



THE MANCHESTER OPEN MEET 2018

This competition is promoted by The City of Manchester Aquatics Swim Team (COMAST), and will be held under ASA Laws and Regulations and FINA Technical Rules of Swimming. The event is Licensed Level 1 Meet (1NW180648) by the ASA for entry into National, District, and County Championships.

Date: Friday 11th, Saturday 12th and Sunday 13th May 2018

Venue: Manchester Aquatics Centre
2 Booth Street
Manchester
M13 9SS

Facility: 50 metre, 8 Lane, constant 2 meter water depth deck level pool with anti-wave lane ropes, continuous 25m, 6 lane warm up/swim down facilities*. Omega electronic timing with electronic display, electronic meet software.

Events: 50m, 100m, 200m, 400m, 800m (female) and 1500m (male) Freestyle;
50m, 100m, and 200m Butterfly, Backstroke, and Breaststroke;
200m and 400m IM.

Heats will be run with all age groups seeded together, slowest to fastest on submitted entry times. All events **are heat declared** in age group categories.

Age Groups: Individual event age groups;

Boys: 10/11, 12, 13, 14, 15/16, and 17 years and over
Girls: 10/11, 12, 13, 14, 15/16, and 17 years and over

Age on the day will be as of midnight on 13th May 2018

Session Times:	Session 1 – Friday 11 th May 2018	17:30 warm up – 18:00 start
	Session 2 – Saturday 12 th May 2018	08:00 warm up – 09:00 start
	Session 3 – Saturday 12 th May 2018	13:30 warm up – 14:30 start
	Session 4 – Sunday 13 th May 2018	08:00 warm up – 09:00 start
	Session 5 – Sunday 13 th May 2018	13:30 warm up – 14:30 start

Consideration Times: Entry times for this meet are as stated in the National Licensing Guidelines. Swimmers must have achieved these times in order to qualify for entry.

Entry times must be 50m times or 25m times converted to 50m times

Entries: All entries must show clearly the swimmers full date of birth, registration number, and club name.

COMAST reserves the right to restrict entries in the interests of safety, time constraints, and to ensure the smooth running of the competition. Where this rule is invoked the swimmers with the fastest submitted times shall take precedence. Events chosen for restriction will be at the discretion of COMAST. Refunds for entries not accepted will be available for collection at the start of the meet.



If the number of entries received for the meet becomes untenable, the promoters reserve the right to limit the number of entries accepted to enable the competition to meet ASA licensing requirements. Any deletions made will be equally proportionate from each age year, and will endeavour to ensure an equal balance of swimmers across the age groups and events

Submitted entry times shall be used for seeding and rejection purposes as required. All submitted times must be short course times. Once an entry has been submitted improved times will not be accepted.

After the closing date for the competition each club will be sent by email details of their entries stored by the meet management software. These should be used to cross check the accuracy of those entries and to allow any necessary corrections to be made. Corrections need to be sent to meetmanager@cityofmanchesterswimteam.co.uk before the 27TH April 2018. The final gala programme will be produced as a result of any corrections that are received.

Random checks will be made against the current ASA rankings database and any swimmer found to be submitting false times will be rejected from all events, unless a result sheet is available to confirm entry times.

Entries of 5 or more swimmers from the same Club must be made electronically. Entries of 4 or less swimmers from the same Club may be made using the official meet entry form. Unless arranged and agreed in advance with the Meet Promoter, entries not adhering to this condition will be rejected without consideration

The Meet Secretary reserves the right to allocate spare lanes to City of Manchester Aquatics Swim Team members

Disability Conditions

All competitors who have a disability that prevents them from complying with the rules of a particular stroke and who have a confirmed classification (disability status on BS membership database) or a certificate of swimming disability, should submit details of this to the meet referee prior to each swim. Please see Page 5.

Entry Fee:

£7.00 per event – All events **except** 800m Freestyle and 1500m Freestyle
£12.00 per 800/1500m Distance Events

Awards:

The first, second, and third placed swimmers in each individual age group event shall be awarded gold, silver, and bronze medals respectively.

Top Team:

FINA points will be scored for all events. This will be scored as average score per swimmer for each club, 4 swimmer minimum. The Club with the highest average will be Top Team

Best Supported Team:

This award will be made at the discretion of the promoter

Closing Date:

The closing date for entries is **Friday 13th April 2018**

The entry file can be downloaded from <http://cityofmanchesterswimteam.co.uk/>

Email the entry file to meetmanager@cityofmanchesterswimteam.co.uk The entry fees, one combined cheque per club please, and club summary entry form should be sent to:

Elaine Armstrong
COMAST
C/O 14 Doveston Road
Sale
Cheshire M33 6LE



Overseas Clubs:

The promoter reserves the right to guarantee entries of up to a maximum of two clubs and not exceeding a total of 400 entries, where booking of flights is required to travel to and from the event. All entries must meet the published qualifying times, proof may be requested. This will be on a first come first served basis and application must be by email to the promoter on meetmanager@cityofmanchesterswimteam.co.uk

The promoter strongly recommends that no travel arrangements are confirmed until the club receives a written confirmation of entry.

Poolside Pass:

Each coach/team manager requiring access to poolside must be in possession of a pass issued by COMAST. It is mandatory that all coaches/team managers comply with the relevant Child Protection Procedures with their relevant governing body and have an up to date DBS certificate.

Passes will be issued in the name of the club and are transferable between club personnel. Clubs must purchase sufficient poolside passes so that all of their team staff members are in possession of a pass when they are on poolside. The passes along with programmes, withdrawal forms, relay entry form and other information can be collected at the desk at front of house from 4.20pm on Friday 12 May or from 7.00am on Saturday 13 May and Sunday 14 May.

Coaches/Team managers pass (to include poolside access and programme) is **£20.00 for the weekend or £15 for Saturday or Sunday only**

Withdrawals:

Coaches/Team Managers or swimmers **MUST** notify the recorders of any swimmers withdrawing from an event before the published warm-up for the session in which the event is due to be swum. Details of any withdrawals can be text to **07503123421**, emailed to meetmanager@cityofmanchesterswimteam.co.uk or lodged at the medal / results room on the appropriate form on the day

Refunds

No refunds of entries will be given after the entries have been processed, except in the case of:

- A swimmer being subsequently selected to swim for their country on the same day
- The production of a Doctor's note confirming the athlete is unfit to compete

Results:

Live results will be posted at <http://cityofmanchesterswimteam.co.uk/>

Other:

Competitors are responsible for presenting themselves to the Stewards one event prior to the race in which they are competing. **It is the swimmers responsibility to be at the start in time for the race.**

Entries will be audited against the rankings published by the ASA and any club may be challenged to demonstrate the authenticity of the information provided.

All persons are required to ensure that they observe all safety announcements and conduct themselves with safety in mind at all times.

You are strongly advised not to leave clothes or property around, and to use the lockers in the changing area. The Promoters or Pool management will not be held responsible for any loss or damage caused.

Both competitors and members of the general public share the changing facilities.



The Promoters or Pool Management reserve the right to refuse admission to any competitor or spectator.

A swim shop will be in operation throughout the gala.

Anything not covered above, and not printed in the programme, will be at the promoter's discretion.

**Please do not park in front of the entrance to Manchester Aquatics Centre.
Clamping/Fine payable**



Disability Conditions

The general conditions for the Manchester Open Meet shall apply to disability competitors except where varied by any of the following conditions:

Swimmers with the indicated classifications will be accepted for the following events:

- Freestyle 50m, 100m, (S1 to S14); 200m (S1 to S5); 400m (S6 to S14)
- Backstroke 50m (s1 to S5), 100m (S6 to S14)
- Butterfly 50m (S2 to S7), 100m (S8 to S14)
- Breaststroke 50m (SB1 to SB3), 100m (SB4 to SB9 and SB11 to SB14)
- Individual Medley 200m (SM5 to SM14)

All Competitors must:

- Have an authorised IPC swimming classification which is held on the British Swimming or IPC Swimming Classification Database at the time of entry.
- Be registered as members of a swimming club affiliated to Swim England (SE), Scottish ASA (SASA) or Welsh ASA (WASA) at the time of entry.

Qualifying times for disability competitors are shown on page 8 and must have been achieved in the last 12 month period prior to the date of the competition.

Personal Care Attendants/Coaches will be permitted for swimmers in the following classes: S1, S2, S3, S4 and S11. All coaches, chaperones and personal care attendants must conform with the SE/SASA/WASA child protection procedures.

Competition format:

- The competition format will be based on disability inclusion within the able bodied programme.
- All swimmers will be seeded in the heats according to their entry times
- Disability competitors will be included in the results for their age group.
- There will be no separate disability results.



THE MANCHESTER OPEN MEET 2018 – PROGRAMME OF EVENTS

SESSION ONE		
FRIDAY 12th MAY 2018 – WARM UP 17:30 START 18:00		
101	Girls	800m Freestyle
102	Boys	1500m Freestyle
SESSION TWO		
SATURDAY 13th MAY 2018 – WARM UP 08:00 START 09:00		
201	Boys	400m Individual Medley
202	Girls	200m Individual Medley
203	Boys	50m Butterfly
204	Girls	50m Freestyle
205	Boys	100m Breaststroke
206	Girls	100m Butterfly
207	Boys	200m Backstroke
208	Girls	200m Breaststroke
SESSION THREE		
SATURDAY 13th MAY 2018 – WARM UP 13:30 START 14:30		
301	Girls	400m Freestyle
302	Boys	200m Freestyle
303	Girls	50m Backstroke
304	Boys	50m Breaststroke
305	Girls	100m Freestyle
306	Boys	100m Backstroke
307	Girls	200m Butterfly
SESSION FOUR		
SUNDAY 14th MAY 2018 – WARM UP 08:00 START 09:00		
401	Girls	400m Individual Medley
402	Boys	200m Individual Medley
403	Girls	50m Butterfly
404	Boys	50m Freestyle
405	Girls	100m Breaststroke
406	Boys	100m Butterfly
407	Girls	200m Backstroke
408	Boys	200m Breaststroke
SESSION FIVE		
SUNDAY 14th MAY 2018 – WARM UP 13:30 START 14:30		
501	Boys	400m Freestyle
502	Girls	200m Freestyle
503	Boys	50m Backstroke
504	Girls	50m Breaststroke
505	Boys	100m Freestyle
506	Girls	100m Backstroke
507	Boys	200m Butterfly



MANCHESTER OPEN MEET 2018

CONSIDERATION TIMES – LONG COURSE POOL (CONVERSIONS ACCEPTED)

	10/11	12	13	14	15/16	17+
BOYS						
50m Freestyle	37.0	34.9	33.0	31.3	29.7	28.4
100m Freestyle	1:18.8	1:13.7	1:09.8	1:06.9	1:04.4	1:01.5
200m Freestyle	2:51.3	2:40.8	2:32.6	2:25.6	2:20.7	2:13.7
400m Freestyle	5:56.0	5:38.1	5:21.8	5:07.0	4:57.6	4:44.6
1500m Freestyle	22:25.00	20:16.00	19:27.00	18:45.00	18:18.00	17:59.00
50m Breaststroke	48.2	44.6	41.8	39.7	37.8	35.8
100m Breaststroke	1:41.5	1:34.7	1:28.8	1:24.6	1:21.4	1:17.0
200m Breaststroke	3:39.1	3:25.2	3:12.5	3:02.5	2:55.4	2:47.0
50m Butterfly	40.8	38.1	35.9	34.0	32.2	30.6
100m Butterfly	1:27.7	1:21.5	1:16.8	1:12.8	1:09.8	1:06.5
200m Butterfly	3:12.5	2:59.9	2:49.9	2:40.9	2:34.4	2:27.6
50m Backstroke	43.2	40.5	38.2	36.1	34.5	32.7
100m Backstroke	1:29.8	1:24.1	1:19.2	1:15.0	1:12.2	1:09.3
200m Backstroke	3:12.0	3:00.7	2:50.3	2:42.3	2:36.0	2:28.6
200m Individual Medley	3:14.3	3:02.8	2:52.7	2:44.8	2:38.4	2:31.0
400m Individual Medley	6:50.8	6:26.7	6:06.4	5:49.3	5:36.2	5:22.6
	10/11	12	13	14	15/16	17+
GIRLS						
50m Freestyle	37.3	35.4	34.0	32.9	32.2	31.8
100m Freestyle	1:19.3	1:15.2	1:12.7	1:10.7	1:09.6	1:08.1
200m Freestyle	2:51.3	2:42.5	2:36.2	2:32.1	2:29.1	2:25.8
400m Freestyle	5:56.4	5:38.8	5:26.3	5:18.0	5:12.8	5:06.3
800m Freestyle	11:17.00	10:44.00	10:22.00	10:12.00	10:02.00	9:58.00
50m Breaststroke	47.8	45.0	43.1	41.5	40.6	39.8
100m Breaststroke	1:41.6	1:35.2	1:30.8	1:28.5	1:27.5	1:25.2
200m Breaststroke	3:36.6	3:24.9	3:15.5	3:09.5	3:06.7	3:04.0
50m Butterfly	40.7	38.6	36.7	35.7	34.8	34.2
100m Butterfly	1:27.9	1:22.6	1:19.1	1:17.2	1:15.5	1:14.0
200m Butterfly	3:12.6	3:01.7	2:53.5	2:48.0	2:45.7	2:41.3
50m Backstroke	43.1	40.9	39.4	38.0	37.0	36.3
100m Backstroke	1:29.9	1:24.5	1:21.7	1:19.6	1:17.9	1:16.3
200m Backstroke	3:11.0	3:00.6	2:54.3	2:49.8	2:45.8	2:42.8
200m Individual Medley	3:14.3	3:03.3	2:56.8	2:52.3	2:48.9	2:45.5
400m Individual Medley	6:47.3	6:24.9	6:10.6	6:02.0	5:55.2	5:48.7



Disability Qualifying Times

		Freestyle				Back		Fly			Breast		IM		
		50m	100m	200m	400m	50m	100m	50m	100m		50m	100m	100m	200m	
S1	Boys	02:43.2	05:50.3	13:08.6		02:55.5				SB1	03:30.3				
	Girls	02:20.8	08:02.6	14:34.7		02:19.8					04:01.8				
S2	Boys	01:50.8	04:04.2	08:40.1		01:54.4		03:07.9		SB2	01:44.0				
	Girls	02:22.4	04:58.8	11:20.2		02:22.3					03:47.8				
S3	Boys	01:17.8	02:51.8	05:53.3		01:32.7		02:05.3		SB3	01:26.8				
	Girls	01:43.2	03:47.1	08:10.2		01:49.4		02:25.1			01:53.0				
S4	Boys	01:06.2	02:25.7	05:13.8		01:22.3		01:21.5		SB4		02:52.8			
	Girls	01:29.8	03:16.1	06:44.0		01:44.3		02:05.4				03:20.8			
S5	Boys	00:57.1	02:06.7	04:38.2		01:05.9		01:03.0		SB5		02:41.2	SM5	02:10.7	04:50.5
	Girls	01:02.7	02:16.2	04:53.15		01:16.0		01:24.3				03:11.0			03:04.5
S6	Boys	00:52.2	01:56.7		09:04.1		02:11.0	00:55.0		SB6		02:32.9	SM6	02:01.3	04:29.5
	Girls	01:03.3	02:14.9		09:52.8		02:33.9	01:09.3				02:54.9			02:29.3
S7	Boys	00:49.0	01:48.3		08:29.1		02:07.5	00:55.2		SB7		02:22.8	SM7	02:02.5	04:32.2
	Girls	00:57.7	02:04.0		09:16.2		02:26.7	01:05.4				02:42.4			02:15.3
S8	Boys	00:46.2	01:40.3		07:44.7		01:57.7		01:44.6	SB8		02:04.9	SM8	01:47.8	03:59.5
	Girls	00:54.6	01:56.6		08:25.3		02:15.9		02:08.0			02:24.8			02:04.7
S9	Boys	00:43.5	01:36.6		07:22.4		01:48.1		01:42.2	SB9		01:59.3	SM9	01:41.0	03:44.4
	Girls	00:50.5	01:48.6		08:03.8		02:01.2		02:00.7			02:24.4			01:55.4
S10	Boys	00:41.9	01:32.2		07:08.6		01:46.9		01:41.0				SM10	01:36.9	03:35.3
	Girls	00:49.2	01:45.3		07:55.1		02:05.4		01:59.9						01:55.5
S11	Boys	00:45.5	01:42.8		08:01.6		01:58.0		01:51.1	SB11		02:07.0	SM11	01:49.3	04:02.8
	Girls	00:54.7	02:00.8		09:54.0		02:28.9		02:48.5			02:50.0			02:18.6
S12	Boys	00:42.4	01:32.3		07:21.1		01:45.5		01:42.9	SB12		01:58.7	SM12	01:36.5	03:34.5
	Girls	00:48.2	01:45.4		08:28.6		02:05.4		01:57.1			02:15.2			01:51.2
S13	Boys	00:41.7	01:32.0		07:28.1		01:47.8		01:43.0	SB13		01:57.1	SM13	01:38.7	03:39.4
	Girls	00:47.4	01:42.5		07:51.8		02:00.7		01:53.8			02:22.3			01:47.5
S14	Boys	00:45.2	01:40.6		07:34.9		01:58.4		01:49.1	SB14		02:05.8	SM14	01:45.5	03:54.5
	Girls	00:51.2	01:54.6		08:44.1		02:16.0		02:13.3			02:24.4			02:02.2

