	37.46 34.72
4 Tong, Solomon	14	Co Cardiff	4:55.03
	35.26	37.78	37.66 38.03
	36.74	36.83	37.24 35.49
5 Elias, Hari	14	Co Cardiff	5:02.90
	33.68	38.03	39.09 39.11
	39.16	39.13	37.97 36.73
6 Hastings, Benjamin	14	Co Newport	5:12.88
	34.61	39.58	40.01 40.48
	39.99	40.53	39.97 37.71
7 Hobbs, Dewi	14	Rct Squad	5:19.40
	32.75	37.38	39.28 40.44
	41.47	42.55	42.91 42.62
8 Watts, Morgan	14	Abertillery	5:25.76
	35.98	40.87	41.85 42.24
	41.43	42.02	41.82 39.55
9 Edwards, Nathaniel	14	Torfaen D	5:28.06
	35.02	40.28	41.87 42.31
	42.59	43.13	42.39 40.47
10 Havard, Dylan	14	Heads Valley	5:29.83
	35.49	40.93	40.48 42.28
	42.68	43.00	43.52 41.45

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Event 17 Boys 15-16 400 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Clarke, Kameron	16	Co Cardiff	4:11.13	
			28.04	31.90
			31.48	31.80
			32.07	31.24
			30.06	34.54
2 Broom, Dylan	16	Torfaen D	4:21.53	
			29.55	33.46
			33.39	33.38
			34.13	33.66
			32.65	31.31
3 Murray, Adam	15	Co Cardiff	4:22.84	
			29.60	33.41
			33.56	33.61
			33.79	33.68
			33.34	31.85
4 Griffiths, Alex	15	Co Newport	4:23.02	
			30.17	33.19
			33.60	33.30
			33.57	33.49
			32.95	32.75
5 Davies, Joseph	16	Torfaen D	4:23.08	
			28.90	33.08
			33.15	34.17
			33.67	33.74
			34.59	31.78
6 Garland, Kieran	16	Rct Squad	4:26.35	
			31.43	33.63
			34.09	33.39
			33.84	34.60
			33.53	31.84
7 Gibbs, Morgan	16	Bridgend Cty	4:31.70	
			28.83	33.01
			35.29	35.55
			34.17	34.43
			35.63	34.79
8 Leach, Owen	15	Bridgend Cty	4:34.17	
			30.53	33.75
			35.02	35.21
			34.75	34.87
			35.51	34.53
9 Savage-Taylor, Tomos	16	Heads Valley	4:34.88	
			30.12	33.94
			35.07	35.50
			34.96	34.99
			35.79	34.51
10 Collins, Tyler	15	Rct Squad	4:44.46	
			31.23	34.63
			36.81	36.53
			36.42	36.56
			1:12.28	
11 Wojcik, Szymon	16	Bridgend Cty	4:47.45	
			31.89	35.58
			36.62	36.91
			36.60	37.25
			36.74	35.86
12 Selby, Morgan	15	Rct Squad	4:47.81	
			31.99	35.41
			37.08	36.90
			37.48	37.58
			36.79	34.58
13 Nixon, Rhys	15	Co Cardiff	4:47.84	
			32.93	36.83
			36.66	36.86
			36.58	37.04
			36.56	34.38
14 Steven, Ryan	16	Co Newport	4:48.75	
			32.02	36.36
			37.46	37.03
			37.01	37.61
			36.92	34.34
15 Layzell, Alexander	15	Merthyr Tydf	4:53.27	
			32.63	35.39
			37.81	38.12
			36.51	37.38
			38.69	36.74
16 Thomas, Callum	15	Co Cardiff	4:53.53	
			32.64	36.32
			37.87	37.81
			37.35	37.44
			37.82	36.28
17 Jones, Ceirion	16	Merthyr Tydf	4:56.43	
			33.01	35.78
			38.96	38.65
			36.78	37.43
			38.92	36.90
18 Jones, Finlay	16	Rhondda	4:58.18	
			31.97	36.17
			38.62	39.21
			37.86	38.32
			39.03	37.00

19 Tucker, Callum	15	Chepstow	5:03.09	
			32.97	36.95
			1:19.13	40.37
			38.07	39.15
			36.45	
20 Williams, Thomas	15	Rhondda	5:04.78	
			33.73	36.10
			39.22	38.97
			38.46	38.98
			40.57	38.75

Event 17 Boys 17 & Over 400 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Bryce, Aidan	18	Co Newport	4:11.18	
			28.03	31.03
			32.06	32.43
			31.43	31.99
			32.01	32.20
2 Jones, Daniel	19	Torfaen D	4:19.86	
			29.83	33.82
			33.22	32.52
			34.31	34.09
			31.87	30.20
3 John, Lewys	18	Rct Squad	4:23.16	
			29.17	32.64
			34.04	33.99
			33.80	33.95
			33.90	31.67
4 Price, Dafydd	18	Torfaen D	4:27.63	
			29.28	33.76
			34.46	34.20
			34.65	34.19
			34.00	33.09
5 Thomas, Emyr	17	Co Newport	4:28.02	
			30.00	33.61
			33.67	34.63
			33.79	34.82
			34.94	32.56

Event 18 Girls 14 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Shelton, Amy	14	Co Cardiff	2:11.07	
			29.86	33.06
			34.29	33.86
2 O'Callaghan, Jennifer	14	Co Cardiff	2:15.71	
			31.35	34.19
			35.59	34.58
3 Lovell, Madison	14	Heads Valley	2:16.09	
			30.85	34.08
			35.73	35.43
4 Domican, Rosie	14	Co Cardiff	2:16.36	
			31.80	34.77
			35.58	34.21
5 Bamborough, Katie	14	Co Cardiff	2:16.75	
			31.89	34.91
			35.29	34.66
6 Girling, Grace	14	Co Cardiff	2:17.04	
			32.46	35.35
			35.44	33.79
7 Corderoy, Abigail	14	Rct Squad	2:18.27	
			31.70	33.87
			36.01	36.69
8 Whitelock, Carys	14	Torfaen D	2:18.37	
			32.10	35.26
			36.05	34.96
9 Baker, Alyssa	14	Torfaen D	2:18.73	
			32.02	35.31
			35.99	35.41
10 Smith, Mia	14	Torfaen D	2:19.76	
			32.42	35.60
			36.34	35.40
11 Jones, Seren	14	Co Cardiff	2:20.14	
			32.74	35.99
			37.00	34.41
12 Ward, Ellie	14	Co Newport	2:21.13	
			32.78	36.10
			37.06	35.19
13 Marchant, Rhiannon	14	Rct Squad	2:21.33	
			32.20	36.22
			37.29	35.62
14 Evans, Emma	14	Co Cardiff	2:21.37	
			33.58	36.12
			36.60	35.07
15 Morgan, Bethan	14	Bridgend Cty	2:21.86	
			32.36	36.28
			36.75	36.47

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Results

(Event 18 Girls 14 Year Olds 200 SC Meter Freestyle)

Name	Age	Team	Finals Time
16 Bond, Sasha	14	Rct Squad	2:23.48
32.19	36.27	37.84	37.18
17 Teagle, Eilir	14	Merthyr Tydf	2:25.13
34.19	37.52	37.56	35.86
18 Thomas, Nell	14	Rct Squad	2:27.00
32.96	36.83	38.59	38.62
19 Stork, Niamh	14	Co Cardiff	2:29.25
34.25	38.13	39.27	37.60
20 Brasington, Isabel	14	Heads Valley	2:29.92
33.38	38.08	39.53	38.93
21 Hembrow, Courtney	14	Bridgend Cty	2:30.31
35.41	38.33	39.04	37.53
22 Clemett, Evie	14	Bridgend Cty	2:31.54
35.27	38.86	39.50	37.91
23 Davies, Tegan	14	Bridgend Cty	2:32.47
34.68	38.46	39.73	39.60
24 Frole, Megan	14	Bridgend Cty	2:34.66
36.30	38.95	39.76	39.65
25 Strickland-Grant, Thea	14	Torfaen D	2:38.04
35.76	40.02	42.10	40.16
26 Fox, Abi	14	Co Cardiff	2:38.73
35.53	40.90	42.15	40.15
27 Cook, Seren	14	Bridgend Cty	2:38.74
35.32	40.37	42.77	40.28
28 Leconte, Seren	14	Rct Squad	2:39.17
36.12	40.25	42.20	40.60
29 Price, Ffion	14	Brecon	2:40.41
36.82	40.65	42.75	40.19
30 Jones, Olivia	14	Rhondda	2:45.26
36.76	44.07	43.85	40.58

Event 18 Girls 15-16 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Carr, Georgia-May	15	Co Cardiff	2:08.73
29.55	32.73	33.25	33.20
2 Witchell, Bethan	15	Co Cardiff	2:09.27
30.49	32.66	33.54	32.58
3 Beynon, Bethan	15	Co Cardiff	2:12.75
31.16	33.46	34.22	33.91
4 Morris, Elen	16	Co Cardiff	2:12.94
31.67	33.52	33.89	33.86
5 Davidson, Hannah	15	Bridgend Cty	2:14.38
30.19	34.50	35.83	33.86
6 Arch, Mared	16	Co Cardiff	2:15.12
31.82	34.01	35.12	34.17
7 Snow, Sophie	16	Co Cardiff	2:15.95
31.52	34.56	35.22	34.65
8 Rutter, Jessica	16	Co Cardiff	2:16.46
31.44	35.54	35.73	33.75
9 Protheroe, Chloe	15	Bridgend Cty	2:16.86
32.06	34.72	35.69	34.39
10 Cope, Megan	16	Co Cardiff	2:19.33
32.77	35.10	35.62	35.84
11 Mason, Teoni	16	Torfaen D	2:19.56
32.11	35.46	36.60	35.39

12 Jones, Ruby	15	Torfaen D	2:20.04
32.94	34.99	36.58	35.53
13 Walters, Aisha	16	Merthyr Tydf	2:21.56
32.01	34.96	36.85	37.74
14 Thomas, Anya	16	Co Cardiff	2:22.73
33.14	36.09	36.77	36.73
15 Davies, Lois	15	Bridgend Cty	2:23.44
33.33	36.51	38.15	35.45
16 Morgan, Sophie	16	Rct Squad	2:23.74
31.46	35.65	38.12	38.51
17 Lewis, Helen	16	Merthyr Tydf	2:25.67
33.76	36.78	37.97	37.16
18 Freegard, Aimee	16	Rct Squad	2:26.59
33.30	36.43	38.77	38.09
19 Watkins, Sadie	15	Rct Squad	2:27.00
34.49	37.51	38.24	36.76
20 Harris-Thomas, Elle	16	Torfaen D	2:28.63
33.32	37.32	39.23	38.76
21 Walker, Caitlin	16	Co Cardiff	2:29.95
34.20	38.25	39.16	38.34
22 McCulloch, Ffion	16	Co Cardiff	2:29.97
34.81	37.98	38.97	38.21
23 Porter, Emma	15	Torfaen D	2:30.30
34.65	38.70	39.01	37.94
24 Nicholas, Catrin	15	Bridgend Cty	2:30.55
34.39	39.99	38.90	37.27
25 Davies, Cora	15	Rct Squad	2:34.75
35.54	39.66	39.92	39.63
26 Napper, Kaycee	15	Rhondda	2:35.50
35.24	38.81	40.71	40.74
27 Lewis, Becky	15	Rct Squad	2:37.96
34.85	38.86	41.66	42.59
28 Breheny, Leonora	15	Bridgend Cty	2:40.45
35.75	39.73	42.29	42.68
29 Cope, Llinos	15	Co Cardiff	2:40.67
36.72	41.27	42.83	39.85
30 Oliver, Ruth	16	Co Cardiff	2:41.70
37.53	41.66	42.08	40.43
--- Havard, Carys	15	Heads Valley	DNF
32.95	2:12.96		

Event 18 Girls 17 & Over 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Beynon, Annaliese	18	Co Cardiff	2:03.69
28.88	30.86	31.89	32.06
2 Rees, Katie	20	Co Cardiff	2:04.05
29.48	31.55	31.76	31.26
3 Warrender, Meggan	17	Torfaen D	2:07.38
29.63	32.77	32.92	32.06
4 Nelson, Bethan	17	Merthyr Tydf	2:14.41
30.84	34.07	35.10	34.40
5 Watson, Freya	17	Heads Valley	2:16.53
30.50	34.06	36.03	35.94
6 Matthews, Brody	20	Abertillery	2:18.30
31.55	34.42	36.22	36.11
7 Collingbourne, Sioned	18	Heads Valley	2:18.39
31.97	34.75	35.88	35.79

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Results

(Event 18 Girls 17 & Over 200 SC Meter Freestyle)

Name	Age	Team	Finals Time
8 Maiden, Mya	17	Bridgend Cty	2:19.50
	32.46	35.17	36.21 35.66
9 Gibbs, Livi	18	Bridgend Cty	2:19.68
	31.79	34.59	36.06 37.24
10 Harries, Megan	17	Merthyr Tydf	2:21.16
	33.51	36.38	36.65 34.62
11 Vaisey, Rhiannon	20	Abertillery	2:24.40
	32.53	35.60	37.75 38.52
12 Lewis, Jessica	17	Rct Squad	2:32.40
	34.58	38.29	39.82 39.71
13 Teagle, Arwen	17	Merthyr Tydf	2:40.59
	37.47	1:22.74	40.38
--- Thomas, Chloe	20	Bridgend Cty	x2:52.85
	37.46	42.21	45.87 47.31

Event 19 Girls 11 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Fox, Honor	11	Co Cardiff	31.40
2 Croke, Carys	11	Torfaen D	31.62
3 Barr, Angharad	11	Caerphilly	34.62
4 Enoch, Megan-Jane	11	Caerphilly	35.45
5 Coleman, Harriet	11	Torfaen D	35.73
6 Elias, Anya	11	Co Cardiff	35.79
7 Davies, Niamh	11	Co Cardiff	35.88
8 Davis, Freya	11	Rct Squad	35.91

Event 19 Girls 11 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Fox, Honor	11	Co Cardiff	31.84
2 Croke, Carys	11	Torfaen D	31.98
3 Jones, Lucy	11	Co Newport	33.12
4 Barr, Angharad	11	Caerphilly	34.53
5 Davies, Niamh	11	Co Cardiff	34.84
6 Enoch, Megan-Jane	11	Caerphilly	35.01
7 Elias, Anya	11	Co Cardiff	35.35
8 Coleman, Harriet	11	Torfaen D	35.78
9 Davis, Freya	11	Rct Squad	36.08
10 Ward, Poppy	11	Caerphilly	36.14
11 Edwards, Nanci	11	Monnow	36.34
12 Williams, Beth	11	Brecon	36.88
13 Jones, Lillie	11	Co Cardiff	36.89
14 Evans, Lili	11	Co Newport	37.64
15 Nock, Emma	11	Monnow	38.23
16 Evans, Mari	11	Rct Squad	39.57
17 Thomas, Holly	11	Bridgend Cty	39.60
18 Arnold, Jessica	11	Cwmbran	39.70
19 Williams, Ellise	11	Rhondda	40.03
20 Walker, Emily	11	Co Newport	40.05
21 Keigwin, Poppy	11	Caerphilly	40.10

Event 19 Girls 12 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Broder, Libby	12	Torfaen D	30.24
2 Chayka, Sofia	12	Bridgend Cty	30.99
3 Stevens, Ruby	12	Co Cardiff	31.01
4 Williams-Jones, Phoebe	12	Co Cardiff	31.30
5 Blake, Ffion	12	Co Cardiff	31.77
6 Davies, Ffion	12	Rct Squad	32.27
7 Johnsey, Lily	12	Co Cardiff	32.91
8 Davies, Cerys	12	Rct Squad	33.69

Event 19 Girls 12 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Broder, Libby	12	Torfaen D	30.51
2 Chayka, Sofia	12	Bridgend Cty	31.05
3 Stevens, Ruby	12	Co Cardiff	31.19
4 Williams-Jones, Phoebe	12	Co Cardiff	31.95
5 Blake, Ffion	12	Co Cardiff	32.19
6 Davies, Ffion	12	Rct Squad	32.67
7 Johnsey, Lily	12	Co Cardiff	32.71
8 Davies, Cerys	12	Rct Squad	33.24
9 Williams, Lily	12	Co Cardiff	33.62
10 Edwards, Georgina	12	Abertillery	33.64
11 Parsons, Ellie	12	Chepstow	34.03
12 Adams, Jaimee	12	Co Cardiff	34.31
13 Beach, Dion	12	Rhondda	34.56
14 Davies, Madison	12	Chepstow	34.78
15 Woods, Ella-Rae	12	Heads Valley	34.81
16 Holmes, Bethan	12	Co Newport	34.88
17 Badman, Phoebe	12	Rct Squad	34.98
18 Pritchard, Mia	12	Co Cardiff	35.08
19 Sturdy, Lauren	12	Rct Squad	35.12
20 White, Seren	12	Rct Squad	35.48
21 Coombes, Emmie	12	Rct Squad	35.55
22 Pengelly, Leia	12	Rct Squad	35.71
23 Manley, Olivia	12	Co Cardiff	35.72
24 Williams, Mali	12	Rct Squad	35.90
25 Jones, Jessica	12	Caerphilly	36.92
26 Bound, Caitlin	12	Heads Valley	37.06
27 Rees, Megan	12	Pontypridd	37.16
28 Vincent, Caitlyn	12	Pontypridd	37.68
29 Haeffner, Mia	12	Chepstow	39.55

Event 19 Girls 13 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Stride, Tamzin	13	Torfaen D	28.36
2 Joseph, Isabel	13	Co Cardiff	28.70
3 Graville, Carys	13	Co Cardiff	28.98
4 Emes, Eleanor	13	Torfaen D	29.58
5 Stephens, Arwen	13	Co Cardiff	29.59
6 Illman, Lili	13	Torfaen D	29.87
7 Erasmus, Charlotte	13	Torfaen D	29.97
8 Fox, Imo	13	Co Cardiff	29.98

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Event 19 Girls 13 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Stride, Tamzin	13	Torfaen D	28.30
2 Graville, Carys	13	Co Cardiff	28.87
3 Joseph, Isabel	13	Co Cardiff	28.92
4 Fox, Imo	13	Co Cardiff	28.99
5 Stephens, Arwen	13	Co Cardiff	29.39
6 Emes, Eleanor	13	Torfaen D	29.68
7 Illman, Lili	13	Torfaen D	30.18
8 Erasmus, Charlotte	13	Torfaen D	30.21
9 Donovan, Kelsey	13	Co Cardiff	30.25
10 Stevens, Isobel	13	Co Newport	30.30
11 Jones, Emily	13	Co Newport	30.85
12 Clayton, Karys	13	Torfaen D	30.87
13 Legg, Caitlin	13	Caerphilly	31.15
14 Morgan, Hannah	13	Co Cardiff	31.30
15 Preece, Katie	13	Co Newport	31.45
16 Jones, Cerys	13	Rct Squad	31.49
17 Bowen, Eve	13	Co Newport	31.81
18 Crowley, Amy	13	Co Cardiff	31.82
19 Marshall, Polly	13	Caerphilly	32.02
20 Reed, Shauna	13	Torfaen D	32.06
21 Maude, Rose	13	Co Cardiff	32.10
22 Faulkner, Marie	13	Co Cardiff	32.17
23 Jones, Chloe	13	Bridgend Cty	32.25
24 Grant, Eilidh	13	Co Cardiff	32.26
25 Henry-Davies, Saskia	13	Brecon	32.48
26 Nowell, Gabriella	13	Torfaen D	32.51
27 Price, Summer	13	Heads Valley	32.64
28 O'Callaghan, Faye	13	Co Cardiff	32.93
29 Ramsey, Rebekah	13	Heads Valley	33.17
30 James, Ffion	13	Rct Squad	33.34
31 Keigwin, Daisy	13	Caerphilly	33.36
32 Rose, Freya	13	Co Newport	33.38
33 Harris, Sophie	13	Co Newport	33.73
34 Brind, Jessica	13	Co Cardiff	34.39
35 Powell, Kacey	13	Caerphilly	34.84
36 Hamer, Charlotte	13	Torfaen D	35.27
37 Peacock, Megan	13	Co Newport	35.48
38 Anthony, Gabrielle	13	Rct Squad	35.68
39 Anstee, Megan	13	Rct Squad	35.88
40 Moodley, Bethan	13	Rct Squad	36.02
41 Osmond, Frances	13	Brecon	36.92

Event 20 Boys 11 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Sheppard, Rhydian	11	Co Cardiff	1:36.29
44.79	51.50		
2 Leach, Evan	11	Bridgend Cty	1:36.51
45.56	50.95		
3 Rescigno, Alberto	11	Co Cardiff	1:38.25
46.77	51.48		
4 Schumm, Ben	11	Torfaen D	1:54.14
51.98	1:02.16		

Event 20 Boys 11 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Rescigno, Alberto	11	Co Cardiff	1:37.65
45.40	52.25		
2 Sheppard, Rhydian	11	Co Cardiff	1:38.16
46.02	52.14		
3 Leach, Evan	11	Bridgend Cty	1:39.98
47.56	52.42		
4 Schumm, Ben	11	Torfaen D	1:53.42
54.22	59.20		

Event 20 Boys 12 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Steven, Adam	12	Co Newport	1:26.15
39.89	46.26		
2 Lee, Tristan	12	Rhondda	1:29.53
41.92	47.61		
3 Fowler, Joseph	12	Rct Squad	1:34.12
44.06	50.06		
4 Lee, Ethan	12	Rhondda	1:35.08
45.11	49.97		
5 Lawson, Reuben	12	Chepstow	1:36.59
46.38	50.21		
6 Beltran, Kobe	12	Co Cardiff	1:36.89
46.47	50.42		
7 Lale, Harvey	12	Torfaen D	1:37.00
45.99	51.01		
8 Tucker, Lucas	12	Chepstow	1:37.28
46.72	50.56		

Event 20 Boys 12 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Steven, Adam	12	Co Newport	1:27.65
40.65	47.00		
2 Lee, Tristan	12	Rhondda	1:28.96
42.20	46.76		
3 Lee, Ethan	12	Rhondda	1:33.72
44.66	49.06		
4 Fowler, Joseph	12	Rct Squad	1:34.38
44.32	50.06		
5 Lawson, Reuben	12	Chepstow	1:34.89
44.23	50.66		
6 Beltran, Kobe	12	Co Cardiff	1:36.79
47.03	49.76		
7 Tucker, Lucas	12	Chepstow	1:37.34
46.17	51.17		
8 Lale, Harvey	12	Torfaen D	1:39.29
46.48	52.81		
9 Jones, Tyler	12	Rhondda	1:41.81
48.90	52.91		
10 Rees-Jones, Jack	12	Merthyr Tydf	1:42.92
49.49	53.43		

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Results

Preliminaries ... (Event 20 Boys 12 Year Olds 100 SC Meter Breaststrol

Name	Age	Team	Prelim Time
--- Jones, Carwyn	12	Co Cardiff	DQ
7.1 After the start or after each turn single butterfly kick not performed bef			
38.15	43.46		

Event 20 Boys 13 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Arch, Rhydian	13	Co Cardiff	1:19.96
38.15	41.81		
2 Fox-Wiltshire, Benjamin	13	Co Newport	1:22.11
39.03	43.08		
3 Smart, Rhys	13	Co Cardiff	1:22.85
40.05	42.80		
4 Sellick, Evan	13	Cwmbran	1:24.38
39.94	44.44		
5 Anderson, Max	13	Co Cardiff	1:24.84
40.03	44.81		
6 Coppen, Harrison	13	Co Newport	1:28.67
41.64	47.03		
7 Pursey, Michael	13	Heads Valley	1:32.72
44.07	48.65		
8 Keenan, Brandon	13	Co Newport	1:37.89
45.81	52.08		

Event 20 Boys 13 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Arch, Rhydian	13	Co Cardiff	1:20.17
38.05	42.12		
2 Fox-Wiltshire, Benjamin	13	Co Newport	1:20.84
38.01	42.83		
3 Smart, Rhys	13	Co Cardiff	1:23.99
40.21	43.78		
4 Anderson, Max	13	Co Cardiff	1:24.71
38.87	45.84		
5 Sellick, Evan	13	Cwmbran	1:26.25
40.97	45.28		
6 O'Brien, Joshua	13	Co Cardiff	1:26.31
41.43	44.88		
7 Coppen, Harrison	13	Co Newport	1:29.26
42.47	46.79		
8 Pursey, Michael	13	Heads Valley	1:31.65
44.22	47.43		
9 Keenan, Brandon	13	Co Newport	1:32.20
43.65	48.55		
10 Rosser, Dewi	13	Torfaen D	1:32.66
44.04	48.62		

Event 21 Girls 14 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 De Torres, Becci	14	Co Cardiff	58.34
28.15	30.19		
2 Shelton, Amy	14	Co Cardiff	1:00.00
28.94	31.06		

3 O'Callaghan, Jennifer	14	Co Cardiff	1:02.28
30.37	31.91		
4 Marchant, Rhiannon	14	Rct Squad	1:02.34
30.03	32.31		
5 Corderoy, Abigail	14	Rct Squad	1:02.93
30.22	32.71		
6 Domican, Rosie	14	Co Cardiff	1:03.02
30.53	32.49		
7 Boswall, Saffron	14	Co Cardiff	1:04.73
31.05	33.68		
8 Girling, Grace	14	Co Cardiff	1:05.24
31.23	34.01		

Event 21 Girls 14 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 De Torres, Becci	14	Co Cardiff	57.80
27.74	30.06		
2 Shelton, Amy	14	Co Cardiff	1:00.42
28.86	31.56		
3 Domican, Rosie	14	Co Cardiff	1:02.90
30.54	32.36		
4 Corderoy, Abigail	14	Rct Squad	1:03.01
30.23	32.78		
5 O'Callaghan, Jennifer	14	Co Cardiff	1:03.56
30.68	32.88		
6 Marchant, Rhiannon	14	Rct Squad	1:03.60
30.93	32.67		
7 Girling, Grace	14	Co Cardiff	1:04.03
30.85	33.18		
8 Boswall, Saffron	14	Co Cardiff	1:04.11
30.53	33.58		
9 Baker, Alyssa	14	Torfaen D	1:04.12
31.13	32.99		
10 Morgan, Bethan	14	Bridgend Cty	1:04.41
31.31	33.10		
11 Smith, Mia	14	Torfaen D	1:05.21
31.04	34.17		
12 Jones, Seren	14	Co Cardiff	1:05.37
31.88	33.49		
13 Ward, Ellie	14	Co Newport	1:05.39
31.22	34.17		
14 Bamborough, Katie	14	Co Cardiff	1:05.47
31.51	33.96		
15 Evans, Emma	14	Co Cardiff	1:05.66
31.91	33.75		
16 Bond, Sasha	14	Rct Squad	1:05.88
31.59	34.29		
17 Morgan, Izzy	14	Co Cardiff	1:06.40
32.11	34.29		
18 Thomas, Nell	14	Rct Squad	1:07.43
32.24	35.19		
19 Teagle, Eilir	14	Merthyr Tydf	1:07.67
32.59	35.08		
20 Brassington, Isabel	14	Co Cardiff	1:08.06
33.14	34.92		

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Preliminaries ... (Event 21 Girls 14 Year Olds 100 SC Meter Freestyle)

Name	Age	Team	Prelim Time
*21 Stork, Niamh	14	Co Cardiff	1:08.87
33.41	35.46		
*21 Tarpey, Aoife	14	Bridgend Cty	1:08.87
33.39	35.48		
23 George, Katherine	14	Co Cardiff	1:09.04
32.69	36.35		
24 Davies, Tegan	14	Bridgend Cty	1:09.90
34.13	35.77		
25 Frole, Megan	14	Bridgend Cty	1:10.05
33.73	36.32		
26 Hembrow, Courtney	14	Bridgend Cty	1:10.07
33.60	36.47		
27 Fox, Abi	14	Co Cardiff	1:11.42
33.36	38.06		
28 Palmer, Meghan	14	Rhondda	1:11.80
33.27	38.53		
29 Minas, Ella	14	Rct Squad	1:12.03
33.63	38.40		
30 Pryce, Ella	14	Co Cardiff	1:12.60
34.85	37.75		
31 Strickland-Grant, Thea	14	Torfaen D	1:12.80
34.72	38.08		
32 Date, Alana	14	Co Cardiff	1:12.98
35.30	37.68		
33 Cook, Seren	14	Bridgend Cty	1:13.05
34.41	38.64		
34 Price, Ffion	14	Brecon	1:13.48
35.22	38.26		
35 Leconte, Seren	14	Rct Squad	1:15.22
35.90	39.32		
36 Jones, Olivia	14	Rhondda	1:16.10
35.50	40.60		
37 Jones, Isabelle	14	Caerphilly	1:22.14
38.85	43.29		

Event 21 Girls 15-16 100 SC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Carr, Georgia-May	15	Co Cardiff	58.09
28.20	29.89		
2 Witchell, Bethan	15	Co Cardiff	1:00.64
29.39	31.25		
3 Davidson, Hannah	15	Bridgend Cty	1:00.95
29.58	31.37		
4 Linton, Sophie	15	Co Newport	1:01.51
29.61	31.90		
5 Morris, Elen	16	Co Cardiff	1:01.56
30.11	31.45		
6 Rutter, Jessica	16	Co Cardiff	1:02.24
29.94	32.30		
7 Childs, Laura	16	Co Cardiff	1:02.56
30.16	32.40		
8 Cottrell, Emma	15	Co Cardiff	1:02.75
30.10	32.65		

Event 21 Girls 15-16 100 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Carr, Georgia-May	15	Co Cardiff	58.21
28.29	29.92		
2 Witchell, Bethan	15	Co Cardiff	1:00.91
29.64	31.27		
3 Davidson, Hannah	15	Bridgend Cty	1:01.00
28.81	32.19		
4 Linton, Sophie	15	Co Newport	1:01.54
29.54	32.00		
5 Morris, Elen	16	Co Cardiff	1:02.45
30.14	32.31		
6 Rutter, Jessica	16	Co Cardiff	1:02.68
30.28	32.40		
7 Cottrell, Emma	15	Co Cardiff	1:02.94
30.50	32.44		
8 Childs, Laura	16	Co Cardiff	1:03.03
30.64	32.39		
9 Arch, Mared	16	Co Cardiff	1:03.14
30.78	32.36		
10 Protheroe, Chloe	15	Bridgend Cty	1:03.97
30.93	33.04		
11 Jones, Ruby	15	Torfaen D	1:04.78
30.94	33.84		
12 Evans, Penny	15	Rct Squad	1:04.83
31.02	33.81		
13 Mason, Teoni	16	Torfaen D	1:04.86
31.21	33.65		
14 Morgan, Sophie	16	Rct Squad	1:04.96
31.04	33.92		
15 Walters, Aisha	16	Merthyr Tydf	1:05.04
31.14	33.90		
16 Miles, Grace	15	Chepstow	1:05.66
31.22	34.44		
17 Norris, Alyssa	15	Caerphilly	1:05.68
31.23	34.45		
18 Davies, Lois	15	Bridgend Cty	1:05.73
31.71	34.02		
19 Cox, Emily	15	Bridgend Cty	1:06.55
32.42	34.13		
20 Freegard, Aimee	16	Rct Squad	1:06.71
31.97	34.74		
21 Thomas, Anya	16	Co Cardiff	1:07.01
32.27	34.74		
22 Cope, Megan	16	Co Cardiff	1:07.18
32.13	35.05		
23 Lewis, Helen	16	Merthyr Tydf	1:07.93
32.41	35.52		
24 Jones, AJ	15	Bridgend Cty	1:07.99
33.61	34.38		
25 Porter, Emma	15	Torfaen D	1:08.04
32.51	35.53		
26 Legg, Abbie	16	Caerphilly	1:08.14
32.54	35.60		

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Preliminaries ... (Event 21 Girls 15-16 100 SC Meter Freestyle)

Name	Age	Team	Prelim Time
27 Addecott, Ffion	16	Rct Squad	1:08.61
32.94	35.67		
28 Watkins, Sadie	15	Rct Squad	1:08.62
32.93	35.69		
29 Nicholas, Catrin	15	Bridgend Cty	1:09.47
33.35	36.12		
30 Davies, Gwenllian	15	Caerphilly	1:09.84
32.20	37.64		
31 McCulloch, Ffion	16	Co Cardiff	1:10.07
33.91	36.16		
32 Harris-Thomas, Elle	16	Torfaen D	1:10.27
33.14	37.13		
33 Walker, Caitlin	16	Co Cardiff	1:10.43
33.69	36.74		
34 Meredith, Morgan	16	Rhondda	1:10.51
33.68	36.83		
35 Napper, Kaycee	15	Rhondda	1:10.56
33.64	36.92		
36 Jones, Cerys	15	Co Cardiff	1:10.79
33.79	37.00		
37 Vaisey, Cerys	15	Abertillery	1:11.15
34.28	36.87		
38 Phillips, Ella	15	Co Cardiff	1:11.82
33.25	38.57		
39 Griffith, Lili	15	Rct Squad	1:11.88
33.33	38.55		
40 Lewis, Becky	15	Rct Squad	1:12.41
34.05	38.36		
41 Athwal, Jasmine	16	Torfaen D	1:12.81
34.11	38.70		
42 Oliver, Ruth	16	Co Cardiff	1:13.00
35.20	37.80		
43 Cates, Mia	15	Merthyr Tydf	1:13.18
34.64	38.54		
44 Davies, Cora	15	Rct Squad	1:13.31
34.92	38.39		
45 Lord, Gwenllian	16	Co Cardiff	1:13.82
35.71	38.11		
46 Cope, Llinos	15	Co Cardiff	1:14.42
35.34	39.08		
47 Geen, Cerys	15	Torfaen D	1:14.97
34.95	40.02		
48 Breheny, Leonora	15	Bridgend Cty	1:15.31
35.35	39.96		
49 Dewar, Megan	16	Cwmbran	1:15.56
35.39	40.17		
50 Devonald-Jones, Ffion	16	Rct Squad	1:15.58
35.81	39.77		
51 Nash, Holly	15	Rhondda	1:16.64
36.25	40.39		

Event 21 Girls 17 & Over 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Sutton, Emma	19	Rct Squad	59.28
28.60	30.68		

2 English, Katie	17	Co Newport	1:00.56
29.19	31.37		
3 Warrender, Meggan	17	Torfaen D	1:00.57
29.19	31.38		
4 Nelson, Bethan	17	Merthyr Tydf	1:02.31
29.23	33.08		
5 Randell, Niamh	17	Rct Squad	1:03.35
30.71	32.64		
6 Harries, Megan	17	Merthyr Tydf	1:03.62
30.85	32.77		
7 Harvey, Morgan	18	Co Cardiff	1:04.31
30.97	33.34		
8 Nicholas, Megan	18	Bridgend Cty	1:04.83
31.55	33.28		

Event 21 Girls 17 & Over 100 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Warrender, Meggan	17	Torfaen D	1:00.25
28.66	31.59		
2 Sutton, Emma	19	Rct Squad	1:00.50
28.78	31.72		
3 English, Katie	17	Co Newport	1:00.63
29.27	31.36		
4 Nelson, Bethan	17	Merthyr Tydf	1:02.65
29.79	32.86		
5 Harvey, Morgan	18	Co Cardiff	1:03.30
30.33	32.97		
6 Randell, Niamh	17	Rct Squad	1:03.60
30.69	32.91		
7 Nicholas, Megan	18	Bridgend Cty	1:04.08
30.83	33.25		
8 Harries, Megan	17	Merthyr Tydf	1:04.43
31.01	33.42		
9 Collingbourne, Sioned	18	Heads Valley	1:04.51
30.63	33.88		
10 Vaisey, Rhiannon	20	Abertillery	1:04.63
31.00	33.63		
11 Maiden, Mya	17	Bridgend Cty	1:04.81
31.02	33.79		
12 Haeffner, Evie	17	Chepstow	1:04.94
30.91	34.03		
13 Matthews, Brody	20	Abertillery	1:05.57
31.22	34.35		
14 Rowles, Freya	17	Torfaen D	1:09.20
33.40	35.80		
15 Lewis, Jessica	17	Rct Squad	1:09.35
32.85	36.50		
16 Teagle, Arwen	17	Merthyr Tydf	1:13.84
35.36	38.48		
17 Thomas, Chloe	20	Bridgend Cty	1:17.27
36.50	40.77		

Event 22 Girls 11 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time
1 Croke, Carys	11	Torfaen D	2:49.58
36.17	43.88	52.60	36.93

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(Event 22 Girls 11 Year Olds 200 SC Meter IM)

Name	Age	Team	Finals Time
2 Fox, Honor	11	Co Cardiff	2:59.22
37.85	45.01	55.94	40.42
3 Salmon, Gwen	11	Rct Squad	3:05.07
42.97	45.16	56.13	40.81
4 Briggs, Bailey	11	Heads Valley	3:12.28
47.40	48.17	52.96	43.75
5 Davies, Niamh	11	Co Cardiff	3:14.67
47.86	48.98	55.88	41.95
6 Barr, Angharad	11	Caerphilly	3:16.37
43.72	50.45	1:01.16	41.04
7 Elias, Anya	11	Co Cardiff	3:16.99
46.05	48.33	57.47	45.14
8 Enoch, Megan-Jane	11	Caerphilly	3:17.47
45.42	50.86	56.61	44.58
9 Ward, Poppy	11	Caerphilly	3:20.37
42.06	51.22	1:02.82	44.27
10 Davis, Freya	11	Rct Squad	3:21.17
11 Staples-Vvind, Kaiyah-Jade	11	Co Cardiff	3:29.07
47.49	51.38	1:01.96	48.24
12 Nock, Emma	11	Monnow	3:33.35
51.27	53.86	1:00.13	48.09

Event 22 Girls 12 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time
1 Williams-Jones, Phoebe	12	Co Cardiff	2:41.75
37.09	41.68	45.27	37.71
2 Stevens, Ruby	12	Co Cardiff	2:45.14
35.34	42.43	50.79	36.58
3 Velasco, Mikayla	12	Co Cardiff	2:47.07
37.33	42.36	48.53	38.85
4 Brassington, Sophie	12	Co Cardiff	2:47.82
39.13	42.05	45.43	41.21
5 Broder, Libby	12	Torfaen D	2:48.15
34.75	43.99	52.71	36.70
6 Iles, Georgia	12	Co Cardiff	2:51.78
37.91	44.45	49.44	39.98
7 Johnsey, Lily	12	Co Cardiff	2:53.93
41.75	43.72	50.65	37.81
8 Williams, Lily	12	Co Cardiff	2:57.96
39.64	45.09	53.62	39.61
9 Blake, Ffion	12	Co Cardiff	2:58.84
40.45	46.60	53.06	38.73
10 Chayka, Sofia	12	Bridgend Cty	3:00.57
39.49	47.11	53.70	40.27
11 Adams, Jaimee	12	Co Cardiff	3:02.40
39.12	47.38	54.13	41.77
12 Davies, Cerys	12	Rct Squad	3:05.42
42.00	43.61	57.83	41.98
13 Parsons, Ellie	12	Chepstow	3:08.26
43.45	44.94	57.89	41.98
14 Davies, Ffion	12	Rct Squad	3:10.30
43.01	45.24	1:02.97	39.08
15 Badman, Phoebe	12	Rct Squad	3:10.88
41.08	46.63	58.66	44.51
16 Pritchard, Mia	12	Co Cardiff	3:11.89
46.73	47.40	57.40	40.36

17 Davies, Madison	12	Chepstow	3:12.67
43.17	48.02	59.06	42.42
18 Beach, Dion	12	Rhondda	3:14.30
45.19	48.07	56.26	44.78
19 Bound, Caitlin	12	Heads Valley	3:15.95
46.46	47.76	56.10	45.63
20 Jones, Jessica	12	Caerphilly	3:16.23
44.76	47.84	1:00.66	42.97
21 Holmes, Bethan	12	Co Newport	3:17.20
45.37	46.79	58.81	46.23
22 Jones, Ellie	12	Heads Valley	3:20.60
45.53	50.52	1:01.55	43.00
23 White, Seren	12	Rct Squad	3:22.43
50.72	48.99	58.57	44.15
24 Manley, Olivia	12	Co Cardiff	3:24.18
46.61	52.55	1:00.46	44.56

Event 22 Girls 13 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time
1 Stephens, Arwen	13	Co Cardiff	2:30.10
32.34	37.52	44.20	36.04
2 Joseph, Isabel	13	Co Cardiff	2:34.19
33.36	39.01	46.74	35.08
3 Stride, Tamzin	13	Torfaen D	2:35.82
35.56	38.19	46.25	35.82
4 Jones, Emily	13	Co Newport	2:37.25
34.65	41.32	44.46	36.82
5 Donovan, Kelsey	13	Co Cardiff	2:38.05
35.32	39.72	47.26	35.75
6 Fox, Imo	13	Co Cardiff	2:39.02
36.60	39.55	47.14	35.73
7 Stevens, Isobel	13	Co Newport	2:42.17
35.56	42.11	48.67	35.83
8 Illman, Lili	13	Torfaen D	2:42.78
35.73	43.38	48.26	35.41
9 Simmons, Beth	13	Co Newport	2:44.39
36.31	41.81	46.30	39.97
10 Clayton, Karys	13	Torfaen D	2:45.27
37.54	40.48	50.26	36.99
11 Graville, Carys	13	Co Cardiff	2:47.81
37.18	44.05	51.35	35.23
12 O'Callaghan, Faye	13	Co Cardiff	2:48.07
36.40	42.51	49.78	39.38
13 Marshall, Polly	13	Caerphilly	2:48.91
36.35	44.02	52.08	36.46
14 Faulkner, Marie	13	Co Cardiff	2:50.29
37.75	44.93	49.38	38.23
15 Walker, Eleanor	13	Co Newport	2:51.47
35.76	42.01	51.00	42.70
16 Grant, Eilidh	13	Co Cardiff	2:52.54
38.17	44.29	51.93	38.15
17 Jones, Cerys	13	Rct Squad	2:55.33
37.12	43.61	55.42	39.18
18 Harris, Sophie	13	Co Newport	2:56.41
42.12	45.67	49.54	39.08
19 Legg, Caitlin	13	Caerphilly	2:56.74
38.94	43.15	55.38	39.27

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(Event 22 Girls 13 Year Olds 200 SC Meter IM)

Name	Age	Team	Finals Time	
20 Nowell, Gabriella	13	Torfaen D	2:56.99	
	38.37	43.26	55.46	39.90
21 Preece, Katie	13	Co Newport	2:57.84	
	38.15	45.20	56.00	38.49
22 Jones, Chloe	13	Bridgend Cty	2:59.04	
	40.41	44.58	55.79	38.26
23 Reynolds, Mia	13	Heads Valley	2:59.41	
	40.47	45.36	52.20	41.38
24 Price, Summer	13	Heads Valley	3:01.59	
	41.08	44.33	55.29	40.89
25 Brind, Jessica	13	Co Cardiff	3:03.20	
	38.53	46.62	54.96	43.09
26 Ramsey, Rebekah	13	Heads Valley	3:04.03	
	42.40	44.87	57.21	39.55
27 Bigham, Lily	13	Co Newport	3:09.32	
	42.99	45.92	56.41	44.00
28 Henry-Davies, Saskia	13	Brecon	3:14.64	
	45.42	49.28	56.92	43.02

Event 23 Boys 14 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time	
1 Edwards, Kaden	14	Co Cardiff	2:16.53	
	32.41	34.32	34.99	34.81
2 Wisden, Dylan	14	Bridgend Cty	2:28.38	
	34.98	36.94	38.46	38.00
3 Tong, Solomon	14	Co Cardiff	2:36.77	
	37.28	39.51	40.38	39.60
4 Hastings, Benjamin	14	Co Newport	2:39.26	
	37.01	40.26	41.26	40.73
5 Clement, Logan	14	Rct Squad	2:49.51	
	39.01	42.32	44.56	43.62

Event 23 Boys 15-16 200 SC Meter Backstroke

Name	Age	Team	Finals Time	
1 Murray, Adam	15	Co Cardiff	2:14.52	
	31.37	34.06	34.95	34.14
2 Knight, Jack	15	Co Newport	2:16.86	
	32.66	35.66	36.14	32.40
3 Gibbs, Morgan	16	Bridgend Cty	2:20.77	
	32.33	35.98	36.86	35.60
4 Savage-Taylor, Tomos	16	Heads Valley	2:20.99	
	31.97	35.60	37.08	36.34
5 Salmon, Carwyn	15	Rct Squad	2:23.11	
	33.46	36.17	36.61	36.87
6 Collins, Tyler	15	Rct Squad	2:26.39	
	33.89	36.86	38.49	37.15
7 Jenkins, Ellis	16	Rct Squad	2:36.25	
	34.51	38.93	41.40	41.41
8 Davies, Joshua	15	Co Cardiff	2:37.33	
	35.72	39.33	41.13	41.15
9 Tucker, Callum	15	Chepstow	2:42.28	
	1:57.38	44.90		
10 Lloyd, Rhys	16	Rct Squad	2:45.93	
	36.54	41.36	45.09	42.94

Event 23 Boys 17 & Over 200 SC Meter Backstroke

Name	Age	Team	Finals Time	
1 James, Rhys	18	Co Cardiff	2:06.35	
	29.92	32.39	32.04	32.00
2 Bryce, Aidan	18	Co Newport	2:11.84	
	31.01	33.46	33.77	33.60
3 Boladz, Andrew	19	Torfaen D	2:13.90	
	30.44	33.25	35.31	34.90
4 Thomas, Emyr	17	Co Newport	2:19.11	
	32.64	35.06	36.20	35.21
5 Price, Dafydd	18	Torfaen D	2:20.98	
	32.38	36.08	36.86	35.66
6 Hunt, Tobias	17	Bridgend Cty	2:21.89	
	32.14	35.72	37.21	36.82

Event 24 Boys 11 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Finals Time	
1 Parsons, Joseph	11	Co Cardiff	36.81	
2 Preece, Toby	11	Co Newport	38.71	
3 Witchell, Rhys	11	Co Cardiff	39.31	
4 Southwood, Charlie	11	Torfaen D	41.41	
5 Leach, Evan	11	Bridgend Cty	42.66	
6 Stevens, Henry	11	Co Cardiff	42.84	
7 Mruk, Keian	11	Torfaen D	44.84	

Event 24 Boys 11 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Prelim Time	
1 Parsons, Joseph	11	Co Cardiff	36.40	
2 Preece, Toby	11	Co Newport	38.42	
3 Witchell, Rhys	11	Co Cardiff	39.28	
4 Southwood, Charlie	11	Torfaen D	40.60	
5 Leach, Evan	11	Bridgend Cty	42.10	
6 Stevens, Henry	11	Co Cardiff	42.43	
7 Mruk, Keian	11	Torfaen D	45.28	

Event 24 Boys 12 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Finals Time	
1 Jones, Carwyn	12	Co Cardiff	34.35	
2 Wardhaugh, Bryn	12	Co Cardiff	37.15	
3 Beltran, Kobe	12	Co Cardiff	38.41	
4 John, Finlay	12	Rct Squad	39.77	
5 Lale, Harvey	12	Torfaen D	39.99	
6 Price Davies, Owen	12	Brecon	40.74	
7 McLain, Archie	12	Heads Valley	41.04	
8 Tucker, Lucas	12	Chepstow	41.60	

Event 24 Boys 12 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Prelim Time	
1 Jones, Carwyn	12	Co Cardiff	34.96	
2 Wardhaugh, Bryn	12	Co Cardiff	37.90	
3 Beltran, Kobe	12	Co Cardiff	38.10	
4 Tucker, Lucas	12	Chepstow	38.88	
5 John, Finlay	12	Rct Squad	39.77	
6 Price Davies, Owen	12	Brecon	41.41	

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Preliminaries ... (Event 24 Boys 12 Year Olds 50 SC Meter Backstroke)

Name	Age	Team	Prelim Time
7 McLain, Archie	12	Heads Valley	41.66
*8 Lale, Harvey	12	Torfaen D	41.68
*8 Jones, Rhys	12	Rct Squad	41.68

Swim-Off Required

10 Rees-Jones, Jack	12	Merthyr Tydf	41.71
11 McGuinness, Charlie	12	Torfaen D	41.96
12 Nash, Charlie	12	Rhondda	42.68
13 Jones, Tyler	12	Rhondda	42.87
14 Davies, Zachary	12	Torfaen D	43.16

Event 24 Boys 13 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Hughes, Cian	13	Co Cardiff	34.11
2 Arch, Rhydian	13	Co Cardiff	34.34
3 Coulson, Evan	13	Torfaen D	34.43
4 Fox-Wiltshire, Benjamin	13	Co Newport	35.00
5 Davies, Gruffydd	13	Co Cardiff	35.02
6 Keenan, Brandon	13	Co Newport	36.27
7 Price, Samuel	13	Co Cardiff	36.60
8 James, Harley	13	Co Cardiff	36.74

Event 24 Boys 13 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Hughes, Cian	13	Co Cardiff	33.39
2 Arch, Rhydian	13	Co Cardiff	34.36
3 Davies, Gruffydd	13	Co Cardiff	34.47
4 Coulson, Evan	13	Torfaen D	34.77
5 Price, Samuel	13	Co Cardiff	35.29
6 James, Harley	13	Co Cardiff	36.17
7 Fox-Wiltshire, Benjamin	13	Co Newport	36.19
8 Keenan, Brandon	13	Co Newport	36.24
9 Anderson, Max	13	Co Cardiff	36.32
10 Sellick, Evan	13	Cwmbrian	36.49
11 Isaacs, Tomos	13	Rct Squad	37.64
12 Coppen, Harrison	13	Co Newport	38.10
13 Newton, Oscar	13	Torfaen D	38.84
14 Jones, Calum	13	Rhondda	39.06
15 Ingram, James	13	Heads Valley	39.17
16 Smart, Rhys	13	Co Cardiff	40.26

Event 25 Girls 11 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Finals Time
Finals			
1 Croke, Carys	11	Torfaen D	1:19.32
			37.48 41.84

Event 25 Girls 11 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Prelim Time
Preliminaries			
1 Croke, Carys	11	Torfaen D	1:20.47
			37.90 42.57

Event 25 Girls 12 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Finals Time
Finals			
1 Stevens, Ruby	12	Co Cardiff	1:13.61
			33.92 39.69
2 Broder, Libby	12	Torfaen D	1:15.96
			35.39 40.57
3 Williams-Jones, Phoebe	12	Co Cardiff	1:18.16
			37.36 40.80
4 Adams, Jaimee	12	Co Cardiff	1:20.84
			38.44 42.40
5 Iles, Georgia	12	Co Cardiff	1:26.53
			39.54 46.99
6 Coombes, Emmie	12	Rct Squad	1:28.00
			42.05 45.95
--- Davies, Ffion	12	Rct Squad	x1:39.32
			44.32 55.00

Event 25 Girls 12 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Prelim Time
Preliminaries			
1 Stevens, Ruby	12	Co Cardiff	1:15.74
			36.39 39.35
2 Broder, Libby	12	Torfaen D	1:17.74
			35.93 41.81
3 Williams-Jones, Phoebe	12	Co Cardiff	1:18.80
			37.13 41.67
4 Adams, Jaimee	12	Co Cardiff	1:22.04
			39.65 42.39
5 Iles, Georgia	12	Co Cardiff	1:24.62
			38.43 46.19
6 Coombes, Emmie	12	Rct Squad	1:31.12
			42.06 49.06
7 Davies, Ffion	12	Rct Squad	1:37.83
			45.12 52.71

Event 25 Girls 13 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Finals Time
Finals			
1 Stephens, Arwen	13	Co Cardiff	1:08.61
			32.84 35.77
2 Joseph, Isabel	13	Co Cardiff	1:11.00
			34.16 36.84
3 Stevens, Isobel	13	Co Newport	1:13.93
			34.45 39.48
4 Walker, Eleanor	13	Co Newport	1:17.58
			35.60 41.98
5 Marshall, Polly	13	Caerphilly	1:18.33
			36.80 41.53
6 Crowley, Amy	13	Co Cardiff	1:18.55
			37.21 41.34
7 O'Callaghan, Faye	13	Co Cardiff	1:20.56
			37.10 43.46
8 Ramsey, Rebekah	13	Heads Valley	1:28.25
			40.09 48.16

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Event 25 Girls 13 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Prelim Time
Preliminaries			
1 Stephens, Arwen	13	Co Cardiff	1:09.07
	33.58	35.49	
2 Joseph, Isabel	13	Co Cardiff	1:11.52
	34.42	37.10	
3 Stevens, Isobel	13	Co Newport	1:13.18
	34.24	38.94	
4 Marshall, Polly	13	Caerphilly	1:18.83
	36.63	42.20	
5 Walker, Eleanor	13	Co Newport	1:18.85
	35.81	43.04	
6 Crowley, Amy	13	Co Cardiff	1:19.20
	37.11	42.09	
7 O'Callaghan, Faye	13	Co Cardiff	1:24.30
	39.51	44.79	
8 Ramsey, Rebekah	13	Heads Valley	1:27.82
	40.69	47.13	
9 Henry-Davies, Saskia	13	Brecon	1:40.57
	46.70	53.87	

Event 26 Boys 14 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Edwards, Kaden	14	Co Cardiff	1:15.61
	36.25	39.36	
2 Allen-Ridge, Kasey	14	Abertillery	1:16.58
	35.91	40.67	
3 Clement, Logan	14	Rct Squad	1:20.88
	38.17	42.71	
4 Watkins, James	14	Co Newport	1:24.58
	39.43	45.15	
5 Elias, Hari	14	Co Cardiff	1:26.43
	41.04	45.39	
6 Hastings, Benjamin	14	Co Newport	1:27.93
	41.40	46.53	
7 Hobbs, Dewi	14	Rct Squad	1:30.06
	42.01	48.05	

Event 26 Boys 14 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Edwards, Kaden	14	Co Cardiff	1:16.97
	36.54	40.43	
2 Allen-Ridge, Kasey	14	Abertillery	1:20.30
	36.96	43.34	
3 Clement, Logan	14	Rct Squad	1:23.77
	39.88	43.89	
4 Watkins, James	14	Co Newport	1:24.90
	39.75	45.15	
5 Elias, Hari	14	Co Cardiff	1:25.03
	39.77	45.26	
6 Hastings, Benjamin	14	Co Newport	1:27.33
	41.14	46.19	
7 Hobbs, Dewi	14	Rct Squad	1:28.49
	40.87	47.62	

Event 26 Boys 15-16 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Davies, Joseph	16	Torfaen D	1:14.74
	35.00	39.74	
2 Pietruszka, Daniel	15	Co Cardiff	1:14.81
	35.97	38.84	
3 Salmon, Carwyn	15	Rct Squad	1:14.86
	35.64	39.22	
4 Savage-Taylor, Tomos	16	Heads Valley	1:15.06
	35.48	39.58	
5 Young, Ellis	15	Co Cardiff	1:15.91
	36.37	39.54	
6 Yahiaoui, Yucuf	16	Co Cardiff	1:21.64
	37.82	43.82	
7 Nixon, Rhys	15	Co Cardiff	1:22.28
	38.68	43.60	
8 Selby, Morgan	15	Rct Squad	1:22.43
	38.77	43.66	

Event 26 Boys 15-16 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Davies, Joseph	16	Torfaen D	1:14.54
	34.85	39.69	
2 Savage-Taylor, Tomos	16	Heads Valley	1:15.38
	36.02	39.36	
3 Pietruszka, Daniel	15	Co Cardiff	1:15.50
	35.87	39.63	
4 Young, Ellis	15	Co Cardiff	1:15.72
	36.17	39.55	
5 Salmon, Carwyn	15	Rct Squad	1:16.42
	35.91	40.51	
6 Selby, Morgan	15	Rct Squad	1:21.29
	38.91	42.38	
7 Nixon, Rhys	15	Co Cardiff	1:21.53
	38.59	42.94	
8 Yahiaoui, Yucuf	16	Co Cardiff	1:21.79
	38.07	43.72	
9 Fernandez-John, Jac	16	Caerphilly	1:23.14
	38.55	44.59	
10 Andrews, Oliver	16	Chepstow	1:24.38
	39.82	44.56	
11 Tucker, Callum	15	Chepstow	1:25.03
	39.96	45.07	
12 Jenkins, Ellis	16	Rct Squad	1:25.84
	39.47	46.37	

Event 26 Boys 17 & Over 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Lewis, James	20	Co Cardiff	1:02.74
	29.54	33.20	
2 Cook, Jacob	18	Co Cardiff	1:08.66
	32.36	36.30	

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Finals ... (Event 26 Boys 17 & Over 100 SC Meter Breaststroke)

Name	Age	Team	Finals Time
3 John, Lewys	18	Rct Squad	1:12.49
	33.96	38.53	
4 Jones, Daniel	20	Co Cardiff	1:14.89
	35.04	39.85	
5 Mullins, Joshua	18	Merthyr Tydf	1:18.13
	36.17	41.96	
6 Hunt, Tobias	17	Bridgend Cty	1:19.45
	36.76	42.69	

Event 26 Boys 17 & Over 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Lewis, James	20	Co Cardiff	1:03.87
	29.81	34.06	
2 Cook, Jacob	18	Co Cardiff	1:10.26
	33.09	37.17	
3 John, Lewys	18	Rct Squad	1:13.21
	34.00	39.21	
4 Jones, Daniel	20	Co Cardiff	1:14.89
	35.66	39.23	
5 Mullins, Joshua	18	Merthyr Tydf	1:17.31
	35.78	41.53	
6 Hunt, Tobias	17	Bridgend Cty	1:20.61
	37.20	43.41	

Event 27 Boys 11 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time
1 Parsons, Joseph	11	Co Cardiff	2:52.88
	36.93	41.41	55.71 38.83
2 Witchell, Rhys	11	Co Cardiff	3:14.60
	45.48	45.28	1:02.27 41.57
3 Mruk, Keian	11	Torfaen D	3:22.14
	44.94	51.78	1:00.93 44.49
4 Southwood, Charlie	11	Torfaen D	3:24.36
	47.25	50.60	1:02.29 44.22
5 Williams, Rueben	11	Caerphilly	3:30.39
	47.41	54.18	1:01.06 47.74

Event 27 Boys 12 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time
1 Jones, Carwyn	12	Co Cardiff	2:42.13
	34.94	42.20	47.76 37.23
2 Fowler, Joseph	12	Rct Squad	2:58.22
	38.85	46.17	52.50 40.70
3 Beltran, Kobe	12	Co Cardiff	3:01.86
	40.26	45.62	53.66 42.32
4 Wardhaugh, Bryn	12	Co Cardiff	3:02.24
	43.62	44.94	53.87 39.81
5 McLain, Archie	12	Heads Valley	3:03.82
	44.03	46.93	54.41 38.45
6 McGuinness, Charlie	12	Torfaen D	3:05.54
	42.78	47.13	56.36 39.27
7 Rees-Jones, Jack	12	Merthyr Tydf	3:07.30
	44.41	48.58	55.38 38.93
8 Tucker, Lucas	12	Chepstow	3:12.94
	44.99	47.65	56.02 44.28

9 John, Finlay	12	Rct Squad	3:15.21
	44.05	47.73	1:00.63 42.80
10 Davies, Zachary	12	Torfaen D	3:20.05
	45.37	50.57	1:02.49 41.62
11 Nash, Charlie	12	Rhondda	3:24.98
	48.92	48.32	1:04.79 42.95
--- Jones, Rhys	12	Rct Squad	x3:27.89
	51.57	50.99	1:02.68 42.65
--- Price Davies, Owen	12	Brecon	DQ
	4.4 Start before starting signal - misc		
	52.08	50.12	1:06.38 49.92

Event 27 Boys 13 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time
1 Arch, Rhydian	13	Co Cardiff	2:29.75
	32.22	38.63	44.37 34.53
2 O'Brien, Joshua	13	Co Cardiff	2:34.10
	34.47	40.38	45.23 34.02
3 Hughes, Cian	13	Co Cardiff	2:37.19
	34.54	39.00	48.61 35.04
4 Price, Samuel	13	Co Cardiff	2:38.82
	33.60	39.60	50.61 35.01
5 James, Harley	13	Co Cardiff	2:40.17
	35.19	40.43	48.70 35.85
6 Fox-Wiltshire, Benjamin	13	Co Newport	2:45.19
	36.38	43.29	46.49 39.03
7 Davies, Gruffydd	13	Co Cardiff	2:45.56
	34.52	41.18	51.69 38.17
8 Isaacs, Tomos	13	Rct Squad	2:56.04
	39.80	41.47	54.84 39.93
9 Ingram, James	13	Heads Valley	2:57.08
	37.92	43.81	55.41 39.94
10 Coppen, Harrison	13	Co Newport	2:58.77
	41.81	46.43	48.90 41.63
11 Rosser, Dewi	13	Torfaen D	3:07.96
	44.77	47.46	55.59 40.14
12 Jones, Calum	13	Rhondda	3:12.75
	40.79	52.88	55.52 43.56
--- Smart, Rhys	13	Co Cardiff	DQ
	8.3 Movements of the legs not simultaneous or alternating movement of leg		
	40.23	45.91	47.17 39.21

Event 28 Girls 14 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Shelton, Amy	14	Co Cardiff	2:23.42
	33.17	35.81	38.09 36.35
2 Bamborough, Katie	14	Co Cardiff	2:30.77
	36.90	37.93	38.64 37.30
3 Corderoy, Abigail	14	Rct Squad	2:32.20
	34.88	38.31	39.49 39.52
4 Tarpey, Aoife	14	Bridgend Cty	2:33.28
	36.27	38.85	39.54 38.62
5 O'Callaghan, Jennifer	14	Co Cardiff	2:33.70
	35.80	39.29	39.89 38.72
6 Girling, Grace	14	Co Cardiff	2:34.93
	36.04	38.12	39.95 40.82
7 Marchant, Rhiannon	14	Rct Squad	2:35.16
	35.59	39.62	40.48 39.47

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(Event 28 Girls 14 Year Olds 200 SC Meter Backstroke)

Name	Age	Team	Finals Time
8 Ward, Ellie	14	Co Newport	2:36.81
37.46	40.36	40.53	38.46
9 Evans, Emma	14	Co Cardiff	2:37.10
37.13	39.73	41.00	39.24
10 Smith, Mia	14	Torfaen D	2:37.56
35.84	39.14	41.73	40.85
11 Hurcombe, Eve	14	Torfaen D	2:37.84
36.96	39.83	40.94	40.11
12 Teagle, Eilir	14	Merthyr Tydf	2:38.72
38.09	40.13	41.11	39.39
13 Brassington, Isabel	14	Co Cardiff	2:41.44
39.06	41.19	40.93	40.26
14 Stork, Niamh	14	Co Cardiff	2:44.02
39.45	41.76	42.44	40.37
15 Davies, Tegan	14	Bridgend Cty	2:44.23
39.12	41.64	42.60	40.87
16 Bond, Sasha	14	Rct Squad	2:45.71
38.19	41.93	43.35	42.24
17 Price, Ffion	14	Brecon	2:47.92
39.88	42.87	44.32	40.85
18 Hembrow, Courtney	14	Bridgend Cty	2:53.15
41.41	43.46	44.56	43.72
19 Fernandez-John, Sofia	14	Caerphilly	2:59.35
40.53	45.75	46.86	46.21
20 Date, Alana	14	Co Cardiff	3:03.61
43.94	46.61	47.30	45.76

Event 28 Girls 15-16 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Witchell, Bethan	15	Co Cardiff	2:23.21
33.62	36.00	37.28	36.31
2 Withers-Boalch, Georgina	15	Co Cardiff	2:24.20
34.14	36.67	37.27	36.12
3 Beynon, Bethan	15	Co Cardiff	2:24.57
34.05	36.55	37.17	36.80
4 Mason, Teoni	16	Torfaen D	2:26.06
34.76	37.22	38.06	36.02
5 Cottrell, Emma	15	Co Cardiff	2:26.89
34.14	36.64	38.00	38.11
6 Snow, Sophie	16	Co Cardiff	2:27.15
34.85	37.05	38.07	37.18
7 Davidson, Hannah	15	Bridgend Cty	2:29.03
34.40	38.68	38.29	37.66
8 Rutter, Jessica	16	Co Cardiff	2:29.78
34.96	37.86	39.05	37.91
9 Addecott, Ffion	16	Rct Squad	2:33.99
35.80	38.75	39.81	39.63
10 Phillips, Ella	15	Co Cardiff	2:35.16
37.01	39.54	39.93	38.68
11 Morgan, Sophie	16	Rct Squad	2:36.02
34.48	38.81	41.73	41.00
12 Watkins, Sadie	15	Rct Squad	2:36.64
37.61	39.77	39.83	39.43
13 Childs, Laura	16	Co Cardiff	2:37.82
37.50	39.24	40.63	40.45

14 Legg, Abbie	16	Caerphilly	2:42.92
37.40	40.72	42.48	42.32
15 Griffith, Lili	15	Rct Squad	2:46.30
39.89	42.00	42.71	41.70
16 Davies, Cora	15	Rct Squad	2:48.49
39.08	41.96	44.47	42.98
17 Harris-Thomas, Elle	16	Torfaen D	2:49.36
39.26	41.92	44.41	43.77
18 Cates, Mia	15	Merthyr Tydf	2:54.61
41.86	43.75	45.56	43.44
19 Oliver, Ruth	16	Co Cardiff	2:55.53
41.25	44.95	45.26	44.07
20 Lewis, Becky	15	Rct Squad	2:56.20
41.45	44.50	45.55	44.70
21 Southwood, Krysta	15	Torfaen D	2:57.69
40.86	44.90	46.25	45.68
22 Darwish, Anna	15	Co Newport	3:01.67
40.84	45.61	48.01	47.21

Event 28 Girls 17 & Over 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Hunt, Imogen	20	Bridgend Cty	2:18.29
31.79	34.68	35.88	35.94
2 Rees, Katie	20	Co Cardiff	2:18.67
32.74	35.30	36.15	34.48
3 Sutton, Emma	19	Rct Squad	2:22.90
32.81	35.77	36.37	37.95
4 Warrender, Meggan	17	Torfaen D	2:24.19
34.52	36.87	36.62	36.18
5 Harvey, Morgan	18	Co Cardiff	2:28.68
35.24	37.40	38.03	38.01
6 Harries, Megan	17	Merthyr Tydf	2:29.21
34.98	38.00	38.52	37.71
7 Randell, Niamh	17	Rct Squad	2:29.38
35.81	37.63	37.59	38.35
8 Thomas, Niamh	17	Heads Valley	2:30.38
35.50	37.84	38.55	38.49
9 Maiden, Mya	17	Bridgend Cty	2:33.93
35.54	39.29	40.12	38.98
10 Rowles, Freya	17	Torfaen D	2:41.63
38.40	39.95	41.40	41.88
11 Lewis, Jessica	17	Rct Squad	2:41.75
38.40	40.64	41.79	40.92

Event 29 Boys 14 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Edwards, Kaden	14	Co Cardiff	27.20
2 Wisden, Dylan	14	Bridgend Cty	27.75
3 Hobbs, Dewi	14	Rct Squad	27.84
4 Allen-Ridge, Kasey	14	Abertillery	28.56
5 Jones, Jacob	14	Rhondda	29.28
6 Tan, Nicholas	14	Pontypridd	30.31
7 Watkins, James	14	Co Newport	30.82
8 Edwards, Nathaniel	14	Torfaen D	31.12

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Event 29 Boys 14 Year Olds 50 SC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 Edwards, Kaden	14 Co Cardiff	27.86
2 Wisden, Dylan	14 Bridgend Cty	28.08
3 Hobbs, Dewi	14 Rct Squad	28.39
4 Allen-Ridge, Kasey	14 Abertillery	28.70
5 Jones, Jacob	14 Rhondda	29.21
6 Edwards, Nathaniel	14 Torfaen D	29.88
7 Tan, Nicholas	14 Pontypridd	30.41
8 Watkins, James	14 Co Newport	30.77
9 Clement, Logan	14 Rct Squad	30.82
10 Elias, Hari	14 Co Cardiff	30.93
11 Selvakumaran, Darshan	14 Co Newport	32.26
12 Sivaramakrishnan, Thillai	14 Co Newport	32.95
13 Watts, Morgan	14 Abertillery	33.09
14 Kinsey, Ioan	14 Heads Valley	33.76

Event 29 Boys 15-16 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 Clarke, Kameron	16 Co Cardiff	24.52
2 Griffiths, Alex	15 Co Newport	24.94
3 Murray, Adam	15 Co Cardiff	25.88
4 Gibbs, Morgan	16 Bridgend Cty	26.13
5 Garland, Kieran	16 Rct Squad	26.20
6 Langdon, Ben	15 Co Newport	26.33
7 Davies, Joseph	16 Torfaen D	26.96
8 Leach, Owen	15 Bridgend Cty	27.51

Event 29 Boys 15-16 50 SC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 Clarke, Kameron	16 Co Cardiff	24.07
2 Griffiths, Alex	15 Co Newport	25.01
3 Murray, Adam	15 Co Cardiff	25.90
4 Garland, Kieran	16 Rct Squad	26.09
5 Langdon, Ben	15 Co Newport	26.49
6 Gibbs, Morgan	16 Bridgend Cty	26.52
7 Knight, Jack	15 Co Newport	27.05
8 Davies, Joseph	16 Torfaen D	27.48
9 Leach, Owen	15 Bridgend Cty	27.61
10 Pietruszka, Daniel	15 Co Cardiff	27.67
11 Steven, Ryan	16 Co Newport	27.99
12 Young, Ellis	15 Co Cardiff	28.06
13 Selby, Morgan	15 Rct Squad	28.16
14 Tucker, Callum	15 Chepstow	28.36
15 Jones, Finlay	16 Rhondda	28.44
16 Collins, Tyler	15 Rct Squad	28.47
17 Ashman-Penny, Joshua	15 Brecon	28.74
18 Jones, Danny	15 Co Newport	28.76
19 Williams, Thomas	15 Rhondda	29.14
20 Jenkins, Ellis	16 Rct Squad	29.16
21 Nixon, Rhys	15 Co Cardiff	29.57
22 Andrews, Oliver	16 Chepstow	29.70
23 Fernandez-John, Jac	16 Caerphilly	29.91

24 Smith, Ben	16 Monnow	30.23
25 Lloyd, Rhys	16 Rct Squad	30.29
26 Yahiaoui, Yucuf	16 Co Cardiff	30.39
27 Davies, Joshua	15 Co Cardiff	31.02
28 Roberts, Ben	15 Caerphilly	32.22
29 Tandy, Zachary	15 Abertillery	33.84
--- Broom, Dylan	16 Torfaen D	DQ

10.16 Pacemaking, plan or device or instruction given

Event 29 Boys 17 & Over 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 Bland, Henry	24 Co Cardiff	24.04
2 Baker, Luke	17 Torfaen D	24.89
3 James, Rhys	18 Co Cardiff	24.90
4 Boladz, Andrew	19 Torfaen D	25.04
5 Cook, Jacob	18 Co Cardiff	25.50
6 Dickson-Jardine, Ben	18 Bridgend Cty	26.38
7 Rees, Brandon	17 Rhondda	26.39
8 Price, Dafydd	18 Torfaen D	26.70

Event 29 Boys 17 & Over 50 SC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 Bland, Henry	24 Co Cardiff	24.19
2 James, Rhys	18 Co Cardiff	25.04
3 Baker, Luke	17 Torfaen D	25.12
4 Boladz, Andrew	19 Torfaen D	25.22
5 Acland, Connor	22 Co Newport	25.23
6 Dickson-Jardine, Ben	18 Bridgend Cty	25.76
7 Cook, Jacob	18 Co Cardiff	25.91
8 Rees, Brandon	17 Rhondda	26.29
9 Miles, Will	18 Chepstow	26.71
10 Price, Dafydd	18 Torfaen D	26.72
11 Cook, Owain	18 Bridgend Cty	26.92
12 Williams, Elliot	17 Pontypridd	27.03
13 Pryse, Elis	18 Rct Squad	27.54
14 Mullins, Joshua	18 Merthyr Tydf	28.20
15 Roland, Julian	17 Chepstow	28.37
16 Thomas, Joshua	17 Merthyr Tydf	28.87

Event 30 Girls 14 Year Olds 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 De Torres, Becci	14 Co Cardiff	35.22
2 O'Callaghan, Jennifer	14 Co Cardiff	36.34
3 Morgan, Izzy	14 Co Cardiff	36.60
4 Ward, Ellie	14 Co Newport	37.25
5 Dallyn, Isobel	14 Chepstow	37.27
6 Jones, Seren	14 Co Cardiff	37.71
7 Domican, Rosie	14 Co Cardiff	38.26
8 Girling, Grace	14 Co Cardiff	39.31

Event 30 Girls 14 Year Olds 50 SC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 De Torres, Becci	14 Co Cardiff	35.71
2 O'Callaghan, Jennifer	14 Co Cardiff	36.23

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Preliminaries ... (Event 30 Girls 14 Year Olds 50 SC Meter Breaststroke)

Name	Age	Team	Prelim Time
3 Morgan, Izzy	14	Co Cardiff	36.83
4 Dallyn, Isobel	14	Chepstow	36.99
5 Ward, Ellie	14	Co Newport	37.71
6 Domican, Rosie	14	Co Cardiff	37.92
7 Girling, Grace	14	Co Cardiff	38.25
8 Jones, Seren	14	Co Cardiff	38.26
9 Boswall, Saffron	14	Co Cardiff	38.57
10 Brassington, Isabel	14	Co Cardiff	39.05
11 Corderoy, Abigail	14	Rct Squad	39.90
12 Thomas, Nell	14	Rct Squad	39.99
13 Palmer, Meghan	14	Rhondda	40.69
14 Teagle, Eilir	14	Merthyr Tydf	41.18
15 Cook, Seren	14	Bridgend Cty	41.28
16 Evans, Emma	14	Co Cardiff	41.42
17 Pryce, Ella	14	Co Cardiff	42.18
18 Fry, Meghan	14	Brecon	44.36
19 Fernandez-John, Sofia	14	Caerphilly	45.77
20 Price, Ffion	14	Brecon	45.79
21 Jones, Isabelle	14	Caerphilly	46.53

Event 30 Girls 15-16 50 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 McRae, Mair	16	Torfaen D	34.22
2 Evans, Penny	15	Rct Squad	34.86
3 Horton, Ellana	16	Co Newport	35.24
4 Miles, Grace	15	Chepstow	36.08
5 Phillips, Ella	15	Co Cardiff	36.83
6 Rutter, Jessica	16	Co Cardiff	36.92
7 Walters, Aisha	16	Merthyr Tydf	37.79
8 Snow, Sophie	16	Co Cardiff	37.92

Event 30 Girls 15-16 50 SC Meter Breaststroke

Name	Age	Team	Prelim Time
1 McRae, Mair	16	Torfaen D	34.54
2 Horton, Ellana	16	Co Newport	34.92
3 Evans, Penny	15	Rct Squad	35.21
4 Miles, Grace	15	Chepstow	35.55
5 Phillips, Ella	15	Co Cardiff	36.94
6 Rutter, Jessica	16	Co Cardiff	37.20
7 Walters, Aisha	16	Merthyr Tydf	37.68
8 Snow, Sophie	16	Co Cardiff	37.89
9 Arch, Mared	16	Co Cardiff	38.12
10 Davies, Lois	15	Bridgend Cty	38.33
11 Morgan, Sophie	16	Rct Squad	38.59
12 Bryce, Millie	16	Co Cardiff	38.66
13 Davidson, Hannah	15	Bridgend Cty	38.70
14 Withers-Boalch, Georgina	15	Co Cardiff	39.12
15 Price, Niamh	15	Heads Valley	39.47
16 Mason, Teoni	16	Torfaen D	39.68
17 Norris, Alyssa	15	Caerphilly	40.51
18 Lord, Gwenllian	16	Co Cardiff	40.66
19 Lewis, Helen	16	Merthyr Tydf	41.07
20 Napper, Kaycee	15	Rhondda	41.41

21 Vaisey, Cerys	15	Abertillery	41.49
22 Athwal, Jasmine	16	Torfaen D	41.62
23 Walker, Caitlin	16	Co Cardiff	41.84
24 Willis, Laura	15	Monnow	42.19
25 Jones, Cerys	15	Co Cardiff	42.37
26 Cox, Emily	15	Bridgend Cty	44.39

Event 30 Girls 17 & Over 50 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Gorman, Helen	46	Co Cardiff	34.52
2 Vaisey, Rhiannon	20	Abertillery	37.17
3 Thomas, Niamh	17	Heads Valley	37.18
4 Matthews, Brody	20	Abertillery	39.08
5 Haeffner, Evie	17	Chepstow	39.12
6 Collingbourne, Sioned	18	Heads Valley	39.13
7 Harries, Megan	17	Merthyr Tydf	39.49
8 Teagle, Arwen	17	Merthyr Tydf	43.75

Event 30 Girls 17 & Over 50 SC Meter Breaststroke

Name	Age	Team	Prelim Time
1 Gorman, Helen	46	Co Cardiff	34.49
2 Thomas, Niamh	17	Heads Valley	37.63
3 Vaisey, Rhiannon	20	Abertillery	38.48
4 Haeffner, Evie	17	Chepstow	38.74
5 Harries, Megan	17	Merthyr Tydf	38.84
6 Matthews, Brody	20	Abertillery	39.06
7 Collingbourne, Sioned	18	Heads Valley	39.20
8 Teagle, Arwen	17	Merthyr Tydf	43.32
9 Bateman, Frances	37	Merthyr Tydf	44.16

Event 31 Boys 11 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Parsons, Joseph	11	Co Cardiff	2:31.58
34.71	38.09	39.55	39.23
2 Witchell, Rhys	11	Co Cardiff	2:47.47
38.65	43.02	43.05	42.75
3 Caddy, Alexander	11	Merthyr Tydf	2:47.89
37.83	43.22	44.20	42.64
4 Mruk, Keian	11	Torfaen D	2:57.25
39.17	46.78	48.36	42.94
5 Southwood, Charlie	11	Torfaen D	2:58.93
41.90	47.55	46.72	42.76
6 Norton, Caleb	11	Rhondda	3:02.03
40.58	48.64	46.67	46.14
7 Williams, Rueben	11	Caerphilly	3:03.66
41.30	47.73	47.76	46.87

Event 31 Boys 12 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Jones, Carwyn	12	Co Cardiff	2:23.14
33.15	36.26	37.57	36.16
2 Steven, Adam	12	Co Newport	2:27.25
34.81	38.51	38.19	35.74
3 Rees-Jones, Jack	12	Merthyr Tydf	2:34.43
35.91	39.57	40.41	38.54

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(Event 31 Boys 12 Year Olds 200 SC Meter Freestyle)

Name	Age	Team	Finals Time	
4 Fowler, Joseph	12	Rct Squad	2:37.90	
	35.09	39.86	41.66	41.29
5 Wardhaugh, Bryn	12	Co Cardiff	2:39.37	
	36.75	40.79	41.43	40.40
6 McLain, Archie	12	Heads Valley	2:42.69	
	36.87	41.90	42.88	41.04
7 John, Finlay	12	Rct Squad	2:45.23	
	37.19	42.12	43.17	42.75
8 Lale, Harvey	12	Torfaen D	2:50.47	
	38.03	43.81	45.26	43.37
9 Davies, Zachary	12	Torfaen D	2:50.50	
	40.01	45.01	44.52	40.96
10 Tucker, Lucas	12	Chepstow	2:50.58	
	39.66	44.68	44.92	41.32

Event 31 Boys 13 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 O'Brien, Joshua	13	Co Cardiff	2:11.12	
	30.44	32.90	34.15	33.63
2 Hughes, Cian	13	Co Cardiff	2:12.38	
	31.99	34.22	33.76	32.41
3 Arch, Rhydian	13	Co Cardiff	2:13.40	
	30.94	34.33	34.95	33.18
4 Price, Samuel	13	Co Cardiff	2:21.58	
	33.34	36.50	36.41	35.33
5 Fox-Wiltshire, Benjamin	13	Co Newport	2:28.02	
	33.96	38.06	38.24	37.76
6 Smart, Rhys	13	Co Cardiff	2:28.51	
	34.86	38.76	38.85	36.04
7 Davies, Gruffydd	13	Co Cardiff	2:28.90	
	34.85	38.14	38.98	36.93
8 Rees, Garyn	13	Rhondda	2:28.97	
	33.54	1:55.43		
9 Coulson, Evan	13	Torfaen D	2:30.51	
	35.20	39.16	39.13	37.02
10 Isaacs, Tomos	13	Rct Squad	2:34.21	
	35.70	39.17	40.04	39.30
11 Anderson, Max	13	Co Cardiff	2:36.66	
	34.52	39.80	41.80	40.54
12 Rosser, Dewi	13	Torfaen D	2:37.71	
	36.89	41.06	40.90	38.86
13 Keenan, Brandon	13	Co Newport	2:42.48	
	35.87	42.57	41.40	42.64
14 Newton, Oscar	13	Torfaen D	2:43.19	
	36.97	41.58	42.78	41.86
15 Coppen, Harrison	13	Co Newport	2:44.49	
	38.57	42.88	42.48	40.56
--- Ingram, James	13	Heads Valley	DQ	
	4.4 Start before starting signal			
	35.40	39.87	41.75	40.49

Event 32 Boys 14 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Hastings, Benjamin	14	Co Newport	2:41.78	
	34.22	41.97	42.82	42.77

Event 32 Boys 15-16 200 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Clarke, Kameron	16	Co Cardiff	2:22.78	
	30.93	36.78	37.77	37.30
2 Leach, Owen	15	Bridgend Cty	2:23.06	
	31.47	36.41	37.40	37.78
3 Garland, Kieran	16	Rct Squad	2:24.51	
	32.49	36.91	37.73	37.38
4 Pycroft, Christian	15	Co Cardiff	2:31.00	
	31.96	37.61	40.85	40.58
5 Collins, Tyler	15	Rct Squad	2:38.19	
	33.99	40.59	42.54	41.07
6 Steven, Ryan	16	Co Newport	2:38.63	
	35.02	39.49	41.80	42.32

Event 32 Boys 17 & Over 200 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Price, Dafydd	18	Torfaen D	2:17.98	
	29.89	34.98	36.52	36.59

Event 33 Girls 14 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Shelton, Amy	14	Co Cardiff	2:24.83	
	31.21	36.53	38.46	38.63
2 De Torres, Becci	14	Co Cardiff	2:26.96	
	31.73	37.48	38.47	39.28
3 Baker, Alyssa	14	Torfaen D	2:34.20	
	33.47	38.20	40.39	42.14
4 Parry, Jessica	14	Rct Squad	2:51.60	
	36.69	43.89	46.11	44.91

Event 33 Girls 15-16 200 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Morgan, Mackenzie	16	Torfaen D	2:23.39	
	32.74	36.19	37.19	37.27
2 Protheroe, Chloe	15	Bridgend Cty	2:30.35	
	32.93	38.19	39.47	39.76
3 Beynon, Bethan	15	Co Cardiff	2:30.75	
	33.26	39.06	39.19	39.24
4 Childs, Laura	16	Co Cardiff	2:31.17	
	32.51	37.93	40.01	40.72
5 Watkins, Sadie	15	Rct Squad	2:42.41	
	36.34	41.80	43.32	40.95
6 Geen, Cerys	15	Torfaen D	2:44.37	
	34.88	41.16	43.77	44.56
7 Jones, Cerys	15	Co Cardiff	2:59.55	
	36.50	44.25	49.47	49.33

Event 33 Girls 17 & Over 200 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Watson, Freya	17	Heads Valley	2:21.23	
	31.95	36.56	36.52	36.20
2 Nelson, Bethan	17	Merthyr Tydf	2:29.43	
	31.95	37.42	39.37	40.69

Event 34 Girls 11 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time	
1 Fox, Honor	11	Co Cardiff	2:49.03	
	40.52	43.79	44.14	40.58

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(Event 34 Girls 11 Year Olds 200 SC Meter Backstroke)

Name	Age	Team	Finals Time
2 Briggs, Bailey	11	Heads Valley	3:00.44
43.92	46.18	46.22	44.12
3 Edwards, Nanci	11	Monnow	3:08.07
44.25	50.20	48.64	44.98
4 Staples-Vvind, Kaiyah-Jade	11	Co Cardiff	3:14.71
46.18	48.76	49.98	49.79
5 Ward, Poppy	11	Caerphilly	3:24.19
48.70	52.79	52.49	50.21

Event 34 Girls 12 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Davies, Cerys	12	Rct Squad	2:44.56
38.20	41.39	42.63	42.34
2 Broder, Libby	12	Torfaen D	2:44.64
37.58	41.86	43.17	42.03
3 Brassington, Sophie	12	Co Cardiff	2:50.84
40.01	42.65	44.39	43.79
4 Iles, Georgia	12	Co Cardiff	2:51.21
41.82	44.11	44.04	41.24
5 Williams, Lily	12	Co Cardiff	2:53.60
41.62	44.78	45.18	42.02
6 Blake, Ffion	12	Co Cardiff	2:53.88
42.32	44.99	43.56	43.01
7 Parsons, Ellie	12	Chepstow	2:54.94
41.20	45.18	45.96	42.60
8 Moriarty, Erin	12	Co Cardiff	2:57.38
40.32	44.51	44.12	48.43
9 Holmes, Bethan	12	Co Newport	2:59.97
42.97	47.16	45.95	43.89
10 Williams, Mali	12	Rct Squad	3:04.52
41.58	47.72	49.51	45.71
11 Davies, Ffion	12	Rct Squad	3:06.45
43.86	47.30	48.25	47.04

Event 34 Girls 13 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Rosser, Cerys	13	Torfaen D	2:22.65
33.75	35.94	36.70	36.26
2 Joseph, Isabel	13	Co Cardiff	2:27.90
34.93	36.99	37.92	38.06
3 Stephens, Arwen	13	Co Cardiff	2:33.11
35.65	38.39	39.63	39.44
4 Donovan, Kelsey	13	Co Cardiff	2:36.14
36.39	39.50	40.34	39.91
5 Clayton, Karys	13	Torfaen D	2:38.96
38.30	39.83	40.84	39.99
6 Nowell, Gabriella	13	Torfaen D	2:42.69
37.47	41.50	42.86	40.86
7 Simmons, Beth	13	Co Newport	2:45.74
38.76	41.11	43.71	42.16
*8 Walker, Eleanor	13	Co Newport	2:47.93
39.55	43.47	43.92	40.99
*8 Faulkner, Marie	13	Co Cardiff	2:47.93
39.03	42.66	43.52	42.72
10 Jones, Chloe	13	Bridgend Cty	2:48.16
39.55	42.66	43.80	42.15

11 Reed, Shauna	13	Torfaen D	2:50.70
39.47	43.22	44.33	43.68
12 Keigwin, Daisy	13	Caerphilly	2:53.42
41.06	44.60	45.19	42.57
13 Reynolds, Mia	13	Heads Valley	2:56.81
41.90	45.39	46.03	43.49
14 Ramsey, Rebekah	13	Heads Valley	2:57.00
41.91	45.55	45.23	44.31
15 Maude, Rose	13	Co Cardiff	2:57.39
40.82	44.75	47.43	44.39
16 James, Ffion	13	Rct Squad	2:59.18
41.19	45.72	47.03	45.24
17 Brind, Jessica	13	Co Cardiff	3:02.29
43.61	47.23	47.03	44.42