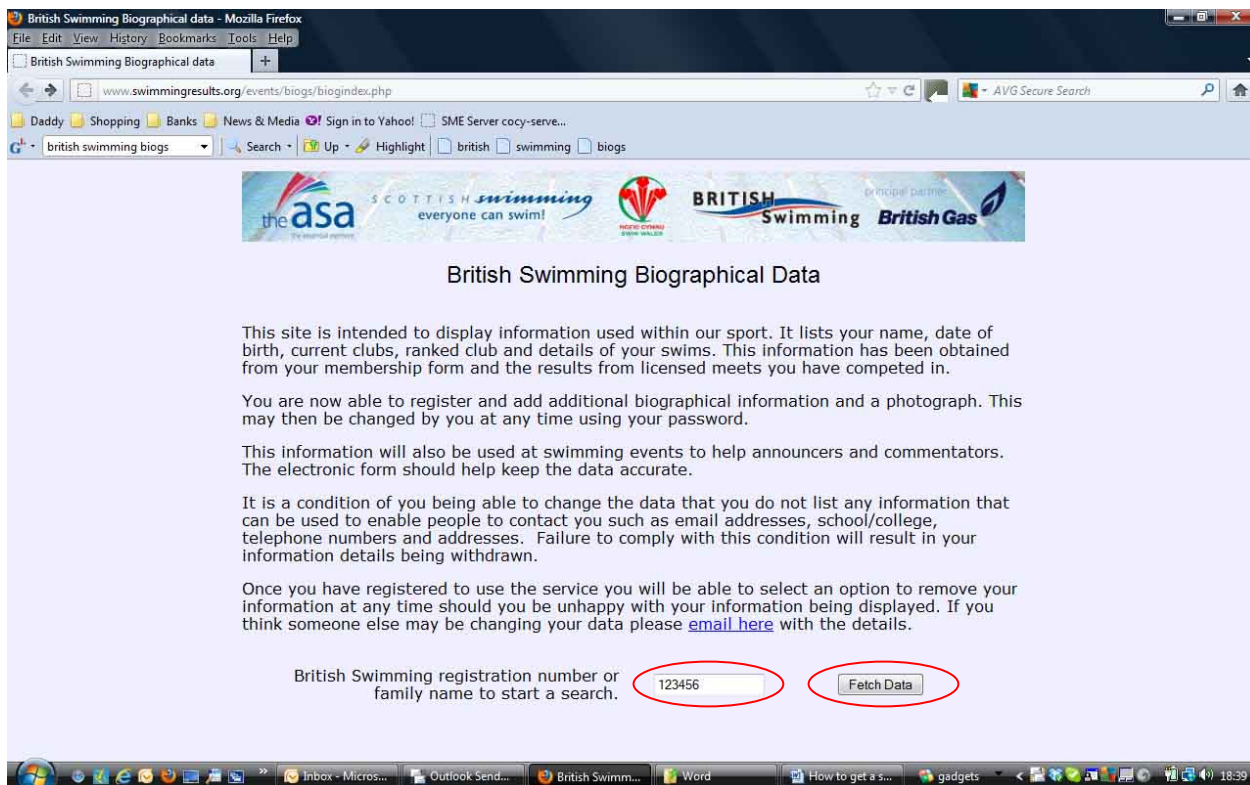


How to get a swimmers times.

1. Log onto the British Rankings using the following link:
<http://www.swimmingresults.org/events/biogs/biogindex.php>
2. Type in your swimmers WASA registration number. If you don't know the WASA number type in their surname. Then click on 'fetch data'.



3. When you do this, you get a page displaying your swimmers best times for the last 12 months
4. Click on 'Click for History'

British Swimming Biographical Data

Name: [Redacted] Member: [Redacted]
 Date of Birth: [Redacted] Sex: [Redacted]
 Country: Wales
 Fee Paying Club: City of Cardiff
 Ranked Club: City of Cardiff

[Click for history](#)

	50 Br	100 Fr	200 Fr	400 Fr	800 Fr	1500 F	50 Br	100 Br	200 Br	50 Fl	100 Fl	200 Fl	50 Ba	100 Ba	200 Ba	200 IM	400 IM	100 IM
S/C PB	30.36	1:05.70	2:21.21	4:54.26	10:22.25	19:53.65	39.68	1:26.17	3:04.45	43.04	1:18.56	3:10.77	35.17	1:14.81	2:37.57	2:42.05	5:38.25	1:23.23
2012 L/C																		
L/C PB	31.15	1:06.62	2:22.82	5:00.60	10:15.25	19:42.24	41.32	1:29.27	3:06.43	36.28	1:18.90		36.43	1:18.27	2:43.75	2:44.10	5:44.92	

5. From the next screen, you are shown your swimmers all time personal bests, both Long and Short Course

The screenshot shows a web browser window with the URL www.swimmingresults.org/historic/historic2.php?targetyears=All-time. The page displays the swimming results for a swimmer from the City of Cardiff. The table below lists the swimmer's all-time personal bests for various strokes and distances, including both long and short course events.

Stroke - Long Course	Time	Date of Swim	Meet	Venue
50 Freestyle	31.15	23/01/2011	Exeter City New Year Long Course Meet	Cardiff
100 Freestyle	1:06.62	03/07/2010	Cardiff International Open	Cardiff
200 Freestyle	2:22.82	22/04/2011	Welsh Age Group & Youth Championships	Swansea
400 Freestyle	5:00.60	22/01/2011	Exeter City New Year Long Course Meet	Cardiff
800 Freestyle	10:15.25	27/11/2009	Welsh Capital Open Meet	Cardiff
1500 Freestyle	19:42.24	21/11/2009	BG Welsh Winter Meet 2009	Swansea
50 Breaststroke	41.32	29/11/2009	Welsh Capital Open Meet	Cardiff
100 Breaststroke	1:29.27	02/08/2009	Welsh Summer Nationals	Swansea
200 Breaststroke	3:06.43	04/07/2009	Cardiff International Open	Cardiff
50 Butterfly	36.28	28/11/2009	Welsh Capital Open Meet	Cardiff
100 Butterfly	1:18.90	25/04/2011	Welsh Age Group & Youth Championships	Swansea
50 Backstroke	36.43	16/05/2010	Rotherham Metro LC Meet	Sheffield
100 Backstroke	1:18.27	04/07/2010	Cardiff International Open	Cardiff
200 Backstroke	2:43.75	02/07/2010	Cardiff International Open	Cardiff
200 Individual Medley	2:44.10	26/11/2011	Welsh Capital Open Meet	Cardiff
400 Individual Medley	5:44.92	15/05/2010	Rotherham Metro LC Meet	Sheffield
Stroke - Short Course	Time	Date of Swim	Meet	Venue
50 Freestyle	30.96	09/07/2011	Gemau Cymru 2011	Cardiff
100 Freestyle	1:05.70	09/07/2011	Gemau Cymru 2011	Cardiff
200 Freestyle	2:21.21	05/02/2011	South East Wales Regional Championships	Newport
400 Freestyle	4:54.26	06/02/2011	South East Wales Regional Championships	Newport
800 Freestyle	10:22.25	13/02/2011	South East Wales Regional Championships	Newport
1500 Freestyle	19:53.65	07/02/2010	South East Wales Regional	Newport

6. By clicking on a distance, you are able to view all of your swimmers times for that stroke.

The screenshot shows the same swimming results page, but with the URL changed to www.swimmingresults.org/historic/historic3.php?targetyears=All-time&stroke=5&course=Long. The page displays the swimming results for a swimmer from the City of Cardiff, specifically for the 800 Freestyle stroke. The table below lists the swimmer's times for this stroke across various meets and venues, including 2011 FINA points.

Time	Date of swim	Long Course Meets - time order	Venue	2011 FINA points
10:15.25	27/11/2009	Welsh Capital Open Meet	Cardiff	517
10:20.32	25/04/2011	Welsh Age Group & Youth Championships	Swansea	505
10:20.92	04/07/2010	Cardiff International Open	Cardiff	503
10:26.03	03/07/2011	Cardiff International Open Meet 2011	Cardiff	491
10:27.64	25/11/2011	Welsh Capital Open Meet	Cardiff	487
10:29.90	05/07/2009	Cardiff International Open	Cardiff	482
10:41.38	01/08/2009	Welsh Summer Nationals	Swansea	457
10:43.90	21/11/2010	Swim Wales Winter Championships	Swansea	451
10:44.48	27/03/2009	Tiger Bay Open Meet	Cardiff	450
Time	Date of swim	Long Course Meets - date order	Venue	2011 FINA points
10:27.64	25/11/2011	Welsh Capital Open Meet	Cardiff	487
10:26.03	03/07/2011	Cardiff International Open Meet 2011	Cardiff	491
10:20.32	25/04/2011	Welsh Age Group & Youth Championships	Swansea	505
10:43.90	21/11/2010	Swim Wales Winter Championships	Swansea	451
10:20.92	04/07/2010	Cardiff International Open	Cardiff	503
10:15.25	27/11/2009	Welsh Capital Open Meet	Cardiff	517
10:41.38	01/08/2009	Welsh Summer Nationals	Swansea	457
10:29.90	05/07/2009	Cardiff International Open	Cardiff	482
10:44.48	27/03/2009	Tiger Bay Open Meet	Cardiff	450

Please use this facility to check that a swimmer is eligible for an event when entering meets. It makes our job that much easier if swimmers only enter events that they are eligible for.

Ed Middleton

17th January 2012